

### 2018 Annual Report of the European Liver Transplant Registry (ELTR) - 50-year evolution of liver transplantation

René Adam, Vincent Karam, Valérie Cailliez, John O Grady, Darius Mirza, Daniel Cherqui, Jurgen Klempnauer, Mauro Salizzoni, Johann Pratschke, Neville Jamieson, et al.

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### ANNUAL REPORT

# 2018 Annual Report of the European Liver Transplant Registry (ELTR) – 50-year evolution of liver transplantation

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### **SUMMARY**

The purpose of this registry study was to provide an overview of trends and results of liver transplantation (LT) in Europe from 1968 to 2016. These data on LT were collected prospectively from 169 centers from 32 countries, in the European Liver Transplant Registry (ELTR) beginning in 1968. This overview provides epidemiological data, as well as information on evolution of techniques, and outcomes in LT in Europe over more than five decades; something that cannot be obtained from only a single center experience.

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### **Key words**

liver transplantation, outcome, registry

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The order of the co-authors from 2 to 40 was determined according to the decreasing number of liver transplants recorded in the ELTR.

The list with all the centers is available at the following link: http://www.eltr.org/spip.php?page=centers-tous

#### Adam et al.

- 18 Department of Surgery, Medical University of Vienna, Vienna, Austria
- 19 Sahlgrenska University Hospital, Gothenborg, Sweden
- 20 Royal Free Hospital, London, UK
- 21 Universitatsklinikum Heidelberg, Heidelberg, Germany
- 22 Medical University of Warsaw Banacha, Warsaw, Poland
- 23 Hospital 12 De Octubre, Madrid, Spain
- 24 Ospedale Cisanello, Pisa, Italy
- 25 Huddinge Hospital, Huddinge, Sweden
- 26 University Hospital, Innsbruck, Austria
- 27 University of Edinburgh Royal Infirmary, Edinburgh, UK
- 28 Hospital Universitari De Bellvitge, Barcelona, Spain
- 29 Papa Giovanni 23 Hospital, Bergamo, Italy
- 30 University Medical Center Groningen, Groningen, The Netherlands
- 31 Inonu Universitesi, Malatya, Turkey
- 32 Hôpital Henri Mondor, Créteil, France
- 33 Universitaire Ziekenhuizen Leuven, Leuven, Belgium
- 34 Rikshospitalet, Oslo, Norway
- 35 Transplant Center, Institute for Clinical and Experimental Medicine (IKEM), Prague, Czech Republic
- 36 Hopital Saint Eloi, Montpellier, France
- 37 Hospital De Cruces, Baracaldo Vizcaya, Spain
- 38 Ospedale Niguarda Ca Granda, Milano, Italy
- 39 Hospital Universitario Reina Sofia, Cordoba, Spain
- 40 Chirurgische Klinik und Poliklinik, Klinikum rechts der Isar, Munich, Germany

#### Introduction

### Background of the European Liver Transplant Registry

Created in 1986, the ELTR has collected the data of liver transplantation (LT) from 175 centers all over Europe since 1968. The registered data represents more than 95% of the overall European data compared with the published official figures [1].

### Questionnaire

The ELTR questionnaire includes data on indications for LT, donors and recipients characteristics, technical aspects of LT (with reduced, split, domino, live and nonheart beating donors), initial and current regimen of immunosuppression, patient outcomes, and cause of death or graft failure. The ELTR has developed an online application (Electronic Data Capture – EDC) for collecting data. A Web-based module was developed to allow for real-time data capture. Software, questionnaires, validation routines, and statistics are located on a central server, which can be accessed by the participating centers with a standard internet browser [2].

To avoid an overlap in case of multiple diagnoses, the ELTR has two variables to report the diagnosis (Disease1 & Disease2) and an open field for specification in case a diagnosis is not available in the official pull-down menu, or in case there are more than two combined diagnoses. A standard procedure was stated accordingly for the data entry and their analysis in each condition.

### Quality control of the data

The data-entry process is dynamically controlled. The data are subjected to routine checks for completeness, consistency, and range. Comprehensive logical intraand inter-updates are performed. In addition, a control of the good adequacy between ELTR questionnaire and patient charts is performed by randomly conducted audit visits to the centers. The ELTR audit visits have been continuously conducted since 1998 with, initially 10 randomly selected centers per year up to the year 1999, and five centers per year since 2000. Two auditors perform the visit with the condition that both are not from the visited country. Ten percent of center's files, with a minimum of 20 and a maximum of 50, are analyzed to check data for completeness and consistency. The audit visits serve also to train staff members, and to introduce amendments in the procedure. It is also the opportunity to meet

