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RESEARCH ARTICLE

Metals and metalloids in high‑altitude Pyrenean lakes: sources and distribution in pre‑industrial and modern sediments

Azibar Rodriguez-Iruretagoiena¹ · Ainara Gredilla¹ · Silvia Fdez-Ortiz de Vallejuelo¹ · Gorka Arana¹ · Maite Meaurio² · Juan Manuel Madariaga¹ · Jean Christophe Auguet³ · Aridane González González^{4,5} · **Oleg S. Pokrovsky4,6 · Luis Camarero7 · Alberto de Diego1,8**

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Abstract

High-altitude Pyrenean lakes are ecosystems far from local pollution sources, and thus they are particularly sensitive to the atmospheric deposition of metals and metalloids. This study aims to quantify the efect of human activity in 18 lakes located in both side of the France–Spain frontier. Sediment cores were collected in summer 2013, sampled at a 1cm resolution and the concentration of 24 elements was measured by ICP-MS. Statistic and chemometric analysis of the results highlights the infuence of the geographical position and lithogenic features of each lake basin on trapping pollutants. More than the 80% of the lakes showed values of enrichment factor (EF) above 2 for at least one of the elements investigated in at least one core interval, which corroborates the existence of historical anthropogenic inputs of elements in the studied area. The results demonstrate the natural origin of As and Ti in Pyrenees, together with the signifcant anthropogenic inputs of Cd, Pb, Sb and Sn from ancient times. The data set points mining activities as the main historical source of pollution and illustrate the large impact of the industrial revolution. The regional variability could refect also diferential long-range transport, followed by dry or wet deposition.

Keywords Sediment core · High-altitude lakes · Natural · anthrophonic · Pyrenees · Metals and metalloids

Introduction

Human activity has an irrefutable effect on climate and on the biogeochemical cycles of major and trace elements (IPCC 2022; Moser et al. 2019; Nriagu 1996). The anthropogenic impact is not only perceived at a planetary scale,

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but also at a regional or even local scale. The Pyrenees lie on the transition zone between the Atlantic and the Mediterranean climatic regions. This fact, combined with the unique geographic and climatic features of mountains, makes the Pyrenees especially sensitive to global climate efects in SW Europe, an area where large rates of climate change are expected. Industrial and urban activities in the surrounding

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cities, such as Bilbao, Bordeaux, Zaragoza, Toulouse and Barcelona, can afect the quality of its ecosystems in the short term and the long history of human activities may have a long-term impact too. However, because of administrative and political borders, the Pyrenean area is divided into three countries (France, Andorre and Spain), and that has limited signifcantly the amount of research that has been done considering the area as a whole.

The Pyrenees mountain range extends from Matxitxako Cape (Basque Country) to Creus Cape (Catalonia), reaching its highest point at about 3400 m (Aneto peak, Aragon). Some excellent examples of sensitive ecosystems in Pyrenean region are high altitude $\left($ <2000 m), where the presence of pollutants is usually small, and thus they are the best sentinels to identify the effects of contamination in the environment (Bacardit and Camarero 2010a; Camarero 2003;). Within the lake system, sediments are more conservative than water, and contain an invaluable record of pollutants all over time, which makes them an essential matrix for environmental studies (Ruiz-Fernández et al. 2003).

The oldest long-range atmospheric pollution is that of metals and metalloids. It started more than two millennia ago (Camarero 2017). Consequently, sediments have been widely used to reconstruct metalworking activities all around the world, making possible the diferentiation between "older" and "modern" metal contamination (Heim and Schwarzbauer 2013).

Despite metals and metalloids are important as micronutrients, they have negative toxic efects (Nriagu and Pacyna 1988). From a toxicological point of view, their persistence to biodegradation and their accumulation capacity are the main characteristics (Zhang and Gao 2015). As an example, Cd, Hg, Ni and Pb are part of the priority toxic substances list of *The European Water Framework Directive, (EWFD)* (WFD, 2022). Many other elements, such as As, Cr, Cu and Zn, are ranked among the priority metals with public health signifcance. Some of these metallic elements are considered systemic toxicants that are known to induce multiple organ damage, in some cases even at low levels of exposure (Naimo 1995).

Regardless their toxicological risk, it is important to consider that metals have both natural and anthropogenic origin. With respect to natural sources, they are primary constituents on the Earth's crust; consequently, their presence in air, rock, soil, sediments and biota varies across geographic regions. As part of the natural biogeochemical cycle, metals are released from rocks by weathering processes. Some other natural sources include volcanic activity and forest fres (Zuski et al., 2007). However, anthropogenic inputs alter the mentioned natural cycle of metals, increasing their concentration, and contributing to their accumulation. Agricultural, industrial or mining activities, together with road traffic are the principal metal sources. Once they are released in the environment, they can be distributed as direct discharge or by atmospheric transport. In the atmosphere, metals mostly appear adsorbed to particles, which can be long-range transported from their starting source, before being deposited again (Patterson and Settle 1987) to end up accumulated at lakes sediments. Wind direction and intensity, together with mountain orography and lake altitude (among others), have a direct efect on the long-range transport of metallic (and others) pollutants through the atmosphere (Bacardit 2011; Camarero 2013), and its further wet or dry deposition (Marques et al. 2004).

