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1 **An evolutionary trade-off between parasite virulence and**
2 **dispersal at experimental invasion fronts**

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10 #Shared first author contribution

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ABSTRACT

Eco-evolutionary processes may play an important role in the spatial spread of infectious disease. Current theory predicts more exploitative parasites to evolve in highly connected populations or at the front of spreading epidemics. However, many parasites rely on host dispersal to reach new populations. This may lead to conflict between local transmission and global spread, possibly counteracting selection for higher virulence. Here, we used the freshwater host *Paramecium caudatum* and its bacterial parasite *Holospora undulata* to investigate parasite evolution under an experimental range expansion scenario with natural host dispersal. We find that parasites evolving at experimental range fronts favoured higher dispersal rates of infected hosts than did parasites evolving in core populations. Front parasites further showed lower levels of virulence (host division and survival) and delayed development of infection, consistent with parameter estimates from an epidemiological model that we fitted on experimental time-series data. This combined evidence suggests an evolutionary trade-off between virulence and host-mediated dispersal, with a concomitant reduction in the investment into horizontal transmission. Our experiment illustrates how parasite evolution can be shaped by divergent selection encountered in different segments of an epidemic wave. Such an interplay between demography and spatial selection has important implications for the understanding and management of emerging diseases, and, more generally, for biological invasions and other non-equilibrium scenarios of spreading populations.

Keywords: *Paramecium caudatum*, *Holospora undulata*, host-parasite interactions, experimental evolution, disease, epidemics, eco-evolution, range expansion, dispersal syndrome, horizontal, vertical transmission

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36 **SIGNIFICANCE STATEMENT**

37 What drives parasite evolution in spatially expanding epidemics? Many parasites require dispersal of
38 infected hosts to reach new patches, and this may produce specific adaptations enhancing spatial spread.
39 We performed experimental range expansions in an aquatic model system, with natural dispersal of
40 infected hosts. Parasites from experimental range fronts were less virulent and interfered less with host
41 dispersal, but also invested less in horizontal transmission than parasites from the range core. Thus,
42 dispersal adaptation at the front may come at a cost of reduced horizontal transmission, a trade-off rarely
43 considered in theoretical models on parasite virulence evolution. These results have important
44 implications in the context of emerging diseases, and for parasite evolution during biological invasions
45 or other spatial non-equilibrium scenarios.

46

47 INTRODUCTION

48 In an increasingly connected world, and with changing environments and habitats, we are facing the risk
49 of infectious diseases spreading outside their natural range and over large geographic scales (1–5). This
50 issue is of concern to human health, agriculture and wildlife conservation, and understanding the
51 ecological and evolutionary drivers represents a major challenge to epidemiologists and evolutionary
52 biologists (6–8). Due to their short generation time and large population sizes, parasites have the
53 potential to evolve rapidly, and therefore one important question is whether changes in transmissibility
54 or virulence already occur while an epidemic is progressing (9). Classic theory predicts evolutionary
55 optima for these traits only in large, spatially homogeneous populations at equilibrium (10, 11), but
56 these conditions are unlikely to be met during an epidemic (12, 13). In patchy real-world populations,
57 parasites experience extinction-recolonization dynamics typical of metapopulations, with epidemic
58 spread critically depending on population connectivity and the mobility and dispersal of infected hosts
59 (14–19). Although fundamental for epidemiology, it is still unclear how these spatio-temporal aspects
60 affect concomitant evolutionary processes, and whether they might even lead to specific parasitic
61 adaptations enhancing the spatial spread of the epidemic (see 20–22)

62 Recent theory has begun to develop a conceptual framework to investigate parasite evolution in spatially
63 explicit, non-equilibrium settings (23). Assuming a classic virulence-transmission trade-off (24, 25) and
64 local feedbacks between epidemiology and selection, several models predict that more virulent parasites
65 will evolve in highly connected "small-world" landscapes (26–28) or at the front of advancing epidemics
66 (20), where host exploitation and transmission is not limited by local depletion of susceptible hosts
67 ("self-shading"). These predictions are consistent with observed changes in the predominance of a
68 highly virulent honeybee virus at the front of progressing epidemics in New Zealand (29), and
69 potentially also with observations for parasites and pathogens of amphibian species (30, 31).

70 Yet, not all host-parasite systems show this pattern. For instance, the geographic spread of a bacterial
71 pathogen of North American house finches was associated with decreased virulence in the newly
72 invaded areas (32). Likewise, in monarch butterflies, hosts that sustain long or frequent migrations were
73 found to harbour less virulent parasites (33). This may be explained by the way parasite dispersal enters

74 into the equation. Namely, if parasites travel with their infected hosts, exploitation of host resources
75 may reduce dispersal, thereby introducing a novel dispersal-virulence trade-off. Osnas et al. (2015) (22)
76 show that such trade-off can lead to selection favouring more prudent and dispersal-friendly parasites
77 at the moving edge of an epidemic that escape more virulent and transmissible parasites from the core
78 of an epidemic. This latter idea mirrors classic principles from metapopulation theory and
79 metacommunity ecology, based on trade-offs between competitive ability and colonisation/dispersal
80 (20, 34–36). It also relates to recent work on invasive species and range expansions, where dispersal
81 evolution plays a key role in determining the rate of spatial diffusion (37). In this sense, parasites may
82 evolve ‘invasion syndromes’, with characteristic changes in morphology, life history or transmission
83 strategies (30, 31, 38), thereby creating a positive feedback loop between rates of dispersal and rates of
84 spatial spread of infection.

85 Although the study of naturally expanding parasites remains the ultimate litmus test of the theory,
86 controlled experiments can verify important assumptions and serve as proof of principle (39). For
87 example, we can manipulate demographic conditions in experimental microcosms to mimic the front
88 and core of an expanding epidemic (36) or artificially change levels of population mixing to study
89 epidemiological or evolutionary processes (39). Indeed, studies of the latter type found that
90 experimentally shifting populations from local to global “dispersal” favoured more virulent parasites
91 (40–42), as predicted by theory (23, 43). Yin (1993) (44) further showed that phage diffusion on
92 bacterial lawns is associated with the appearance of faster replicating mutants in the periphery. However,
93 to our knowledge, there are no studies addressing experimental evolution of parasites from an explicit
94 metapopulation perspective, under natural dispersal of a host and its parasite.

95 For (micro-)organisms with directed movement, experimental landscapes can be created to study
96 metapopulation processes or range expansion dynamics with natural dispersal (45–47). Here, we
97 employed such an approach to investigate the experimental evolution of spatially spreading parasites,
98 where all parasite dispersal is host-mediated. Using two-patch dispersal arenas for the ciliate
99 *Paramecium caudatum* infected with the bacterial parasite *Holospora undulata*, we mimicked a range
100 expansion scenario, with a front population of hosts (and parasites) dispersing into a new microcosm

101 during each selection event, and a core population constantly remaining in place (and losing emigrants;
102 see Fig. 1). After 55 episodes of dispersal selection, we then assayed evolved front and core parasites
103 under common garden conditions on naive hosts. Multiple traits were measured, namely the parasites'
104 effect on host dispersal, investment in horizontal transmission and their impact on host replication and
105 survival. We further obtained additional independent estimates of parasite traits by fitting a simple
106 epidemiological model to time series data (population density, infection prevalence) from the
107 experimental assay.

108 Because parasite persistence in the front populations depended entirely on host dispersal, we predicted
109 that front parasites would evolve minimal impact on host dispersal, or even increase dispersal of infected
110 hosts (48). Such dispersal adaptations could involve a decrease in parasite virulence (22) and generate
111 an evolutionary trade-off with investment in horizontal transmission, not expected to occur in the core
112 populations. Our results were broadly consistent with these predictions, and we conclude that
113 differential dispersal selection pressures arising at the core and front of a range expansion can lead to
114 marked divergence of parasite life-history traits and the emergence of a 'parasite dispersal syndrome'.

115 **RESULTS**

116 Evolved parasites from the five front and five core selection lines were extracted and the inocula used
117 to infect naïve hosts (three genotypes). Several traits were measured for these newly infected assay
118 cultures (for timing of assays see Table S1 and statistical analyses Tables S2, S3).

119 **Infected host dispersal**

120 On average, hosts infected with front parasites dispersed twice as much (mean dispersal rate: $0.24 \pm$
121 $0.05 \text{ SE} \times 3\text{h}^{-1}$) as those infected with the core parasites ($0.12 \pm 0.02 \text{ SE}$; Fig. 2A). This effect of selection
122 treatment was significant ($\chi^2_{12} = 4.9$, $p = 0.027$; Table S2). The distribution of the differences between
123 model predictions for front and core treatments (small panel, Fig. 2A) also shows that higher front-
124 parasite dispersal is the most frequent predicted outcome (>98%; mean front-core difference: 0.12, 95%
125 CI [0.08; 0.35]). This general trend was consistent on all three host genotypes tested (Fig. S4; Table S3).
126 Fig. S4 further shows that levels of front-parasite dispersal were similar to reference data for uninfected
127 hosts, whereas core parasites generally reduced dispersal.

128 Using video analysis, we investigated variation in two parameters of *Paramecium* swimming behaviour:
129 swimming speed and trajectory variation (tortuosity). We found no evidence that infection with core or
130 front parasites had significant effects on these two parameters ($p > 0.25$; Table S2, neither when tested
131 on host genotypes individually S3; Fig S5, S6). Moreover, mean levels of swimming speed or tortuosity
132 were not significantly correlated with infected dispersal rates ($r \leq 0.15$, $n = 29$, $p > 0.4$), indicating that
133 dispersal was not directly affected by these aspects of swimming behaviour (see also path analysis
134 below).

135 **Parasite life-history traits**

136 **Infectivity.** Measurements of infection prevalence early after inoculation (day 4) inform on parasite
137 horizontal transmission potential (infectivity). Core parasites had slightly higher infection success
138 (selection line average proportion of infected hosts: 0.59 ± 0.05 SE) than front parasites (0.51 ± 0.03
139 SE; Fig. 2B). Although not formally significant (effect of selection treatment: $\chi_{12}^2 = 2.43$, $p = 0.118$;
140 Table S2; predictive difference distribution front-core infectivity: mean = -0.08 , CI [0.02; -0.18]; Fig
141 2B; see also Fig. S7 for genotype specific responses), this trend was consistent with higher estimates of
142 the transmission parameter for core parasites in an epidemiological model fitted to our experimental
143 data (see below; Fig. 4).

144 **Investment in horizontal transmission (infectiousness).** It takes several days until infected hosts
145 produce horizontal transmission stages and become infectious. In our assay, the first infectious hosts
146 appeared on day 6 p.i., and their frequency then increased over the following week, reaching up to 100%
147 (Fig. 2C). Over this period, populations infected with front parasites produced a lower proportion of
148 infectious hosts (mean: 0.41 ± 0.03 SE) than did populations infected with core parasites (0.53 ± 0.03
149 SE; effect of selection treatment: $\chi_{12}^2 = 13.2$, $p < 0.001$; Table S2; predictive difference distribution front-
150 core infectiousness: mean = -0.10 ; CI [0.04; -0.23]; Fig. 2C). There was also a difference in timing: on
151 average, core parasites produced the first infectious hosts c. 1 day earlier than did front parasites (day 6
152 vs day 7) and subsequently showed a faster increase in the proportion of infectious hosts (treatment x
153 time interaction: $\chi_{12}^2 = 13.54$, $p < 0.001$, Table S2; Fig. 2C). These differences in total investment and/or
154 timing broadly hold on all three host genotypes tested (Table S3; Fig. S8).

155 **Virulence.** We isolated single infected individuals from the core and front infected assay cultures and
156 measured the impact of infection on host division and survival over a 20-day period. Exposed, but
157 uninfected, controls were isolated from the same assay cultures and run in parallel.

158 *Host division.* By day 10, 87% of the infected singletons had accomplished at least one division (266 /
159 305 replicates; mean maximum cell number observed over this period: 8.5 ± 0.6 SE). Analysis of
160 maximum cell density revealed a significant selection treatment x infection status interaction ($\chi_{12} = 16.9$,
161 $p > 0.001$; Table S2). Namely, hosts infected with front parasites reached nearly twice as high maximum
162 densities (10.9 ± 1.3 SE) than those infected with core parasites (5.9 ± 0.9 SE; contrast front vs core:
163 $t_{601} = 4.7$, $p < 0.0001$; predictive difference distribution front-core: mean = 4.6, CI [1.4; 9.6]; Fig. 3A).