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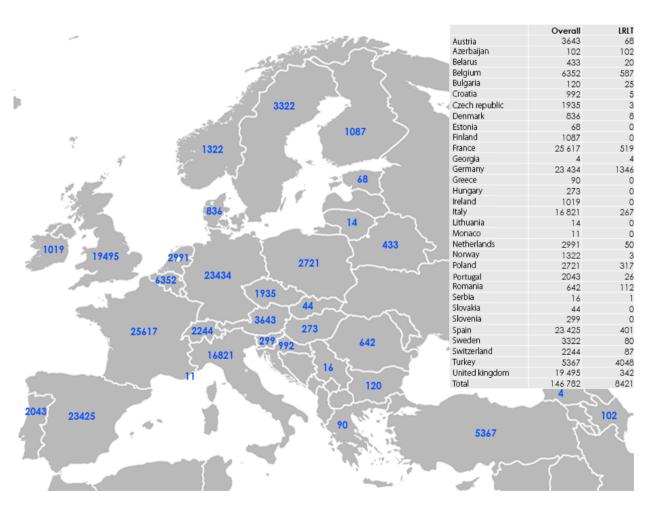
with the staff of centers, something that is valuable for creating a team spirit. The ELTR is considered as the pioneer of external audit visits of a scientific registry. The audit report is sent confidentially to the head of the center with all the discrepancies noted, and the recommendations necessary to improve the data entry included. The results of all center audits are presented during the ELTR biennial workshops, where all the contributing centers are invited. A recent analysis of the ELTR audit data (38 centers from 16 countries, 57 575 variables from 1458 patient files, from 2010 to 2016) showed that the overall rates of completeness and consistency were 94.5% and 97.3% respectively. Audit visits are an indicator of the quality of data, and represent one of the pillars of the ELTR. These results have indicated that ELTR data are reliable, and the scientific results of ELTR can be considered credible and representative of LT in Europe [3–6].

### Partnership with organ sharing organizations (OSOs)

The ELTR has established agreements with the main national and international OSOs: United Kingdom Transplant Service Support Authority – UK NHS Blood and Transplant, Spanish Organizacion Nacional de Trasplantes – ONT, Scandinavian Scandiatransplant – SKT, Dutch Transplant Foundation – NTS, Eurotransplant Foundation – ET, French Agence de la Biomédecine – ABM to exchange data collected from European Centers and to cross check common data between OSO and ELTR.

### Source of the data

There are two sources of ELTR data; 72% of data (63% of centers) are shared with the OSOs and 28% of data (37% of centers) are directly entered into the ELTR EDC platform. Some variables were added to the



**Figure 1** Number of LTs performed in each country, overall and living related liver transplantation (LRLT)(May 1968–December 2016).

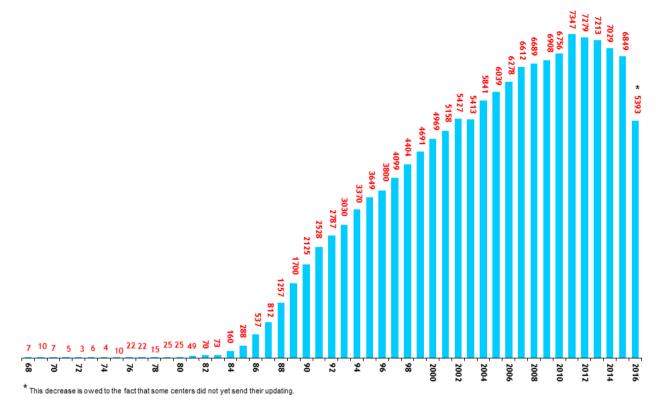


Figure 2 Evolution of 147 161 LTs performed in Europe since May 1968.

questionnaire, and some definitions have changed since the registry was created in 1986. To adapt the ELTR to these evolutions, an experts committee was appointed to oversee the standardization of the questionnaire. The European Liver and Intestine Transplant Association (ELITA) board and the OSOs share this concern and are also attentive to all the evolutions.

### Previous ELTR achievements

The ELTR regularly carries out thematic studies related to the different fields of LT. These studies minimize the potential biases, by assessing interactions between confounding factors and identification of independent predictors among all the ELTR variables that can have an impact on the outcome. A sample of these studies is cited in the references of the manuscript. With reports concerning LT for specific hepatic diseases [7–24], analysis of the impact of the type of preservation solution [25], and of the immunosuppressive regimen on the patient outcome [26], ELTR has helped develop risk models for mortality following liver-transplantation [27,28]. Owing to the large cohort of patients, the exhaustiveness, and quality of the data, and the long

follow-up provided by the ELTR, the results are really representative of LT in Europe.

The objective of this paper is to report these results and their evolution in adults as well as in pediatric recipients.

### **Patients and methods**

The whole data since 1968 was considered initially to show the evolution of results of LT in Europe since its initial development. The rest of analysis was then undertaken considering two different periods: (i) January 1988 to December 2016 (147 161 LT – 127 851 patients) [January 1988 was chosen corresponding to the introduction and widespread use of cyclosporine-based immunosuppression, and standardization of the surgical procedure], (ii) the last 15-year period data from January 2002 to December 2016 (99 562 LT – 91 183 patients) to give a more recent evaluation of LT results in Europe.

Data were generally analyzed as a whole (except for some variables), without making a distinction between adult and pediatric population, the latter representing 10% of LT in Europe.

**Table 1.** Primary indication of LT in Europe and the corresponding graft and patient survival rate.

Table 1. Continued.

