Towards HCV elimination among people who inject drugs in Hai Phong, Vietnam: study protocol for an effectiveness-implementation trial evaluating an integrated model of HCV care (DRIVE-C: DRug use & Infections in ViEtnam–hepatitis C)

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Towards HCV elimination among people who inject drugs in Hai Phong, Vietnam: study protocol for an effectiveness-implementation trial evaluating an integrated model of HCV care (DRIVE-C: DRug use & Infections in ViEtnam–hepatitis C)

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ABSTRACT
Introduction In Vietnam, people who inject drugs (PWID), who are the major population infected by hepatitis C virus (HCV), remain largely undiagnosed and unlinked to HCV prevention and care despite recommended universal hepatitis C treatment. The data on the outcomes of HCV treatment among PWID also remain limited in resource-limited settings. The DRug use & Infections in ViEtnam–hepatitis C (DRIVE-C) study examines the effectiveness of a model of hepatitis C screening and integrated care targeting PWID that largely uses community-based organisations (CBO) in Hai Phong, Vietnam. In a wider perspective, this model may have the potential to eliminate HCV among PWID in this city.

Methods and analysis The model of care comprises large community-based mass screening, simplified treatment with direct-acting antivirals (DAAs) and major involvement of CBO for PWID reaching out, linkage to care, treatment adherence and prevention of reinfection. The effectiveness of DAA care strategy among PWID, the potential obstacles to widespread implementation and its impact at population level will be assessed. A cost-effectiveness analysis is planned to further inform policy-makers. The enrolment target is 1050 PWID, recruited from the DRIVE study in Hai Phong. After initiation of pan-genotypic treatment consisting of sofosbuvir and daclatasvir administered for 12 weeks, with ribavirin added in cases of cirrhosis, participants are followed-up for 48 weeks. The primary outcome is the proportion of patients with sustained virological response at week 48, that will be compared with a theoretical expected rate of 70%.

Strengths and limitations of this study
► This is the first research evaluating the efficacy of a simplified hepatitis C virus (HCV) care model targeting people who inject drugs (PWID) in Vietnam.
► This study relies on a strong involvement of community-based organisations at all stages of the care process.
► Patient care is carried out within public hospitals.
► Study results will provide policy-makers with key data for scaling-up HCV care to eliminate HCV transmission among PWID.
► The current high price of direct-acting antivirals in Vietnam could jeopardise widespread access to treatment.

INTRODUCTION
Treatment of hepatitis C was recently revolutionised with the development of direct-acting antivirals (DAAs). Cure rate over 90%
can be achieved with shortened treatment duration (8–12 weeks) for almost all individuals with hepatitis C. This progress opens a new era in which virtually all infected individuals can be cured if they are widely screened and have access to therapy. Hepatitis C elimination has been incorporated in the 2030 agenda of the WHO, which has set up ambitious targets as reducing new hepatitis C virus (HCV) infections by 80%, the number of HCV-related deaths by 65%, increasing hepatitis C diagnoses from 20% to 90% and eligible people receiving HCV treatment from <5% to 80%.

However, more than 80% of the hepatitis C burden worldwide is in low-income and middle-income countries (LMIC), where access to diagnosis and treatment is limited. Furthermore, people who inject drugs (PWID) are a major population affected by HCV with an estimated prevalence of approximately 60%–80%. WHO’s objectives will not be achieved without implementing simplified and cost-effective strategies targeting key populations, in particular PWID in LMIC. While high coverage of medication-assisted treatment (MAT) and needle/syringe exchange programmes alone cannot markedly reduce HCV transmission to low levels (unlike for HIV), new DAAs achieving high cure rate have such a potential impact.

In Vietnam, around 1 million individuals are infected with HCV, and genotypes 1 and 6 represent almost 95% of hepatitis C infections. For the last few years, the strong mobilisation of civil society has been crucial to recognising hepatitis C as a major public health issue, and to advocating for access to treatment. Although diagnosis, treatment, including DAAs since 2018, and monitoring costs are covered partially by the national social health insurance, the remaining cost is still too high for the most vulnerable patients, including PWID. In addition, limited access to HCV genotyping represents a major obstacle for scaling-up HCV treatment.

