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Article

A comparative study of the band-edge exciton fine structure in zinc blende and wurtzite CdSe nanocrystals

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Abstract: In this paper we study the role of the crystal structure in spheroidal CdSe nanocrystals on 1 the band-edge exciton fine structure. Ensembles of zinc blende and wurtzite CdSe nanocrystals are 2 investigated experimentally by two optical techniques: fluorescence line narrowing (FLN) and time-3 resolved photoluminescence. We argue that the zero-phonon line evaluated by the FLN technique 4 gives the ensemble-averaged energy splitting between the lowest bright and dark exciton states. While the activation energy from the temperature-dependent photoluminesence decay is smaller and corresponds to the energy of an acoustic phonons. The energy splittings between the bright and dark exciton states determined using the FLN technique are found to be the same for zinc blende and wurtzite CdSe nanocrystals. Within the effective mass approximation we develop a theoretical model 9 considering the following factors: (i) influence of the nanocrystal shape on the bright-dark exciton 10 splitting and oscillator strength of the bright exciton, and (ii) shape dispersion in ensemble of the 11 nanocrystals. We show that these two factors result in similar calculated zero-phonon lines in zinc 12 blende and wurtzite CdSe nanocrystals. Account of the nanocrystals shape dispersion allows us to 13 evaluate the linewidth of the zero-phonon line. 14

Keywords: exciton fine structure; colloidal nanocrystals; crystal structure; zinc blende; wurtzite; 15 CdSe

1. Introduction

Quantum confinement in zero-dimensional semiconductor nanocrystal quantum dots 18 (NCs) was discovered 40 years ago [1-3]. Today, there are two main strategies of fabrication 19 quantum dots: physical vacuum-based methods resulting in epitaxial quantum dots and 20 wet-chemical synthesis of colloidal NCs [4]. Comparison of the properties and applications 21 of the QD made by these two methods can be found in Ref. [5]. The colloidal NCs remain in 22 the focus of extensive research last decade due to many related prospects of the nanoscience 23 and nanotechnology [6,7]. Moreover, the variety of the material systems allowing the 24 colloidal synthesis of NCs is greatly extended to include, in addition to well-developed 25 II-VI and III-V semiconductors, the lead halide perovskite semiconductor NCs [8,9] as well 26 as the carbon-based nanocolloids [10]. Even for ordinary semiconductor colloidal NCs, 27 there are the possibilities to combine different materials into core-shell heterostructures 28 of various size and shape [7] thus expanding the possibilities for new phenomena and 29 applications. Recently, the family of CdSe colloidal NCs comprising nearly spherical 30 nanocrystal quantum dots, nanorods, nanoplatelets, and tetrapods was replenished by 31 cube-shaped nanocrystals [11]. Besides the shape, one can choose the desired crystal 32 structure of the nanocrystals. While bulk CdSe has a wurtzite crystal structure, colloidal 33 CdSe NCs can have either wurtzite (wz) or zinc blende (zb) crystal structure depending on 34

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Copyright: © 2022 by the authors. Submitted to *Journal Not Specified* for possible open access publication under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/licenses/by/4.0/). the synthesis conditions [12–15]. This additional freedom opens the possibility of studying the effect of the crystal structure on the optical properties of NCs. Of particular interest is the comparison of the fine structure of the band-edge exciton in zb- and wz-CdSe NCs and possible verification of the theoretical predictions of their difference first made in [16].



Figure 1. (a) Schematic of the fine structure of the band-edge exciton formed by an electron from the Γ_6 conduction band and a hole from the Γ_8 valence band in spheroidal zb-CdSe NCs with different semiaxes aspect ratio c/b and spherical wz-CdSe NCs. Solid and dashed lines correspond to bright and dark exciton states, respectively. wz-CdSe NCs are considered within the quasi-cubic approximation, i.e., as zb-CdSe NCs with split valence subbands of heavy and light holes.

Theoretical analysis of the fine structure of the band-edge exciton in CdSe NCs was 39 performed within the effective mass approximation (EMA) [16–18], and using pseudopo-40 tential [19,20] and tight-binding methods [21]. All these methods predict similar fine 41 structures for spherical wz-CdSe NCs: five eigenstates $\pm 2, \pm 1^{L}, 0^{L}, \pm 1^{U}, 0^{U}$ (according to 42 the notation from Ref. [16]) listed in ascending order of energy, as it is shown in Figure 1. In 43 the electric-dipole approximation states $\pm 2, 0^L$ are optically inactive (dark excitons) while 44 the states $\pm 1^{L}$, $\pm 1^{U}$, 0^{U} are optically active (bright excitons). Note that the dark excitons 45 can still have a finite lifetime due to the admixture of bright states [22]. In the case of 46 spherical zb-CdSe NCs, these theoretical methods predict a fine structure quite different 47 from wz-CdSe NCs. Due to the absence of the crystal field splitting Δ_{cr} between the heavy 48 hole and light hole valence subbands, there are only two eigenstates that are characterized 49 by the total angular momentum of electron and hole, $\mathcal{F} = 1$ (bright exciton) and $\mathcal{F} = 2$ 50 (dark exciton). The splitting between these two states equals 4η with η being the effective 51 electron-hole exchange interaction constant. However, the states $\mathcal{F} = 1,2$ split into five 52 states in spheroidal NCs of oblate or prolate shape, as it is shown in Figure 1. In oblate 53 zb-CdSe NCs, the fine structure is similar to wz-CdSe NCs with ± 2 state being the lowest 54 state. In prolate zb-CdSe NCs, the lowest state is the 0^L state. Additional information about 55 the fine structure can be found in the Supporting Information S1. 56