	From 1988 to 2016	to 2016									Last 15 years	ars							
Indication of LT	N pati ents	% of the disease	% of the Total	Survival rate	~	1 year, %	5 years, %	10 years, %	15 years, %	20 years, %	N pati ents	% of the disease	% of the Total	Survival	~	1 year, %	5 years, %	10 years, %	15 years, %
Fulminant or subfulminant or subacute henatitis	11 625		ത								7638		∞						
Viral	1551	13	-	Graft	1535	70	09	53	45	36	1054	14	-	Graft	1046	73	63	57	46
Virus B	1047	6	_	Graft	1036	27.	62	57	7 6 1	4 4 4	169	6	-	Graft	682	75	67	64	51
Drug-related	1523	13	_	Patient Graft	1424	9 8 1	60 6	50	245	34	1058	14	-	Patient Graft	- 686 686	73	65	52	50
Paracetamol	748	9	-	Patient Graft	1420 676	69	965	50	52 45	32	535	7	-	Patient Graft	988 481	75	70 64 70	23 2	43
Other drugs	775	7	<b>—</b>	Patient Graft	748	4 8 6	61	864	¥ 4 5	35.	523	7	<b>—</b>	Patient Graft	508	72	/0 65 70	56	56
Toxic (nondrug)	386	m	0.3	Patient Graft Patient	382	7 9 6	2 60	0 1 0 0 1 0	S 4 F	24 29 74 74	316	4	0.3	Graft Patient	313	0 4 9 0 4 9	59 59 79	- 49 - 64	- 4 - 6 - 6
Unknown or others	5595	48	4	Graft Patient	5497	66	29	53	47 55	4 8 4 48 8 9	3461	45	4	Graft Patient	3386	77	63	57 29	46 55
Cholestatic disease	13 241		10	Graft Patient	12 917	82	73	62 71	50	38	8439		<u></u>	Graft Patient	8242	84 90	74	63 73	52 62
Secondary biliary	926	7	-	Graft	955	72	62	54	47	39	693	∞	-	Graft	679	73	62	54	49
Primary biliary	5865	44	2	Graft	5698	83.7	76	66	5 4 5	0 4 4	3050	36	m	Graft	2971	98	0 7 0	0 8 7	000
cnolangitis Primary sclerosing	5786	4	7	Graft	5682	83 8	717	28 -	45	31	4248	20	2	Graft	4172	85.0	73	59	46
cnolangitis Other cholestatic disease: specify	614	72	0.5	ratient Graft Patient	585 582 577	8 8 8	87 48	- 89 78 78	09 28 69	50 50 64	448	15	0.5	Patient Graft Patient	4160 420 416	9	82 71 80	77	62 71
Congenital biliary disease	6397		2	Graft Patient	6248	88	77	73	89	63	4274		2	Graft Patient	4180	85 91	88	77	68
Caroli disease	258	4	0.2	Graft	257	80	74	99	57	52	207	2	0.2	Graft	206	82	74	62 78	α /
Extrahepatic biliary	5232	82	4	Graft	5107	82 88	2 7 5	24 8	20.0	64 87	3403	80	4	Graft	3326	86	8 8 8	0 00 00	4 2 8 9 9 9
Congenital biliary	194	m	0.2	Graft	192	0 8 8	77	67	63	61	138	m	0.2	Graft	136	883	0 × ×	966	66
Choledocal cyst	41	-	0.03	Graft	14 4	87 8 8	8 8 8	54	36	3	21	0.5	0.02	Graft	212	95 62 62	63	42 62	0
Alagille syndrome	338	2	0.3	Graft	335	8 8 8	5 F 8	47 0	69	69	261	9	0.3	Graft	258	85	8 2 2	79	75
Other congenital biliary disease: specify	334	22	0.3	Graft	316	8 8 8	75	78	68	44 62	244	9	0.3	Graft Patient	233	0 8 8 0 8 0	75 83	70 82	21
Cirrhosis	64 166		20	Graft Patient	63 140 63 062	84	67	55 59	43	32 36	45 566		20	Graft Patient	44 806 44 758	82 85	68 72	55 59	42
Alcoholic cirrhosis	24 380	38	19	Graft Patient	24 030	82	70 74	55	41	29	18 135	40	20	Graft Patient	17 849	83	71 75	55	40
Autoimmune	2929	2	2	Graft	2850	81	17.	09	8 1	. W 5	2027	4	2	Graft	1978	) M 0	74	63	45
Virus B related cirrhosis	5822	0	ΓO	Graft Patient	2043 5746 5739	8 8 8	70 47	64 68 89	56 56 61	48 52	3826	∞	4	Graft Patient	3774 3770 3770	82 86	72 76	70 70	57 62