Metal deposition has been described not only in Pyrenees (Camarero et al., 2009), but also in alpine lakes all over the globe (Catalan et al. 2013). One of the clearest example we have are the Saharan dust outbreaks, which are important natural inputs of a wide range of pollutants to extensive areas of the world (Escudero et al. 2005), acting as a carrier of an enriched cocktail of diverse metals and metalloids. However, not all mountain lakes respond in the same way or at the same time to pollution episodes and/ or climate changes due to internal lake processes (Baron and Caine 2000). Thus, studies carried out at a regional scale and considering both surface and older sediments are mandatory. More studies that include a sufficient number of lakes are needed to be able to represent the geographic variability of the area under study, in terms of location, altitude and lithology, and researches that comprise the analysis of metals and metalloids of diferent nature and origin. These studies may integrate all the processes and interactions that occur in a lake basin in order to establish metal backgrounds, footprints and tendencies of a sensitive area, such as the Pyrenees mountain range.

The aim of this study is to investigate the occurrence and distribution of 24 metals and metalloids in surface and deep sediments of Pyrenean high-altitude lakes located in both sides of the border (France and Spain). A similar study was conducted several decades ago (Bacardit 2011; Camarero 2003; Camarero et al. 2009) and included the measurement of the concentration of As, Cd, Cu, Hg, Pb, Se and Zn in lake sediments collected in around 75 different lakes (located in both sides of the border, above the local tree line and with more than 0.5 Ha size). Our work tests the conclusions obtained by previous surveys and extent the analyses to a larger number of elements to investigate metal and metalloid pollution occurrence and distribution.

The use of statistics and chemometric techniques allowed us to (i) study the geographical distribution of metals and metalloids throughout the Pyrenees, (ii) investigate historical records and identify past peaks of pollution and (iii) discern between natural and anthropogenic inputs of pollutants.

Material and methods

Sampling and sample pretreatment

A single sampling campaign was performed in Summer 2013 at 18 high-altitude Pyrenean lakes (>2000 m; Fig. 1), located in France (Anglas, AN; Aubé, AU; Bersau, BE; Compte, CO; Estelat, ES; and Siscar, SI) and Spain (Airoto, AIr; Aixeus, AIx; Baiau, BA; Eriste, ER; Gran del Pesso, GR; Llosas, LL; Mariola, MA; Monges, MO; Montoliu, MT; Plan, PL; Pica Palomera, PP; and Romedo de Dalt, RO). The geographical location and some geomorphological characteristics of these lakes are provided in Fig. 1 and Table 1 and (adapted from del Castillo 2004). Igneous and metamorphic rocks are the most extended lithology in the central and eastern Pyrenees, but in the central and western areas, carbonate formations also occur (Garcia-Pausas et al. 2007). As it can be observed in Table 1, igneous rocks, and specifcally acidic plutonic rocks, are abundant within the lakes studied. The sedimentary rocks in which the lakes are located are mainly shales, sandstones and conglomerates, while most of the metamorphic show regional metamorphism varying from low to high grade.

All the lakes are classifed as small, deep and dimictic, with mixing periods after thaw in June and during autumn from October to December.

Sediment cores were collected from the deepest part of the lake using an infatable boat by means of a gravity core sampler. The length of the cores ranged from 5 cm (Airoto, AIr, Gran del Pesso, GR, Llosas, LL, Monges, MO and Montoliu, MT) to 36.5 cm (Estelat, ES, and Romedo de Dalt, RO) (see Table 1). Each core was in situ sliced immediately after collection using clean plastic tools. Between layers, all the material was cleaned with Milli-Q quality water (18.2 MV cm, Milli-Q Element A10 purifcation system, Merck Millipore, Billerica, MA, USA). The surface slice 0–1.5 cm (surface layer) was frst separated and stored in a clean pre-labelled zip bag. The next 3.5-cm slices were successively obtained and stored in a similar way. One hundred and eight samples were fnally obtained for analysis. All of them were transported downhill in refrigerated backpacks to the laboratory. The sediment samples were kept frozen (−20°C) in the laboratory until freeze-drying in a Criodos apparatus for 72 h (−52°C, 150 mTorr, Telslar, Madrid, Spain). Dry sediment samples were sieved to assure a maximum particle size of 63 μm, and stored in the refrigerator at 4°C in darkness until analysis.

Analysis

All glass material used during the analysis step was washed with tap water and soap and left in a 10% nitric acid (Panreac, Barcelona, Spain) bath for at least 24 h. Afterwards, it was thoroughly rinsed twice with Elix quality water (Merck Millipore, Billerica, MA, USA) and once with Milli-Q quality water, and stored in clean zip bags until use.