In wz-CdSe NCs the fine structure of the band-edge exciton was studied in detail on the ensemble and single NC level [16,23–35]. In these studies, the energy splitting between the lowest bright and dark exciton states ΔE_{AF} was determined from: (i) the spectral shift between the zero-phonon line (ZPL) and the laser photon energy in fluorescence line narrowing (FLN) or photoluminescence excitation (PLE) spectroscopy [16,23–28], (ii) the activation energy in the temperature dependence of the long-lasting component of photoluminescence (PL) decay as measured on the ensemble [27–31] and single NC level [32,33], (iii) the energy splitting between PL lines for single NCs [33–35].

In FLN/PLE studies, ΔE_{AF} reaches 25 meV for a NC radius R = 1.5 nm [24]. At the same time, ΔE_{AF} determined from the temperature dependence of the PL decay within the frame of a model considering the thermal population of the bright and dark exciton states is in the few meV range [27,28,31,32]. Spectroscopy of single core/shell CdSe/ZnS NCs allows the observation of the fine structure states directly, where the reported values of the 69 dark-bright splitting agree with FLN/PLE data for a core radius R > 2.5 nm [34]. For single 70 CdSe/ZnS NCs with core radius R = 1.5 nm, the evaluation of ΔE_{AF} was done by the 71 analysis of the temperature dependence of the PL decay [32]. The obtained $\Delta E_{AF} = 5$ meV 72 is small as compared to the 25 meV from FLN/PLE data for bare-core CdSe NCs of the 73 same radius. These results clearly reveal a contradiction between the ΔE_{AF} determined 74 from the spectral positions of exciton states and from the temperature dependence of the 75 PL dynamics. 76

This contradiction was addressed previously in Refs. [29,36] and Ref. [28] in different ways. In Refs. [29,36], the ΔE_{AF} from FLN/PLE studies was considered as the true splitting of the bright and dark excitons. The change of the PL decay lifetime at T < 20 K was associated with a mechanism having a small activation energy of about 1 meV, close to the energy of the lowest quantized acoustic phonon mode. On the contrary, the ΔE_{AF} from PL decay studies was considered as the bright-dark splitting in Ref. [28]. The large ΔE_{AF} value from FLN/PLE was explained as result of the exchange interaction of the exciton with polarized surface spins in Refs. [28,37].

While the majority of experimental data on the fine structure in wz-CdSe NCs was 85 obtained by the FLN/PLE method, no such studies were performed for zb-CdSe NCs, for which ΔE_{AF} so far was determined from the PL decay temperature dependence [31] and 87 single NC spectroscopy [38,39]. The ΔE_{AF} determined from the temperature dependence 88 of the PL decay was found to be the same in zb- and wz-CdSe NCs of the same size [31]. 89 This result was interpreted within the effective mass approximation as reflecting the similar 90 splitting between the 0^L and $\pm 1^L$ states in prolate NCs of both types. Single NC studies 91 were performed for core/shell/shell CdSe/CdS/ZnS NCs with core radius R = 2.7 nm 92 and varying shape anisotropy [38,39]. The observed splittings between the two lowest 93 emitting states in these NCs do not exceed 2 meV. Such a small splitting and the complex 94 core/shell/shell structure do not allow one to draw a conclusion about the difference 95 between the fine structure of zb- and wz-CdSe NCs. A comparison of small bare-core NCs 96 with increased electron-hole exchange interaction is required for this task. 97

In this paper we study the band-edge exciton fine structure in ensembles of zb- and 98 wz-CdSe NCs. We compare the bright-dark splittings ΔE_{AF} determined from the FLN/PLE and time-resolved PL methods. We argue that the zero-phonon line in FLN/PLE gives 100 the ensemble-averaged splitting ΔE_{AF} , while the activation energy in the temperature-101 dependent PL decay is smaller and corresponds to the energy of an acoustic phonon. We 102 show that the bright-dark splitting in zb- and wz-CdSe NCs show a similar dependence 103 on the NC radius. To explain this result we propose a theoretical model accounting for 104 varying bright-dark splitting and oscillator strength of the bright exciton in an ensemble of 105 NCs with shape dispersion. We show that these two factors result in similar calculated ZPL 106 in zb- and wz-CdSe nanocrystals. We also show that account of the NC shape dispersion 107 allows for evaluation of the ZPL linewidth. 108

2. Materials and Methods

2.1. Samples synthesis

CdSe nanocrystals of wurtzite and zinc blende structure were synthesized according to the protocols described in Refs. [40,41], respectively. The radius of the NCs varies in the range 1.5-2.5 nm. A comparative study of room temperature UV-Vis absorption spectra and X-ray diffractograms of zb- and wz-CdSe NCs under investigation can be found in Ref. [15].