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	From 198	From 1988 to 2016									Last 15 years	ars							
Indication of LT	N pati ents	% of the disease	% of the Total	Survival rate	~	1 year, %	5 years, '	10 years, y	15 years, %	20 years, %	N pati ents	% of the disease	% of the Total	Survival rate	>	1 year, %	5 years, %	10 years, %	15 years, %
Virus C related	15 187	24	12	Graft	15 062	77	909	47	37		10 495	23	12	Graft	10 396	78	59	46	36
Virus BD related	1939	М	2	Graft	1899	0 6 6	2 8 9	79	74 4	67	1431	m	2	Graft Pationt	1403	- 68	8 8 4 4 0	79	75
Virus BC related	829	_	<b>—</b>	Graft	819 819	78 28	8 4 5	54 4	24 24	31.	559	_	_	Graft Patient	552	088	66 71	3 4 6	34 0 0 0
Virus BCD related	174	0.3	0.1	Graft	170	8 8 6	28 0	62	4 4 4	747	134	0.3	0.1	Graft	130	0 00 00 0 00 00	78 2	8 6 8	) )
Virus related cirrhosis-Other viruses:	1994	m	7	Graft Patient	1780	8 8 3	68 89	54 6 7 7 7 9 7 9 7 9 9 9 9 9 9 9 9 9 9 9 9	40 40	27	1353	m	<b>-</b>	Graft Patient	1208	988	71	52	39
Specify Combined virus C and alcoholic	1996	т	7	Graft Patient	1980	82	69	50	36	24	1531	m	2	Graft Patient	1515	88	99	51 56	38
Combined virus B and alcoholic	489	-	0.4	Graft Patient	485 484	87	74	64	53	53	382	-	9.0	Graft Patient	379 379	88	77	68	
Posthe patitic	77	0.1	0.1	Graft	77	78	63	46	33		44	0.1	0.05	Graft	4 5	84	65	2	
Other cirrhosis:	2732	4	2	Graft	2728	77	64	55 55 50	47 47	38	1841	4	2	Graft Pationt	1837	78 4	66	55	45
specily Cryptogenic (unknown) cirrhosis	5618	6	4	Graft Patient	5514 5507 5507	78	63 72	56 61	50 50	34 37	3808	œ	4	Graft Patient	3741 3737	8 8 8	69 73	57 61	4 4 5 4 7 4 4 5 4 4 5 4 7 4 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9
Primary liver tumors	21 135		17	Graft Patient	20 976	81	60	47	36	28	17 329		19	Graft Patient	17 206	83	64	49	37
Hepatocellular carcinoma	18 349	87	14	Graft Patient	18 225 18 220	82	99	48 51	36	31	15 617	06	17	Graft Patient	15 510 15 506	84	65	53	38 40
Hepatocellular carcinoma and	734	m	<b>—</b>	Graft Patient	726 726	72	49	34	24 27	18	425	7	0.5	Graft Patient	423	81	61	44 84	24
Hepatocellular carcinoma –	51	0.2	0.04	Graft Patient	51	76	38	33	27 36	27	56	0.2	0.03	Graft Patient	26 26	8 8 22	45		
Biliary tract	395	2	0.3	Graft	394	65	34	26	16	13	245	<b>-</b>	0.3	Graft	244	67	35	25	
Hepatic cholangiocellular	530	m	4.0	Graft Patient	526 526 526	99	33	23	19	14 12	306	2	0.3	Graft Patient	306	73	4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	32	17
Hepatoblastoma	377	2	0.3	Graft	372	83	75	71	70	61	330	2	0.4	Graft	325	84	77	73	73
Epithelioid hemangioendothelioma	216	-	0.2	Graft	213	85	27 27	67	61	28 0	161	<b>—</b>	0.2	Graft Patient	158 158	85 91	73	65 71	60
Angiosarcoma	17	0.1	0.01	Graft	177	3 22			5		m	0.02	0.003	Graft	m m	67			
Other liver malignancies: specify	466	2	0.4	Graft Patient	452	70	46	44	33	28	216	<b>—</b>	0.2	Graft Patient	211	82	62	57	
Secondary liver tumors	639		0.5	Graft Patient	636 636	75 80	48 52	32 34	24 26	19 21	395		0.4	Graft Patient	393 393	79 85	57 61	44 46	33
Carcinoid	341	53	0.3	Graft Patient	339 339	78	52 55	34 36	24 27	19 22	185	47	0.2	Graft Patient	183 183	83	64 67	51 54	38

Table 1. Continued.

