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Implementation of a combo videolaryngoscope for intubation in critically ill patients: a before–after comparative study

Take-home message: A quality-improvement process for airway management in ICU implementing systematic use of a mixed videolaryngoscope decreased the incidence of difficult intubation and/or difficult laryngoscopy.

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Abstract *Purpose:* Airway management in intensive care unit (ICU) patients is challenging. The main objective of this study was to compare the incidence of difficult laryngoscopy and/or difficult intubation between a combo videolaryngoscope and the standard Macintosh laryngoscope in critically ill patients. *Methods:* In the context of the implementation of a quality-improvement process for airway management, we performed a prospective interventional monocenter before–after study which evaluated a new combo videolaryngoscope. The primary outcome was the incidence of difficult laryngoscopy (defined by Cormack grade 3–4) and/or difficult intubation (more than two attempts). The secondary outcomes were the severe life-threatening complications related to intubation in ICU and the rate of difficult intubation in cases of predicted difficult intubation

evaluated by a specific score (MA-COCHA score ≥ 3). *Results:* Two hundred and ten non-selected consecutive intubation procedures were included, 140 in the standard laryngoscope group and 70 in the combo videolaryngoscope group. The incidence of difficult laryngoscopy and/or difficult intubation was 16 % in the laryngoscope group vs. 4 % in the combo videolaryngoscope group ($p = 0.01$). The severe life-threatening complications related to intubation did not differ between groups (16 vs. 14 %, $p = 0.79$). Among the 32 patients with a MA-COCHA score ≥ 3 , there were significantly more patients with difficult intubation in the standard laryngoscope group in comparison to the combo videolaryngoscope group [12/23 (57 %) vs. 0/9 (0 %), $p < 0.01$]. *Conclusions:* The systematic use of a combo videolaryngoscope in ICU was associated with a decreased incidence of difficult laryngoscopy and/or difficult intubation.

Keywords Intubation · McGrath Mac · Videolaryngoscope · Macintosh · Critical care · Complications

Introduction

Airway management in intensive care unit (ICU) patients is challenging [1]. New videolaryngoscope devices are proposed to improve airway management [2]. However, most of the studies comparing videolaryngoscope with a standard laryngoscope have been performed in operating rooms [3, 4]. The role of videolaryngoscopy is still discussed, and particularly in ICU, where there is lack of scientific evidence and worse intubation conditions than in the operating room [5]. The new combo videolaryngoscopes can be used as a direct or indirect view laryngoscope. Literature available comparing videolaryngoscopes with the Macintosh laryngoscope in ICU is poor [6–8]. We aimed to compare difficult laryngoscopy and/or difficult intubation between a new combo videolaryngoscope and the standard Macintosh laryngoscope in critically ill patients in a prospective interventional study.

The present study was conducted to test the hypothesis that the implementation of a quality-improvement process for airway management using a new combo videolaryngoscope would be associated with a decreased incidence of difficult laryngoscopy and/or difficult intubation.

Methods

Study design and population

We evaluated the implementation of a quality-improvement process for airway management using a new videolaryngoscope in a prospective before–after study performed in a single 16-bed medical-surgical ICU in a teaching hospital. All adult patients consecutively intubated in ICU were included. Exclusion criteria were pregnancy or age under 18 years old. Each intubation procedure was taken into account for analysis when a patient had been intubated twice or more. Two phases were conducted, a non-interventional phase and an interventional phase, separated by a period of training on a manikin. During both phases, the ICU intubation bundle management protocol previously implemented in our unit [9] was applied (see the electronic supplementary material). Note that in this ICU intubation bundle [9] no specific airway management algorithm was used. In the non-interventional phase, all intubations were performed according to the unit standard of care using the standard Macintosh laryngoscope for intubation procedure and were considered as the “standard laryngoscope” group (control group). Part of the data of the non-interventional phase was previously published [1]. Then 6 weeks of interphase training was conducted on two manikins with the new McGrath Mac videolaryngoscope. Finally, the “interventional phase” started, during which all

Fig. 1 Airway management algorithm. This airway management algorithm was implemented in the second part of the study, during the interventional phase. *ILMA* intubation laryngeal mask airway. Asterisk indicates that use of intubating stylets was left to the physician’s discretion for the first attempt of intubation

intubations were performed with the McGrath Mac combo videolaryngoscope and constituted the “combo videolaryngoscope” group. An airway management algorithm was implemented (Fig. 1).