2.1.1. zb-CdSe NCs synthesis

The CdSe NCs with predominantly zinc blende structure were synthesized according to a procedure based on the injection of undissolved Se powder into a hot mixture of cadmium carboxylate in octadecene (ODE) [41]. Briefly, CdO (0.5-1 mmol) is dissolved with a fatty acid (3 Cd equivalent) in ODE (10 mL) at 260 °C under air atmosphere. A solution

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of undissolved Se powder (0.1 Cd equivalent) in ODE (1 mL) is injected rapidly and the 121 reaction is left to proceed for 5 min. The NCs are then purified by repeated centrifugation, 122 using toluene and methanol as solvent and non-solvent, respectively. For this high chemical 123 yield synthesis, the size of the NCs was varied by changing the length of the fatty acid 124 from nonanoic acid to behenic acid, with longer acid chains yielding smaller nanocrystals, 125 and/or the overall concentration of the synthesis, with higher concentrations yielding 126 larger nanocrystals [41]. After synthesis, the surface ligands were systematically exchanged 127 for oleic acid. 128

2.1.2. wz-CdSe NCs synthesis

The wurtzite CdSe QDs were synthesized according to a procedure reported by Car-130 bone et al. [40]. In a typical synthesis, CdO (1 mmol) is dissolved with tetradecylphosphonic 131 acid (2 mmol) in degassed trioctylphosphine oxide (6 g) at 350 °C under nitrogen. Solu-132 tions of trioctylphospine (TOP, 1 ml), followed by TOP-Se (1.7 M, 1 ml, Se fully dissolved 133 beforehand at 60 °C in a glove box), are injected rapidly in the reaction mixture under 134 nitrogen. The QDs size was adjusted by varying the reaction time from 2 s to 40 s. The QDs 135 are finally purified by repeated centrifugation, using toluene and methanol as solvent and 136 non-solvent, respectively. 137

2.2. Methods

For the FLN/PLE studies, a Hg high-pressure lamp combined with parallelised optics 139 and monochromator is used. With a slit width of 1 mm and a grating of 150 mm⁻¹ in 140 the monochromator, the excitating light spectrum can be narrowed down to 5 meV in the 141 spectral range used in this work. The spectrally shaped light is focussed on the sample, 142 which is positioned in a helium flow cryostat. The signal emitted from the sample is 143 collected under a small angle (about 10°) relative to the excitation direction (approximate 144 back-scattering geometry) and subsequently spectrally decomposed in a monochromator 145 (1800 mm⁻¹ grating, 180 μ m slit width) and detected with a CCD. For the measurement, 146 the excitation energy is tuned stepwise and spectra are recorded with a fixed detection 147 monochromator position. This results in effectively two-dimensional data plots, with the 148 detected signal energy defining one parameter axis, stacked according to the excitation 149 energy. 150

FLN spectra were also measured using resonant excitation by different emission lines 151 of a continuous wave Ar ion laser (465.8 nm, 476.5 nm, 488 nm, 514.5 nm). For this purpose, 152 the samples were mounted in the variable temperature insert of a helium bath cryostat. 153 The measurements were performed at T = 1.6 K. The scattered light was detected in 154 backscattering geometry, dispersed with a double monochromator equipped with a liquid 155 nitrogen-cooled CCD camera. 156

The PL decay curves were measured at temperatures ranging from 4 K to 60 K using a 157 ST-500-Attocube cryostat supplied with a temperature controller. For excitation, we used a 158 picosecond pulsed semiconductor laser PILAS 405 nm (Advanced Laser Systems) with an 159 average excitation power of 100 nW measured before the cryostat window. A single-photon 160 avalanche photodiode (SPAD) PDM 100 (Micro Photon Devices) with time resolution of 40 161 ps was chosen as a detector, interfaced with the time-correlated single-photon counting 162 system SPC-130 (Becker & Hickl). 163

Low temperature absorption spectra of CdSe NCs were recorded with an Agilent Cary 164 6000i UV-Visible-NIR spectrophotometer combined with a helium flow cryostat. 165

3. Experimental results

3.1. Bright-dark splitting measured by FLN and PLE

First, the bright-dark splitting ΔE_{AF} was obtained from the position of the ZPL in 168 FLN and PLE spectra at T = 5 K, using the Hg lamp combined with a monochromator 169 for resonant excitation. The size dispersion of the NCs in an ensemble results in a broad 170 non-resonant PL spectrum with a typical full width at half maximum (FWHM) of 70 meV 171

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(see the red trace in the left panel of Figure 2a). The resonant excitation in the FLN/PLE 172 methods allows the observation of narrow lines from NCs of a certain size (see the cyan 173 and purple traces in the left panel of Figure 2a). The combined FLN/PLE hyperspectrum 174 for zb-CdSe NCs with R = 2 nm is shown in the right panel of Figure 2a. The high-175 intensity white line corresponds to scattered Hg lamp light. The four parallel dashed-dot 176 lines in the hyperspectrum show the maxima of the dark exciton emission without the 177 assistance of optical phonons (ZPL) and with the emission of 1 to 3 optical phonons (1LO to 178 3LO). The optical phonon lines are superimposed on a broad background spectrum, which 179 corresponds, according to Refs. [17,18,23], to the emission of the dark exciton after energy 180 relaxation from the initially excited 0^U and $\pm 1^U$ states. 181