	From 1988 to 2016	to 2016									Last 15 years	ears							
Indication of LT	N pati ents	% of the disease	% of the Total	Survival rate	2	1 year, %	5 years, %	10 years, %	15 years, %	20 years, %	N pati ents	% of the disease	% of the Total	Survival rate	2	1 year, %	5 years, %	10 years, %	15 years, %
Other neuroendocrine	188	29	0.1	Graft	188	74	51	40	34		140	35	0.2	Graft	140	76	56	44	36
Colorectal	73	1	0.1	Graft	72 27	73	24 2	m w	n n		23	13	0.1	Graft	<u> </u>	2 8 8 1 T R	24 6	7	ñ
Gi noncolorectal	18	m	0.01	Graft	, <del>(</del> 6	8 0 0	35	20	0 0		∞	2	0.01	Graft	, ∞ ¤	45 7 45	23	23	23
Nongastrointestinal	19	m	0.01	Graft Patient	<u>0</u> 0 0	61	50	20	2		თ	2	0.01	Graft Patient	) O O	,	57 80	3	67
Metabolic disease	7414		9	Graft Patient	7188	82	73	64	55 63	48	5336		9	Graft Patient	5166		74	63	52 60
Wilson disease	1241	17	<b>-</b>	Graft Patient	1200	83	78	71	64 76	56	904	17	-	Graft	879		79	72	65
Hemochromatosis	622	∞	0.5	Graft	610	8 7 7	63	8 1 2	36	288	399	7	0.4	Graft	390		65	47	40
Alpha-1 – Antitrypsin	717	10	_	Graft Ortion	678	83	75	99	28 0	44 44	478	6	-	Graft	457		76	000	54
Glycogen storage	145	2	0.1	Graft	142	0 8 0	- 8 6	77	0 0 0	0 0 0	118	2	0.1	Graft	115		- 8 0	69	5
disease Homozygous	36	0.5	0.03	Graft Graft	36	98 98 98	92 18 18	65	65	65	29	_	0.03	Graft Graft	29		80	<del>_</del>	
nypercriotesterorerma Tyrosinemia	122	2	0.1	Graft Pationt	119	85	75	73	7 2	65	65	-	0.1	Graft	62 63		84 00	84	
Familial amyloidotic	1261	17	-	Graft	1241	8 8 8	73	62 4	50 7	38 4	998	16	<b>—</b>	Graft	847		73	62 %	50
Primary Primary	332	4	0.3	Graft	326	79	27.	62	233	200	264	2	0.3	Graft	258		73	61	33
riyperoxaldria Protoporphyria	19	0.3	0.01	Graft	19	47:	121	70	61	5.00	∞	0.1	0.01	Graft	0007		69	0	C 7
Other porphyria	17	0.2	0.01	Patient Graft	5 7 1	81	/ 65	65	<u>.</u>	5	13	0.2	0.01	Patient Graft	<u>ω</u> (		D 80 0		
Nonalcoholic steatohepatitis	749	10	<b>-</b>	ratient Graft Patient	706	83 86	65 72 75	51 54			748	4	F	ratient Graft Patient	705 704	883	82 72 75	52 55	
(NASH) Crigler-Najjar	93	-	0.1	Graft	80 0	98	74	72	72	72	65	-	0.1	Graft	09	84	70	99	
Cystic fibrosis	277	4	0.2	Graft	272	у 88 g 4 К д	68 77	63	57	46 77	233	4	0.3	Graft	228	n ∞ α	73	- 89 - 02 - 02	
Byler disease	251	m	0.2	Graft	250	85	2 6	1 8 0 0 0	77.	717	137	m	0.2	Graft	136	0 80 6 0 80 4	82	2 4 6	59
Other metabolic disease	1532	21	-	Graft Patient	1484 1482	86	77	63	22 63	64 72	1009	19	<b>—</b>	Graft	979 979	t m 00	72 79 79	63	54
Budd Chiari	1069		_	Graft Patient	1052	73	65	57 65	49	39 49	715		<b>-</b>	Graft Patient	704	77	67 74	58 65	49
1	7007		,	4-7	7007	L	G	1	6	2	7474		0 6	4700	007	0	5	1,	C
Benign liver turnors or Polycystic disease	1624		-	Patient	1804	0 88	84	75	65	25 56	0 0		7	Patient	1499	90	86	76	64
Hepatic adenoid	38	2	0.03	Graft Patient	& & & &	65	47 55	40 55	40 55	40 55	30	2	0.03	Graft Patient	90	70	44 52	4 2	
Adenomatosis	51	М	0.04	Graft	49	81	81	81	81		45	М	0.05	Graft	43	× × ×	× × ×	8 8	
Hemangioma	71	4	0.1	Graft	17	75	69	64	64 71	64 71	45	m	0.05	Graft	45	73	69	69	69

61 56 43 43 15 year % 27 445 73 883 883 62 62 73 78 69 69 64 64 10 /ears, 59 5 years, % 78 880 880 60 60 67 72 77 867 77 87 77 87 883 70 70 70 70 70 70 70 70 Survival Patient Graft Patient Graft Patient Graft Patient Graft Patient Graft Patient Graft 0.001 0.01 0.01 0.02 0.01 yo of % of 69 98 Last 15 years 0 1273 N pati ents 20 years, % 252 336 444 20 20 20 22 33 42 47 42 15 /ears 55 10 /ears 56 61 25 25 131 131 Survival Patient Patient Graft Patient Graft Patient Graft Patient Graft Patient Graft Graft 0.002 0.02 0.01 0.01 0.01 % of the Total 7 From 1988 to 2016 % of 57 30 66 2350 25 134 28 30 19 N pati ents rable 1. Continued. Other benign tumors: Nodular regenerative syndrome Other liver diseases. nonspecified Alveolar echinoco Cystic hydatidosis Hepatopulmonary Polycystic disease Other parasitic disease: specify ther liver disease Focal nodular sitic disease Schistosomia TPN-induced nyperplasia nyperplasia cholestasis (Bilharzia) ccosis

Kaplan–Meier analysis was used to estimate graft and patient survival stratified by conditions group; statistical analyzes were performed using the log-rank test (P < 0.05 as significant) with SAS® Version 9.1.3 Entreprise Guide version 5.1 (Copyright© 2012 by SAS Institute Inc., Cary, NC, USA). The dynamics of data control was continued during the statistical analyzes. Calculation of survival rates was determined by the actuarial method.

#### Results

From May 1968 to December 2016, the ELTR has collected data concerning 146 782 LTs in 132 466 patients, from 169 Centers, and 32 countries (Fig. 1). These data give a comprehensive overview of the status and evolution of LT in Europe. Both the number of transplant centers and the annual number of LT's performed in Europe have gradually increased since the ELTR was created (Fig. 2). However, after an exponential increase from the eighties, a plateau seems to have been reached in recent years with about 7300 LTs performed all over Europe annually.