About 0.5 g $(\pm 0.0001 \text{ g})$ of dried and sieved sediments was weighed in a AJ150 balance (Mettler-Toledo S.A.E., Barcelona, Spain) and subjected to an extraction procedure using a Multiwave 3000 microwave oven (Anton Paar, Graz, Austria), with a maximum power output of 1400 W, and

Fig. 1 Localization of the 18 high-altitude lakes studied in Pyrenees coloured according to their major geology, in alphabetical order and situated in a digital elevation model map: Airoto (AIr), Aixeus (AIx), Anglas (AN), Aubé (AU), Baiau (BA), Bersau (BE), Compte (CO), Eriste (ER), Estelat (ES), Gran del Pesso (GR), Llosas (LL), Mariola (MA), Monges (MO), Montoliu (MT), Pica Palomera (PP), Plan (PL), Romedo de Dalt (RO) and Siscar (SI)

equipped with eight 100 mL fuorocarbon polymer (PTFE) microwave vessels in an 8XF-100 microwave digestion rotor. Eight samples were simultaneously digested during each run. The EPA 3051A method (USEPA 2007) was followed for the extraction procedure, using a mixture of 3 mL of HCl (36%; Tracepur grade, Merck Millipore, Billerica, MA, USA) and 9 mL of $HNO₃$ (69%; Tracepur grade, Merck Millipore, Billerica, MA, USA) as extractant.

The obtained extracts were passed through 0.45 μm PVDF syringe flters (Olimpeak, Teknokroma, Barcelona, Spain), and quantitatively transferred into pre-cleaned polyethylene tubes. All the extracts were gravimetrically (±0.0001 g, Mettler-Toledo AJ150 balance) diluted with Milli-Q quality water, and their acidity was adjusted to 1% $HNO₃$. The diluted samples were again accurately weighed and stored in darkness at 4°C until analysis.

The total concentrations of Ag, Al, As, Ba, Cd, Co, Cr, Cu, Fe, Hg, Mg, Mn, Mo, Ni, Pb, Sb, Se, Sn, Sr, Ti, Tl, V, W and Zn were measured in all the diluted extracts by inductively coupled–plasma mass spectrometry (ICP-MS) in a NexION 300X (Perkin Elmer Inc., Waltham, MA, USA) located inside a 100-class clean room conditioned at 20°C. More details about the experimental conditions used in the analysis can be found elsewhere (Liñero et al. 2017).

The trueness and precision of the method were checked by replicate analysis $(n = 8)$ of the certified reference material NIST 1646a (estuarine sediment, National Institute of Standards and Technology). All the obtained concentrations (in mg·kg−1) were corrected taking into account the actual humidity content of the reference material. Satisfactory results were obtained for all the elements certifed in the CRM (relative standard deviations below 9 % and recoveries between 77 and 105%), being the analytical method used suitable for our purpose (Table 2). Procedural blanks ($n =$ 8) were also run in the same way to estimate the detection limits of the method (Table 2).

Data processing

The Kolmogorov-Smirnov test demonstrated that the data were not normally distributed, and thus non-parametric statistics was used. The Kruskal-Wallis test was used to check the possible existence of significant differences between elements concentration in diferent lakes and different depths. The level of signifcance was fxed at 0.05 (95% confdence level) to consider a result as statistically significant (Figs. 2 and 3).

The structure of the data matrix was investigated by principal component analysis (PCA). This multivariate analysis method is widely used in environmental studies to obtain representative graphs to characterise the combined efect of diferent variables and recognise possible patterns, relationships, and correlations within data (Einax et al. 1998; Jollife 2002). Concentrations below the LOD were substituted by one-half of the LOD value for multivariate analysis. Data were centred and scaled before treatment when necessary. The appropriate number of principal components (PCs) used in the multivariate analysis was determined by a scree plot (data not shown). The selected model explains the 63% of the total variance by using three PCs (PC1 = 31% ; PC2 = 19%; PC3 = 13%). PC1 presents positive loading values for As, W, Sn, Ti and Ba, all with potential lithogenic origin. PC2 my refect the input from mining activities, and PC3 shows positive loading values for all the elements considered with the exception of Fe, Cu, Ni, Se, Co and Al (see Fig. 4).

Data processing was carried out by using the software The Unscrambler v. 9.7 (CAMO Software AS, Oslo, Norway) and R 3.2.2 (The R Foundation for Statistical Computing, USA) with Rstudio v. 1.0.143 (Rstudio Inc., USA).

Results and discussion

Metal and metalloid concentrations in surface sediments

The concentrations of metals and metalloids found in surface sediments of Pyrenean lakes are shown in Table 2, and in Fig. 2 in the form of Box-Whisker plots (after removing extreme and outlier values). Extreme concentrations were defined as $c > Q_3 + 3 \cdot (Q_3 - Q_1)$, whereas outliers were identified as $c > Q_3 + 1.5 \cdot (Q_3 - Q_1)$, being Q_1 and Q_3 the %25th and %75th percentiles, respectively (Otto 2007). The lake that shows extreme and/or outlier concentrations is somehow out from the "normality" defned by the rest of the lakes.