The dependencies of ΔE_{AF} on the excitation/detection energy in the FLN/PLE spectra 182 of zb-CdSe (blue triangles) and wz-CdSe (red triangles) NCs are shown in Figure 3a. As 183 one can see, the ΔE_{AF} values in both types of CdSe NCs show similar dependences on 184 excitation energy and coincide with the results of previous FLN/PLE studies [23,25–27] 185 (empty black triangles) and single NC studies [34] (empty green triangles). We note that 186 usually ΔE_{AF} is plotted as a function of NC radius. However, this approach depends 187 on the used relationship between *R* and the excitation energy, which results in different 188 dependencies $\Delta E_{AF}(R)$ used in literature [23,25–27]; we avoid this problem using the 189 optical energy as the abscissa. In Figure 3b we plot $\Delta E_{AF}(R)$ using the expression for the 190 relationship between the energy of the low-temperature absorption maximum and the NC 191 radius determined from small-angle X-ray diffraction (SAXS) [45]: 192

$$R(E) = R_1 \frac{E_0}{2\sqrt{E(E - E_0)}},$$
(1)

where $E_0 = 1.826$ eV is the low-temperature optical band gap (energy of the exciton resonance) of bulk CdSe, $R_1 = 2.25$ nm received as the fitting parameter in Ref. [45].

The obtained dependence $\Delta E_{AF}(R)$ is in good agreement with all previous papers except Refs. [16,25]. As it is mentioned in Ref. [46], the NC radius determined using SAXS is on-average 0.25 nm larger compared to the transmission electron microscopy value. We have checked that the dependence $\Delta E_{AF}(R)$ from Figure 3b coincides with the dependencies from Refs. [16,25] after the substitution $R \rightarrow R - 0.25$ nm (for details see Supporting Information S2).



Figure 2. (a) FLN/PLE spectra obtained using excitation by a Hg lamp. Left panel: FLN and PLE spectra measured with excitation and detection energies marked by the purple and cyan arrows in the hyperspectrum. Right panel: FLN/PLE hyperspectrum for zb-CdSe NCs with a mean radius R = 2 nm. (b) FLN spectrum for zb-CdSe NCs with R = 1.6 nm obtained using excitation by an Ar ion laser. The shifts of the optical phonon-scattered laser light and dark exciton emission are marked as 1LO and ΔE_{AF} , respectively.

We extend the analysis to a set of small-sized (R = 1.4 - 1.8 nm) wz-CdSe and zb-CdSe NCs, resonantly excited by the Ar ion laser. In Figure 2b, one can see a FLN spectrum of 202

zb-CdSe NCs with R = 1.6 nm, excited at 2.602 eV photon energy. After subtraction of 203 the non-resonant PL background, we observe two peaks. The narrow peak corresponds to 204 LO-phonon-scattered laser light. The broad peak (FWHM \approx 10 meV) with the maximum at 205 2.576 eV corresponds to the emission of the dark exciton. The ΔE_{AF} values obtained with 206 laser excitation are shown by the blue and red squares in Figures 3a,b for the zb- and wz-207 CdSe NCs, respectively. For excitation energies below 2.5 eV, we find agreement with the 208 FLN/PLE data obtained using excitation by the Hg lamp. For laser energies above 2.5 eV, 209 the observed ZPL line is centred near the LO-scattered laser light without pronounced 21 0 dependence on the excitation energy. Again, we observe no significant difference between 211 the zb- and wz-CdSe NCs. 212



Figure 3. (a) Comparison of ΔE_{AF} values determined by the FLN/PLE and PL decay methods (stars) for zb-CdSe (blue) and wz-CdSe (red) NCs. The FLN/PLE data obtained using excitation by the Hg lamp and the Ar ion laser are shown by triangles and squares, respectively. Open black and green triangles show previous results of FLN/PLE [23,25–27] and single NCs studies [34], respectively. Open circles show previous results from PL decay studies [27,28,31,32]. For the FLN/PLE studies, the energy corresponds to the excitation/detection energy. For the PL decay studies, the energy corresponds to the maximum of the PL spectrum. The FLN/PLE data follow the trend $\Delta E_{AF}(E) = \alpha_E (E - E_g)^2$ with the band gap energy $E_g = 1841$ meV of wz-CdSe, and $\alpha_E = 0.44 \times 10^{-4}$ meV ⁻¹. (b) Dependence of the ΔE_{AF} values presented in panel (a) on the NC radius *R*. The joint FLN/PLE data is complemented by data points from Ref. [24] which lack the information about the excitation energy. For the ΔE_{AF} determined from the PL decay studies we use the nominal NC radii reported in Refs. [27,28,31,32]. Empty squares in panel (b) show the PL decay data from Ref. [30].The FLN/PLE data follow the trend $\Delta E_{AF}(R) = \alpha_R (a_B/R)^3$ with the exciton Bohr radius $a_B = 5.6$ nm of CdSe, and $\alpha_R = 0.44$ meV. Dash-dotted lines in panels (a) and (b) are guides for the eye for the PL decay data.