### Main indications of LT in Europe

The main indications for LT in Europe with the corresponding graft and patient survival rates at 1, 5, 10, and 15 years in the whole ELTR population and in the last 15 years cohort are listed in Table 1. Twenty-year survival is provided for the whole ELTR population. Cirrhosis was the most frequent indication (50%), mainly related to either viral infection (22% with 12% of hepatitis C virus (HCV) infection and 5% of hepatitis B virus (HBV) infection), or to alcohol abuse (19%). Combined viral and alcoholic (ALD) cirrhosis represented 2.4% of indications, with 2% of HCV-ALD. Cirrhosis is followed by three major indications: primary liver tumors (17%, predominantly hepatocellular carcinoma – HCC, 15%), cholestatic liver diseases (10%), and acute hepatic failure (9.1%, 2% of which are virus-related, 2.4% drug related, 0.3% toxic nondrug related and 4.4% of unknown cause). The most common etiologies of the underlying cirrhosis in HCC patients were HCV (43%), ethanol abuse (27%), and HBV (16%). Cholestatic diseases included primary biliary cirrhosis (5%) and primary sclerosing cholangitis (5%). Biliary atresia (4%)

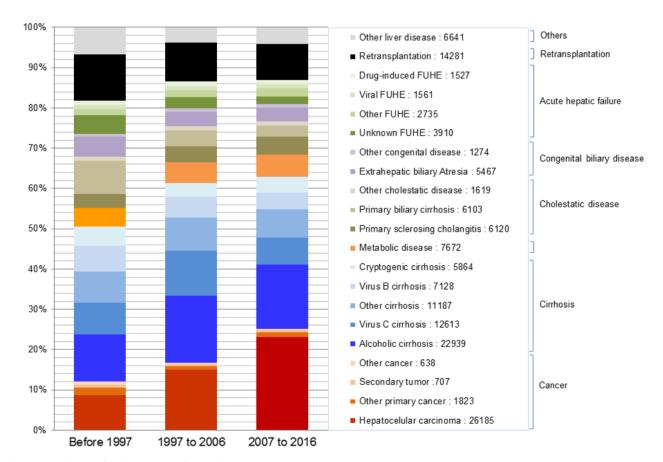


Figure 3 Evolution of indication according to three eras.

represented the major congenital biliary disease. Metabolic diseases represented 6% of all the indications with three major indications being familial amyloidotic polyneuropathy, Wilson disease, and alpha-1-antitrypsin deficiency (1% each). Budd-Chiari and benign liver tumors (mainly polycystic disease) represented only 1% of the indications for LT. Secondary liver tumors (mainly neuroendocrine) represented 0.5% of LT's.

### Indications for Pediatric liver transplants

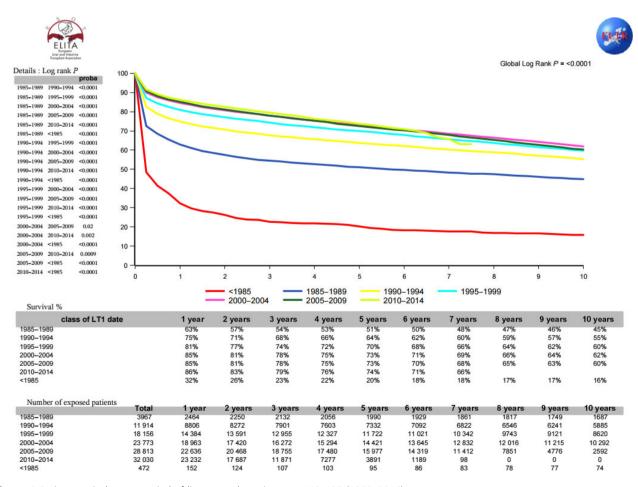
The proportions of the main indications for LT are differently distributed according to the age of recipients. While biliary atresia and metabolic diseases were the major indications in pediatric patients (≤18 years), cirrhosis with end stage liver disease, and cancer were the major indications in adults. An exponential increase in the proportion of cancer cases was noted with recipient age. Acute liver failure (ALF) mostly of unknown cause was frequent in young patients, with the highest incidence at 18–24 years.

### **Evolution of indications**

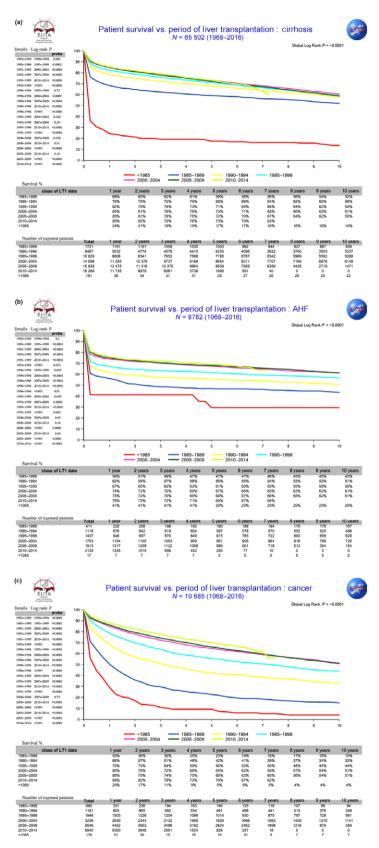
The percentage of main indications has significantly changed with time (Fig. 3). Whereas cancers represented 12% of indications before 1997, their incidence has doubled in the last decade to represent currently more than 24%. Metabolic diseases and primary sclerosing cholangitis have slightly increased during the last decade. Conversely, while comparing the last decade with the previous one, we found that the proportion of cirrhosis alone, ALF and primary biliary cholangitis decreased. The decrease in cirrhosis is mainly because of the decrease in HCV cirrhosis, and the reduction in ALF cases is mainly because of the decline of ALF of unknown origin.