The elements have been classifed in terms of concentration and abundance. In general, they follow this order: Al, Fe > $Mg > Zn > Ti > Mn > As > Pb$. Correlations significantly different from zero (α = 0.05, r_{crit} = 0.47) were found between Al-Fe (*r* = 0.78), Al-Zn (*r* = 0.50), Al-Mg (*r* = 0.58), Mg-Mn (*r* = 0.83), Mg-Ti (*r* = 0.53), Mg-Pb (*r* = 0.55) and Pb-Zn $(r = 0.56)$, which corroborates the common natural origin (mostly lithologic) of the group constituted by Al, Fe, Ti and Mn (Bacardit and Camarero 2009). In this study, As was independent with respect to all other elements, and in fact, high concentrations of natural As in Pyrenean lake sediments are already well-known and reported by other authors (Camarero 2003; Catalan et al. 2006). Among the airborne trace elements with potential toxic efect, Pb is the one that may cause a greater impact in Pyrenean lake ecosystems (Bacardit and Camarero 2009). Indeed, the average concentration of Pb (146 mg·kg−1) found in the lake sediments investigated in this study is above the values reported $(30–70 \text{ mg} \cdot \text{kg}^{-1})$ to produce toxicological effects (Del Valls and Chapman 1998).

Fig. 2 Element concentrations (in mg·kg−1) found in surface sediments from 18 high-altitude lakes of the Pyrenees. Box-Whisker plots have been calculated after removing all extreme $(c > Q3+3*(Q3-Q1))$ and outlier $(c > Q3+1.5*(Q3-Q1))$ values from data

Fig. 3 Correlation among pairs of elements obtained after removing extreme and outlier values from the dataset. Coefficients (r) higher than 0.49 are signifcantly diferent from zero at a 95% signifcance level

Considering the individual concentrations of elements, some of them presented neither extreme nor outlier values (Al, Ba, Cr, Mg, Ni, Co, Hg, V and Ti) (Table 2). These results indicate relatively homogeneous concentrations of these elements within the surface sediments of the lakes considered in this study. Furthermore, the concentrations are of the same order than those reported in surface sediments

from other Pyrenean lakes, such as Respomuso (2140 m) (Zaharescu et al. 2009), Légunabens (1655 m), Plan (2188 m) and Vidals d'Amunt (2684 m) (Bacardit et al. 2012). Consequently, concentration ranges (in mg·kg⁻¹) of 24000 \pm 9000 (Al), 66 ± 31 (Ba), 23.5 ± 7.8 (Cr), 4600 ± 1800 (Mg), 18 ± 11 (Ni), 480 ± 300 (Ti), 7.4 ± 4.1 (Co), 0.39 ± 0.19 (Hg) and 33 ± 12 (V) could be considered as representative for recent sediments of the Pyrenean lakes in igneous dominated watersheds. Additionally, these elements seems to be highly inter-correlated (Fig. 3), highlighting the correlations between Al-Ni (*r* = 0.70), Ba-Ti (*r* = 0.76), Cr-Mg $(r = 0.76)$, Cr-V $(r = 0.74$ and Ni-Co $(r = 0.87)$, consistent with general behaviour of these elements in Earth surface sedimentary environments (Hernandez et al. 2003).

Camarero (2003) measured the concentration of As, Cd, Cu, Hg, Pb, Se and Zn in surface sediments collected in 75 diferent Pyrenean lakes, a representative sample of an entire population of 1062 lakes larger than 0.5 Ha. Concerning As, Cu, Hg, Pb and Se, there is not a signifcant evidence that the samples used in Camarero's study and those used in this study are drawn from diferent populations (Kruskal-Wallis test, $p < 0.05$). In the case of Cd and Zn, however, signifcantly higher concentrations were found in this study than in Camarero's survey (samples collected at least 10 years before ours). The median concentration for Cd and Zn ranged from ~0.5 to ~1.0 mg⋅kg⁻¹, and from ~120 to ~150 mg⋅kg⁻¹, respectively. These two metals

Fig. 4 Scores and loadings plots (PC1–PC2 and PC1–PC3) obtained after PCA of the studied dataset

are highly correlated, especially when all data is considered $(r = 0.99)$, but also after removing extreme values and outliers $(r = 0.56)$, suggesting a common input source to lakes (Bing et al. 2016).

PCA of the dataset made up for all the surface sediments analysed was carried out in order to identify Pyrenean lakes with similar characteristics in terms of metal concentrations in recent sediments (Jollife 2002)*.* The scores and loadings plots over the frst three PCs are shown in Fig. 4. According to this analysis, the studied Pyrenean lakes can be divided into 5 diferent groups depending on metal concentration in their surface sediments: (i) Siscar (SI), Comte (CO) and Airoto (Air); (ii) Montoliu (MT) and Pica Palomera (PP); (iii) Anglas (AN); (iv) Baiau (BA), Aixeus (Aix) and Bersau (BE), and (v) Aubé (AU), Estelat (ES), Gran del Pesso (GR), Eriste (ER), Llosas (LL), Mariola (MA), Monges (MO), Plan (PL) and Romedo de Dalt (RO). In general, the lowest element concentrations were found in sediments from lakes of the frst group (SI, CO and air). As the PCA shows the exceptions are the extreme concentrations of As $(1470 \text{ mg} \cdot \text{kg}^{-1})$ and W $(4.96 \text{ mg} \cdot \text{kg}^{-1})$ found in the lake Airoto (Table 2). Air is located in the middle Pyrenees in a watershed dominated by igneous rocks. The natural richness in arsenopyrites (Bacardit and Camarero 2010b; Camarero 2003; Camarero et al. 2009; Zaharescu et al. 2009) and ferberite minerals of the area suggests that As and W are of lithogenic origin. Siscar (SI) and Comte (CO) are both metamorphic lakes and are located very close to each other, in the eastern part.