164 *Host survival.* As for host division, there was a significant selection treatment x infection status
165 interaction for host survival ($\chi_{12} = 7.4$, $p = 0.006$; Table S2). By day 20, infections with front parasites
166 had experienced a 50% lower mortality (mean proportion of infected replicates extinct: 0.19 ± 0.05 SE)
167 than infections with core parasites (0.37 ± 0.1 SE; contrast front vs core: $t_{601} = 3.75$, $p > 0.001$; predictive
168 difference distribution front-core: mean = 0.30, CI [0.04;0.62]; Fig. 3B). Moreover, effects on host
169 division and on host survival were positively correlated: parasites which allowed more host division
170 also allowed higher host survival (means per parasite selection line: $r = 0.84 \pm 0.19$, $n = 10$, $p = 0.003$).
171 Thus, core parasites generally had negative effects, whereas front parasites only had little, or even
172 positive, impact on their hosts reproduction and survival (Fig. 3A and 3B), and these opposing trends
173 were consistent across the three host genotypes tested (Table S2; Fig. S9 & S10).

174 **Path analysis**

175 Using path analysis, we explored the direct and indirect contributions of different traits to the observed
176 variation in infected host dispersal (Fig. 4A). Host division (= maximum cell density) was the only trait
177 with a significant direct effect on host dispersal ($F_{1,20} = 6.16$, $p = 0.022$; Fig. 3B); thus, lower virulence
178 was associated with higher dispersal rates of infected hosts. Horizontal transmission investment (=
179 cumulative infectiousness) had a moderate indirect effect on dispersal via its significant negative
180 relationship with virulence ($F_{1,23} = 4.47$, $p = 0.0456$; Fig. 3C). Swimming behaviour (speed, tortuosity)

181 had no significant direct effect on dispersal, and were themselves only very marginally affected by
182 virulence or infectiousness (Fig. 4A).

183 **Epidemiological model fits**

184 By fitting an epidemiological model to the population-level data from the assay replicate cultures
185 (infection prevalence and population density), we obtained independent estimates of parasite
186 parameters. In the model, we integrated the basic features of the infection life cycle, assuming simple
187 population growth and regulation (Beverton-Holt type model, 49) and parameterising virulence as the
188 reduction in host fecundity.

189 The model captured the main trends in the demographic and epidemiological dynamics observed in the
190 cultures. This is illustrated in Fig. 5A, showing the model fits for the densities of infected and uninfected
191 hosts for the 63D host genotype (for the other two host genotypes, see SI 4, Fig. S11). Parameter
192 estimates confirm the main trends found in our experimental assays. Namely, the model fits show that
193 front parasites have lower virulence, lower transmission rate and longer latency time than core parasites
194 (Fig. 5B-D), a pattern largely consistent for the three host genotypes tested (Fig. S11).

195 **DISCUSSION**

196 In times of global epidemics (1, 4, 32) it is important to know how parasites evolve while spreading
197 through a landscape or entire continents. Recent theory suggests that spatial 'viscosity' and
198 connectedness generate eco-evolutionary feedbacks, with important consequences for parasite virulence
199 evolution and the speed of epidemics (23). However, so far little attention has been given to the fact
200 that many parasites travel together with their dispersing hosts, which may considerably affect
201 evolutionary predictions (28, 50, 51).

202 To address this issue, we performed a simplified range expansion experiment, with natural dispersal of
203 infected hosts. Our 'range front' and 'range core' treatments imposed differential selection on host
204 dispersal (see 52) and resulted in divergent parasite phenotypes: front parasites allowed for higher
205 dispersal of their infected hosts, were less virulent and showed reduced investment in horizontal
206 transmission, compared to the parasites from the core selection treatment. These patterns were largely

207 robust between the three naive host genotypes tested, and additionally confirmed by results from an
208 epidemiological model that we fitted to time-series data obtained from our assay cultures.

209 *Evidence for a virulence - dispersal trade-off*

210 Our experimental result of multi-trait changes joins empirical observations of "invasion syndromes" in
211 naturally spreading diseases, such as avian malaria in Europe (53) or lungworms of invasive cane toads
212 in Australia (30). Lungworms at the invasion front, for example, exhibit distinct life-history traits
213 (reduced age at maturity, larger infective and free-living larvae), possibly representing adaptations to
214 invasion history (30). We replayed such an invasion history, by mimicking the spatial progression of an
215 isolated population in our range front treatment, which was expected to favour parasites that succeed in
216 dispersing together with their infected hosts. This explains why our front parasites were found to
217 facilitate higher host dispersal. Importantly, higher host dispersal was associated with higher host
218 replication and survival, indicating a dispersal - virulence trade-off (Fig. 2 and 3). Reduced virulence,
219 in turn, was associated with reduced horizontal transmission potential (Fig. 2C), consistent with previous
220 findings in this system (54–56) and reflects a virulence-transmission trade-off for this parasite. Thus,
221 we conclude that the evolution of higher parasite dispersal in front parasites came at the cost of reduced
222 horizontal transmission, a trade-off resulting from a reduction in virulence.

223 The idea that parasite exploitation strategies can be shaped by the interplay between local transmission
224 and global dispersal was formalised in a theoretical model by Osnas et al. (2015) (22). They showed
225 that implementing a trade-off between virulence and the capacity of infected hosts to disperse, favours
226 less virulent strains at the front of an epidemic, escaping the more competitive (and more virulent) strains
227 through faster dispersal (22). Such a selection scenario may explain observed geographic patterns of
228 virulence for a bacterial pathogen of North American house finches (32), and it is qualitatively consistent
229 with our results.

230 *Trait relationships: Proximate causes of infected dispersal rate*

231 Just like parasites can alter their hosts behaviour to increase transmission (57), they may also evolve to
232 manipulate host dispersal (50, 58). However, we find little evidence for manipulation to increase the
233 dispersal. Consistent with previous observations of negative effects of infection in this (59) and other

234 systems (36, 60–62), core parasites reduced host dispersal, whereas infection with front parasites
235 produced levels of dispersal comparable to uninfected *Paramecium*. Path analysis indicates that
236 virulence is the main direct predictor of host dispersal in our assays. Investment in horizontal
237 transmission had an indirect effect via decreased virulence. Although intuitively straightforward through
238 a weakening of infected hosts, the mechanistic link between virulence and dispersal remains unclear.
239 We found no effect of infection on swimming behaviour, nor was there a direct link between swimming
240 behaviour and dispersal, which is frequently observed in other protists (63). Possibly, infection
241 influences other dispersal-relevant traits, such as the vertical distribution in the water column (64, 65),
242 determining the proximity of individuals to the opening that leads to the other tube in the dispersal arena
243 (see Fig. 1).

244 *Contrasting scenarios: Dispersal to new sites vs access to new hosts*

245 While our results suggest more prudent parasites might be spreading at invasion fronts, other theoretical
246 models and experiments reach opposite conclusions. Griette et al. (2015) (21), for example, predict
247 highest levels of virulence at the front of an epidemic wave, where transmission is not limited by the
248 availability of susceptible hosts, thereby favouring the most 'rapacious' variants. Following this line of
249 argument, experiments with viruses and bacteriophages have studied virulence evolution by artificially
250 manipulating dispersal or population connectivity (40–42). Kerr et al. (2006) pipetted bacteria and phage
251 either to adjacent wells or to more distant wells on a multi-well plate, in analogy to our 'core' and 'front'
252 treatments (41). Contrary to our results, their latter treatment of unrestricted dispersal resulted in the
253 evolution of more virulent phages, confirming the prediction that erosion of spatial structure in 'small
254 worlds' favours more transmissible and more virulent parasites (27, 28, 66).

255 One reason for these contrasting results is that in Kerr et al. (2006) (41), dispersal was artificial and
256 cost-free, eliminating a possible virulence-dispersal trade-off. Secondly, our experiment considered a
257 different spatial scenario where infected hosts disperse into empty space, more characteristic of a
258 biological invasion. This means that higher dispersal was not rewarded with more access to susceptible
259 hosts, as assumed in the above models (20, 66). Future experiments can test whether we still find reduced

260 virulence in the front selection treatment, if infected hosts disperse into patches already occupied by
261 uninfected hosts.

262 Taken together, these examples illustrate the different ways in which spatial spread and dispersal of
263 parasites can be approached both conceptually and experimentally, with very different evolutionary
264 outcomes. We argue that particular attention should be given to *how* parasites disperse through a
265 landscape, namely because dispersal itself may be the target of selection (36, 51).

266 **More vertical transmission at invasion fronts?**

267 We used the replication of infected hosts as a measure of virulence. However, for this parasite, host
268 replication is also equivalent to vertical transmission, because reproductive stages are passed on to
269 daughter cells during mitosis. In this sense, parasites in our front selection treatment underwent a shift
270 from horizontal transmission towards higher levels of vertical transmission. This is due to an underlying
271 developmental trade-off, where reduced conversion of reproductive into infective stages decreases the
272 negative effects on host replication (56, 67), but simultaneously reduces horizontal transmission
273 capacity.

274 Magalon et al. (2010) observed a similar increase in the efficacy of vertical transmission of this parasite
275 in frequently disturbed populations (55). In fact, their study can be re-interpreted as a range expansion
276 experiment, with the disturbance treatment mimicking the frequent recolonization events occurring at
277 the front (68) and the less disturbed control treatment reflecting more stable conditions in the core (see
278 Fig. 1 in 55). The explanation for the evolutionary shift towards vertical transmission is that the
279 demographic oscillations at the invasion front, with frequent periods of low host density and high host
280 fecundity, increase the contribution of vertical transmission to the total transmission success (69).
281 Because vertical transmission is a means of 'reproductive insurance', we would generally expect it to
282 evolve in association with parasite dispersal syndromes in expanding populations or in highly disturbed
283 habitats (70). We note, however, that in our present experiment both core and front populations went
284 through density bottlenecks, making the dispersal constraint the main selective driver.

285 **Conclusions**

286 Our results show that different segments of an epidemic wave may be under divergent selection
287 pressures. Namely, we find evidence that dispersal selection at an experimental invasion front leads to
288 reduced virulence. This contrasts with observations in certain natural epidemics (29, 30), while
289 confirming others (32, 33). This calls for more detailed investigations of the role of dispersal for
290 epidemic spread and its implications for the evolution of parasite life-history traits. Our relatively simple
291 statistical modelling exercise suggests that time series data from natural populations represent a useful
292 resource for such a challenge. Establishing a better understanding of the interaction between
293 demography and rapid evolutionary change in spreading populations is crucial for the management of
294 emerging infectious diseases and disease outbreak in the wild, biological invasions and other non-
295 equilibrium scenarios.

296

297 **MATERIALS AND METHODS**

298 *Study system*

299 *Paramecium caudatum* is a filter-feeding freshwater protozoan ciliate from still water bodies in the
300 Northern Hemisphere (71). It has a germline micronucleus and a somatic macronucleus. Our cultures
301 are maintained asexually in a lettuce medium with the food bacterium *Serratia marcescens* at 23°C,
302 allowing 1-2 population doublings per day (72). The gram-negative alpha-proteobacterium *Holospora*
303 *undulata* infects the micronucleus of *P. caudatum*, and can be transmitted both horizontally (by s-shaped
304 infective spores, 15 µm) upon host death or during cell division, and vertically, when reproductive
305 bacterial forms (5 µm) segregate into daughter nuclei of a mitotically dividing host (73). After ingestion
306 by feeding *Paramecium*, infective spores invade the micronucleus, where they differentiate into the
307 multiplying reproductive forms. After one week, reproductive forms begin to differentiate into infective
308 spores (64, 72). Infection with *H. undulata* reduces host cell division and survival (56) and also host
309 dispersal (59).

310 *Long-term experiment*

311 Similar to Fronhofer and Altermatt (2015), we imposed dispersal selection in 2-patch microcosm arenas
312 (Fig. 1, see also SI 1), built from two 14-mL plastic tubes, interconnected by 5-cm silicon tubing, which

313 can be blocked using a clamp (see Fig. S1). We define dispersal as the active swimming of *Paramecium*
314 from one microcosm to the other via the connective tuber (i.e., the dispersal corridor).

315 The experiment was seeded from an uninfected host line ("63D", haplotype b05) from our laboratory
316 that had been under "core selection" (see below) for three years and shows characteristically low
317 dispersal propensity (O.K., unpublished data). This 63D mass culture was infected with an inoculum of
318 *H. undulata* prepared from a mix of various infected stock cultures (for details, see SI 2). All parasites
319 in this mix originate from a single isolate of *H. undulata* established in the lab in 2001.