### Survival according to the indication for LT

When all indications were considered, during the entire study period, patient survival rates were 83% at 1 year, 71% at 5 years, 61% at 10 years, 51% at 15 years, and



**Figure 4** Patient survival versus period of liver transplantation, n = 119 125 (1968–2016).



**Figure 5** Patient survival versus period of liver transplantation: (a) Cirrhosis,  $n = 65\,502$  (1968–2016), (b) AHF, n = 8782 (1968–2016). (c) Cancer,  $n = 19\,685$  (1968–2016).

41% at 20 years. After an improvement between 1985 and 2000, the survival of patients appears to be relatively steady since 2000 (Fig. 4).

The improvement in survival was seen in patients transplanted for all the three main indications; cirrhosis (Fig. 5a), fulminant hepatitis (Fig. 5c) but was particularly regular in LT for cancers (Fig. 5c). The 5year patient survival rate was significantly better for cirrhosis (71%) than for primary liver tumors (64%, P < 0.001) and acute hepatic failure (65%, P < 0.001). HBV and HCV co-infection had a better 5-year survival (80%) compared with mono-infection with HCV (64%) or HBV (74%). The better 5-year survival rates obtained in metabolic diseases (79%), cholestatic disease (79%), and congenital biliary disease (85%), are partly explained by the high percentage of children in these groups. The survival rates in adults and children were, respectively, 76% and 85% for metabolic diseases, 79% and 86% for cholestatic disease, and 82% and 85% for congenital biliary disease. The details of survival rates at 1, 5 and 10, 15 and 20 years according to the primary indication are listed in Table 1.

Although the 5-year survival improved in the 15 recent years for all the indications, the most important gain in survival was observed in LT for primary liver tumors (67%), liver metastases (61%), and acute liver failure (69%).

Since the adoption of the transplantation Model for End-stage Liver Disease (MELD) score in the majority of European countries in 2006–2007, the proportion of patients with a high MELD score (>30) at transplant has almost doubled. However, the survival of these patients is less optimal, especially for those with a MELD score at transplant higher than 40 (Fig. 6).

### Survival according to donor and recipient characteristics

#### Donor characteristics

The majority of donors were male (57%). Fifty-eight percent were younger than 50 years, whereas 23% were older than 60 years. A gradual increase in the percentage of livers coming from septuagenarian donors was

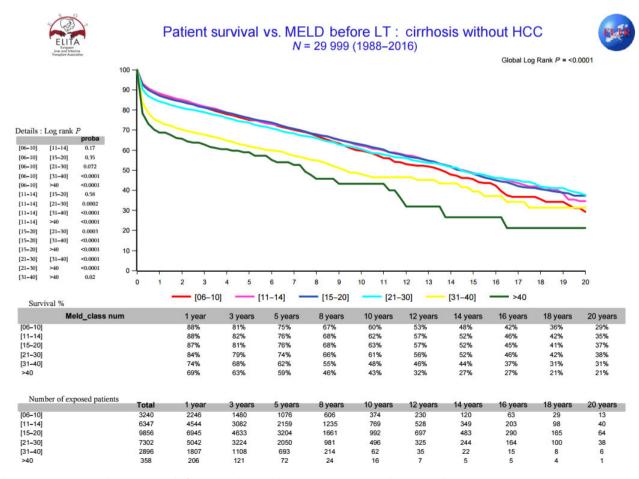


Figure 6 Patient survival versus MELD before LT: cirrhosis without HCC, N = 29 999 (1988–2016).





### Evolution of donor age

N = 137 174

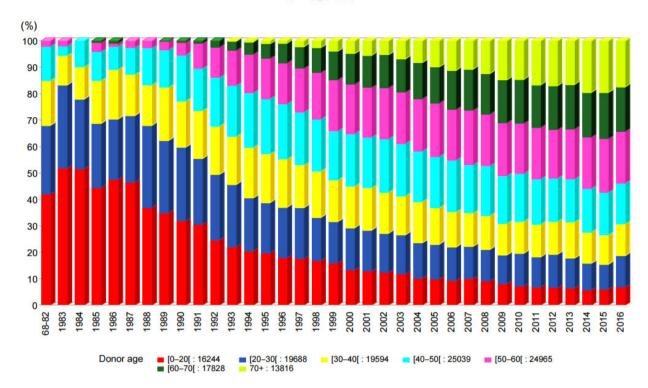


Figure 7 Evolution of donor age, N = 137 174.

observed (1% in 1993, 10% in 2005 and 20% in 2015) in relation to the increasing gap between a growing waiting list and a relatively stable donor pool (Fig. 7). Graft survival when organs were procured from donors younger than 55 years was significantly better than that with organs from donors older than 65 years (67% vs. 60% at 5 years, P < 0.0001) (Fig. 8). However, attention should be paid to the donor to recipient matching to interpret these results, older donor livers being more frequently transplanted to older recipients.

