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Systemic Delivery of siRNA Down Regulates Brain Prion Protein and Ameliorates Neuropathology in Prion Disorder

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Abstract

One of the main challenges for neurodegenerative disorders that are principally incurable is the development of new therapeutic strategies, which raises important medical, scientific and societal issues. Creutzfeldt-Jakob diseases are rare neurodegenerative fatal disorders which today remain incurable. The objective of this study was to evaluate the efficacy of the down-regulation of the prion protein (PrP) expression using siRNA delivered by, a water-in-oil microemulsion, as a therapeutic candidate in a preclinical study. After 12 days rectal mucosa administration of Aonys/PrP-siRNA in mice, we observed a decrease of about 28% of the brain PrP C level. The effect of Aonys/PrP-siRNA was then evaluated on prion infected mice. Several mice presented a delay in the incubation and survival time compared to the control groups and a significant impact was observed on astrocyte reaction and neuronal survival in the PrP-siRNA treated groups. These results suggest that a new therapeutic scheme based an innovative delivery system of PrP-siRNA can be envisioned in prion disorders.


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† These authors contributed equally to this work.

Introduction

The development of new therapeutic strategies for neurodegenerative disorders is a major medical, scientific and societal issue. Among human pathologies, Creutzfeldt-Jakob diseases are rare neurodegenerative fatal disorders which today remain incurable [1]. They belong to prion diseases also called transmissible spongiform encephalopathies (TSE). TSE are characterized by neurodegeneration, rapid neuronal cell death, vacuolisation and gliosis [1,2]. They affect both humans and animals and have a long incubation time before an insidious progression of the disease. The evolution towards dementia is rapidly fatal. The exact nature of the infectious agent responsible for these diseases remains source of debate and is the subject of many studies. It appears to be associated with PrPSc, which accumulates in the brain of the host [3]. This protein corresponds to an abnormal isoform, resulting from the post-translational change of the host-encoded PrPC protein. PrPC presents specific characteristics such as the formation of aggregates and a high resistance to hydrolysis by proteases [3]. Many investigations on TSE have been performed using fully characterized preclinical models of infected mice, well suited for the validation of new therapeutic approaches. Many studies performed in the last twenty years have demonstrated the requirement for endogenous PrP expression in the development of a TSE [4], suggesting that inhibiting PrP expression could constitute a good strategy to interfere with prion propagation. Indeed, transgenic mice in which the Prnp gene has been knocked-out do not propagate prion infection and do not develop a TSE following inoculation with scrapie prions [4,5]. In addition, conditional knockout of Prp in neurons, approximately 8 weeks after intraperitoneal (i.p.) prion infection, not only prevents disease but also reverses early spongiform changes [6]. Recently, extinguishing the expression of the prion protein Prnp gene using posttranslational gene silencing mediated by RNA interference (RNAi) was shown to be promising in the search for prion disorder treatments. RNAi is a mechanism
that inhibits gene expression by hindering the transcription of specific genes in a wide variety of eukaryotic organisms [7,8]. Lentiviral vector-mediated PrP shRNA (Short Hairpin RNA), was able to significantly reduce neuronal PrPSc expression. By removing the substrate for conversion into PrPSc, they were able to suppress PrPSc accumulation in the treated cells resulting in a strong increase in the incubation time, a rescue of neuronal damage in the treated area and a strong improvement of some cognitive functions [9–13].

Promising therapeutic approaches aiming to block the production of PrPSc based on PrP RNA interference without genetic manipulation constitutes therefore a real challenge. Currently, in the search for drug delivery vectors, Medesis Pharma has developed a water-in-oil microemulsion technology called Aonys. This technology allows the intracellular delivery of water-soluble active pharmaceutical ingredients (API) including siRNAs, peptides and inorganic metal salts [14] in all tissues of the organism. The delivery steps involve: i) absorption of the API containing formulation through mucosa and combination with apolipoproteins, most likely pre β-HDL [15,16]; ii) secretion into the lymphatic system; iii) systemic circulation of API protected into VHD/L/HDL; iv) tissue distribution including blood brain barrier crossing and cellular uptake via SR-B1 receptor-mediated transport [17]. The main advantages of Aonys over standard drug formulations are: i) protection of API during distribution phase, ii) enhanced cellular delivery, iii) non-invasive route of administration. While the use of invasive routes of administration (intravenous, sub-cutaneous…) is undesirable in chronic diseases where treatments can last months or years, Aonys offers a non-invasive per mucosal (rectal, buccal) delivery route for biomolecules.