HCV prevalence ranges from 46% to 87% among PWID in Vietnam. In 2008, local authorities piloted a new strategy policy for PWID based on access to MAT, universal antiretroviral treatment (ART) for HIV-infected PWID and a network of community-based organisations (CBO) to deliver harm reduction and distribute free syringes. Unlike HIV prevalence that has been reduced to 30% among PWID, the HCV epidemic is still very dynamic. In the DRIVE-IN (DRug use and Infections in Vietnam - Initial phase) study (NCT02573948) conducted in 2014–2015 among PWID in Hai Phong, HCV seroprevalence was 66%, 91% of HIV-infected participants were coinfected with HCV and HCV incidence was 18.8/100 person-years (95% CI: 11.2 to 29.8).

**Drive program in Hai Phong**

The city of Hai Phong, with about 9000 PWID out of a population of 2 million inhabitants, has a past HIV epidemic driven by heroin injection. HIV prevalence among PWID there peaked at 60% in 2006. Our research group has been working in the field of drug use and HIV/
Secondary objectives include: to assess all steps of the hepatitis C cascade of care; to assess the occurrence of adverse events and drug-related side effects; to evaluate adherence to HCV treatment; to determine factors associated with treatment failure; to estimate the reinfection rate at the end of the study; to identify risk factors for HCV reinfection and to project the impact and cost effectiveness of the implemented HCV treatment intervention.

Outcome measures
The primary endpoint is the proportion of all patients in success of the model of care, defined by HCV RNA <10 IU/mL at the end of the study (week 48 visit).

What will be considered as failures: (1) detectable HCV RNA at “sustained virological response at post-treatment week 12” (SVR12) visit or at the end of study visit (HCV RNA ≥10 IU/mL), (2) missing HCV RNA result at the end of study visit, (3) HCV treatment not initiated within 1 year of HCV screening, (4) permanent discontinuation of DAAs, (5) death and (6) discontinuation of the study due to loss to FU or transfer out.

Secondary endpoints include the following:
- Evaluation of the HCV cascade of care, among all those with hepatitis C infection.
- Reinfection rate defined by HCV RNA ≥10 IU/mL at the end of the study among cured participants (HCV RNA <10 IU/mL at the SVR12 visit).
- Mortality rate among all participants.
- Frequency, type and time to grade 3 or 4, adverse clinical or biological events.
- Frequency, type and time to drug-related clinical or biological adverse reactions of grade 3 or 4 leading to treatment interruption.
- Adherence assessed by self-questionnaire on DAA drug intake and drug accountability for DAAs.
- Factors associated with HCV treatment failure or HCV reinfection.
- Effect of the HCV treatment intervention on HCV infections and disability-adjusted life years (DALYs) averted, quality-adjusted life years (QALYs) saved, HCV incidence and prevalence as projected by the model under various scenarios.
- Incremental cost-effectiveness ratio (ICER).

Study design
Because the aim of this research is to demonstrate how known effective treatment can be used in the Vietnamese context, we will conduct an effectiveness-implementation hybrid study type 1. In addition, a modelling exercise to assess the impact of the intervention at the population level and a cost-effectiveness analysis to further inform policy-makers are included in the study.

The strategy of the model includes:
- Mass detection of hepatitis C infection among PWID, through a large community-based RDS survey.
- Community-based support to improve referral to specific care for those identified with hepatitis C infection.

- HCV care delivery integrated within the existing health system, with a simplified treatment protocol based on a combination of DAAs and considering PWID factors, such as frequent HIV co-infection and methadone treatment.
- Optimised treatment adherence through a combination of healthcare therapeutic education and CBO support.
- Increase in harm reduction activities to encompass HCV transmission risk and to prevent HCV reinfection.

Patients will be followed for 48 weeks after initiating HCV treatment.

Study population
Participants enrolled are PWID who (1) either participated in the DRIVE RDS3 survey or have been enrolled in the DRIVE HIV-positive or HIV-negative cohort and performed an FU visit after RDS3, (2) have a hepatitis C infection defined by a positive HCV RNA at the time of screening and (3) sign the informed consent form.

All DRIVE participants were enrolled through RDS surveys and were active PWID, defined by a positive urine test result for heroin and recent injection marks, at the time of enrolment in DRIVE. At the time of enrolment in DRIVE-C, some of them may no longer inject drugs.