Ethics and consent

Because of the observational, non-invasive design of this study, the need for written consent was waived. The local ethics committee “Comité de Protection des Personnes Sud-Méditerranée III” approved the study design (code UF: 8977, register: 2012-A00651-42). The study was registered on clinicaltrials.gov (identifier no. NCT01816217).

Data collection

We used the same methodology that we reported in previous studies [1]. Briefly, clinical parameters were prospectively assessed before, during, and after the intubation procedure.

Before intubation, the following were assessed: demographic data, body mass index, severity scores (Simplified Acute Physiologic Score II [10] at admission, Sequential Organ Failure Assessment [11] score on the day of the procedure), type of admission (medical vs. surgical), cause of admission, cause of intubation (coma was defined as a Glasgow score <8), date and hour of intubation (daytime procedure was defined as performed from 8 am to 7 pm, otherwise it was an on-call procedure), a previous intubation in the last 2 weeks, the nature and number of the operators (expert operators were anesthesiologists and intensivists with experience in intubation procedures >5 years and experience in ICU >1 year, an operator was defined as an anesthesiologist if he had a formal anesthetic training of more than 24 months) [12], fluid loading, vasopressor use, emergency characteristic of intubation (categorized as follows: real emergency = endotracheal intubation required without any delay, relative emergency = endotracheal intubation required). Before intubation, the following were recorded: preoxygenation, length of preoxygenation (<3 min, between 3 and 5 min, >5 min), method of preoxygenation [standard vs. non-invasive ventilation (NIV)], difficult mask ventilation (MV) (defined when the physician was not able to provide adequate MV owing to one or more of the following problems: inadequate mask seal, excessive gas leak, or excessive resistance to the ingress or egress of gas) [13], a specific score evaluating the predicted difficulty of intubation in ICU (MACOCHA score) [1], Mallampati score (assessed in a lying position) [14–16], previous documented difficult intubation, thyromental distance (low thyromental distance defined as <6 cm) [15], mouth opening (limited mouth opening defined as <3.5 cm) [16], neck circumference (elevated if more than 40 cm) [17], mobility of cervical spine (normal vs. reduced), head and neck pathology, documented obstructive apnea syndrome and Sellick maneuver. Heart rate, arterial pressure and saturation were registered before, during intubation, and in the 30 min after intubation. Drugs and their doses used for intubation and the difficulty of intubation according to the American Society of Anesthesiologists criteria [18] were assessed. Rapid sequence induction and Sellick maneuver were recommended for both non-interventional and interventional phases. The McGrath Mac is a combo videolaryngoscope made from a robust optical polymer and supported by an internal reinforced CameraStick; the combo videolaryngoscope single-use blade delivers a ‘steel-like’ rigidity. The intubation device was inserted, and the tip of the blade was advanced towards the vallecula. When the combo videolaryngoscope was used as a direct view laryngoscope, the patient was intubated as known from conventional laryngoscopy. When the combo videolaryngoscope was used as an indirect view laryngoscope, the position of

the device was adjusted to have the glottis in the center of the screen, and tracheal intubation was performed. The glottis view was assessed (Cormack score) [19]. The Cormack view with the combo videolaryngoscope was defined as was seen on the monitor. Intubation using videolaryngoscope was recommended excepted in cases of persistent secretions after fluid aspiration (Fig. 1). Use of intubating stylets (malleable stylets or long flexible angulated stylets) was left to the physician’s discretion for the first attempt of intubation, and recommended in cases of failure of intubation (Fig. 1). A metal blade was used with the direct laryngoscope. An intubation attempt was defined as the introduction of the endotracheal tube past the patient’s teeth or as a laryngoscopy failure without the introduction of the endotracheal tube. Finally, the mortality at day 28 after admission was evaluated.

Definition of difficult intubation, difficult laryngoscopy, and complications

Difficult intubation was defined as three or more laryngoscopic attempts [18] to place the endotracheal tube into the trachea. Difficult laryngoscopy [18, 20] was defined as Cormack grade 3 or 4. Severe life-threatening complications [9, 21] were defined as death, cardiac arrest, severe cardiovascular collapse, defined as systolic blood pressure <65 mmHg recorded at least one time and/or <90 mmHg that lasted 30 min despite 500–1,000 ml of fluid loading (crystalloids/or colloids solutions) and/or requiring introduction of vasoactive support, or severe hypoxemia (decrease in SpO₂ below 80 % during attempts), occurring during the first hour following intubation.