320 In the front selection treatment, we placed *Paramecium* in one tube ("core patch") and opened the
321 connection for three hours, allowing them to swim into the other tube ("front patch"). *Paramecium* from
322 the front patch were recovered and cultured in bacterised medium, allowing for natural host population
323 growth and parasite transmission. After one week, we imposed another dispersal episode, again
324 recovering only the *Paramecium* from the front patch, and so on. The core selection treatment followed
325 the same alternation of dispersal and growth periods, except that only *Paramecium* from the core patch
326 were recovered and propagated (Fig. 1, and SI 1). We established five infected 'core selection' lines and
327 five infected 'front selection' lines that were maintained for a total of 55 cycles of dispersal. To minimise
328 potential effects of host (co)evolution, we extracted infectious forms from each selection line after cycle
329 30, inoculated a new batch of naïve 63D hosts and continued the experiment for another 25 cycles. For
330 details of the experimental protocols, see SI 1.

331 ***Parasite assays***

332 At the end of the selection experiment, we extracted parasites from core and front selection lines to
333 inoculate new, naïve hosts. We then assayed parasite effects on host dispersal, infection life-history and
334 virulence. To obtain a general picture of trait expression, we tested the evolved parasites on naïve 63D
335 hosts (same genotype as used in long-term experiment), as well as on two other genotypes, C023 and
336 C173 (provided by S. Krenek, TU Dresden, Germany). Companion assays of evolutionary adaptations
337 arising in the host are reported elsewhere (52).

338 All assays were performed on a cohort of infected replicate cultures, over the course of three weeks
339 under common-garden conditions (Table S1). To initiate the cultures, we placed $\approx 5 \times 10^3$ cells of a
340 given naïve host genotype in 1.4 mL of bacterised medium in a 15-mL tube, to which we added the
341 freshly prepared inoculum of a given evolved parasite line ($\approx 1.5 \times 10^6$ infectious spores, on average).
342 On day four post-inoculation (p.i.), when infections had established, we split the cultures into three
343 technical replicates and expanded the volume to 30 mL, by adding bacterised medium. A total of 90
344 replicate cultures were set up (2 selection treatments x 5 parasite selection lines x 3 host genotypes x
345 technical replicates).

346 *Dispersal of infected hosts*

347 From day 14 to 19 p.i., we assayed dispersal rates of hosts infected with core and front parasites, using
348 linear 3-patch arenas where the *Paramecium* disperse from the middle tube to the two outer tubes (Fig.
349 S2). Arenas were filled with ~ 2800 individuals in the middle tube and after 3 h of dispersal, we
350 subsampled the middle tube (0.5 mL) and the pooled two outer tubes (3 mL) to estimate the number of
351 non-dispersers and dispersers under a dissecting microscope. Furthermore, from ~ 20 arbitrarily picked
352 individuals stained with 1% lacto-aceto orcein (LAO fixation; Fokin and Görtz, 2009) we determined
353 the proportion of infected dispersers and non-dispersers (phase-contrast, 1000x magnification), from
354 which we then calculated the dispersal rate of infected hosts for each replicate culture (number of
355 dispersed infected hosts / total number of infected hosts per 3 h). Each of 88 available replicate cultures
356 was tested once. For statistical analysis, we excluded 13 replicates with very low population density
357 and/or infection prevalence ($< 10\%$), which prevented accurate estimation of dispersal of infected
358 individuals. Dispersal was not significantly affected by assay date ($\chi^2_{22} = 2.56$, $p > 0.25$), and this factor
359 was therefore omitted from further analysis.

360 *Parasite life-history traits*

361 Infectivity. On day 4 p.i., we estimated infection prevalence in the 30 inoculated cultures, using LAO
362 fixation of ~ 20 individuals, as described above. This measurement describes 'parasite infectivity', i.e.,
363 the capacity to successfully establish infections (64).

364 Epidemiology and parasite development. From day 6 to 13 p.i., we tracked population density and
365 infection prevalence in the 90 replicate cultures, using a blocked sliding window (day 6-8, 11-13) such
366 that each parasite x host genotype combination was measured once per day. As infections developed,
367 we also tracked changes in the proportion of infectious hosts, when reproductive forms are converted
368 into infective spores. These data were used for the fitting of an epidemiological model (see below).
369 Furthermore, we specifically compared core and front parasites for their levels of infectiousness (=
370 proportion of infectious hosts) between day 6 and day 11 p.i.. This time window describes the timing
371 and level of investment into horizontal transmission by the initial cohort of infected hosts (72).

372 Virulence. Early after inoculation of the initial 30 assay cultures (day 4 p.i.), we isolated single infected
373 and uninfected individuals from each culture and let them multiply for 9 days in 2-mL tubes under
374 permissive common-garden conditions. From these small monoclonal cultures, we started the virulence
375 assay by placing single individuals in PCR tubes filled with 200 μ L of medium. We assessed cell
376 division on day 2 and 3 (visual inspection), on day 10 (from 50- μ L samples) and on day 20 from the
377 total volume. A total of 645 replicates were set up, with 8-12 infected and uninfected replicates from
378 each of 28 of the 30 assay cultures. For further details, see SI 2 and Fig. S3.

379 Swimming behaviour. From the above monoclonal lines, we placed 200- μ L samples (containing 10-20
380 individuals) on a microscope slide and recorded individual movement trajectories using a Perflex
381 SC38800 camera (15 frames per second; duration 10 s). For each sample, the mean net swimming speed
382 and swimming tortuosity (standard deviation of the turning angle distribution, describing the extent of
383 swimming trajectory change) was determined, using the BEMOVI package (75). This assay was
384 performed for infected and uninfected monoclonal lines from 29 assay cultures, with 1-2 samples per
385 monoclonal line (106 replicates in total).

386 *Statistical analysis*

387 Statistical analyses were performed in R (ver. 3.3.3; R Development Core Team, available at [www.r-](http://www.r-project.org)
388 project.org) and in JMP (SAS Institute Inc. (2018) JMP®, Version 14, N.C.). To analyse variation in
389 parasite traits, we used generalised linear mixed-effect models (76). Binomial error structure and logit

390 link were used for analysis of infected host dispersal (proportion dispersers), infectivity (proportion
391 infected individuals on day 4 p.i.), and horizontal transmission investment (proportion infectious hosts
392 day 6-11 p.i.). Normal error structure was used for analysis of swimming speed and tortuosity. For the
393 virulence assay, we analysed variation in host division (= maximum cell density per replicate; Poisson
394 error structure and log link) and survival (= replicate alive / dead on day 20; binomial error structure
395 and logit link).

396 In all analyses, parasite selection treatment (front vs core) was taken as a fixed effect and host genotype
397 and parasite selection line identity as random factors. Day p.i. was integrated as a covariate in the
398 analysis of infectiousness. In the virulence analyses, replicate infection status (infected / uninfected)
399 was included as a fixed factor. Analysis of variance (type II) was used to test for significance of fixed
400 effects (car package; Fox and Weisberg, 2018). In complementary comparisons, we used ANOVA
401 model predictions (and their variance) for core and front treatments to establish predictive distributions
402 of the front-core difference (e.g. Fronhofer *et al.*, 2017). For these distributions, we calculated the mean
403 difference and confidence intervals. Finally, we performed multiple regressions (path analysis) to assess
404 how infected host dispersal was affected by the following traits: horizontal transmission investment
405 (HTI, area under the curve of the proportion of infectious hosts from day 6 - 11 p.i.), virulence (infected
406 host division) and swimming behaviour (tortuosity and net swimming speed). This analysis was based
407 on trait means for 25 combinations of parasite selection line and host assay genotype. To meet
408 assumptions of normality, certain trait means were transformed (\log_2 for host division, arcsine for
409 dispersal, square root for HTI). To correct for overall effects of host genotype, we first fitted univariate
410 analyses for each trait, and then performed the regressions on the residuals. Standardised beta regression
411 coefficients were taken as path coefficients.

412 ***Epidemiological model fitting***

413 We fitted a simple epidemiological model to the above population density and infection prevalence data
414 recorded in our assay replicate cultures (day 6-13 p.i.). The aim was to obtain additional independent
415 estimates of parasite parameters (Table 1), namely virulence, but also the transmission parameter or
416 latency time, i.e. the time to onset of production of infectious forms (Rosenbaum *et al.*, 2019).

417 Model structure. We model the density of uninfected (S) and infected (I) hosts using ordinary differential
418 equations (ODEs). In the absence of parasites, we consider that uninfected *Paramecium* growth follows
419 the continuous time version of the Beverton-Holt model (49).

$$420 \quad \frac{dS}{dT} = \left(\frac{b}{1+\alpha N} - d \right) S \quad (1)$$

421 where b is the birth rate, d the death rate and α the competition term. N is the total number of individuals
422 ($S + I$), which is equal to S in the absence of the parasite. In the presence of infected individuals,
423 uninfected individuals become infected at a rate proportional to the number of infected and uninfected
424 individuals at a rate β :

$$425 \quad \frac{dS}{dT} = \left(\frac{b}{1+\alpha N} - d \right) S - \beta SI \quad (2)$$

$$426 \quad \frac{dI}{dT} = \beta SI \quad (3)$$

427 Moreover, infected individuals also display Beverton-Holt dynamics, but their birth rate can be
428 decreased, hence we multiply b by a term $(1 - v)$, where v is the virulence of the parasite:

$$429 \quad \frac{dS}{dT} = \left(\frac{b}{1+\alpha N} - d \right) S + \beta SI \quad (4)$$

$$430 \quad \frac{dI}{dT} = \left(\frac{b(1-v)}{1+\alpha N} - d \right) I + \beta SI \quad (5)$$

431 Finally, vertical transmission of the parasite is not necessarily 100%, and some of the *Paramecium*
432 "born" from infected individuals could be free of parasites due to incomplete vertical transmission. We
433 name γ the proportion of successful vertical transmission:

$$434 \quad \frac{dS}{dT} = \left(\frac{b}{1+\alpha N} - d \right) S - \beta SI + \left(\frac{b(1-v)}{1+\alpha N} \gamma \right) I \quad (6)$$

$$435 \quad \frac{dI}{dT} = \left(\frac{b(1-v)}{1+\alpha N} \gamma - d \right) I + \beta SI \quad (7)$$

436 Since the majority of infected individuals were not yet producing infectious forms at the beginning of
437 the time series, we added another parameter, τ , which is the latency before an infected individual
438 becomes infectious (i.e., capable of horizontal transmission):

$$439 \quad \beta = 0 \text{ if } \text{time} < \tau \quad (8)$$

440 **Model Fitting.** We fitted the epidemiological model to the data using Bayesian inference and the *rstan*
441 R package (version 2.19.2). Using data from previous experiments (O. Kaltz, unpublished data), we first
442 fitted the Beverton-Holt model (Eq. 1) to growth curves of uninfected populations to estimate the
443 distributions of b , d and α for each host genotype. These distributions were used as priors for fitting the
444 full model (Eq. 6, 7, 8) on infection data. The model was fitted separately for each of the six
445 combinations of host genotype and parasite selection treatment. For simplicity, we fitted a single set of
446 parameters (b , d , α , ν , β , γ , τ) over the different selection lines (with different initial conditions fitted
447 over each line). Priors distributions can be found in Table 1. Apart from b , d and α , we used lowly
448 informative priors that largely encompass expected values (ν and γ priors are uniform over possible
449 values, τ prior is uniform over previously observed latency values, β prior follows a lognormal
450 distribution an order of magnitude wider than expected values). Fits were realized using the No U-Turn
451 Sampler (NUTS) with default *rstan* values and multiple chains (three chains per fit, each of total length:
452 15 000 and warm-up length: 5 000).

453 **Table 1.** Model parameters, their signification and the priors used for fitting.

Parameters	Term	Priors
b	Birth rate	Posteriors from fitting eq. (1) on non-infected population data
d	Death rate	
α	Intraspecific competition coefficient	
ν	Virulence (decrease in b)	Uniform (0, 1)
β	Horizontal transmission rate	Lognormal (-5, 0.9)
γ	Vertical transmission rate	Uniform (0.5, 1)
τ	Latency time	Uniform (144, 240)

454

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459 **Author contributions**

460 OK, LN and GZ conceived the study. OK, LN, GZ, MH, and EAF helped design the experiments. LN,
461 GZ, CGB and OK performed the experimental work., LN, GZ, MH, OK and EAF performed the
462 statistical analysis. EAF, CS and OK developed, and CS analysed the epidemiological model. All
463 authors interpreted the results and contributed to the writing of the manuscript.