In this context, the general objective of this study was to evaluate the efficacy of PrP-siRNA delivered by Aonys. After 12 day rectal mucosa administration of PrP-siRNA in wild-type mice, we observed a decrease of about 18% in PrP mRNA levels while brain PrPSc was also decreased by 28%. The effect of PrP-siRNA was then similarly evaluated on ME7 murine prion infected mice. Several mice presented a delay in the incubation time and improvements in survival compared to the control groups, but there was no global statistical significant difference. However, positive impacts on the astrocyte reaction and neuronal survival were observed in the PrP-siRNA treated groups.

### Results

#### Effect of Aonys/PrP-siRNA on Prnp Expression in Naive Mice

We first tested the capacity of Aonys/PrP-siRNA to inhibit PrnP expression in the brain of naive wild-type mice. Two doses of PrPSc siRNA were compared: 300 (n = 10) and 600 μg (n = 10) siRNA/ kg. Control animals were treated with Aonys vehicle (n = 10) or with Aonys/scrambled-siRNA (n = 10). Animals were treated for 12 days [8 administrations, see table 1] via rectal mucosal administration. On day 13 the mice were sacrificed, brains were collected and PrP mRNA expression levels were assessed by both western-blot,ELISA, and RT-Q-PCR.

PrP levels evaluated by western-blot were lower in the groups treated with Aonys/PrP-siRNA (Figure 1A). ELISA confirmed these results which were most important with the highest dose level of PrP-siRNA (Figure 1B,C) for which a significant 20% decrease (p = 0.01 vs scramble) was observed. These results were correlated with a 17.6% decreased level of PrP mRNA determined by RT-Q-PCR in independent additional experiments (Figure 1D).

#### Effect of Aonys/PrP-siRNA on Prion Infected Mice

Our second objective was to evaluate the efficacy of PrP-siRNA delivered by Aonys, on such disease parameters as incubation/survival time, astrocitosis, neuronal survival, and vacuolisation. For this purpose, we used C57BL/6J mice intracerebrally inoculated at day 1 with ME7 prion infected brain homogenates (20 μL of 1% brain homogenate). Treatment was initiated at day 90, and continued until the death of animals.

#### Impact on Incubation Period and Survival Time

Each animal was observed at least once per day for mortality and morbidity before treatment and throughout the treatment period. The appearance of a list of clinical signs was checked and recorded to allow the determination of the incubation period that corresponds to the presence of at least three clinical signs. Even though we observed a slight increase of the incubation and survival time for the siRNA groups (PrP-siRNA and scrambled-siRNA), no significant difference was observed either for the incubation period (Figure 2A) or the survival time (Figure 2B, C). However, the spread of incubation time and survival time was larger in the siRNA treated group (166–217 days for PrP-siRNA, 169–193 days for scrambled-siRNA) compared to the vehicle treated group (174–179 days) (Figure 2C).

#### Effect on PrPSc Accumulation

The prion infection of the mice was confirmed by detecting PrPSc accumulation by western blot analysis of proteinase K digested brain homogenates. There was some variability between the different samples with a slight decrease for both the scrambled and PrP-siRNA treated mice (Figure 3A) but no statistically significant difference was observed (Figure 3B).

The representation of individual levels of PrPSc and survival time (Figure 3C) did not reveal a correlation between them. This could be explained by the fact that all brains have been collected at the terminal stage of the disease were PrPSc is known to plateau.