3.2. Bright-dark splitting evaluated from temperature-dependent PL decay

As mentioned above, the analysis of the temperature dependence of the PL decay is an alternative method for the determination of ΔE_{AF} . Here, we compare the temperature dependencies of the PL decay in zb- and wz-CdSe NCs with R = 1.6 - 1.8 nm. An example of a typical temperature dependence of the PL decay is shown in Figure 4a for zb-CdSe NCs with R = 1.85 nm. We fit the temperature dependence of the long PL decay lifetime τ_L (see blue line in Figure 4b) within the conventional three-level scheme [32], shown in Figure 4c :

$$\tau_L = \left[\frac{\Gamma_A + \Gamma_F}{2} - \frac{\Gamma_A - \Gamma_F}{2} \tanh\left(\frac{\Delta E_{\rm AF}}{2kT}\right)\right]^{-1},\tag{2}$$

where $\Gamma_A = \tau_A^{-1}$ and $\Gamma_F = \tau_F^{-1}$ are the recombination rates of the bright $|A\rangle$ and dark $|F\rangle_{221}$ states to the ground state $|G\rangle$, respectively. γ_{th} is the thermalization rate due to interaction 222

with acoustic phonons. For the zero temperature relaxation rate γ_0 from $|A\rangle$ to $|F\rangle$ the relationship $\gamma_0 \gg \Gamma_A$ must be fulfilled.

Using this approach we obtain $\Delta E_{AF} \approx 3$ meV for both types of CdSe NCs, in good 225 agreement with Ref. [31]. The current and previous ΔE_{AF} values obtained from the tem-226 perature dependence of the PL decay are shown by stars and open circles in Figure 3a, 227 respectively. The dependence of ΔE_{AF} , determined from PL decay studies, on the NC radius 228 is shown in Figure 3b. Here data points from Ref. [30] (empty squares) are additionally 229 added, compared to Figure 3a. Again, we do not observe a significant difference between 230 zb-CdSe and wz-CdSe NCs, both in the FLN/PLE and in the PL decay studies. However, 231 the difference between the ΔE_{AF} values determined within these two methods strongly 232 increases for exciton energies exceeding 2.2 eV, corresponding to NC radii R < 2.5 nm. 233



Figure 4. (a) PL decay measured at 4.2 – 50 K for zb-CdSe NCs with R = 1.85 nm. **(b)** Temperature dependence of the long PL decay lifetime (black squares) for the NCs from panel (a). Blue line shows the fit by equation 2 with fitting parameters $\tau_F = 295$ ns, $\tau_A = 14.2$ ns, $\Delta E_{AF} = 2.7$ meV. Red line shows the fit by equation 3 based on the model considering acoustic phonon activation of the dark exciton recombination [22] with parameters $\tau_{AC} = 458$ ns and $E_{AC} = 0.6$ meV. **(c)** Conventional three-level model for determination of the splitting ΔE_{AF} between bright $|A\rangle$ and dark $|F\rangle$ exciton states.

3.3. Alternative modeling of the temperature-dependent PL decay

According to Ref. [28], the difference between the ΔE_{AF} values from the FLN/PLE 235 and PL decay methods could be caused by the exchange interaction of the exciton with 236 surface spins in small NCs. This interaction potentially gives an additional contribution 237 to ΔE_{AF} observable in FLN/PLE. If that were the case, CdSe NCs with different surface 238 properties should have different ΔE_{AF} values. As one can see in Figure 3, the FLN/PLE 239 studies reveal the same ΔE_{AF} within the whole range of excitation energies (NC sizes) in 240 zb- and wz-CdSe NCs, CdSe NCs with different ligands [25], and CdSe NCs in a glass 241 matrix [24,26,27]. Also, as it was shown in Ref. [36], the ΔE_{AF} determined from FLN/PLE 24 2 exceeds the ΔE_{AF} from PL decay studies in CdTe and InAs NCs. Since a universal effect of 243 polarized surface spins in all these cases is doubtful, we consider another explanation of 244 the difference between the two methods as proposed in Ref. [36]. 245

In addition to the thermal population of the bright exciton state, as described by eq. 246 2, one should take into account the mechanism controlled by the fast and energetically 247 favorable interaction with the phonon. In Ref. [36], it was shown that the ΔE_{AF} determined 248 from PL decay studies within the three-level model is close to the energy of the lowest 249 acoustic phonon mode with angular momentum l = 2. Activation of the dark exciton 250 recombination by interaction with this phonon was considered in Ref. [22]. According 251 to Ref. [22], shortening of the PL decay lifetime is caused not by thermal population of 252 the bright exciton state or a vibronic state of the dark exciton [36], but by the acoustic 253

phonon-induced admixture of the bright state. Temperature dependence of the ± 2 state lifetime in this case is described by [22]: 255

$$\tau_2 = \tau_{\rm AC} \tanh(E_{\rm AC}/2k_B T),\tag{3}$$

where τ_{AC} is the lifetime of the ±2 state at T = 0 K provided by emission of the acoustic 256 phonon only, and E_{AC} is the energy of the acoustic phonon mode with l = 2. A fit of the 257 temperature dependence of the long PL decay component assuming $\tau_L = \tau_2$ is shown by 258 the red line in Figure 4b. This model provides a better fit of the data with the fit parameter 259 E_{AC} close to the energy of the l = 2 acoustic phonon mode. A comparison of the three-level 260 model and the model of acoustic phonon-induced mixing for several samples of CdSe NCs 261 is given in Supporting Information S5. Thus, following Ref. [29,36] we consider that ΔE_{AF} 262 from FLN/PLE studies as the true bright-dark exciton splitting. 263