464 **Data accessibility**

465 If the manuscript is successfully accepted for publication, data will be available at Dryad or Figshare.

466

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646

647

648 **Fig. 1.** Experimental design of the long-term selection experiment, using 2-patch dispersal
649 systems. Infected populations were placed in the 'core' tube and allowed to disperse to the other
650 'front' tube during 3 h (horizontal arrows). In the front selection treatment (red), only the
651 dispersing fraction of the population was maintained, whereas in the core selection treatment
652 (blue) only the non-dispersing fraction was maintained. After adjustment of initial densities,
653 the selected fractions were then transferred to a new tube (vertical arrows) and grown for 1
654 week, during which time demographic and epidemiological processes acted freely. A total of
655 55 dispersal/growth cycles were performed, for 5 core and 5 front selection lines.

656

657 **Fig. 2.** Dispersal and infection life-cycle traits of evolved parasites from core selection (blue)
658 and front selection (red) treatments, measured on naïve *Paramecium*. **(A) Dispersal rate.**
659 Proportion of dispersing infected hosts observed in infected assay cultures placed for 3 h in a
660 dispersal system. **(B) Infectivity.** Proportion of infected hosts in assay cultures on day 4 post-
661 inoculation (p.i.). **(C) Infectiousness.** Proportion of infectious hosts in infected assay cultures
662 between day 6 and 11 p.i.. Infectious hosts are individuals that produce infective spores of the
663 parasite. **(D) Virulence.** Association between infected host division and survival, expressed
664 relative to uninfected hosts (infected minus uninfected). Negative values indicate negative
665 effects of infection on the host trait. Panels (A)-(C) show means and 95 % confidence intervals
666 of the model predictions. Small insert panels show predictive distributions (and 95% CI) of the
667 difference between front and core treatments. Symbols represent observed means for different
668 combinations of parasite selection line and assay host genotype. Different symbols refer to
669 different parasite selection lines (n = 10).

670

671 **Fig. 3.** Estimates of virulence of evolved parasites from core selection (blue) and front selection
672 (red) treatments, measured on naïve *Paramecium*. **(A) Host division.** Maximum cell density of
673 infected and uninfected *Paramecium*, as determined in a singleton assay. **(B) Host survival.**
674 Proportion of surviving infected and uninfected replicates on day 20 in the singleton assay. All
675 panels show means and 95 % confidence (CI) intervals of the model predictions. Small insert
676 panels show predictive distributions (and 95% CI) of the difference between front and core
677 treatments. Symbols represent observed means for different combinations of parasite selection
678 line and assay host genotype. Different symbols refer to different parasite selection lines (n =
679 10).

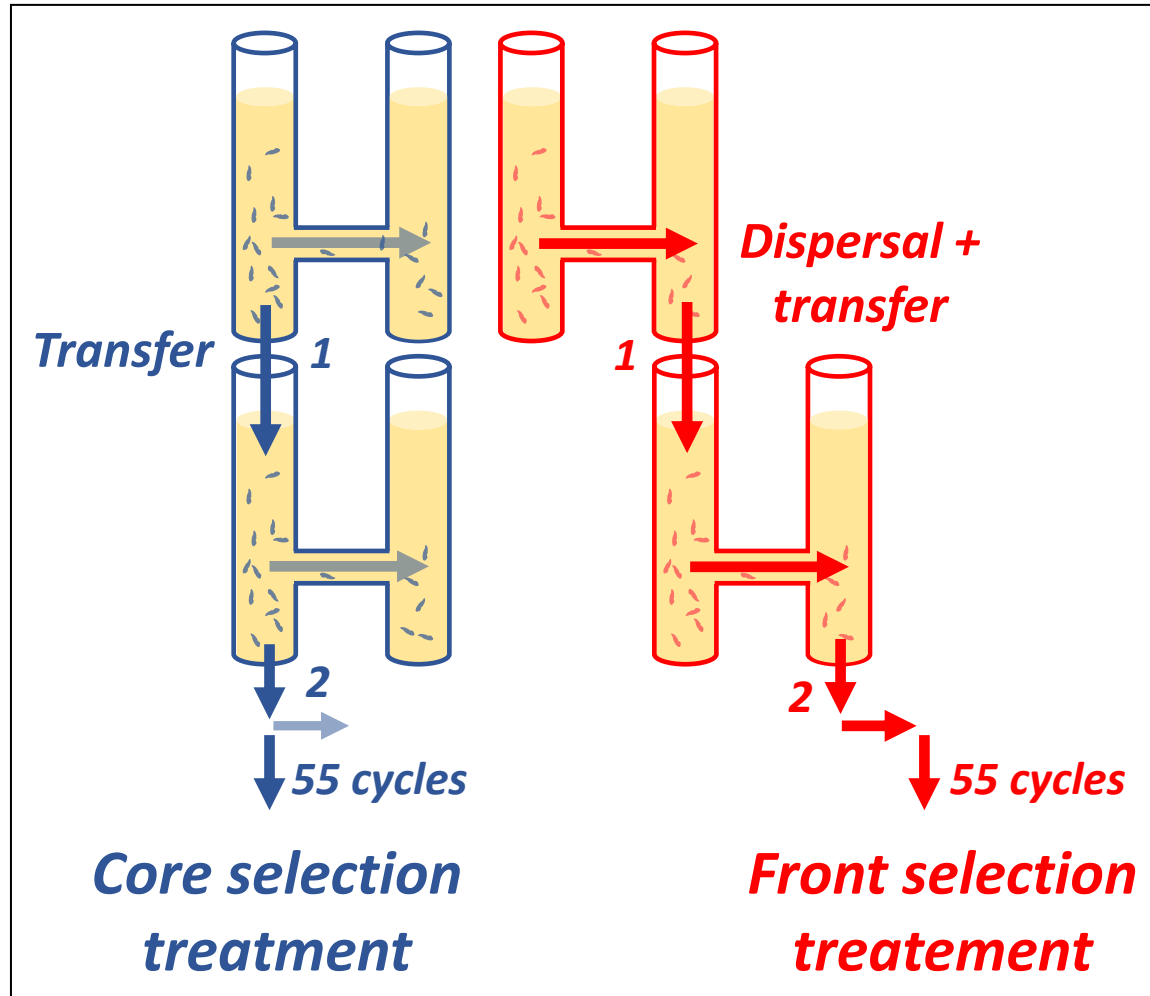
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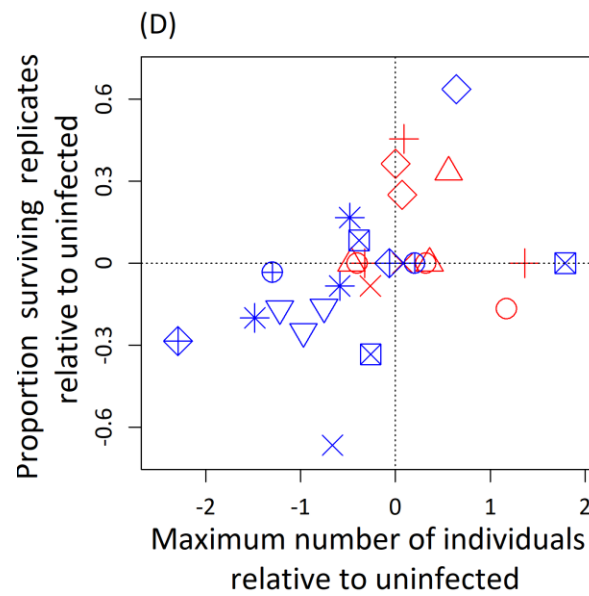
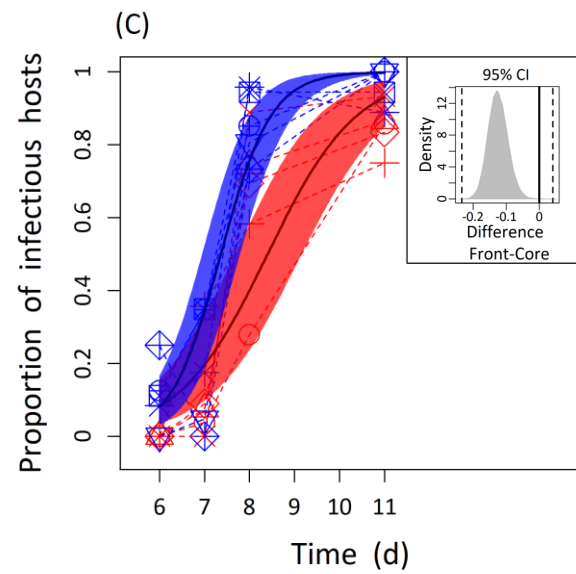
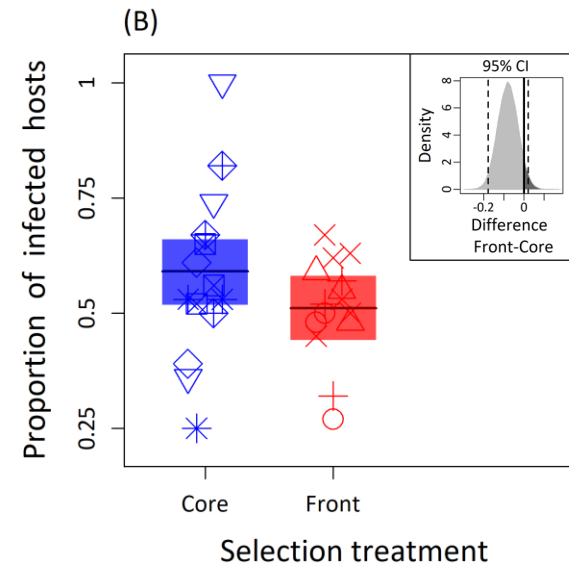
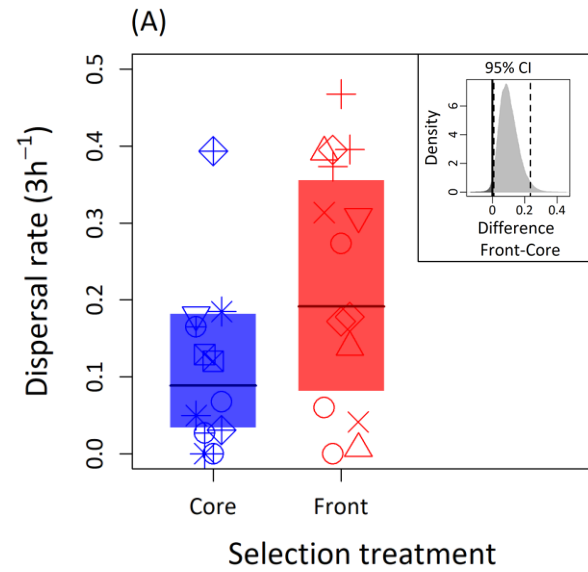
681 **Fig. 4.** Relationships between parasite traits. **(a)** Path analysis testing direct and indirect effects
682 of 4 parasite traits on infected host dispersal: (i) Infectiousness (cumulative proportion of host
683 producing infective spores; area under the curve: day 6 - 11 p.i.); (ii) Host division (maximum
684 infected cell density); (iii) Swimming tortuosity (\approx trajectory changes) and (iv) net swimming
685 speed of infected singletons. Analysis based on trait means for different combinations of
686 parasite selection line and host assay genotype (n = 25) and performed on residuals, after
687 correcting for overall effects of host assay genotype. Standardised beta regression coefficients
688 (β) are shown above arrows (*p < 0.05); **(b)** Relationship between residual host division and
689 dispersal; **(c)** Relationship between residual horizontal transmission investment and host
690 division.