Mild to moderate complications [9, 21] were defined as esophageal intubation, aspiration of gastric contents (migration of stomach contents into the lung), supraventricular and/or ventricular arrhythmia (without pulseless rhythm) that required therapy, dangerous agitation (Richmond Agitation-Sedation Scale score above 3) or dental injury, occurring during the first hour following intubation.

Outcomes

The primary outcome was the incidence of difficult laryngoscopy and/or difficult intubation. The secondary outcomes were the severe life-threatening complications related to intubation in ICU, the moderate complications related to intubation in ICU, the rate of difficult intubation in cases of predicted difficult intubation (MACOCHA score ≥3), the success rate of intubation on the first attempt, the number of intubation attempts, the glottis view (Cormack grade), the difficult intubation, and the difficult laryngoscopy.

Statistical analysis

The number of subjects needed was calculated to detect at least a difference of 11 % in the primary endpoint (incidence of difficult laryngoscopy and/or difficult intubation) between combo videolaryngoscope (4 %) and standard Macintosh laryngoscope (15 %), [1] with a power of 0.8. An intermediate analysis was planned after 70 intubations with the combo videolaryngoscope to assess safety (severe life-threatening complications) and difficult intubation rate and/or difficult laryngoscopy. Taking into account this intermediate analysis, with a corrected risk α at 0.025 after Bonferroni correction, the required sample size was 140 patients in each group. Quantitative variables were expressed as means (standard deviation) or medians (interquartiles 25–75 %) and compared using the Student *t* test or the Wilcoxon test as appropriate (Gaussian or non-Gaussian variables). Qualitative variables were expressed as numbers (%) and compared using the χ^2 test or the Fisher test as appropriate. A multivariate logistic regression was performed to assess risk factors of difficult laryngoscopy and/or difficult intubation. Statistical significance was considered at $p < 0.025$ for intermediate and final analysis.

Results

We stopped the trial after the planned intermediate analysis because the difficult laryngoscopy and/or difficult intubation rate in the combo videolaryngoscope group was lower than in the standard laryngoscope group ($p < 0.01$). From 1 September 2011 to 31 March 2013, 210 intubation procedures were studied in 206 patients. All the intubation procedures were included. Four patients (2 %, three in the standard laryngoscope group and one in the combo videolaryngoscope group) were intubated twice. The flow chart of the study is shown in Fig. 2. Two patients were intubated with the standard laryngoscope because the combo videolaryngoscope was not available.

One hundred and forty intubations were performed in the non-interventional phase from 1 September 2011 to 1 September 2012 constituting the standard laryngoscope group and 70 intubations were performed in the interventional phase from 15 October 2012 to 30 March 2013 constituting the combo videolaryngoscope group.

Incidence of difficult laryngoscopy and/or difficult intubation was 16 % (23 of 140 intubation procedures) in the standard laryngoscope group and 4 % (3 of 70 intubation procedures) in the combo videolaryngoscope group ($p = 0.01$).

Both groups were comparable (Tables 1 and E1 in the electronic supplementary material). Operator status and main variables obtained before intubation, the predictive factors of difficult intubation, and the main parameters in

Fig. 2 Patient flow diagram

both groups did not differ, apart from a decreased rate of expert operators in the combo videolaryngoscope group (Table 1). The drugs used for intubation did not differ between groups, except for ketamine and suxamethonium which were used more in the combo videolaryngoscope group (Table E2 in the electronic supplementary material).

The severe life-threatening and moderate complications related to intubation did not differ between groups (Table 2). Mortality at day 28 was of 54/140 (39 %) in the standard laryngoscope group and 29/70 (41 %) in the combo videolaryngoscope group ($p = 0.69$). Mortality at day 2 was of 38/140 (27 %) in the standard laryngoscope group and was 10/70 (14 %) in the combo videolaryngoscope group ($p = 0.03$).