4. Theory of the FLN spectra with account for the nanocrystal shape dispersion

Let us turn to the remaining puzzle: the same ΔE_{AF} in zb- and wz-CdSe NCs. In 265 a recent paper [20], the authors demonstrated with a pseudopotential method that the 266 calculated splitting between $\mathcal{F} = 1$ and $\mathcal{F} = 2$ in spherical zb-CdSe NCs should be close to 267 the experimentally measured $\Delta E_{AF}(R)$ dependence shown in Figure 3b. Thus, one could 268 assume that the same $\Delta E_{\rm AF}$ in zb- and wz-CdSe NCs corresponds to the splitting between 269 the ± 2 and $\pm 1^{L}$ states in the wz-CdSe NCs and between the $\mathcal{F} = 1$ and $\mathcal{F} = 2$ states in the zb-CdSe NCs. However, this scenario has to be excluded because the non-resonant 271 Stokes shift (energy difference between the first absorption and PL maxima) in both types 272 of studied CdSe NCs is similar (see Supporting Information S3). The same result was found 273 previously for the room temperature non-resonant Stokes shift in zb- and wz-CdSe NCs in 274 Refs. [12,13]. The significant difference between the ΔE_{AF} and the non-resonant Stokes shift 275 indicates the presence of several bright exciton states with different energies in zb-CdSe 276 NCs similar to the case in wz-CdSe NCs [16,23–25]. 277

As the crystal field is absent in zb-CdSe, a possible interpretation of the similar fine 278 structure in zb-CdSe and wz-CdSe involves a shape anisotropy of the zb-CdSe NCs (see 279 Figure 1). Our estimations within the EMA show that zb-CdSe NCs of varying sizes have 280 an oblate shape with a NC semiaxes ratio $c/b \approx 0.9$ to fit the $\Delta E_{AF}(R)$ dependence from 281 Figure 3b. However, it is known that if there is a shape anisotropy in zb- and wz-CdSe 282 NCs, then it is predominantly an anisotropy of the prolate type [16,31]. For this reason 283 the introduction of an oblate NC shape as a fit parameter in the FLN/PLE data is not 284 convincing. Below we show that the similar ZPL signal in zb- and wz-CdSe NCs can be 285 modelled if one considers a dependence of the $\pm 1^L$ bright exciton oscillator strength on the 286 NC shape and a shape dispersion in an ensemble of nominally spherical zb-CdSe NCs.

Let us consider an ensemble of zb-CdSe NCs with a normal distribution of the NC ²⁸⁸ shape anisotropy: ²⁸⁹

$$g(\mu) = \frac{1}{\sigma\sqrt{2\pi}} \exp\left[-\frac{(\mu - \mu_0)^2}{2\sigma^2}\right],$$
 (4)

where μ is the anisotropy parameter $\mu = c/b - 1$, μ_0 is the mean anisotropy parameter for NCs of a given radius, and σ is the standard deviation.

The ZPL in FLN studies of CdSe NCs is result of the dark exciton emission after resonant excitation of the $\pm 1^L$ bright exciton. We write the oscillator strengths of the $\pm 1^{L,U}$ states, measured in units of the oscillator strength of the 0^U state using equation 28 from Ref. [16], in a slightly modified manner:[16]

$$P_{1^{L,U}}(\mu) = 1 \pm \frac{q(\mu) - 2}{2\sqrt{q^2(\mu) - q(\mu) + 1}},$$
(5)

where + and - correspond to the $\pm 1^L$ and $\pm 1^U$ states, respectively. $q(\mu) = \Delta(\mu)/4\eta$, 296 $\Delta(\mu) = \Delta_{\rm cr} + \Delta_{\rm sh}(\mu)$ is the joint splitting of the hole states with projection of the total 297 angular momentum on the anisotropy axis $\pm 3/2$ and $\pm 1/2$ due to the crystal field and 298 NC shape anisotropy $\Delta_{sh}(\mu)$ [16]. In the case of zb-CdSe NCs, $\Delta_{cr} = 0$ meV. The splitting 299 4η between the $\mathcal{F}=$ 1,2 states is caused by the electron-hole short-range and long-range 300 exchange interaction [17,18] with $\eta = 0.37 \text{ meV} \cdot (a_B/R)^3$, where $a_B = 5.6 \text{ nm}$ is the exciton 301 Bohr radius in CdSe. The dependence of the oscillator strengths on $q(\mu)$ is shown in Figure 302 5a for the $\pm 1^{U,L}$, 0^U states. One can see that finite oscillator strength of the $\pm 1^L$ exciton 303 (black line in Figure 5a) in zb-CdSe is gained when the NC shape differs from a sphere. 304

The relative contribution to the ZPL signal $\tilde{P}_{1L}(\mu)$ from NCs having arbitrary μ is proportional to the fraction of these NCs, i.e. $g(\mu)$, and the oscillator strength of the $\pm 1^L$ state: $\tilde{P}_{1L}(\mu) = P_{1L}(\mu)g(\mu)$. The maximum of the $\tilde{P}_{1L}(\mu)$ distribution determines a subensemble of NCs which give the predominant contribution to the absorption of the light by the $\pm 1^L$ exciton.