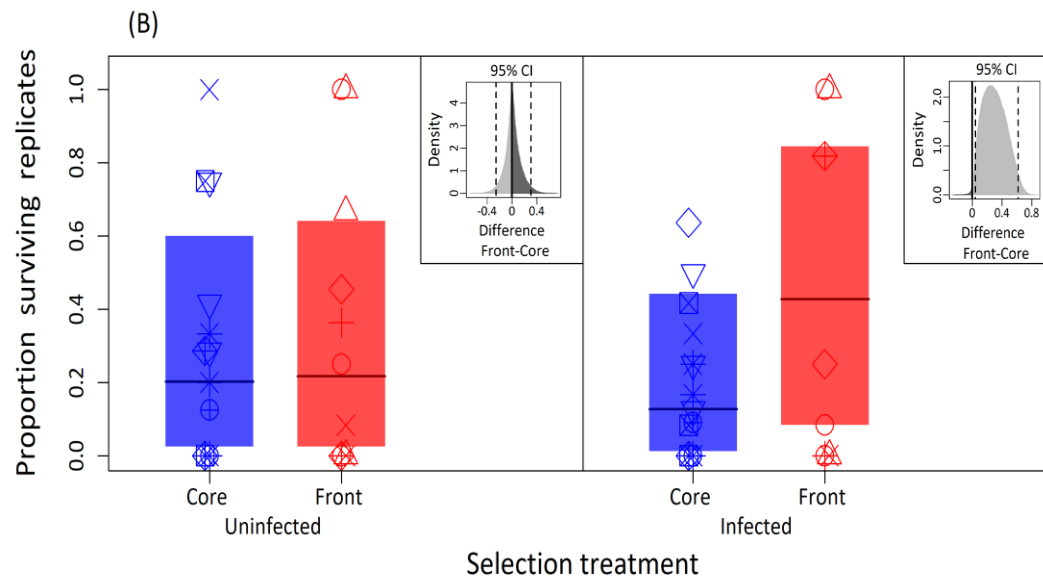
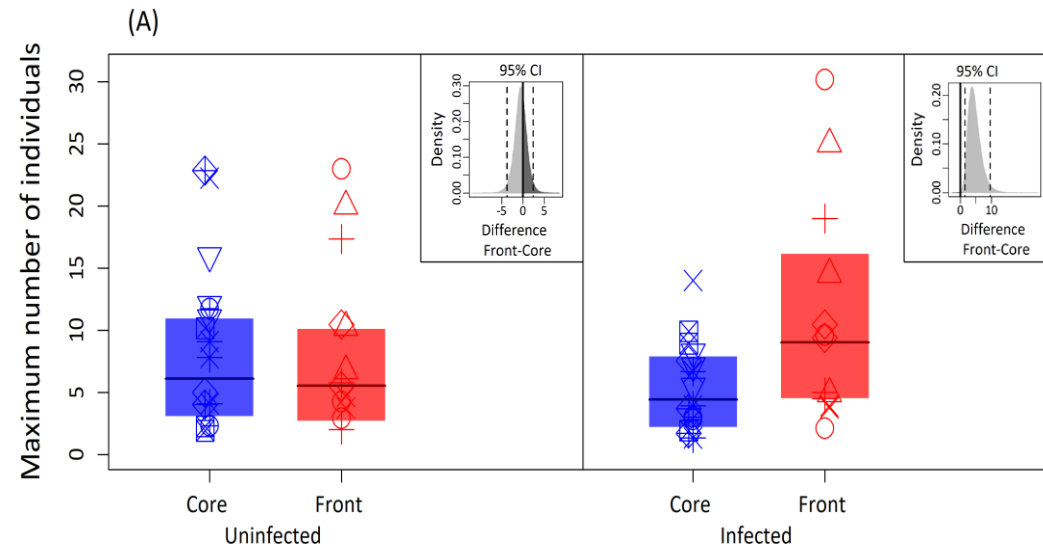
691

692 **Fig. 5.** Fit of the epidemiological model. **(a)** Fit of the epidemiological model (equations 6-8)
693 to infected and uninfected host density time-series data, obtained for assay cultures infected
694 with core (blue) and front (red) parasites. Curve fits shown for host genotype 63D (for other

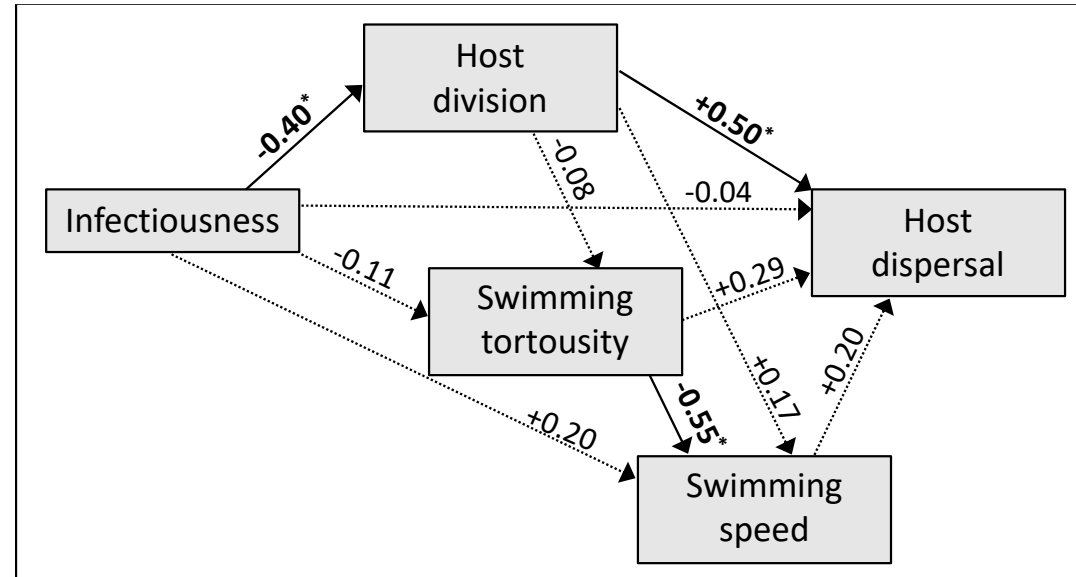
695 genotypes, see Fig. S11). Dashed lines represent observed densities for different replicate assay
696 cultures, solid lines and shaded areas represent posterior model predictions (mean and 95% CI).
697 **(b)-(d)** Posterior distributions for virulence (= reduction in host division rate), horizontal
698 transmission rate and latency, respectively. Solid lines and shaded areas show posterior
699 distributions for host genotype 63D, dashed lines for host genotype C173, and the dotted lines
700 for genotype C023.



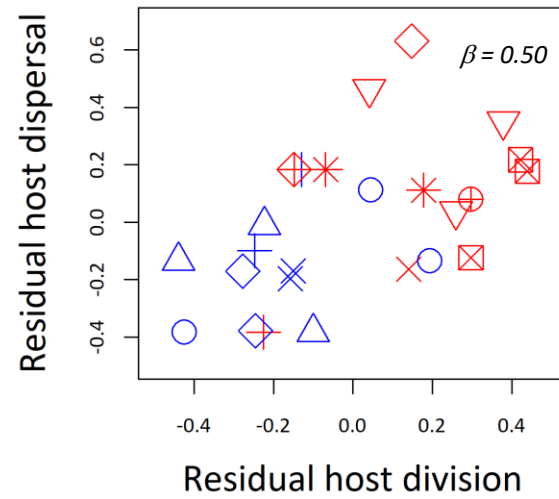




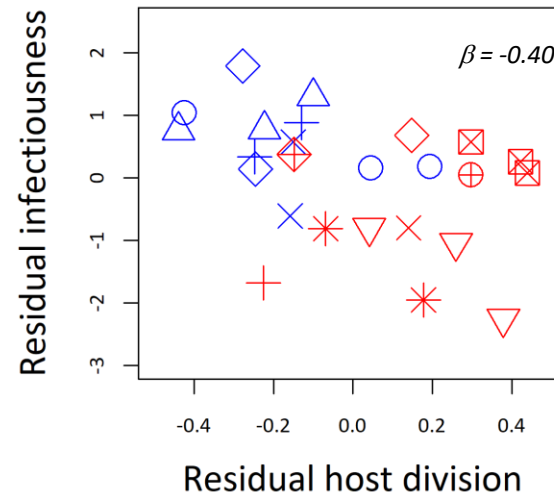
(A)

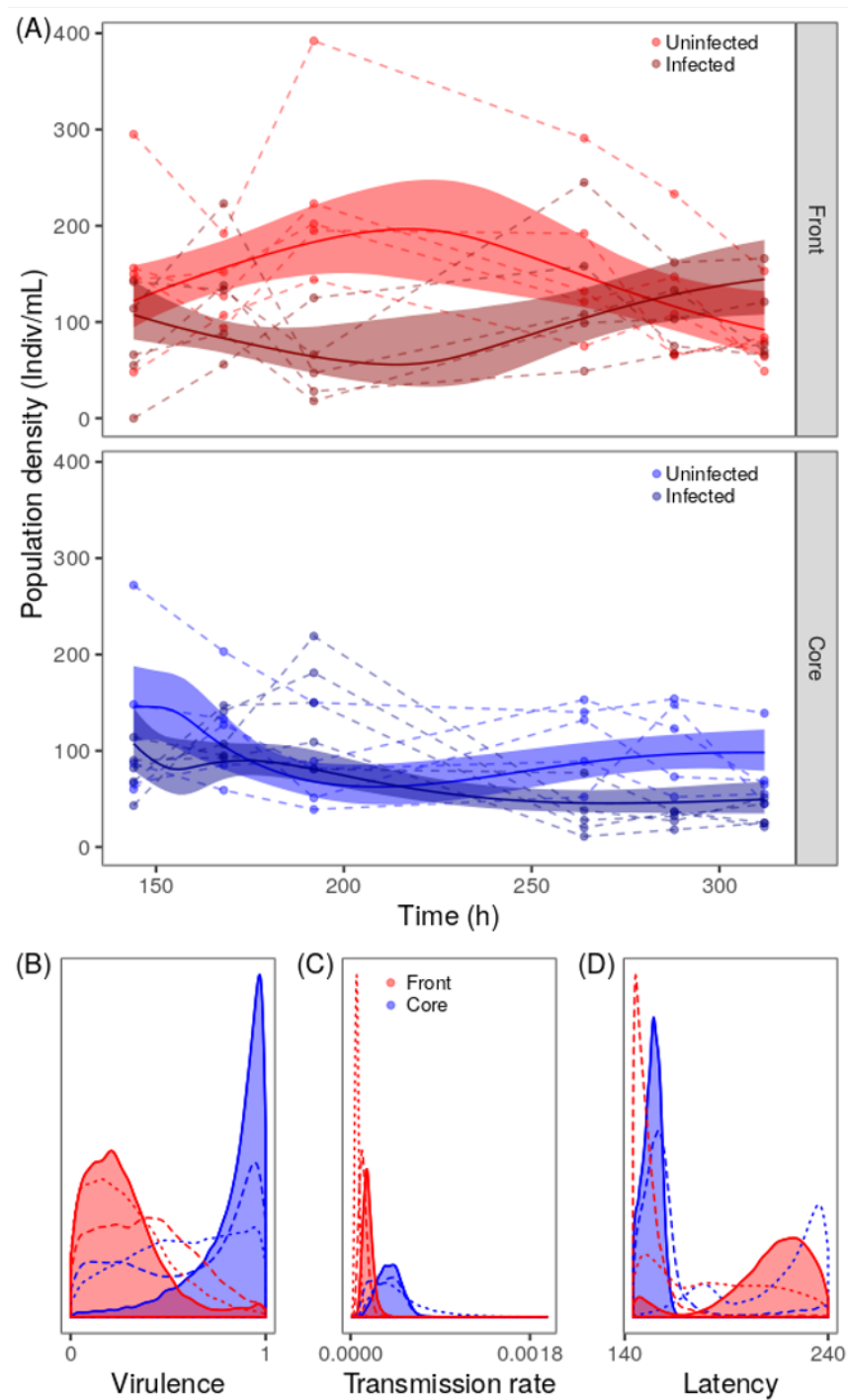


(B)



(C)





Supplementary Information

5 **An evolutionary trade-off between parasite virulence and dispersal at experimental invasion fronts**

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SI 1: Long-term selection protocol

Dispersal arenas consisted of two 14 mL plastic tubes (the core and front patch, Fig. S1) interconnected by a 5 cm silicon tube of 0.6 mm inner diameter (corridor). The protocol for a dispersal event is as follows. Step 1: We first fill the entire arena with 9.5 mL of fresh growth medium, then block the corridor with a clamp. Step 2: one of the two tubes ("core patch") is topped up to 13 mL with 8 mL of medium containing cultures of *Paramecium caudatum* ('*Paramecium*', hereafter), while the other tube ("front patch") is topped up to 13 mL with medium only. Step 3: we remove the clamp for 3 h allowing the *Paramecium* to actively disperse from core to front patch or to stay in the core patch. Step 4: after blocking the corridor again, population densities in core and front patches are determined from 200- μ L samples, with the number of individuals counted under a dissecting microscope. From these counts we can estimate the dispersal rate.