The second (Montoliu, MT and Pica Palomera, PP) and the third groups (Anglas, AN) are all located in the negative part of the PC1. Extreme concentrations of Fe, Cd, Mo, Pb, Sb, Cu and Zn were found in MT and PP caused surely by mining in these catchments (Camarero 2003). Anglas (AN, together with Bersau, BE) is the lake sited further west. Its sediments were signifcantly rich in Cd, Cr, Hg, Sr and Zn (Fig. 4). The exploitation of rich ores of mainly (but not only) Pb and Zn has been carried out since ancient times within the catchments of Montoliu (MT), Pica Palomera (PP) and Anglas (AN) lakes (Birch et al. 1996; Subias et al. 1999)*.* Thus, the extreme values found for those metals in the surface sediments of these lakes are probably related to a relatively recent mining activity within the lake catchments (Corella et al. 2017). The fourth group, formed by Baiau (BA), Aixeus (Aix) and Bersau (BE), includes lakes all located in sedimentary rocks. The three lakes presented signifcantly higher concentrations of Al, Co, Cu, Fe, Ni and Se in comparison with the rest of the lakes (Fig. 4). Regarding their geographical location Baiau (BA) and Aixeus and (Aix) are sited very closed to each other in the eastern part and Bersau (BE) is in the western. Therefore, this study was not able to corroborate the higher metal presence found in sediments from lakes in the eastern Pyrenees with respect to those in the western part in the range already reported (Camarero 2003), a fact that underlines the importance of the local conditions and characteristics of each specifc area. The ffth group, including the half of the lakes studied, could be explained by the igneous lithology of the main part of the lakes included. All showed high concentrations of Ti, Mg, Ba, Mn, Sn and Tl (Table 2). The monzogranites and granodiorites are the major rock types exposed in this area (with the exception of Gran del Pesso, GR and Mariola, MA, which are sedimentary lakes, and Montoliu, MT, which is metamorphic). Finally, the origin of the extreme concentrations of Tl, Ag and Se found in surface sediments from Monges (MO), Plan (PL) and Bersau (BE) lakes respectively, remains unclear and is an issue, which deserves further investigation. It could be an artefact due to a sample contamination during collection, manipulation, storage or analysis of samples, or respond to any specifc characteristic of the area, including the possibility of any punctual or diffuse source of pollution.

Sediment cores: historical record of metal concentrations

Sediment cores were divided into 3.5-cm layers and a consequence, the resulting depth profles could be so smoothed that historical information remain hidden in them (Camarero et al. 1998), which is due to relatively low vertical resolution of our core sampling. There are examples in the literature, however, where 2.4-cm layers have been used to investigate historical records of pollution (Bacardit et al. 2012). It should be considered, moreover, that the sedimentation rate could vary depending on the location of the lake, the topography of its watershed and internal lake depositional processes. All these factors may induce an important uncertainty in the estimation of the age of each core slide. In fact, another study has estimated that the accumulation rate in the frst 30 mm of sediments in the Pyrenean lake Redó is of 0.23 mm per year (Camarero et al. 1998). Therefore, the upper 5-cm layer in the lake has been accumulated in the last 200–300 years. Estimations done with sediment cores from other Pyrenean lakes, such as Estanya or Basa de Mora, obtained an interval between 0.10 and 0.20 mm of sediment accumulation per year with some fuctuations depending on the slide analysed (Morellón et al. 2011).

In the following discussion, we only consider the sediment cores with at least 17 cm long, e.g., those collected in 11 Pyrenean lakes (Eriste, ER; Pica Palomera, PP; Plan, PL; Mariola, MA; Aixeus, AIx; Aubé, AU; Romedo de Dalt, RO; Baiau, BA; Siscar, SI; Comte, CO; and Estelat, ES). In addition, 12 elements were only considered (Cu,

Cr, Pb, Zn, As, Cd, Ni, Hg, Co, Mn, Sn and Sb) since, for the rest of the elements, the concentrations found below the LOD were abundant (data not shown). Ti concentration was used to normalise data, since its origin has been reported to be natural in the Pyrenees (Camarero 2003; Catalan et al. 2006). The vertical profle with depth of the normalised concentration of each element can be seen in Fig. S1.

Some elements behaved similarly over all the sediment core profle. After the frst 5 cm from the surface, concentrations of Cd, Pb, Sb and Sn considerably decreased. This trend is observed in 8 lakes, e.g., Eriste (ER), Plan (PL), Mariola (MA), Aixeus (Aix), Aubé (AU), Romedo de Dalt (RO), Baiau (BA) and Estelat (ES), with the following exceptions: Pb in Aixeus (Aix) and Pb and Sn in Baiau (BA). In all these lakes, the concentrations of elements such as Cd, Pb, Sb and Sn have risen notably in recent years. According to the estimation done by Camarero et al. (1998), this observed rise would have started approximately with the industrial revolution (Bacardit et al. 2012; Camarero et al. 1998).