Figure 5. (a) Relative oscillator strengths of the $\pm 1^L, \pm 1^U$ and 0^U excitons depending on the parameter $q(\mu)$. (b) Anisotropy distribution $g(\mu)$ and weighted oscillator strength \tilde{P}_{1^L} in zb-CdSe NCs with different radii for $\sigma = 0.1$. (c) Shape of the zero phonon line in NCs of different sizes. Black dash-dotted line is calculated assuming equal emission efficiencies of the ± 2 and 0^L states. Solid lines are calculated assuming that the emission efficiency from the 0^L is an order of magnitude smaller than that from the ± 2 state.

Let us analyze zb-CdSe NCs with the maximum of the shape distribution corresponding to a sphere, i.e. $\mu_0 = 0$. In line with Ref. [42], which reported a standard deviation $\sigma = 0.18$ for an ensemble of CdSe NCs with R = 3 nm, for a first evaluation we set $\sigma = 0.1$. As can be seen in Figure 5b, the calculated $\tilde{P}_{1L}(\mu)$ distribution has two maxima at $\pm \sqrt{2}\sigma$ corresponding to oblate (–) and prolate (+) NCs.

To calculate the ZPL spectrum, we plot \tilde{P}_{1L} as a function of ΔE_{AF} using the relationship 31.5 between $\Delta E_{\rm AF}$ and μ (see Supporting Information S1). According to this approach, one 316 should observe two ZPLs corresponding to the splitting between the ± 2 and $\pm 1^L$ states in 317 oblate NCs, and to the splitting between the 0^L and $\pm 1^L$ states in prolate NCs. The results 31 8 of a similar calculation of the ZPL spectrum in zb-CdSe NCs of different radii are shown in 31 9 Figure 5c, again taking $\sigma = 0.1$. If we consider equal efficiencies of emission from the 0^L 320 and ± 2 dark exciton states, the ZPL spectrum has two peaks (see the black dash-dotted 321 line in Figure 5c). However, on single prolate zb-CdSe and wz-CdSe NCs, emission from 322 the lowest 0^{L} state was observed only when a magnetic field was applied [35,39]. Probably, 323 the activation of the 0^{L} state recombination in zero magnetic field is weak resulting in a 324 correspondingly weak contribution to the ZPL. The results of ZPL calculations using the 325 assumption that the emission from the ± 2 state is an order of magnitude more efficient 326 than the radiation from the 0^L state are shown by the solid lines in Figure 5c. 327



Figure 6. (a) Calculated energy of the ZPL maximum in an ensemble of zb-CdSe NCs for σ varying from 0.07 to 0.15. Symbols show the experimental FLN/PLE data from Figure 3b. Here, coloured triangles show the joint set of data obtained using excitation by the Hg lamp and the Ar ion laser. **(b)** Calculated energy of the ZPL maximum in an ensemble of wz-CdSe NCs with σ varying from 0.07 (red dashed line) to 0.15 (red solid line) and with the size dependent $\mu_0(R)$ from Ref. [16]. Solid and dashed black lines show calculated ΔE_{AF} with $\sigma = 0$ and $\mu_0 = 0$ or $\mu_0(R)$ from Ref. [16], respectively. **(c)** Calculated dependence of the ZPL linewidth on the NC radius for σ varying from 0.07 (dashed lines) to 0.15 (solid lines) in zb-CdSe NCs with $\mu_0 = 0$. Symbols show experimental values from the current and previous studies [23,27]. **(d)** Calculated dependence of the ZPL linewidth on the NC radius for σ varying from 0.07 (dashed lines) to 0.15 (solid lines) in wz-CdSe NCs with $\mu_0(R)$ taken from Ref. [16].

From the positions of the maxima in the calculated ZPLs, we determined the ΔE_{AF} 328 splitting. In Figure 6a, we show the expected ΔE_{AF} values in ensembles of zb-CdSe NCs 329 with $\sigma = 0.07$ and $\sigma = 0.15$ giving the lower and the upper boundary, respectively. Clearly, 330 the experimental data are placed well within these two theoretical limits. Using the same 331 approach, we calculated the ΔE_{AF} in an ensemble of wz-CdSe NCs with $\Delta_{cr} = 23$ meV, a 332 similar shape dispersion and the size-dependent $\mu_0(R)$ taken from Ref. [16]. The results of 333 these calculations are shown by the red traces in Figure 6b. For comparison, we also show in 334 Figure 6b the variation of ΔE_{AF} calculated with $\sigma = 0$ for spherical ($\mu_0 = 0$) wz-CdSe NCs 335 [17,18] (the black solid line) and wz-CdSe NCs with $\mu_0(R)$ taken from Ref. [16] (the black 336 dashed line). One can see that including the shape dispersion results in better agreement 337 with the experimental data for small NCs with R < 2.5 nm. However, for large NCs, the 338 calculated ΔE_{AF} still exceeds the experimental values. 339

Besides the position of the ZPL maximum, the dispersion of the NC shape in the ensemble allows for an evaluation of the ZPL linewidth. The comparison of the evaluated and measured linewidths is shown in Figures 6c,d. According to our model, in small NCs, the ZPL linewidth increases due to the larger effect of the shape anisotropy on the splitting of the hole states, $\Delta_{sh}(\mu) \propto \mu R^{-2}$. As one can see, our estimations are in good agreement with the data from the current study and from Refs. [23,27].