The median number of intubation attempts was 1 (1–2) in the standard laryngoscope group vs. 1 (1–1) in the combo videolaryngoscope group ($p = 0.09$). The number of successful intubations on the first attempt was 96 (69 %) in the standard laryngoscope group vs. 55 (79 %) in the combo videolaryngoscope group ($p = 0.13$). The median Cormack rate was 1 (1–2) in the standard laryngoscope group vs. 1 (1–1) in the combo videolaryngoscope group ($p = 0.03$). The number of difficult intubations and difficult laryngoscopies 19 (14 %) and 7 (5 %) in the standard laryngoscope group vs. 3 (4 %) and 2 (3 %) in the combo videolaryngoscope group ($p = 0.05$, $p = 0.72$). Figure 3 depicts the frequency of difficult laryngoscopy and/or difficult intubation, difficult intubation, and difficult laryngoscopy according to group.

Table 1 Characteristics of patients and operators in standard laryngoscope and combo videolaryngoscope groups

	Total (<i>n</i> = 210)	Standard laryngoscope group (<i>n</i> = 140)	Combo videolaryngoscope group (<i>n</i> = 70)	<i>p</i> value
Age, years	60 (50–69)	59 (49–69)	63 (55–70)	0.15
Male, gender	133/208 (64)	87 (63)	46 (67)	0.56
SAPS2	44 (35–58)	43 (34–60)	44 (38–49)	0.90
SOFA	7 (5–10)	7 (4–9)	7 (5–10)	0.36
Weight, kg	70 (61–85)	70 (61–84)	75 (62–89)	0.14
Height, cm	170 (164–175)	170 (160–175)	170 (165–175)	0.18
BMI, kg/m ²	25 (22–29)	25 (22–29)	25 (22–30)	0.57
Medical type of admission	137 (65)	88 (63)	49 (70)	0.31
Reason for ICU admission				
Acute respiratory failure	74 (35)	50 (36)	31 (44)	0.23
Trauma	0 (0)	0 (0)	0 (0)	1.00
Postoperative	25 (12)	14 (10)	11 (16)	0.23
Cardiac arrest	3 (1)	1 (1)	2 (3)	0.26
Neurologic	39 (19)	29 (21)	10 (14)	0.26
Shock	58 (28)	35 (25)	16 (23)	0.73
Ascitic decompensation	22 (11)	12 (9)	10 (14)	0.20
Others	34 (17)	25 (18)	9 (13)	0.35
Reason for intubation				
Acute respiratory failure	121 (58)	75 (54)	46 (66)	0.09
Shock	20 (10)	13 (9)	7 (10)	0.87
Coma	46 (22)	31 (22)	15 (21)	0.91
Cardiac arrest	4 (2)	4 (3)	0 (0)	0.30
Replace the endotracheal tube	17 (8)	10 (7)	7 (10)	0.47
Others	40 (19)	29 (21)	11 (16)	0.38
First intubation	121 (58)	80 (57)	41 (59)	0.84
Expert operator	51/202 (25)	41 (30)	10 (15)	0.02
Anesthesiologist	171 (81)	113 (81)	58 (83)	0.71
Number of operators				0.58
1	8/207	5 (4)	3 (4)	
2	153/207	104 (74)	49 (73)	
3	46/207	31 (22)	15 (21)	
Emergency characteristic of intubation				0.19
Real emergency	27 (31)	21 (15)	6 (9)	
Relative emergency	183 (55)	119 (85)	64 (91)	
Vasopressor use	45 (22)	29 (21)	16 (23)	0.72
MACOCHA score				0.91
From 0 to 2	178 (85)	117 (84)	61 (87)	
From 3 to 5	13 (6)	9 (6)	4 (6)	
From 6 to 8	15 (7)	11 (8)	4 (6)	
From 9 to 12	4 (2)	3 (2)	1 (1)	

Data are summarized as *n* (%) or median (interquartile range). One patient can have more than one reason for ICU admission or for intubation

SAPS2 Simplified Acute Physiologic Score, SOFA Sequential Organ Failure Assessment, ICU intensive care unit

Among the 32 patients with a MACOCHA score ≥ 3 [1], there were significantly more patients with difficult intubation in the standard laryngoscope group in comparison to the combo videolaryngoscope group [12/23 (57 %) vs. 0/9 (0 %), $p < 0.01$].