Apart from the general trend that was observed for Cd, Pb, Sb and Sn, the highest concentrations for the rest of the elements were observed at a depth of around 15 cm (~1300 to 1400 years old, according to the sedimentation rate estimated by Camarero et al. 1998). This fact is not something unusual. Wars, large-scale fres, climate changes, mining activity, economic transition and bans on certain chemicals have been observed in sediment cores from Pyrenean lakes (Bacardit et al. 2012; Camarero et al. 1998; Camarero et al. 2009; Corella et al. 2014; Corella et al. 2017; Corella et al. 2018; Farmer et al. 2015; González-Sampériz et al. 2017; Larrasoaña et al. 2010; Morellón et al. 2009; Moreno et al. 2012; Morra et al. 2015; Trapote et al., 2018; Vegas-Vilarrúbia et al., 2018). For instance, the analysis of potential harmful trace elements (PHTE; as Pb, Hg, Zn, As and Cu) in sediments form Lake Marboré (Central Pyrenees) showed a common pattern related to mining and metalworking activities recorded in other European areas, with intensifcation peaks during Roman period, Medieval times and Industrial revolution (Corella et al. 2021). Moreover, the geochemical analyses carried out in a sediment core collected in Lake Montcortés (Pre-Pyrenees) allowed the reconstruction of Hg and Pb atmospheric deposition over the past seven centuries in the Pyrenees (Corella et al. 2017). In the case of Hg, it was possible to conclude that volcanic eruptions may have been responsible for some Hg fux peaks recorded in sediments from medieval times. During the Preindustrial period (CE, 1550–1840), the Hg production from the two largest mercury mines in the world, located in southern Spain (Almaden mine) and Slovenia (Idrija mine), together with climatological conditions, may intensify the Hg deposition in the lake.

Metal and metalloid records are not showing a decline in the most recent sediments which would be expected because of the massive reduction in emissions since the 1970s (Rose et al. 2012). This efect could be hidden since our surface slice (1.5 cm) accounts probably for the last 65 years.

The case of Plan (PL, located in the middle Pyrenees) lake is worth mentioning, as it shows the same tendency in all the metals and metalloids considered, except for Hg and Zn. The frst 5-cm layer exhibits the highest concentrations of most elements and the concentration decreases downwards. However, the local maxima of Hg and Zn are found at 5–10-cm depth and at 25–30 cm. Open-air mining activities in this area reached a maximum in the Middle Ages, and this could explain the presence of these peaks of concentration in deeper sediments (Corella et al. 2017).

However, high concentrations of metals and metalloids by themselves may not necessarily refect contamination, since natural metal concentrations in lake sediments can fluctuate markedly (Koinig et al., 2003) and atmospheric metal deposition must therefore be extremely high to create an observable disturbance in the system. Sedimentation characteristics of each lake are crucial in this sense. Sediment remobilisation by water currents and/ or gravitational waves causes heterogeneities in the sedimentary sequences of the lakes. The morphological characteristics of the lake and the watershed may also have an important role in the trace metal deposition on lacustrine sediments. Finally, diferences in altitude across the Pyrenees cause climate gradients that may delimit trace metal deposition on lake surfaces (Corella et al. 2018). Thus, contamination may be determined by both, the concentration and the particular sedimentation characteristics of each lake. Accordingly, the use of the enrichment factors (EF) is a more appropriate way to assess the contamination impact in each specifc basin.

Enrichment factors: anthropogenic inputs

The enrichment factor (EF) is a good indicator of pollution since it refects consistent distribution pattern of a pollutant. Moreover, this index allows us to discern between natural and anthropogenic sources, via comparison of surface sediments and the deepest parts of the cores (Camarero 2003). For this purpose, the EFs corresponding to the upper 5 layers $(0-1.5, 1.5-5.0, 5.0-8.5, 8.5-12.0, 12.0-15.5)$ cm of each core were calculated.

To calculate the EF, element concentrations were normalised with those of Ti (Eq. 1), since its origins has been reported to be natural in the Pyrenees (Camarero 2003; Catalan et al. 2006) and because Ti is virtually immobile in lake sediments (Böes et al. 2011).

$$
EF_M = \frac{C_M/C_{Ti}}{C_M/C_{Ti}^0} \tag{1}
$$

M stands for the studied element, *C* represents the element concentration in the sediment sample, and C^0 is the estimated background value for that element on each area (Camarero et al. 1998). In this case, the reference metal level C^0 was defined as the concentration measured in the bottom sample of each core.

An EF value higher than 2 shows non-natural input of the element and indicates the presence of anthropogenic pollution (Camarero 2003). Despite the concentration of some elements was rather high (Al, Mg, Ti and V), some of the elements (Ag, Al, Cr, Hg, Mg, Mo, Se, Sr, Tl, V and W) exhibited EF values lower than 2 in all the lakes investigated. As such, the low EFs obtained for Ag, Al, Cr, Hg, Mg, Mo, Se, Sr, Tl, V and W imply essentially natural origin of these elements in high-altitude lacustrine ecosystems of the Pyrenees.