#### Effect on Vacuolization, Astrocitosis and Neuronal Count

Half of each brain was collected for histological and immunohistochemical analysis on paraffin embedded 5 μm thickness sections. PrPSc immunostaining was performed using SAF84 antibody (Figure 4A). We observed typical PrPSc immunostaining patterns in each brain analysed: diffuse, pontiform or amyloid deposits. Hematoxyline & Eosine staining was performed to detect vacuolar lesions (Figure 4B). Vacuole number (nb/mm²) and surface (μm²/mm²) were determined in the hippocampus. When compared to the vehicle control group, vacuole number and surface were significantly lower in the two siRNA treated groups (Figure 5A,B). The level of vaculization was lower in the PrP-siRNA treated group compared to the scrambled siRNA treated group but without any statistical significance. Representation of individual number of vacuoles and survival times, while showing clusters of siRNA-treated and vehicle groups, did not indicate any correlation between vacuolization and survival time (Figure 5C).

Immunohistochemical analysis of the GFAP astrocyte marker was performed to assess whether this particular hallmark of the disease was modified during the treatment (Figure 4C). We evaluated both number (nb/mm²) and surface (μm²/mm²) of astrocytes in the hippocampus. Significant differences (Figures 5D, E) were obtained between the PrP-siRNA treated group and the two control groups (vehicle and scrambled-siRNA). Immunohistochemical analysis of the NeuN neuronal marker was also performed to assess whether neuronal survival in a cortex area was improved (Figure 4D). Significant differences (Figures 5G,H)
Figure 1. In vivo PrPC expression in AONYS/siRNA-treated mice. Panel A. Brain homogenates of mice treated for 12 days (see Table 1) with two doses of PrPC siRNA (Aonys/siPrP 300 (L) and 600 μg/kg), the vehicle only and scrambled-siRNA, were analysed for PrPC accumulation by Western blot. The C+ lane corresponds to a brain homogenate of untreated mice. A decrease of PrPC was apparent in siPrP treated mice. However there was a relative variability in detection in relation with the low linearity of the western blot. Panel B. Samples in A were analysed using ELISA for quantitation of PrPC. Graphic results of normalized PrPC were presented as medians and interquartile ranges. Statistical analysis (Kruskal-Wallis test) was used to evaluate the significance of the difference between the groups. The siPrP group (600 μg/kg) presents a significant reduction of PrPC levels. Panels C and D. Additional experiments were carried out (10 mice/groups) in which mice were treated or not with Aonys/PrPC siRNA at 600 μg/kg. Panel C. PrPC ELISA. Panel D. RT-Q-PCR quantitation (light Cycler) of PrP and GAPDH in Graphic results were presented as medians and interquartile ranges. Statistical analysis (Kruskal-Wallis test) was used to evaluate the significance of the difference between the groups. The siPrP group presents a significant reduction of both PrPC protein and RNA levels.

doi:10.1371/journal.pone.0088797.g001

Table 1. Chronology of the in vivo phase.

<table>
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<th>Days</th>
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doi:10.1371/journal.pone.0088797.t001
were also obtained between the PrP-siRNA treated group and the vehicle group. Even though there were more neurons in the cortex area from mice treated with PrP-siRNA compared to mice treated with the scrambled-siRNA, the difference was not significant. Despite clustering between groups, no correlation was observed between astrocyte, vacuole or neuron counts and survival times (Figures 5C,F,I).

Cytokines Production

In order to assess whether some immune reaction was promoted by the use of RNA interference, pro-inflammatory cytokine levels were determined in the blood of several animals by a protein array technique (see table 2). Statistical analysis of the group PrP-siRNA and scrambled-siRNA revealed no significant difference for the different probes (Figure 6). However at the individual level, some mice of the scrambled-siRNA treated group exhibited a high level of TNF-alpha, Eotaxin, IFN-gamma, IL6 and MCP-1 suggesting a high inflammatory status in these animals which was not correlated with the survival time (data not shown).