In the final multivariate model constructed with the 167 intubation procedures and all available data, adjusted for ketamine and suxamethonium use, the main predictors of difficult intubation, reported as odds ratio (OR) with confidence interval (CI) in parentheses, were the standard laryngoscope group [6.7 (1.25–35.7), $p = 0.03$], the Mallampati score III or IV [14.4 (4.2–49.1), $p < 0.01$], and the non-expert operator status [6.1 (1.1–33.3), $p = 0.04$].

Airway injuries were observed in none of the groups. The combo videolaryngoscope was used as a direct laryngoscope in 17 patients (24 %) and as a videolaryngoscope in 53 patients (76 %). In expert operators, the combo videolaryngoscope was used as a direct laryngoscope in 2/10 patients (20 %) vs. 15/60 (25 %) in the non experts ($p = 0.75$).

In the combo videolaryngoscope group, no other intubation device was necessary. Intubating stylets were used at first in 17/53 patients (32 %) intubated with an indirect view. In the standard laryngoscope group, intubating stylets were used at first in 15/140 (11 %) patients and added after failure of initial attempt in 7/140 patients

Table 2 Complications of intubation in standard laryngoscope and combo videolaryngoscope groups

	Total (<i>n</i> = 210)	Standard laryngoscope group (<i>n</i> = 140)	Combo videolaryngoscope group (<i>n</i> = 70)	<i>p</i> value
Severe life-threatening complications	32 (14)	22 (16)	10 (14)	0.79
Death	0 (0)	0 (0)	0 (0)	1.00
Cardiac arrest	3 (1)	3 (2)	0 (0)	0.55
Severe cardiovascular collapse	15 (7)	11 (8)	4 (6)	0.86
Severe hypoxemia	17 (7)	11 (8)	6 (9)	0.70
Mild to moderate complications	21 (10)	16 (11)	5 (7)	0.33
Esophageal intubation	12 (6)	8 (6)	4 (6)	1.00
Aspiration of gastric contents	2 (1)	2 (1)	0 (0)	0.55
Arrhythmia	4 (2)	3 (2)	1 (1)	1.00
Dental injury	0 (0)	0 (0)	0 (0)	1.00
Agitation	3 (1)	3 (2)	0 (0)	0.55

Data are summarized as *n* (%)

Fig. 3 Frequency of difficult laryngoscopy and/or difficult intubation, difficult intubation and difficult laryngoscopy according to group. Incidence of difficult laryngoscopy and/or difficult intubation was 16 % (23 of 140 intubation procedures) in the standard laryngoscope group and 4 % (3 of 70 intubation procedures) in the

combo videolaryngoscope group ($p = 0.01$). The number of difficult intubations and difficult laryngoscopies was respectively 19 (14 %) and 7 (5 %) in the standard laryngoscope group vs. 3 (4 %) and 2 (3 %) in the combo videolaryngoscope group ($p = 0.05$, $p = 0.72$)

(5 %). Two fiberoscopies and two rescue emergency tracheotomies were used.

Discussion

This is the first study in critically ill patients to assess the implementation of a quality-improvement process for airway management using a new combo videolaryngoscope, which can be used as a direct or indirect view laryngoscope. Anticipating difficult intubation is a challenging issue in ICU; difficult intubation is very frequent (up to 23 % [22]) and associated with severe life-threatening complications [1, 9, 21, 23].

This study shows that the systematic use of a combo videolaryngoscope for intubation significantly reduces the

incidence of difficult laryngoscopy and/or difficult intubation (Fig. 3). In multivariate analysis, being in the standard laryngoscope group was an independent risk factor of difficult laryngoscopy and/or difficult intubation, as were Mallampati score III or IV and non-expert operator status. Those results are concordant with previous studies [1, 12].

Moreover, in the subgroup of patients with difficult intubation predicted by the MACOCHA score [1], incidence of difficult intubation was much higher in the standard laryngoscope group (47 %) than in the combo videolaryngoscope group (0 %). The use of the combo videolaryngoscope could be of even more interest in this subgroup of patients with predictive criteria of difficult intubation. Indeed, the criteria predicting difficult intubation in ICU with standard laryngoscope seem poorly adapted to the videolaryngoscope. The main challenge

with the videolaryngoscope is more to enter the tube into the trachea than visualizing the glottis. It is sometimes hard to advance the tube into the trachea because the tube has to pass a sharp angle to enter the larynx. An intubating stylet could help in this case and was used in 32 % of patients intubated in the indirect view. The decreased incidence of difficult laryngoscopy in the combo videolaryngoscope group was not significant possibly because of a lack of power given the low incidence of difficult laryngoscopy in the standard laryngoscope group (4 %).