The elements that present a value of EF above 2 in at least one lake are included in Table 3, where the average, maximum and minimum values of EF per element and lake are shown. Only three lakes (Aixeus, AIx, Eriste, ER and Comte, CO) present mean EFs below 2 for all the elements studied. In other words, more than the 80% of the lakes showed values of EF above 2 for at least one of the elements investigated in at least one core layer, which corroborates the existence of historical anthropogenic inputs of elements in the studied area, as already reported in previous works (Catalan et al. 2006). The case of Pica Palomera (PP) is the most remarkable, as its average EFs for Cd, Cu and Zn were far above 2. The lakes Aubé (AU) and Mariola (MA), on the one hand, and Estelat (ES), Plan (PL), Pica Palomera (PP), Romedo de Dalt (RO) and Siscar (SI), on the other, also present rather high mean values of EF for Cd and Pb, respectively. The average EFs found in Estelat (ES), Plan (PL) and Romedo de Dalt (RO), for Sn and Sb were also quite high. The presence of all these elements in the past is evident all over the Pyrenees and, among them, Pb is considered to be as one of the most important pollutant across Europe, with a median overall EF of 2.3 (Camarero et al. 2009).

To assess the anthropogenic inputs over recent years, the EFs calculated for the surface sediments $(0-1.5 \text{ cm})$ can be used (Fig. 5). Given the low sedimentation rate observed in alpine lakes (Appleby 2000; Böes et al. 2011; Camarero et al. 1998), we might expect to account in this layer for the contamination of the last 20–65 years.

Cd, Cu, Pb, Sb and Sn are the elements that showed the highest EFs in surface sediments, and the ones that have the widest geographical distribution (Fig. 5). It is to be highlighted that the lake Aixeus, (Aix) did not show EFs

Table 3 EF values calculated for upper layers (0-1.5, 1.5-5.0, 5.0-8.5, 8.5-12.0, 12.0-15.5 cm) of the sediment cores in some Pyrenean lakes. The average, minimum and maximum values of the EFs calculated are provided

Lake	As	Ba	C _d	Co	Cu	Fe
AIx	$0.70(0.20-1.3)$	$1.0(0.90-1.0)$		$0.90(0.60-1.7)$	$0.700(0.40 - 0.80)$	$0.70(0.40 - 0.90)$
AU	$1.3(0.80-2.4)$	$1.1(1.0-1.2)$	2.4 ($$\text{CDM--6.2}$)	$1.2(0.80-1.8)$	$1.2(0.90-1.3)$	$1.1(0.80-1.4)$
BA	$0.60(0.1.0-1.2)$	$1.2(0.90-2.2)$	$1.4(0.30-3.1)$	$0.60(0.20-0.90)$	$0.70(0.10,-1.3)$	$0.80(0.20-1.7)$
CO	$0.90(0.60-1.2)$	$1.5(1.0-2.2)$	1.2 (<dm-2.2)< td=""><td>$0.90(0.50-1.1)$</td><td>$1.1(0.90-1.3)$</td><td>$0.90(0.80-1.1)$</td></dm-2.2)<>	$0.90(0.50-1.1)$	$1.1(0.90-1.3)$	$0.90(0.80-1.1)$
ER	$0.70(0.50 - 0.90)$	$1.1(1.0-1.3)$		$1.0(0.90-1.1)$	$1.0(0.90-1.1)$	$0.90(0.80-1.1)$
ES	$1.0(0.40-1.4)$	$1.3(0.90-1.8)$		$1.0(0.80-1.2)$	$2.2(0.50-7.2)$	$1.0(0.80-1.2)$
MA	$0.90(0.50-1.4)$	$1.2(1.0-1.4)$	2.4 ($<$ DM -7.0)	$0.90(0.50-1.3)$	$0.80(0.60-1.0)$	$0.80(0.60-1.1)$
PL	$1.3(0.40-3.3)$	$1.1(0.70-1.6)$		1.1 (<dm-2.5)< td=""><td>$1.1(0.60-2.0)$</td><td>$1.4(0.40-2.8)$</td></dm-2.5)<>	$1.1(0.60-2.0)$	$1.4(0.40-2.8)$
PP	$0.70(0.40-1.1)$	$1.0(0.80-1.2)$	$22.6(8.2-34)$	$1.4(0.70-2.3)$	$3.4(1.3-5.2)$	$0.60(0.40-1.1)$
RO	$1.0(0.60-1.3)$	$1.1(0.90-1.5)$		$1.1(0.80-1.3)$	$1.0(0.70-1.2)$	$1.1(0.80-1.5)$
SI	$1.1(0.70-1.3)$	$1.3(0.90-2.0)$	-	$1.1(1.0-1.3)$	$1.1(0.90-1.2)$	$1.6(0.30-1.7)$
Lake	Mn	Ni	Pb	Sb	Sn	Zn
AIx	$1.0(0.90-1.2)$	$0.80(0.60 - 0.90)$	$1.0(0.80-1.3)$	$1.2(0.90-1.6)$	$0.90(0.80-1.1)$	$0.90(0.60-1.2)$
AU	$1.0(0.70-1.3)$	$1.0(0.80-1.3)$	$1.6(1.3-1.8)$	$2.3(1.1-4.3)$	$1.6(1.1-2.8)$	$1.2(1.1-1.3)$
BA	$1.0(0.60-1.9)$	$0.70(0.20-1.0)$	$1.3(0.60-2.5)$	$1.1(0.50-1.8)$	$2.2(1.0-5.8)$	$0.80(0.60-1.0)$
$_{\rm CO}$	$1.0(0.80-1.1)$	$0.90(0.70-1.1)$	$1.7(1.1-2.0)$		$1.4(1.0-1.7)$	$1.0(0.80-1.3)$
ER	$0.90(0.80-1.0)$	$0.90(0.80-1.0)$	$1.9(1.0-2.8)$	1.4 ($$\text{CDM--3.0}$)	$1.2(0.40-1.8)$	$0.90(0.90-1.1)$
ES	$1.0(0.80-1.1)$	$0.80(0.50-1.0)$	$2.4(0.70-5.8)$	4.3 (\leq DM -19)	$1.7(1.0-3.3)$	$1.2(0.70-1.8)$
MA	$0.80(0.50-1.1)$	$0.70(0.40-1.1)$	$1.7(1.1-2.9)$	$2.1(1.0-4.8)$	$2.8(1.0-7.6)$	$0.80(0.40-1.2)$
PL	$1.3(0.70-2.4)$	$1.7(0.10,-3.9)$	$5.0(0.60-11.)$	13.8 (<dm-44)< td=""><td>$2.0(0.80-3.7)$</td><td>$0.60(0.40-1.1)$</td></dm-44)<>	$2.0(0.80-3.7)$	$0.60(0.40-1.1)$
PP	$0.70(0.50-1.1)$	$0.70(0.40-1.0)$	$2.2(1.4-2.8)$	$0.90(0.60-1.8)$	$1.3(0.70-1.8)$	$14(4.7-27)$
RO	$1.0(0.80-1.2)$	$1.0(0.80-1.3)$	$2.0(0.90-4.6)$	$5.2(0.80-20)$	$2.1(0.90-6.5)$	$1.0(0.80-1.3)$
SI	$0.90(0.70-1.0)$	$1.2(1.0-1.6)$	$2.4(0.90-4.0)$		$1.3(0.80-2.1)$	$1.2(1.0-1.6)$