Discussion

For many years, PrP\(^{Sc}\) or PrP\(^{Sc}\) entities have been the target of several anti-prion therapeutic strategies. Identification of many compounds in prion cell culture models failed to promote pathological amelioration in prion animal models [18]. Recently, gene therapy using dominant negative PrP mutant or PrP-shRNA [11,19] as well as a cell therapy approach developed by our laboratory [20,21] have lead to an increase of the incubation period and a decrease in astrocytosis and vacuolization parameters. We therefore proposed to test a new therapeutic scheme using this new drug delivery technology named Aonys to deliver PrP-siRNA, first in wild type mice and then in prion infected mice. Aonys comprises exclusively pharmacoepia and GRAS listed ingredients. It has been shown to be safe in pre-clinical and phase 1 clinical studies, and represents an alternative to intravenous or subcutaneous administration of biopharmaceuticals, enabling non-invasive permucosal (rectal or buccal) delivery of biomolecules. In our paradigm, the rectal route was selected because buccal permucosal administration, the intended route of administration in the clinic, is difficult in mouse, requiring animal anesthesia.

In our experimental conditions, the delivery of PrP-siRNA during 12 days promoted a decrease of 28% of PrPC in brain which represents a slightly better decrease compared to what had been previously observed by Pulford et al. [22] using Liposome-PrP-siRNA-Peptide Complexes. This result also confirmed that the daily mucosa rectal delivery of Aonys/PrP-siRNA was not only well tolerated but was also able to cross the blood brain barrier as has been previously shown in paralleled experiments carried out for pharmacokinetics, tissue distribution and pharmacodynamics with different API including lithium, siRNAs and peptides ([14] and unpublished data). Indeed, the API, irrespective of its nature, reaches a maximum concentration in the blood approximately 3 hours after administration, and crosses the blood brain barrier as revealed by direct analysis in brain tissue. The dose range tested in this first experiment was very limited (300 mg and 600 mg). The reason for this lies in the fact that the dose of 600 mg is the maximum that can be used in order to remain in the domain of stable, isotropic liquid, translucid microemulsion (as determined from the phase diagram), a mandatory condition for efficient permucosal delivery. We also did not test lower doses of siRNA (i.e. 100 µg) because we know from other studies that this low concentration do not result in a significant delivery following our route of administration. The results obtained with wild-type mice prompted us to test the efficacy of Aonys/PrP-siRNA in a preclinical model of prion disorder. The disease is characterised by vacuolization and neuronal loss, typically with a bilateral,
symmetrical distribution as well as astrocyte proliferation and prion protein accumulation. We decided to begin the treatment at 90 days post-infection. This is considered as a late treatment in which the clinical cognitive defect is mimicked. When survival and incubation time were considered, we observed no difference between the groups. However the spread of incubation and survival time was higher in the siRNA-treated groups (166–217 days for PrP-siRNA, 169–193 days for scrambled-siRNA) compared to the vehicle-treated group (174–179 days). This is likely due to low and variable brain distribution of siRNA after permucosal administration (JC Maurel, personal communication).

It is also important to note that in the PrP-siRNA-treated groups some mice died a long time after those of control group. This corresponds for these mice to an improvement of the survival of 15.6 to 21.2%. The brain levels of PrPSc assessed by western blot in the PrP-siRNA-treated mice were slightly lower than those of control mice but this difference was not significant. The fact that mice were sacrificed when they exhibited a range of clinical signs likely accounts for this observation. The anatomopathologic examination of all brains revealed statistically significant results for the number and the surface of vacuoles in the PrP and scrambled siRNA-treated brains compared to the vehicle treated.