Non-inclusion criteria include: severe associated diseases requiring specific treatment; any condition which might compromise the safety of the patient by participating in the study; previous history of DAA use; contraindication to sofosbuvir or daclatasvir; for women of childbearing potential: pregnancy, breastfeeding or refusal to use a contraceptive method; renal failure with creatinine clearance ≤30 mL/min; being deprived of freedom by a judicial or administrative decision; planning to move out of Hai Phong in the next 12 months and being unable to understand the study.

Study schedule
The total duration of the study will be 3 years, including 6 months of preparation, 1 year for enrolling and starting HCV treatment for all participants, 1 year of FU for each participant, and 6 months of data analysis.

Study settings
Hepatitis C screening takes place in two DRIVE study sites run by CBO. Enrolment into DRIVE-C and FU are conducted in hepatitis clinics integrated within the departments of infectious and tropical diseases of three geographically distributed hospitals throughout the city (Viet Tiep Hospital, Kien An Hospital and Thuy Nguyen Hospital), representing both district and provincial level care settings.

Implementation
 Screening
During DRIVE RDS surveys and cohort FU visits, participants are tested for HCV antibodies using rapid diagnostic test (SD Bioline) at the study community sites.
the time of DRIVE RDS3 survey or a DRIVE cohort FU visit, participants (1) known to have an HCV seropositive result from a previous DRIVE visit or (2) newly screened HCV seropositive at that visit are informed of the nested research programme on hepatitis C infection (DRIVE-C). On participant’s agreement, a blood sample is sent to a centralised laboratory, where the diagnosis of chronic hepatitis C is done using the GeneXpert System (Xpert HCV Viral Load test from Cepheid). Result is provided within 10 days.

Participants with hepatitis C infection proven by positive HCV RNA (≥10 IU/mL) are proposed to enrol in DRIVE-C. If interested, they will be contacted by CBO members to schedule an appointment at one of the three hepatitis clinics.

Enrolment and FU
At the pre-inclusion visit, the physician checks that the participant fulfils the inclusion criteria and does not meet any of the non-inclusion criteria, then proceeds to the informed consent process. After consent obtention, clinical, laboratory and imaging assessments are performed. Liver assessment is based on the calculation of aspartate transaminase (AST) to Platelet Ratio Index score, abdominal ultrasound and fasted liver stiffness measurement with Fibroscan (Echosens). ART initiation and/or hepatitis B virus (HBV) treatment initiation are prescribed first when necessary. For those who are not already receiving methadone maintenance treatment (MMT), MMT initiation is strongly recommended.

The patient is successfully enrolled if all criteria are confirmed at the inclusion visit, planned as far as possible not later than 2 weeks after the pre-inclusion visit. After DAA initiation at inclusion visit, participants will undergo seven FU visits until the end of study (table 1 and figure 1). They shall include clinical examination, biological testing, drug dispensation, therapeutic education, assessment of adherence, referral to appropriate care in case of an ongoing adverse event, HCV-related counselling session focusing on reinitiation after the end of treatment, administration of questionnaires and blood collection for sample repository.

End of treatment visit is performed 12 weeks or 24 weeks after treatment initiation according to its duration. SVR12 visit and end of study visit are performed 12 weeks after the end of treatment and 48 weeks after treatment initiation, respectively, and include both HCV RNA testing and HCV genotyping in case of detectable HCV RNA.

In the interval between two scheduled visits, patients have access to medical personnel whenever they become ill.

Drugs
In accordance with WHO and Vietnamese guidelines, the standard HCV treatment in DRIVE-C is sofosbuvir 400 mg/day and daclatasvir 60 mg/day for 12 weeks. The choice of DAA regimen was based on our willingness to have a pan-genotypic regimen and to use drugs already registered in Vietnam, to allow quick scale up of the model if effective, while taking into account the potential interactions with ART for co-infected patients.

