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► **To cite this version:**

Jeremy Signe, Boris Jung, Stephanie Nougaret, Fouad Belafia, Fabrizio Panaro, et al.. Pneumonia in Immunocompromised Patients: More than Meets the Eye. American Journal of Respiratory and Critical Care Medicine, American Thoracic Society, 2012, 186, 10.1164/rccm.201201-0161IM . hal-02550734

HAL Id: hal-02550734

<https://hal.umontpellier.fr/hal-02550734>

Submitted on 22 Apr 2020

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Pneumonia in Immunocompromised Patients More than Meets the Eye

Jeremy Signe¹, Boris Jung¹, Stephanie Nougaret², Fouad Belafia¹, Fabrizio Panaro³, Michael Bismuth⁴, and Samir Jaber¹

¹Intensive Care Unit, Saint Eloi Department of Critical Care and Anesthesiology, ²Department of Abdominal Imaging, ³Department of General and Liver Transplant Surgery, and ⁴Department of Hepato-Gastroenterology B, CHU de Montpellier, Hôpital Saint Eloi, Montpellier, France

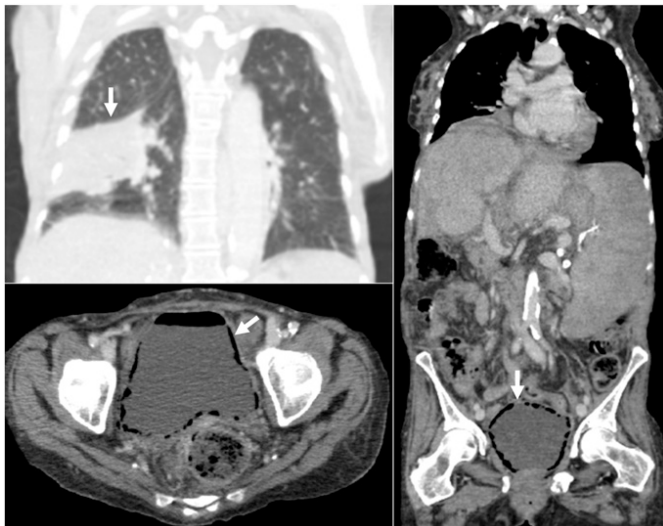


Figure 1. (Top left panel) Coronal contrast-enhanced computed tomography (CT) reveals a large alveolar condensation area in the right inferior lobe (arrow). (Bottom left panel) Axial and (right panel) coronal contrast-enhanced CT show “beaded necklace appearance” of the bladder mucosal surface in keeping with multiple diffuse cystic collections of gas within the bladder wall (arrows). This finding reflects the irregular thickening produced by submucosal blebs as seen at direct cystoscopy.

A 63-year-old patient was admitted to the ICU for severe sepsis and rapid onset of shortness of breath. She had had a liver transplant 6 years before and upon ICU admission presented with end-stage cirrhosis due to a sclerosing cholangitis relapse and type 1 diabetes mellitus. Examination led to the diagnosis of community-acquired pneumonia. *Streptococcus pneumoniae* urine antigen was found to be positive. In our department, a thoracoabdominal computed tomography (CT) scan facing sepsis in immunocompromised patients is always suggested to rule out an infection needing urgent source control. CT confirmed a right bilobar pneumonia, but incidentally showed a distended bladder with circumferential rosary-shaped pneumatosis within the wall and an intravesical hydroaeric level. The diagnosis of emphysematous cystitis was confirmed with urine culture showing 10^7 colony-forming units/ml amoxicillin-resistant *Escherichia coli*. Blood cultures found no bacteremia. Emphysematous cystitis is a rare condition most often encountered in elderly diabetic women (1) and favored by immunodeficiency.

Late infections are a serious threat to patients who have undergone transplant, since they are implied in up to 9% of post-liver transplant deaths, with a global incidence of 0.4 per 1,000 transplant-days (2). Urinary tract infections account for nearly 37% of late infections in solid organ transplant recipients, whereas pneumonia accounts for 11%. Treatment combining urinary catheterization, broad spectrum systemic antibiotic therapy, norepinephrine for septic shock, and strict glycemic control was immediately started. The patient ultimately recovered without surgery. Subsequent CT scans showed normalized bladder images. Thus, making the right diagnosis when treating an infection is critical in immunocompromised patients.

References

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Author Contributions: Drafting the manuscript for important intellectual content, J.S., B.J., F.B., S.J.; imaging, S.N.; primary care physicians, M.B., F.P.