Figure 3. Impact of siRNA on brain PrPSc content. Western blot analysis of PrPSc in mouse brain lysates (Panel A.). Only representative samples of the mouse population are presented here. The classical ME7 PrPSc bands were present at various intensity levels. The Ctr+ lane corresponds to a brain homogenate of ME7 scrapie mice loaded as a standard in every blot. Quantitation of the signal (Panel B.) normalized in each blot with respect to the Ctr+ sample showed no significant difference between groups. (Panel C.) Individual PrPSc levels and survival times. doi: 10.1371/journal.pone.0088797.g003
brains. NeuN immunohistochemical analysis showed a better neuronal survival in mice treated with the PrP-siRNA compared to both control without reaching the statistical significance between PrP-siRNA and scrambled-siRNA groups. This result is consistent with those observed by Mallucci et al. [10,11] showing down regulation of PrP expression using lentiviral expression vectors carrying PrP-shRNA. In this study, the lentivector carrying PrPshRNA was able to reduce PrP expression in mouse brains in the vicinity of the injection site, to rescue neuronal damages mainly in the area treated and to reverse the pathological phenotype in prion infected mice. Finally, we also observed an impact of PrP-siRNA on the glial reaction induced by prion infection. This effect was shown to be relevant since it was significant when compared to the scrambled-siRNA and the vehicle control groups.

The absence of statistical difference between PrP- and scrambled-siRNA treated groups for PrPSc, vacuolization or the number of neurons, may be explained by an unspecified siRNA effect. Whether these observations result from a non-related response to siRNA molecules, whatever their sequence, or from a non-specific response due to the elevated proinflammatory state is unknown. Indeed, some animals of the scrambled-siRNA treated group exhibited high levels of inflammatory cytokines, notably IFN. Improvement of the delivery strategy used here might be envisaged, notably on the time window of the treatment. Indeed, Mallucci et al. [10] and current research in progress in our group and collaborators [19,21] have shown there is a “reversibility” window in which it is possible to rescue neuronal damages and clinical phenotypes. We have probably treated our mice too late during the course of the disease. Although the current results regarding the non-invasive treatment of mice with Aonys/siRNA delivery system are preliminary, they are encouraging since they show not only a decrease of PrPSc expression in the brain following a permucosal rectal route of administration but also an improvement of some neuropathological phenotype in our preclinical prion model.

Materials and Methods

Animal Model

Our study was approved by the “Comité régional Languedoc-Roussillon d’éthique en matière d’expérimentation animale” (UFR de Pharmacie, Avenue Charles Flahault 34060 Montpellier, France) under number CEEA-LR-1019. Mice were housed in an A3 facility according to the European Community Directive 86/609/EEC. C57Bl/6j female mice (from Charles Rivers laboratory) were anesthetized via intraperitoneal route with 100 µg/g of ketamine (Imalgène, Merial) and 5 µg/g of xylazine (Rompun, Baier). They were then intracranially inoculated with the ME7 prion strain (1%, 20 µl). Infected mice were observed every day for the appearance of prion related clinical signs. At this point, clinical signs were checked every day, and mice were finally sacrificed for ethical reasons when the progression of the disease was life threatening.
Preparation of Aonys/siRNA Lipid Vector

PrP-siRNA (IBA GmbH, 5’ GUACCGCUACCUAACCAATT 3’/3’ TTAUUGCCAUUGGAUUGGUU5’) and scrambled-siRNA (5’ GACCCCAACUCCGAUAUCATT 3’/3’ TTCUGGGGUUGAGGCUAUAGU5’) were dissolved in nuclease-free water (Qiagen) and stored at −20°C until use. The lipid mixture Aonys was prepared extemporaneously by weighing the lipid constituents. At a well-defined ratio, the Aonys/siRNA monophasic microemulsion forms rapidly by short vortex mixing of the lipid mixture with the siRNA solution.

Treatment Delivery

The dosage forms were administered by rectal route using a micropipette and adapted conical tips. The possible rejection was documented and the quantity administered to each animal was adjusted according to body weight. A constant dosage-volume of 1 ml/kg was used. Animals were allocated in different groups (n = 12 per group) on day 90 and received 5 administrations/week, no administration during the weekend) of Aonys/siRNA by rectal mucosal deposit.

Blood and Tissue Sampling

On month 5, blood of some animals (10 animals of each group) was collected by retro-orbital bleed using capillaries. Tubes were immediately centrifuged and the supernatant (plasma) was harvested and stored at −20°C until analyses. Brains were removed and cut into 2 parts: half of tissue was fixed in PFA4% for histological and immuno-histochemical analyses and the other half was frozen at −80°C for biochemical analysis.