For HIV-infected patients receiving efavirenz or nevirapine, daclatasvir dose is increased to 90 mg/day. In case of cirrhosis, ribavirin is added to sofosbuvir/daclatasvir during the 12 weeks of treatment. Cirrhosis is defined by a Fibroscan value >12.5 kPa. In case of ribavirin contraindication or side effects leading to ribavirin discontinuation, sofosbuvir/daclatasvir combination is prescribed for 24 weeks. Sofosbuvir and daclatasvir are purchased from Hetero Drugs, a generic manufacturer granted by Gilead and BMS companies. Drugs are prescribed by study doctors and delivered by hospital pharmacists.

Patients receiving ART and/or MMT will start HCV treatment at least 3 months of ART and 2 weeks of MMT. All participants are tested for hepatitis B surface antigen (HBsAg) and hepatitis B surface antibody (HBsAb) at preinclusion visit. Participants with positive HBsAg already treated initiate HCV treatment without delay. Participants with positive HBsAg not yet treated will be first treated for HBV. An appointment for HCV treatment initiation is provided within 1 month after HBV treatment initiation. Participants with negative HBsAg and HBsAb at preinclusion visit and who experience an elevation of ALT >5 times upper normal limit during HCV treatment FU will be retested for HBsAg and, if negative, tested for hepatitis B core antibody (HBcAb). In case of HBsAg or HBcAb positive, HBV DNA is measured to detect possible HBV flare-ups or reactivation as recommended by the WHO. Tenofovir will be introduced in case of detectable HBV DNA. HBV immunisation is recommended to participants with negative HBsAg and negative HBsAb.

Role of peer educators
Seven CBO, coordinated by the Vietnamese non-governmental organisation Supporting Community Development Initiatives, are involved in DRIVE-C. CBO members both intervene (1) in the three hepatitis clinics, where they provide counselling and conduct questionnaires, and (2) in the field where each CBO member is assigned participants to follow and support on a regular basis to overcome potential obstacles regarding: access to MMT and/or ART, adherence to HCV treatment, administrative tasks and access to harm reduction materials. They are also in charge of counselling and tracing participants for missed study visits.

Data collection and data management
The data collected are recorded in an electronic case report form (CRF), using the Ennov Clinical software accredited by the US Food and Drug Administration (FDA). They include: sociodemographic information, medical history, clinical evaluation, laboratory test and imaging results, drug uptake, adverse events, social events,
Table 1  Schedule of study visits and assessments (for patients treated for 12 weeks).

<table>
<thead>
<tr>
<th>Study procedures</th>
<th>Visit 1</th>
<th>Visit 2</th>
<th>Visit 3</th>
<th>Visit 4</th>
<th>Visit 5</th>
<th>Visit 6</th>
<th>Visit 7</th>
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<td>Quality of life—EQ-5D-5L</td>
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<td>Sexual, drug use and other behaviours</td>
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<td>Physical examination, including assessment of adverse events</td>
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<tr>
<th>Study procedures</th>
<th>Screening</th>
<th>Pre-inclusion</th>
<th>Inclusion/treatment initiation</th>
<th>Week 2 Treatment FU</th>
<th>Week 4 Treatment FU</th>
<th>Week 8 Treatment FU</th>
<th>Week 12 End of treatment</th>
<th>Week 24 Treatment evaluation (SVR12)</th>
<th>Week 36 FU</th>
<th>Week 48 End of the study</th>
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<td>Fasting FibroScan</td>
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Table 1 Continued
including incarceration, alcohol use: Alcohol Use Disorder Identification Test, quality of life: EQ-5D (Euro-Qol-5D), sexual, drug use and other behaviours self-reported by participants and focusing on HCV infection or reinfection risks.

Verification of the completeness and consistency of the data is performed according to a specific data validation plan. Data management is performed both at the international coordinating trial unit (CTU) level (Pathogenesis and Control of Chronic Infections, UMR 1058–INSERM, Univ Montpellier, EFS, Montpellier, France) and at the local CTU level when feasible (Faculty of Public Health, Haiphong University of Medicine and Pharmacy, Hai Phong, Vietnam). Centralised queries are sent by the international CTU to the local CTU and by the local CTU to study clinical sites under the terms of the verification defined in the data validation plan.

Safety reporting

All biological and clinical adverse events (AE) are reported in a specific CRF AE form, and all serious adverse events are notified to the sponsor, who is responsible for the assessment of their causality in relation to the study drugs, concomitant medication and the research.