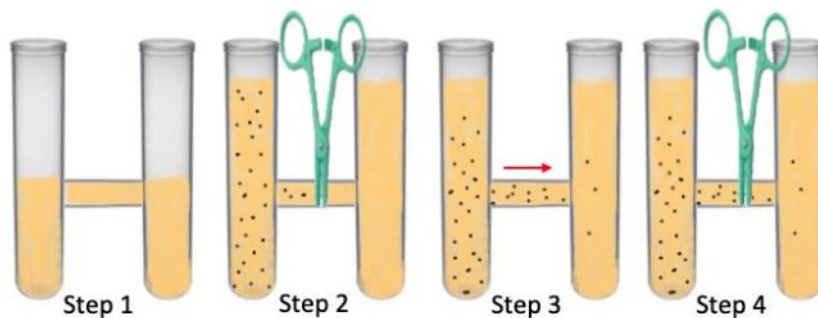


Figure S1. Protocol for setting up dispersal events in 2-patch dispersal arena. Step 1: filling dispersal arena up until dispersal corridor with fresh growth medium. Step 2: block corridor with a clamp and add cultures of *Paramecium* to patch 1 and fresh media to patch 2. Step 3: remove clamp and allow for active dispersal from patch 1 to patch 2 during a three-hour period. Step 4: block dispersal corridor and assess population densities and infection status in patch 1 and 2.

Using a mix of parasite inocula we infected naïve *Paramecium* of the 63D genotype to set up five front selection and five core selection lines (see main text for details on host and parasite origins). The long-term selection protocol is as follows (for illustration, see Fig. 1 in main text).

(i) In the front selection treatment, densities in the core patch prior to dispersal were set to c. 2000 individuals. After the 3 h of free dispersal, only *Paramecium* that dispersed to the front patch were maintained, transferred to a 50-mL plastic tube and cultured for one week in 20 mL of bacterised lettuce medium, before the next dispersal and selection event occurred. On average, c. 350 individuals dispersed at a given dispersal event. When we observed fewer than 100 dispersers, we topped up numbers to 100 by adding non-dispersers. Over the one week of culture, populations grew back to carrying capacity (c. $4-5 \times 10^3$ individuals) and epidemiological processes were acting freely. Then a new episode of dispersal occurred, as described above.

(ii) In the core selection treatment, we followed the same protocol as above, but only *Paramecium* that stayed in the core patch were maintained and regrown in 20 mL of medium. Furthermore, numbers of transferred core individuals were adjusted so as to match those in the front selection treatment at the beginning of the one-week growth period.

After 30 dispersal/growth cycles, we extracted infectious forms from each selection line and used them to inoculate a new batch of 63D hosts. This was done to minimise effects of host evolution in the experiment and to continue parasite evolution on naïve hosts for another round of 25 cycles. Because carrying capacity in this new round (c. $3-4 \times 10^3$ individuals) was lower

55 than in the first 30 cycles, we relaxed the dispersal protocol. Instead of adjusting the density prior to dispersal, we topped up the core patch with the maximum possible volume (8 mL; step 2, see above) to ensure that at least 10^3 were placed in the tube.

SI 2: Assay details

60 After inoculation of three naive host genotypes (63D, C023, C173) with evolved core and front parasites, a series of assays were performed over a 3-week period. In this section, we present an overview of the timing of the assays (Table S1) and further details on the experimental protocols.

65 **Table S1.** Timing of measurements for the different parasite traits in the assay. The assay was started by inoculating naive cultures of three host genotypes with parasites from 5 core and 5 front selection treatments (30 combinations in total). Timing of each assay is expressed in days post inoculation (p.i.). On day 4 p.i., the initial 30 inoculated replicates were split into three technical assay replicates, giving a total of 90 assay replicates. For certain traits, not all replicate cultures were available, or data are missing. The 'Number' columns indicate the number of combinations and replicate assay cultures available for each analysis. 'Total n' refers to the total number of data points in the analysis (raw data). *Paramecium* for the singleton assay were isolated from the initial 30 inoculated assay cultures. For details on trait measurements, see SI below and main text.

Trait	Assay day (p.i.)	Number of host x parasite combinations (max. 30)	Number of assay replicate cultures (out of total)	Total n (raw data)	Comments
Infectivity	4	30	30/30	30	
Infectiousness	4 - 11	30	90/90	147	First infectious hosts detected on day 6 p.i.
Infected dispersal	13 - 19	27	75/90	75	Exclude replicate cultures if low density / infection prevalence (<10%)
Virulence (Host division and survival in singleton assay)	13 - 23	28	28/30	605	Infected and uninfected individuals isolated on day 4 p.i. and grown for 9 days under common-garden conditions prior to singleton assay
Movement (tortuosity and swimming speed)	14	29	29/30	106	Video analysis performed on infected and uninfected populations isolated on day 4 p.i.

Infectivity

75 **Inoculum preparation.** To extract infectious forms of *Holospira undulata* from an infected culture, the infected *Paramecium* are transferred to 50-mL Falcon tubes and centrifuged at 1500 g for 20 minutes. The supernatant is removed, and the concentrated individuals placed in 1.5 mL Eppendorf tubes containing 1 mm glass beads. Using a Qiagen TissueLyser they are then vortexed and crushed (1:45 minutes at 30 oscillation frequency) to liberate infectious forms of the parasite. The concentration of infectious forms is then determined at 200x magnification under a microscope (Leica DM LB2), using a hemocytometer.

Infectivity assay. Inocula of the evolved parasites selected for high or low dispersal (see Fig. S2; front and core, respectively) were prepared, as described above. Their capacity to establish infections (= infectivity) was tested on samples of unselected naïve hosts, represented by three genotypes: 63D, C023 and C173. Prior to inoculation, cultures of the three genotypes were concentrated by using mild centrifugation (15 min at 300 g). We placed $\approx 5 \times 10^3$ cells of a given host genotype in 1.4 mL of bacterised medium in a 15 mL tube, to which we added the freshly prepared inoculum of a given evolved parasite line. Inoculum dose ranged from c. $0.3 - 1.4 \times 10^3$ infective spores per μL (median: 1×10^3), depending on the identity of parasite selection line. These doses represent an *ad libitum* administration; typically, infection success reaches a plateau for doses > 0.2 spores per μL (Fels et al 2008). In the present experiment, a preliminary logistic regression with binomial error structure (logit link) revealed no significant effect of spore dose on infection success ($\chi^2 = 10.812$, $p = 0.147$).

Dispersal assay

In the assay, we used 3-patch arenas (50-mL Falcon tubes; Fig. S3) instead of the usual 2-patch arena. These arenas allowed us to use larger numbers of *Paramecium* and, by letting them disperse from the middle tube into the two outer tubes, we increased the total number of dispersers. To further increase the resolution of dispersal estimates, we concentrated the cultures 12 h prior to the assay, by gentle centrifugation at 300 g for 15 minutes. For the dispersal assay, we first filled the 3-patch system with 20 mL of fresh medium, and then blocked the two corridors with clamps (see steps 1 and 2 in Fig. S1). We then added ≈ 2800 individuals to the middle tube and topped it up to 25 mL with fresh medium. The outer tubes were topped up to 25 mL with fresh medium only, and the corridors were then opened for 3 h to allow for free dispersal. At the end of the 3-h dispersal period, we determined population density and infection prevalence, for samples from the central tube (500 μl) and from the combined two outer tubes (3 mL). From these estimates we calculated the dispersal rate of infected hosts, as explained above. Of the 90 inoculated replicate assay cultures, 88 were tested (two tubes were found to be uninfected). For statistical analysis, we excluded 13 replicates with very low population density and/or low infection prevalence ($<10\%$), which prevented accurate estimation of dispersal of infected individuals. We also assayed a small number of uninfected control cultures (three tubes per host genotype) for comparison with dispersal rates in infected tubes. For unknown reasons, these replicates showed considerable variation; we therefore regrouped these observations with measurements from previous experiments to inform on the general range of dispersal rates observed for these genotypes (see Fig. S4). We did not carry out formal statistical comparisons with infected dispersal rates observed in our assay.

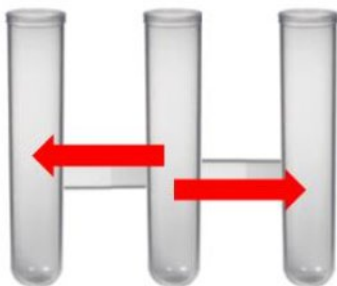


Figure S2. Linear 3-patch arenas used for the dispersal assays. *Paramecium* was added in the central tube and after the opening of the connections it was allowed to disperse (3h) in the outer tubes, as indicated by the red arrows. For filling protocol, see Fig. S1.

Virulence assay

For the virulence assay, we isolated single infected and uninfected individuals from the replicate assay cultures on day 4 p.i and allowed them to multiply in 2-mL Eppendorf tubes with bacterised medium, under permissive common-garden conditions. After one week, we

135 determined infection status of these monoclonal cultures (LAO fixation). On day 13 p.i., we started the assay by placing single individuals in PCR tubes filled with 200 μ L of bacterised medium (Fig. S3). We checked tubes daily for presence or absence of live cells for 20 days. In addition, cell density was determined on day 2 and 3 (by counting cells through the plastic tubes), on day 10 (from 50- μ L samples) and on day 20 (total volume). Except for 50 μ L of medium added on day 10, no resources were supplied.

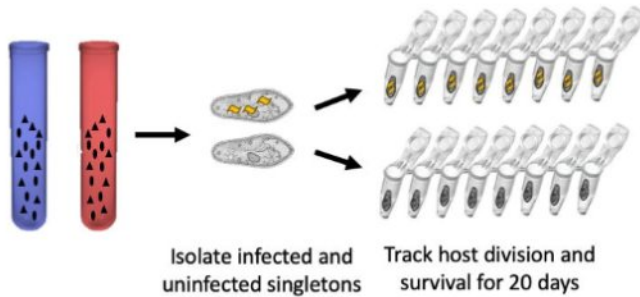


Figure S3. Protocol for virulence assay. On day 4 post inoculation of replicate cultures with front (ref) or core (blue) parasites, infected and uninfected individuals were isolated and allowed to grow as small monoclonal cultures. Single individuals were then placed PCR tubes containing 200 μ L bacterised medium. Each combination of parasite selection line ($n = 10$) and host genotype ($n = 3$) was replicated 8-12 times.

155 The assay was performed for 28 of the 30 combinations of parasite selection line and host genotypes, with 8-12 infected singletons tested per combination. Of the 322 infected replicates, 17 died within less than 24 h (possibly due to transfer handling) and were excluded from statistical analysis. In the same way, excluded 23 early deaths of the 323 uninfected singletons.

SI 3: Results

160 The assays of the evolved parasites were performed on naïve *Paramecium* representing three
 host genotypes (63D, C172, C023). The parasites had evolved on the 63D genotype in the
 selection experiment, but had never been exposed to any of the other two genotypes. In our
 main statistical analyses, we considered host genotype as a random effect, as the experimental
 tests were not specifically meant to address differences among the host genotypes. These results
 165 are summarised in Table S2.

Table S2. ANOVA results from GLMM models of all measured traits (dispersal, swimming
 speed and tortuosity, infectivity, infectiousness and virulence). Parasite selection line and host
 genotype were added as random factors, all other factors were considered fixed. We performed
 170 backward model simplification, with sequential removal on non-significant terms in the model.
 Terms in the "Fixed effects" category represent the minimal adequate model; sequentially
 removed terms appear in the "Eliminated terms" category. For each analysis, we indicate the
 number of replicates used in the analysis and the number of host genotype x parasite selection
 lines they represent (3 x 10 = 30 combinations inoculated, some of which were not available for
 175 certain analyses).