Histological and Immunohistological Analysis

Brains were manually embedded in paraffin. Brain sections of 5 μm were then produced using a Microm microtome and collected on Strafrost glasses (Microm, France). Tissues were dewaxed using Clearify solution (American Master Tech Scientific).

**Figure 5. Histological and Immunohistochemical data analysis.** Panels A,B. Quantitation of vacuolar lesions after Hematoxylin & Eosin staining (figure 4) revealed that siRNA have a slight impact. Panels D,E. Quantitation of astrocyte based on the GFAP immunostaining (figure 4) revealed significant differences between the Aonys/PrP-siRNA treated group and the two control groups (vehicle and scrambled-siRNA). Panels G,H. Quantitation of neurons based on the neuronal marker NeuN (figure 4) revealed statistical differences between mice treated with PrP-siRNA and vehicle. doi:10.1371/journal.pone.0088797.g005
Figure 6. Cytokines analysis. Graphic representation plotted as medians and interquartile ranges of selected blood cytokine levels in the three mice groups (see table 2 for full data). Note that outliers characterized by very high cytokine levels were present in the siRNA groups only. doi:10.1371/journal.pone.0088797.g006

Table 2. Cytokine results.

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doi:10.1371/journal.pone.0088797.t002
ic, Inc) and then rehydrated with decreasing degrees of ethanol washes. For histological studies, samples were stained with Hematoxylin (Gill’s formula H-3401, Vector laboratories) for 3 minutes at room temperature, washed with water, and treated with acid ethanol. Samples were then washed with water and incubated with Eosin 2% during 3 minutes at room temperature and finally washed again. Slides were scanned using the Nanozoomer Slide Scanner, Hamamatsu, platform MRI, INM Montpellier. Vacuole numbers and surface areas were determined (nb/mm² and surface μm²/mm²) using ImageJ software.

**GFAP and NeuN immunohistochemistry.** Sections were pretreated with proteinase K (Roche, PK 20 μg/ml) for 10 minutes at 37°C for GFAP immunostaining or with EDTA buffer (1 mM) during 20 minutes in micro-wave for NeuN immunostaining. They were then washed with water and immersed in hydrogen peroxide 0.5% for 20 minutes at room temperature. After a saturation step (PBS-0.1%BSA-0.1% Triton X-100) for 1 hour, sections were incubated overnight at 4°C with anti-GFAP (Dako) or NeuN primary antibody (1:100 in PBS-0.1%BSA-0.1% Triton X-100). The secondary antibodies used were a biotinylated goat anti-rabbit antibody (Amersham) or a biotinylated goat anti-mouse antibody (vectors) (1:1000 in PBS-0.1%BSA-0.1%Triton X-100). The avidin-peroxidase complex (Vectastain Elite kit, Vector laboratories) was added and then revealed with 3,3’-diaminobenzidine (DAB) (Vector laboratories), according to the manufacturer’s instructions.

**PrPSc immunohistochemistry.** PrPSc was analysed by immunohistochemistry using the Saβ84 (0.5 μg/ml) anti-PrP antibody [21]. SAF84 monoclonal antibody recognising the human 161–170 PrP sequence was kindly provided by Dr J. Grassi (CEA/SAI, Saclay, France). For PrPSc immunostaining, epitope retrieval consists in a treatment with formic acid (10°C, 10 minutes) followed by an autoclaving treatments (121°C, 10 minutes). The secondary antibody used was a biotinylated goat anti-mouse antibody (Amersham, France) (1:1000 in PBS-0.1%triton X-100). The avidin-peroxidase complex (Vectastain Elite kit, Vector laboratories, Clinisciences) was then added and then revealed with 3,3’-diaminobenzidine (DAB).

**Western Blot Analysis**

After tissues homogenization and extraction, western blot were performed as previously reported [21], using SA3F2 anti-PrP antibody for PrPSc and a mixture of SAF60, SAF69 and SAF70 after proteinase K digestion (200 μg/Pk/100 mg of tissue) for PrPSc.

**References**