The rates of severe life-threatening and moderate complications were comparable to those in our previous study [9], after implementation of a bundle with the aim to reduce these complications. This study of two other series of patients confirms that the bundle works and that it is difficult to further reduce complications of intubation, even with a new intubation device, as also noticed in a study by Lakticova et al. [8]. The low rate of complications compared to other studies [1, 23] could be explained by the strong experience of our center. Indeed, we have worked on this topic for more than 10 years [1, 9, 21, 24].

Systematic use of combo videolaryngoscope in ICU could be discussed given the lower rate of difficult laryngoscopy and/or difficult intubation (Fig. 2), without airway injury in any of the groups. These airway injuries are dreaded with devices that provide only an indirect laryngoscopic view [25, 26]. The combo videolaryngoscope offers the advantage of possibly being used as a direct laryngoscope and to be used without any rigidifying tool responsible for the airway trauma. The airway management algorithm (Fig. 1) recommends using the combo videolaryngoscope as an indirect laryngoscope, except in case of abundant secretions. This explains why it could be useful to have such a polyvalent device in the ICU setting. In the present study, the operators chose most of the time to use it as an indirect laryngoscope, as advised by the airway management algorithm. The main explanation is that especially in ICU, the physicians feel safer further away from the mouth of the patient and their secretions. Other videolaryngoscopes [6, 7, 27] could be at least as efficient as the McGrath Mac in the difficult airway setting in ICU.

Several limitations should be underlined before applying our results to clinical practice. First, this is a quality-improvement process with a before–after design, monocenter, observational, and unblinded study. We did not randomize the patients which weakens the conclusions that we can draw. However, there was a control group, the data were prospectively recorded, and both groups were comparable (Table 1). Nevertheless, quality-improvement studies are susceptible to changes in rates of endpoints over time, independent of the measures taken [28]: the combo videolaryngoscope is probably not the only explanation for the good results of the study, because quality-improvement studies induce general trends toward improved patient management [29, 30]. Moreover, airway

management algorithms also demonstrated their efficiency in previous studies [31]. The intubation bundle could explain the good results of the study. However, the intubation bundle was already implemented in the first part of the study [9]. Second, the team was trained during 6 weeks before starting the second part of the study, and these results were obtained in a single ICU highly experienced in intubation [1, 9, 21, 24]. The results may not be so favorable if the combo videolaryngoscope was used for the first time in an inexperienced center. However, the operators were less expert in the videolaryngoscope part of the study (15 % of expert operators) in comparison with the standard laryngoscope part of the study (30 % of expert operators). In spite of the decreased percentage of expert operators, the airway management was improved with the combo videolaryngoscope. It should be pointed out that every intubation procedure was supervised by a senior physician. Thus, an increased proportion of laryngoscopies by junior operators in the intervention group might be due to an increase in team confidence in laryngoscopy with the combo videolaryngoscope. This is consistent with the primary endpoint. Fourth, the use of ketamine and suxamethonium was higher in the combo videolaryngoscope group. However, when adjusted for ketamine and suxamethonium use, the combo videolaryngoscope remained a protective factor of difficult laryngoscopy and/or difficult intubation. Finally, after the primary endpoint was reached, we stopped the study prematurely. Indeed, this intermediate analysis was planned in the protocol and we thought the combo videolaryngoscope use in ICU should be generalized in our hospital because of the positive results. The decrease of complications was not significant at this intermediate analysis; however, complications related to intubation were secondary endpoints and the study was not powered to highlight a difference in complication rates between standard laryngoscope and combo videolaryngoscope groups.

In conclusion, a quality-improvement process with systematic use of a combo videolaryngoscope in ICU was associated with a decrease in the incidence of difficult intubation or/and difficult laryngoscopy. In addition, predicted difficult intubations were dramatically decreased by using the combo videolaryngoscope. Further randomized controlled studies are required to confirm these results, assess if reducing the incidence of difficult laryngoscopy and/or difficult intubation could reduce the complications related to intubation, and to determine the role of videolaryngoscopes in ICU.

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