(a) Dispersal

<i>Random effect:</i>	Var		
Selection line	0.43		
Host genotype	0.39		
<i>Fixed effects:</i>	<i>d.f.</i>	χ^2	p
Selection treatment	1	4.9	0.027 *

N = 75, data from 28/30 host genotype x selection line combinations

(b) Swimming speed

<i>Random effect:</i>	Var		
Selection line	<0.001		
Host genotype	<0.001		
<i>Eliminated terms:</i>			
Selection treatment	1	0.67	0.414
Infection status	1	1.25	0.262
Treatment x infection status	1	0.33	0.943

N = 106, data from 29/30 host genotype x selection line combinations

(c) Tortuosity

<i>Random effects</i>	Var		
Selection line	<0.001		
Host genotype	<0.001		
<i>Eliminated terms:</i>			
Selection treatment	1	0.03	0.857
Infection status	1	<0.01	0.981
Treatment x infection status	1	0.11	0.737

N = 106, data from 29/30 host genotype x selection line combinations

(d) Infectivity

<i>Random effects</i>	Var		
Selection line	0.03		
Host genotype	0		
<i>Fixed effects:</i>	<i>d.f.</i>	χ^2	p
Selection treatment	1	2.43	0.118

N = 30, data from 30/30 host genotype x selection line combinations

Table S2 (cont.)				
(e) Infectiousness				
<i>Random effect:</i>	Var			
Selection line	0.11			
Host genotype	0.32			
<i>Fixed effects:</i>	<i>d.f.</i>	χ^2	p	
Selection treatment	1	13.2	<0.001	***
Time	1	178.1	<0.001	***
Treatment x time	1	13.5	<0.001	***
<i>N = 88, data from 30/30 host genotype x selection line combinations</i>				
(f) Maximum host density				
<i>Random effect:</i>	Var			
Selection line	0.10			
Host genotype	2.50			
<i>Fixed effects:</i>	<i>d.f.</i>	χ^2	p	
Infection status	1	1.7	0.194	
Selection treatment	1	4.9	0.027	*
Treatment x Infection status	1	16.9	<0.001	***
<i>N = 605, data from 28/30 host genotype x selection line combinations</i>				
(g) Host survival				
<i>Random effect:</i>	Var			
Selection line	1.07			
Host genotype	2.50			
<i>Fixed effects:</i>	<i>d.f.</i>	χ^2	p	
Infection status	1	<0.1	0.987	
Selection treatment	1	3.4	0.065	
Treatment x Infection status	1	7.4	0.006	**
<i>N = 605, data from 28/30 host genotype x selection line combinations</i>				

180 To inspect the generality of selection treatment effects, we also performed analyses, treating
 host genotype as a fixed effect and including the selection treatment x host genotype interaction
 (Table S3). They are accompanied by a more detailed presentation of trait expression, with
 separate panels for each host genotype (Fig. S4-S10). These additional analyses showed that,
 with few exceptions, differences between core and front parasites were consistent across the
 185 different hosts (i.e., treatment x host interactions were non-significant), even though in some
 cases more or less pronounced. For details of trait definitions and measurements, see main text.

Table S3. ANOVA results from GLMM models of all measured traits (dispersal, swimming
 speed and tortuosity, infectivity, infectiousness and virulence). Parasite selection line was treated
 190 as a random effect, all other factors were fixed effects. We performed backward model
 simplification, with non-significant terms sequentially removed from the model ("eliminated
 terms"). For each analysis, we indicate the number of replicates and the number of host genotype
 x parasite selection lines they represent (3 x 10 = 30 combinations inoculated, some of which
 were not available for certain analyses).

(a) Dispersal				
<i>Random effect:</i>		Var		
Selection line		0.41		
<i>Fixed effects:</i>		<i>d.f.</i>	χ^2	p
Selection treatment		1	7.0	0.007 **
Host genotype		2	607.5	<0.001 ***
Treatment x genotype		2	22.8	<0.001 ***
<i>N = 75, data from 27/30 host genotype x selection line combinations</i>				
(b) Swimming speed				
<i>Random effect:</i>		Var		
Selection line		2866		
<i>Fixed effects:</i>		<i>d.f.</i>	χ^2	p
Selection treatment		1	0.6	0.404
Host genotype		2	0.05	0.974
Treatment x genotype		2	10.2	0.006 **
<i>Eliminated terms:</i>				
Infection status		1	1.1	0.286
Infection status x genotype		1	<0.1	0.979
Treatment x infection status		1	0.9	0.319
Treatment x infection status x genotype		2	0.7	0.684
<i>N = 106, data from 29/30 host genotype x selection line combinations</i>				
(c) Tortuosity				
<i>Random effects:</i>		Var		
Selection line		<0.01		
<i>Fixed effects:</i>		<i>d.f.</i>	χ^2	p
Selection treatment		1	0.6	0.800
Host genotype		2	1.0	0.598
Infection status		2	<0.1	0.932
Treatment x genotype		2	4.6	0.095
Infection status x genotype		2	3.7	0.157
Treatment x infection status		1	0.1	0.713
Treatment x infection status x genotype		2	3.8	0.147
<i>N = 106, data from 29/30 host genotype x selection line combinations</i>				
(d) Infectivity				
<i>Random effects:</i>		Var		
Selection line		0.03		
<i>Table S3 (cont.)</i>				
<i>Fixed effects:</i>		<i>d.f.</i>	χ^2	p
Selection treatment		1	2.44	0.118

Host genotype	2	0.01	0.991
Treatment x genotype	2	4.33	0.114

N = 30, data from 30/30 host genotype x selection line combinations

(e) Infectiousness

<i>Random effect:</i>		Var			
Selection line		0.08			
<i>Fixed effects:</i>		<i>d.f.</i>	χ^2	p	
Selection treatment		1	13.6	<0.001	***
Time		1	176.1	<0.001	***
Host genotype		2	28.9	<0.001	***
Treatment x time		1	16.8	<0.001	***
Treatment x host		2	10.1	0.006	**
<i>Eliminated terms:</i>					
Host x time		2	3.5	0.167	
Treatment x host x time		2	2.2	0.317	

N = 88, data from 30/30 host genotype x selection line combinations

(f) Maximum host density

<i>Random effect:</i>		Var			
Selection line		0.09			
<i>Fixed effects:</i>		<i>d.f.</i>	χ^2	p	
Infection status		1	2.03	0.153	
Selection treatment		1	5.4	0.019	*
Host genotype		2	264.9	<0.001	***
Treatment x Infection status		1	19.1	<0.001	***
Treatment x host		2	61.7	<0.001	***
<i>Eliminated terms:</i>					
Infection status x Host		2	2.7	0.258	
Treatment x Infection status x Host		2	1.5	0.457	

N = 605, data from 28/30 host genotype x selection line combinations

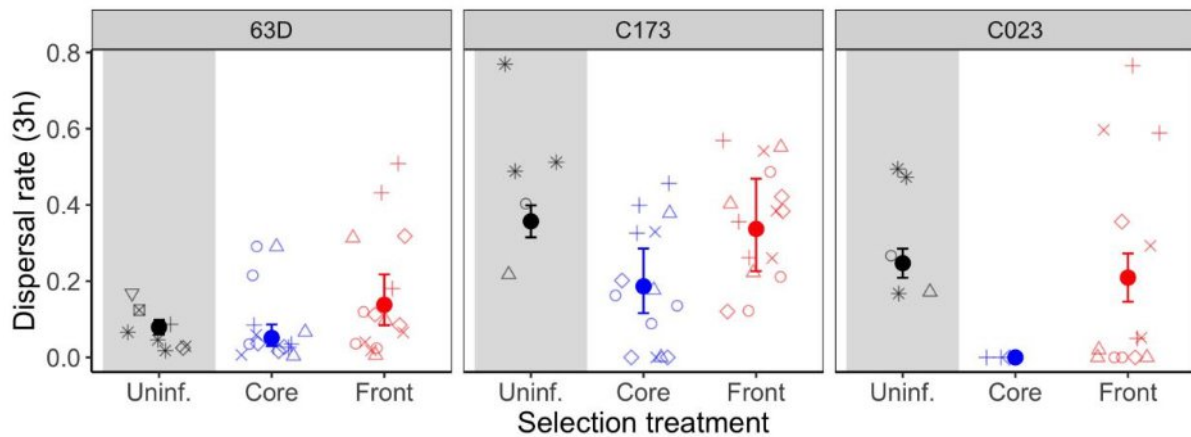
(g) Host survival

<i>Random effect:</i>		Var			
Selection line		0.98			
<i>Fixed effects:</i>		<i>d.f.</i>	χ^2	p	
Infection status		1	0.01	0.911	
Selection treatment		1	4.0	0.043	*
Host genotype		2	75.0	<0.001	***
Treatment x Infection status		2	8.2	0.004	**
Treatment x Host		1	25.9	<0.001	***
<i>Eliminated terms:</i>					
Infection status x Host		2	0.2	0.882	
Treatment x Infection status x Host		2	1.8	0.398	

N = 605, data from 28/30 host genotype x selection line combinations

Dispersal

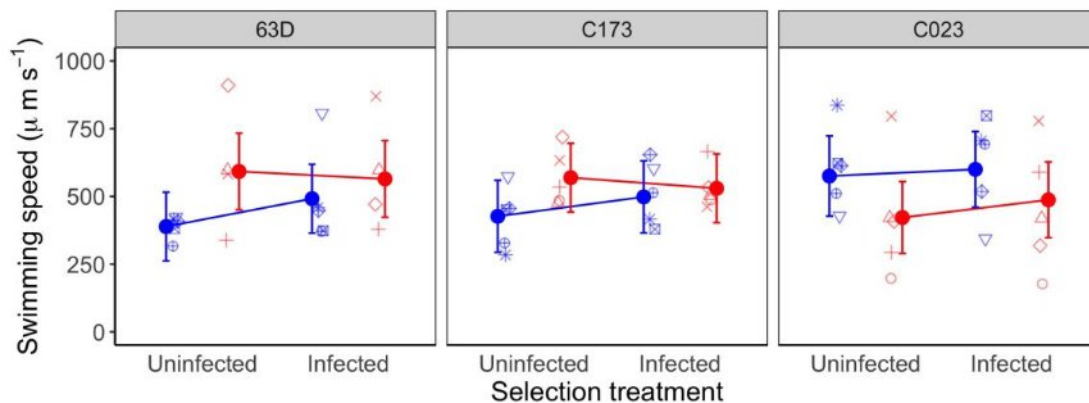
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Figure S4. Dispersal rate (3 hr) of three naïve *Paramecium* genotypes (63D, C173, C023), infected with core parasites (blue) or front parasites (red). Data of uninfected replicates (black) from this assay and other experiments indicate the typical range of dispersal for each genotype (low for 63D, higher for C173 and C023). Filled circles and error bars represent means \pm 95% confidence interval. Open symbols represent raw data. Different symbols refer to different parasite selection lines (5 lines per selection treatment).

Net swimming speed

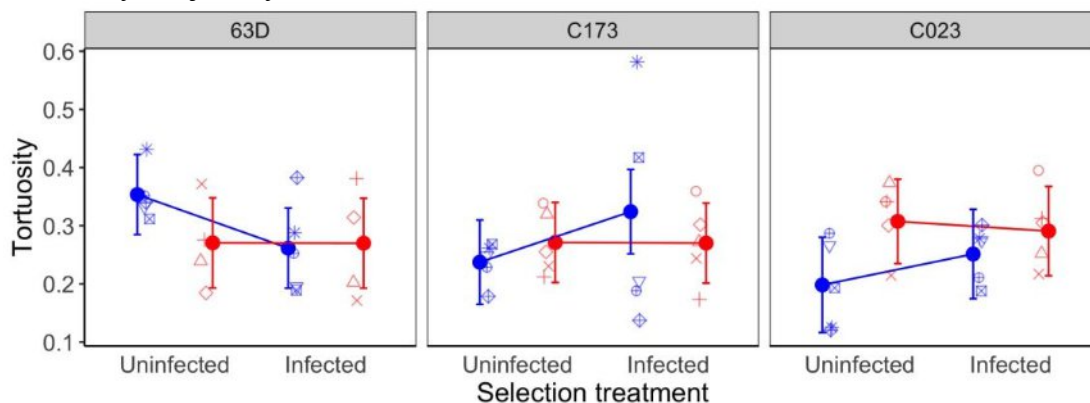


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Figure S5. Net swimming speed ($\mu\text{m s}^{-1}$) of three naïve *Paramecium* genotypes (63D, C173, C023), when uninfected or infected with core parasites (blue) or front parasites (red). Filled circles and error bars represent mean model predictions \pm 95% confidence interval. Open symbols represent means over two technical replicates. Different symbols refer to different parasite selection lines (5 lines per selection treatment).