5. Discussion

We have shown above that in case of nearly spherical CdSe NCs, the FLN/PLE spectra 347 exhibit the bright-dark ΔE_{AF} splitting, and the temperature dependence of the PL decay 348 gives an energy close to the energy of the acoustic phonon mode with l = 2. Noticeably in 34 9 case of colloidal CdSe nanoplatelets both methods give similar ΔE_{AF} values [43]. We see 350 two reasons for this: (i) the dark exciton recombination is efficient through the admixture 351 of the 0^U state by acoustic phonons in CdSe NCs, (ii) the large bright-dark splitting in 352 small CdSe NCs with R < 2.5 nm allows for acoustic phonon activation at T < 20 K, 353 while thermal population of the bright exciton state requires T > 20 K. Indeed, in NCs 354 with R > 2.5 nm, the difference between the ΔE_{AF} determined from the FLN/PLE and PL 355 decay methods vanishes, and it is difficult to distinguish between thermal population of 356 the bright exciton state and acoustic phonon activation of the dark exciton state. 357

The comparison of the ΔE_{AF} values from FLN/PLE studies revealed no significant 358 difference between zb- and wz-CdSe NCs. We proposed an explanation of this observation 359 based on the NCs shape dispersion. This explanation assumes an ideal zinc blende or 360 wurtzite crystal structure of the NCs. Previous comparative spectroscopic studies of zb-361 and wz-CdSe NCs [12–15] showed that both types of NCs of fixed size show almost the 362 same energy of the first maximum in UV-Vis absorption spectra and vary only in the energy 363 difference between the first and the second absorption peak maxima. Our study shows that 364 the exciton fine structures of both types of CdSe NCs are also similar. While the proposed 365 theoretical model demonstrates that, for certain conditions, zb- and wz-CdSe NCs can have 366 similar FLN/PLE spectra, the question remains, namely whether NCs can be legitimately 367 described as small pieces of a bulk semiconductor with a well-defined crystal structure. It 368 was shown previously [14,44] that nominal wz-CdSe NCs can have several stacking faults, 369 i.e. inclusions of zb-CdSe, even when the X-ray powder diffractogram still exhibits all the 370 diffraction peaks of wz-CdSe [44]. Similarly, nominal zb-CdSe NCs can have inclusions 371 of wz-CdSe. Such a mixed crystal structure, instead of pure zinc blende or pure wurtzite, 372 could explain in a natural way the coincidence of the FLN/PLE data for both types of CdSe 373 NCs. Advanced pseudopotential or tight-binding calculations of the exciton fine structure 374 in CdSe NCs having stacking faults are required for clarification of this interpretation. 375

Finally, to reveal the effect of the crystal structure, we have compared the ΔE_{AF} 376 determined from FLN/PLE studies for both types of CdSe NCs and for CdTe NCs [47,48], 377 which are known to have zinc blende crystal structure. The dependence of ΔE_{AF} on the 378 excitation energy for CdTe NCs behaves like the dependence for CdSe NCs shifted by 379 the difference of the band gaps of CdSe ($E_g = 1.841 \text{ eV}$) and CdTe ($E_g = 1.6 \text{ eV}$) (see 380 Supporting Information S4). This is clearly seen when we compare the dependencies of 381 $\Delta E_{\rm AF}$ on the effective quantization energy equal to the difference between the excitation 382 energy and the band gap. We also found similar dependencies of ΔE_{AF} on NC radius in the 383 comparison of the data from Figure 3b with the data from Refs. [47,48]. In Ref. [47,48] the 384 authors explained the ΔE_{AF} as the splitting between the $\mathcal{F} = 1$ and $\mathcal{F} = 2$ exciton states. 385 However, zb-CdSe, wz-CdSe and zb-CdTe NCs have not only similar ΔE_{AF} , but also similar 386 size-dependent non-resonant Stokes shifts [48] (see Supporting Information S3), which can 387 be explained only for a fine structure that has several strongly split bright exciton states. 388 As for zb-CdSe NCs, this requires a NCs shape anisotropy or a built-in crystal field due to 389 the inclusion of the wurtzite phase. 390

6. Conclusions

In conclusion, we have shown experimentally that zb- and wz-CdSe NCs of the same size have identical fine structures of the band-edge exciton that can be determined by FLN/PLE spectroscopy. We developed a theoretical approach in order to analyse the role of the NC shape dispersion in an ensemble on the measured FLN/PLE spectra. The effect

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of shape dispersion allows us to calculate the experimental shift and linewidth of the zero phonon line in the zb- and wz-CdSe NCs. Despite the good agreement between our theoretical model and the experimental ΔE_{AF} data, the question about the difference of the band-edge exciton fine structure in both types of CdSe NCs in the presence of stacking faults or other types of crystal structure distortions remains open.

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