Sample size

Power calculation for the model of care assessment

DRIVE RDS3 survey aims to enrol 1500 participants. According to DRIVE first and second rounds of RDS data, we expect the number of participants at each step as described in figure 2. These numbers will provide us with a precise estimation of outcomes. The proportion of PWID with HCV chronic infection who are cured is expected to be 90%×90%×90%=73%. The enrolment of about 900 PWID with HCV chronic infection will allow estimating the expected cure rate of 73% with a precision of ±2.9%. With a lower cure rate of 50%, we would have a similar precision of ±3.3%.

According to DRIVE RDS2 and FU data, an estimated 567 cohort participants, not having attended the RDS3 will be screened for hepatitis at cohort FU visits. A total of 1050 patients will be included in the study. This number of patients will allow us to explore the treatment-response heterogeneity, partly through subgroup analyses based on key characteristics, such as HIV co-infection, liver fibrosis stage or genotypes. Finally, enrolling all HCV-infected individuals identified in one mass screening round (RDS) as a unit will allow the mathematical model to estimate to what extent the repetition of RDS could tackle HCV transmission in Hai Phong.

Power calculation for the reinfection rate

Among the 650+295=945 patients cured (SVR12), we estimate that 90% (850) will be assessed for reinfection at week 48. Based on these assumptions and setting the alpha risk to 5%, we will be able to estimate an expected reinfection rate of 3% with a precision of ±1.3%, or an expected reinfection rate of 5% with a precision of ±1.6%.
Open access

Analysis strategies
For the intention to treat analysis, the model of HCV care will be analysed separately for the DRIVE RDS3 and for cohort FU visits participants. The latter will reflect the ability to treat and cure all the HCV-infected patients who are already in HIV and addiction care. For each analysis, all participants will be included in the analysis, whatever their FU (including patients who died, were lost to FU, or withdrew from the study). For the on-treatment analysis, we will consider only patients who started HCV treatment.

Statistical methods
A detailed plan of analysis will be elaborated and validated by the Scientific Advisory Board (SAB) before the end of enrolment.

The proportion of patients who have met the primary outcome (ie, plasma HCV RNA below 10 IU/mL at week 48) will be calculated with its 95% CI. The primary outcome will be compared with a theoretical value of 70% (rounded from 73%) using a classic one-sided test based on an approximation by the normal distribution. This value represents the expected rate of patients with chronic HCV infection who will be cured. The primary outcome will then be calculated in subgroups, such as gender or type of drug use.

All secondary outcomes will be described with their 95% CI. We will then investigate the treatment-response heterogeneity, whereby some PWID may adhere or respond differently to the treatment because of measurable characteristics. For this purpose, we will use a logistic regression model to identify the factors associated with failure to cure, as well as subgroup analyses (including gender and HIV infection) to assess the cure rate variations across the population characteristics.

The approaches to deal with missing data will be described in the detailed plan of analysis. In brief, the primary and secondary outcomes will be evaluated according to a complete case analysis. In order to assess the factors associated with outcomes failures, we will use a multiple imputation approach to replace missing data when they represent more than 1% of all data for a given variable.

Modelling and cost-effectiveness analysis
Mathematical modelling, developed by a team from Department of Population Health Sciences at the University of Bristol, the United Kingdom, will be used to estimate the impact and cost effectiveness of scaling up the HCV care model, compared with the baseline level of prevention and treatment. The model will be adapted from an existing open dynamic, deterministic model.

Figure 1 Patient visit schedule flowchart. HCV, hepatitis C virus; FU, follow-up; RDS, respondent-driven sampling; W0, week 0; SVR12, sustained virological response at post-treatment week 12.