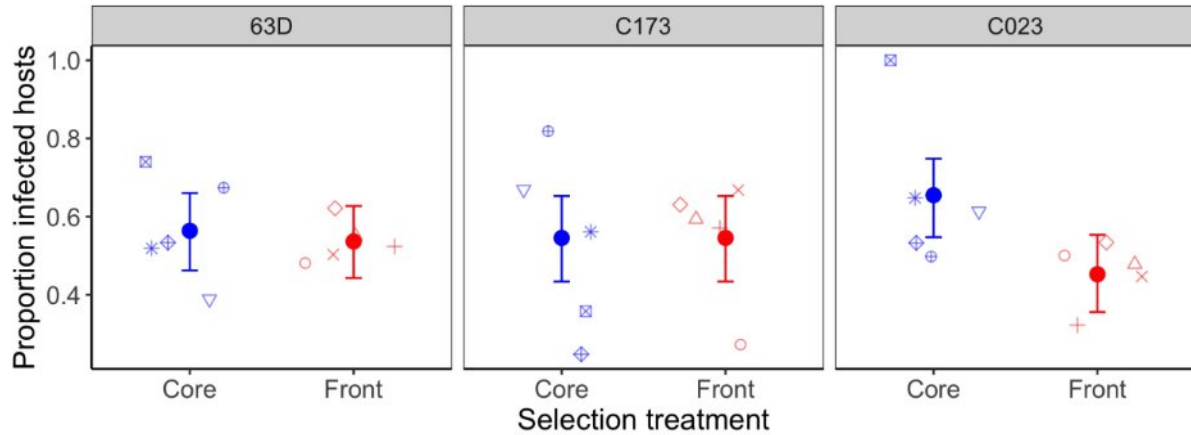
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Tortuosity - trajectory variation



220 **Figure S6.** Swimming trajectory changes (tortuosity = standard deviation of turning angle distribution) of three naïve *Paramecium* genotypes (63D, C173, C023), when uninfected or infected with core parasites (blue) or front parasites (red). Filled circles and error bars represent mean model predictions \pm 95% confidence interval. Open symbols represent means over two technical replicates. Different symbols refer to different parasite selection lines (5 lines per selection treatment).

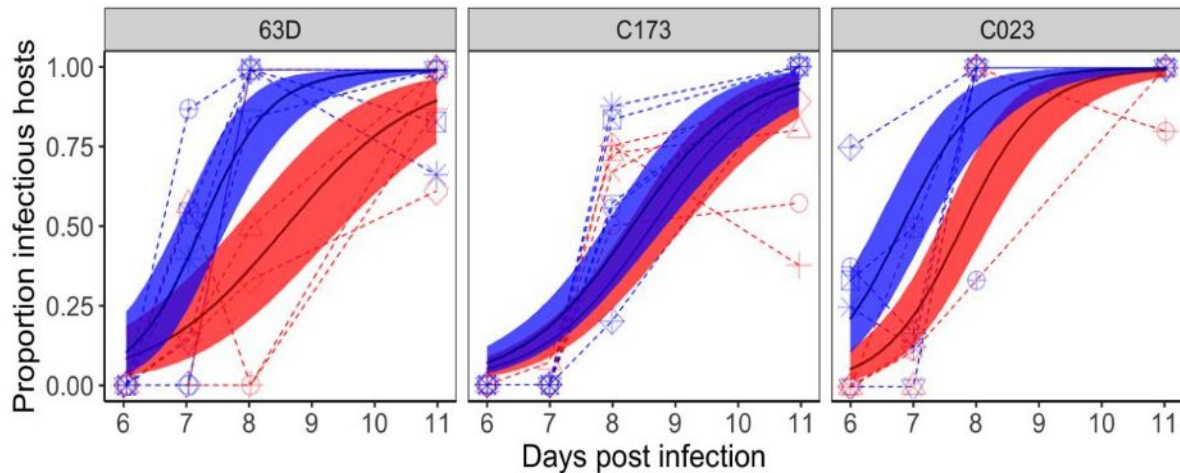
Infectivity



225 **Figure S7.** Proportion of infected individuals in assay cultures of three naïve *Paramecium* genotypes (63D, C173, C023), measured on day 4 post inoculation with core parasites (blue) or front parasites (red). Filled circles and error bars represent mean model predictions \pm 95% confidence interval. Open symbols represent raw data. Different symbols refer to different parasite selection lines (5 lines per selection treatment). Note that these data were obtained before to splitting each culture into the 3 technical replicates (see Material and Methods in main text).

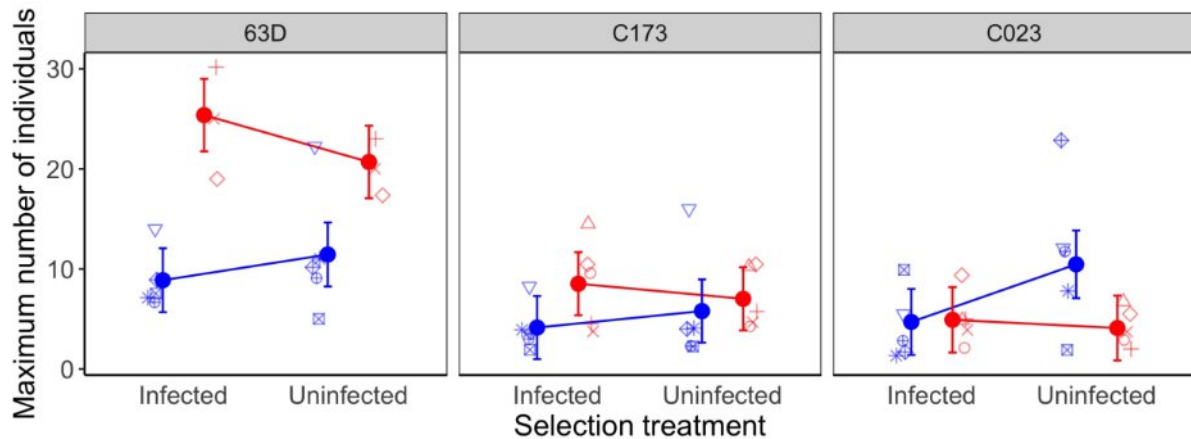
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Infectiousness



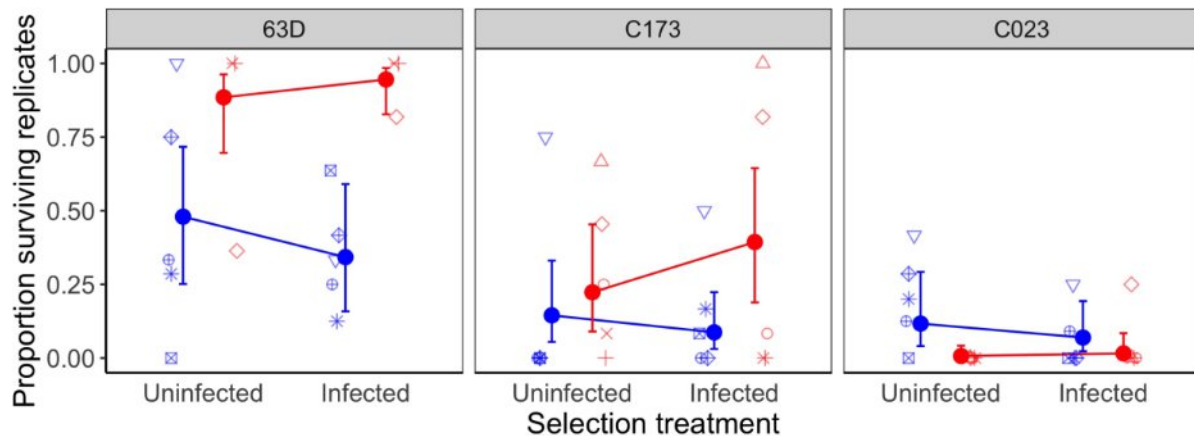
235 **Figure S8.** Infectiousness (proportion of infectious hosts, i.e., individuals host carrying infective spores) on day 6, 7, 8 and 11 post inoculation (p.i.), shown for three naïve *Paramecium* genotypes (63D, C173, C023) infected with core parasites (blue) or front parasites (red). Filled circles and error bars represent mean model predictions \pm 95% confidence interval. Solid lines represent mean trajectories, stippled lines represent raw data trajectories for different parasite selection lines (note that certain trajectories are superimposed). Day 6 p.i. was the first day of detection of infectious hosts.

240 Virulence (I): Host division



245 **Figure S9.** Maximum cell density of three naïve *Paramecium* genotypes (63D, C173, C023), when uninfected or infected with core parasites (blue) or front parasites (red). Data obtained in a 20-day assay, starting from single individuals, where maximum densities were generally reached on day 10, although some samples died sooner and thus peaked earlier. Filled circles and error bars represent mean model predictions ± 95% confidence interval. Open symbols represent means over c. 10 technical replicates, on average. Different symbols refer to different parasite selection lines (5 lines per selection treatment).

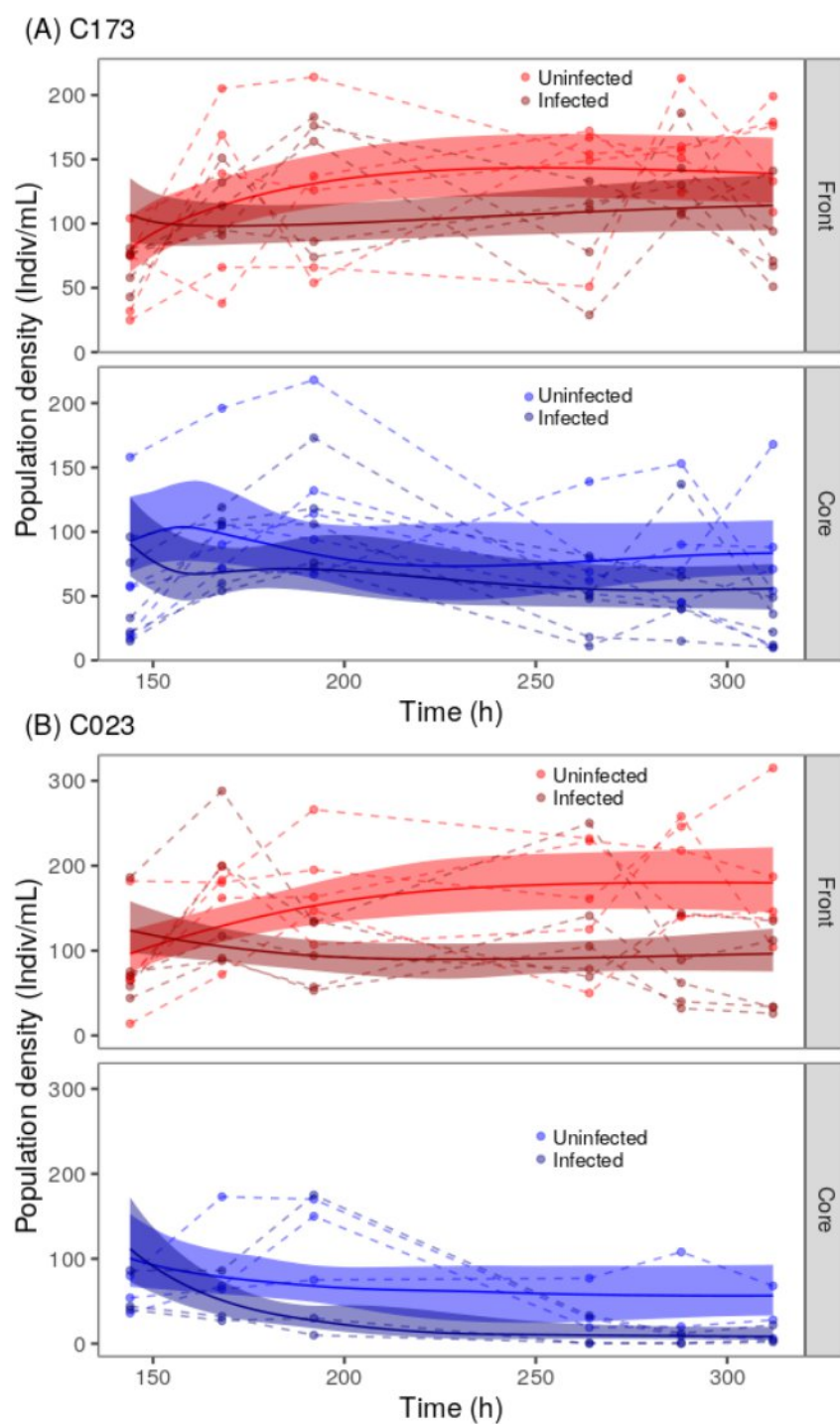
Virulence (II): Host survival



250 **Figure S10.** Mortality of three naïve *Paramecium* genotypes (63D, C173, C023), when uninfected or infected with core parasites (blue) or front parasites (red). Data show the proportion of replicates found extinct on day 20 in an assay starting from single individuals. Filled circles and error bars represent mean model predictions ± 95% confidence interval. Open symbols represent the observed proportions for the different parasite selection lines (5 lines per selection treatment).

255

SI 4: Epidemiological model fits



260 **Figure S11.** Fit of the epidemiological model (equations 6-8) to infected and uninfected host density time series data in the core and front treatment for host genotype (A) C173 and (B) C023. Dashed lines show observed density trajectories, solid lines and shaded areas represent posterior model predictions.