Fig. 5 EF values calculated for surface sediments in diferent Pyrenean lakes

above 2 in any of the studied elements, showing that the recent anthropogenic input of metals and metalloids in this area is negligible. However, in Plan (PL), EFs above 2 has been obtained for elements such as As, Co, Cu, Fe, Mn, Ni, Pb, Sb and Sn. Furthermore, in the case of Sb, this lake has shown the highest value of EF (31.4). The antimony mines located in the Ribes Valley (Catalonia, Eastern Pyrenees) could have infuenced on this area. These mines were exploited at the end of the nineteenth century and the beginning of the twentieth. Actually, accumulation of antimony and other potentially toxic elements in plants around the mine was reported. The mines closed around 1960 (Bech et al. 2012).

These results seem to indicate the presence of a local pollution source (probably related to mining activities and the use of fossil fuels) that, together with the long-range transport, may cause the accumulation of these elements in high-altitude lake sediments, mainly dependent on the dominant Atlantic winds (from west to east), and the specifc orography of each basin (Hernandez et al. 2003).

Conclusions

Technical and scientifc advances have allowed the humankind to gain the power to exert environmental modifcations at a planetary scale. However, the changes do not always positively afect the ecosystems, as they alter signifcantly the environment through diferent forms of pollution. This study confrms that the infuence of human activity in preindustrial and modern sediments from the lakes studied is, although signifcant, relatively low.

Taking into account the limitations that having sliced the sediment cores into 3.5-cm layers, the main conclusions of this study are in good agreement with those obtained in other similar works (Camarero et al. 1998; Camarero et al. 2009). Metal and metalloid concentrations are, in general, rather low, with values of EF below 2 except for Cd, Pb, Sb and Sn. The traditional mining activities which started long time ago (probably in Roman times) and the massive use of fossil fuels and industrial activity over the last decades have impacted, to a greater or lesser extent, the Pyrenean lake ecosystems. Metals released into the atmosphere via industrial activities can reach remote mountain areas and, consequently, high-altitude lakes, by long-range atmospheric transport. At the same time, natural contributions should not be neglected. Thus, the lithogenic composition of the lake basin must be taken into consideration to make a correct interpretation of the accumulation of some elements (such as As and Ti) in lake sediments.

Overall, the comparison of the sediment composition between lakes of the same district is not straightforward since each lake basin has distinct behaviours and pollution footprints related to its geographical position (relative to pollution sources), orographic characteristics, climatic features or in-lake depositional processes.

There is a need for further long-term monitoring studies that should further incorporate not only benthic studies, but also water-column profles, and they should be extended to a representative number of lakes in order to create an ambitious monitoring network, which would enable the observation of long-time series and the study of both regional and global trends.

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Data availability Upon request authors should be prepared to send relevant documentation or data in order to verify the validity of the results presented.

Declarations

Ethical approval Not applicable

Consent to participate and publish All authors whose names appear on the submission: (1) made substantial contributions to the conception or design of the work; (2) drafted the work or revised it critically for important intellectual content; (3) approved the version to be published; and (4) agree to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

Competing interests The authors declare no competing interests.

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