Figure 2 Study pre-enrolment diagram. HCV, hepatitis C virus; RDS3, third respondent-driven sampling.
of HCV transmission, progression and HCV treatment among PWID and ex-PWID communities.\textsuperscript{18} \textsuperscript{23} \textsuperscript{24} The model will be fit within a Bayesian framework to epidemiological, behavioural and intervention related data from the DRIVE and DRIVE-C study. Crucially, the model will be able to account for the ‘prevention benefit’ of treatment as well as reduction in HCV-related morbidity. The impact modelling will consider if the intervention could reduce HCV transmission to low levels (90% reduction in HCV incidence and mortality) among PWID in the next 5–15 years, as set out by the recent WHO elimination targets.\textsuperscript{3} Expenditure data will be collected from the DRIVE-C intervention with direct and indirect costs allocated to activities, such as diagnosis, baseline assessment, treatment initiation and FU visits. Staff costs will be assigned to activities based on average length of visits using time sheets completed by patient-facing personnel. Unit costs for laboratory tests and medicines will be taken from invoices or price lists where relevant. The cost per patient will be calculated using resource use data from the study for each patient tested or treated for HCV. Quality of life data (EQ-5D-5L)\textsuperscript{22} will be collected as part of the study to estimate changes in utility due to treatment. The cost-effectiveness analysis will estimate the mean ICER in terms of cost per QALY saved, which will be compared against standard thresholds for interventions being cost effective in LMIC.\textsuperscript{23} \textsuperscript{25} \textsuperscript{26}

**DISCUSSION**

Although DAA drugs allow achieving very high rates of HCV cure among patients (at the individual level), we still do not know how to integrate DAA in the health system in LMIC, and whether HCV elimination can be achieved at the population level among high-risk groups, such as PWID. Our research could demonstrate that an integrated model of care, including a simplified treatment protocol accounting for comorbidities (addiction and HIV), and important support from CBO for linkage to care after screening, DAA adherence and prevention of reinfection after cure could lead to high rate of HCV cure among PWID screened with chronic hepatitis C. The modelling and cost-effectiveness analyses will show to what extent this model of care, if scaled up through repeated RDS, could lead rapidly to HCV elimination and is worth the initial investment. The reinfection rate issue will not be fully addressed in this project because of the limited FU after SVR12. However, recent information suggest that this rate is the highest shortly after cure and then decreases with time. The DRIVE-C results, first research on assessing the efficacy of a model of HCV care among PWID in Vietnam, will inform decision-makers and will support replication and adaptation of the intervention to other contexts.

**Ethics and dissemination**

**Study approval**

The protocol was approved by Haiphong University of Medicine and Pharmacy’s Ethics Review Board and the Vietnamese Ministry of Health.

**Consenting participant**

Potential participants are informed by the investigator verbally and via the information sheet of the objectives, duration, potential risks and benefits of the study, of any discomfort it may entail, and that they are free, without justification, to withdraw at any time. The investigator ensures the participant understanding and adequate answers to all his/her questions before the signature of the consent form (online supplemental file 1). The study is free of charge for participants who receive financial compensation only for the transportation costs.

**Confidentiality**

All data recorded in the framework of this study, including subject medical information, are strictly confidential and coded, using a unique study subject identification code. Access to participant data is restricted to investigators and appropriate study staff. Published results will not contain any personal identifying data. In case of consent withdrawal, no new information will further be collected and recorded in the database. The data collected prior to the withdrawal will be used for the analysis, unless the participant expresses the will that his/her data be removed from the database.

**Care of peer educators**

All CBO members involved in the DRIVE-C study and their partners are proposed to be tested for HCV. When
diagnosed with a chronic hepatitis C, they receive therapeutic education and free HCV treatment.

**Dissemination plan**

Final results are expected by mid-2021. Relevant results will be shared with participants, investigators and national authorities, disseminated through peer-review international journals and presented at national and international conferences, as well as community-based events organised in Vietnam.

**Trial status**

PWID eligible for DRIVE-C were identified from October 2018 to May 2019, and enrolment in the study started in November 2018. Among 1201 eligible participants, 1022 were referred to hepatitis clinics. HCV treatment initiation and FU are ongoing.

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**Contributors**

KPM and DL: coordinating investigators of DRIVE-C. KPM, DL, NN, DDJ, J-FM, LM, PV, HF, LW, ML, OKTH and HTD: study conception, planning and design. KPM, DL, NN, J-FM, LM, PV, HF, OKTH, VH, RV, QC and DR: protocol preparation. QC, BNT, TNIT and HTT: study management. DR and CO: drafting of the manuscript. PV, DDJ, DF, J-FM and DL: editing the manuscript. All authors significantly contributed to the manuscript and approved the final version of the manuscript.

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### REFERENCES


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