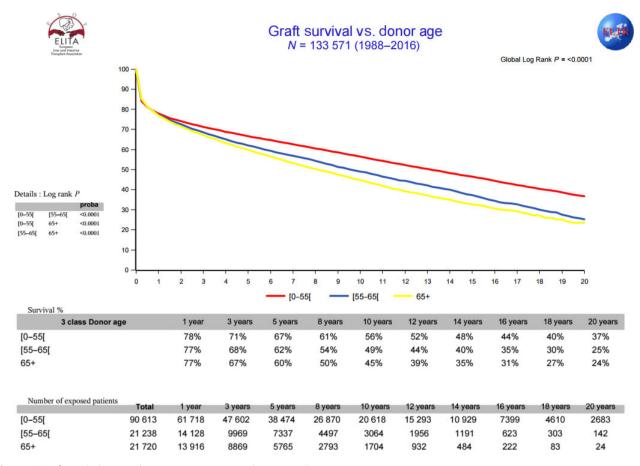
### Recipient age

In addition to the better 5-year survival of pediatric versus adult LT recipients (90% vs. 81%, P < 0.0001), an influence of age was noted for adult recipients. Survival rates were 75% for adults aged 18–45 years, 71% for 46–60 years, 65% for 60–70 years, and 60% for septuagenarians. However, average age of transplanted recipients has increased steadily during the last decade, and patients older than 60 years, who represented <5% in

the 1980s, currently represent more than 30% of transplant recipients (Fig. 9). Older grafts are more frequently transplanted to older recipients. Septuagenarian recipients received 43% grafts older than 60-years and only 12% of grafts younger than 30-years, explaining at least in part, the difference in survival between recipient age groups (Fig. 10). Importantly, LT offered a 10-year survival up to 40% in septuagenarians.

### Blood group compatible and incompatible transplants

In elective conditions, 93% of LTs were isogroup, and 6.5% were compatible, whereas in emergency, 3% of LT were incompatible. In both elective and emergency conditions, isogroup LTs had a better 5-year survival compared with compatible or incompatible LTs (66% vs. 62% vs. 57%, P < 0.0001) and (56% vs. 53% vs. 28%, P = 0.001) respectively. However, the use of these incompatible grafts in emergency indications allows a 38% survival rate at 1 year in patients otherwise expected to have a fatal outcome.



**Figure 8** Graft survival versus donor age, n = 133571 (1988–2016).

### Survival according to surgical technique

Auxiliary grafts represented 0.5% of overall LTs with a similar graft survival as compared with nonauxiliary grafts in urgent (5-year survival rates: 57% vs. 56%), and elective (66% vs. 69%) indications. The shorter the ischemia time; the better was the graft survival. Five-year survival was 70% for ischemia time <6 h, 67% for 6-12 h, 63% for 12-15 h, and 58% for >15 h. The use of static graft preservation solutions evolved during three distinct periods: period 1 before 1990 with the main use of Collins solution; period 2 between 1990 and 2000 with the almost exclusive use of UW (University of Wisconsin); period 3 after 2000 with an increasing use of new solutions with different characteristics such as HTK, Celsior, IGL 1 or SCOT (Fig. 11). Overall graft survival at 5 years for the main solutions was 74% for Celsior and IGL 1, 72% for UW and 69% for HTK (Fig. 12). If only partial livers were considered, survival was 83% for IGL 1, 79% for Celsior, 77% for UW, and 71% for HTK.

Alternative procedures to LT using full size livers from donors after brain death (DBD) have been increasingly used in recent years. While representing <10% before

2000 they concerned more than 20% of overall LT procedures after 2000 and 75% in pediatrics. A differentiation between adult and pediatric patients is necessary; because alternative techniques are used differently in each population and the patient's outcome may differ.

### Adult population

Before 1994, alternative procedures concerned mainly reduced and split livers. Domino grafts were introduced in 1994 and living donation in 1996. Donation after cardiac death (DCD) was introduced in 2001 and since then, has gradually increased to represent currently almost 40% of the alternative procedures in adults. Consequently, the proportion of split, living, reduced, and domino grafts has decreased. The latter two modalities are really associated with the more significant decrease (Fig. 13a). Ten-year graft survivals for each type of graft are summarized in Fig. 13b. Survival at 5 years was similar between DBD full size grafts, split liver, domino, and DCD (66% to 67%), but higher than that of reduced grafts and living donors (63% in both).





### Evolution of recipient age

N = 146302

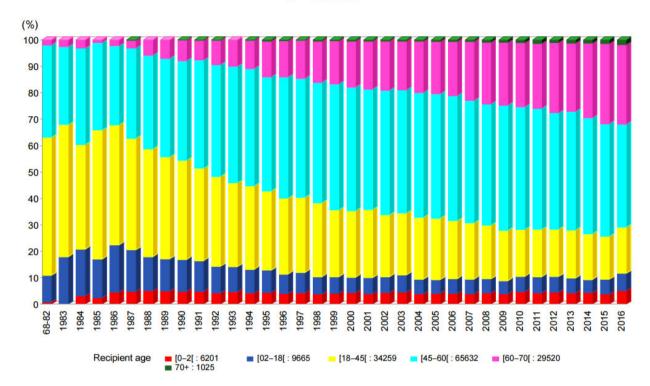


Figure 9 Evolution of recipient age, N = 146 302.

### Pediatric population

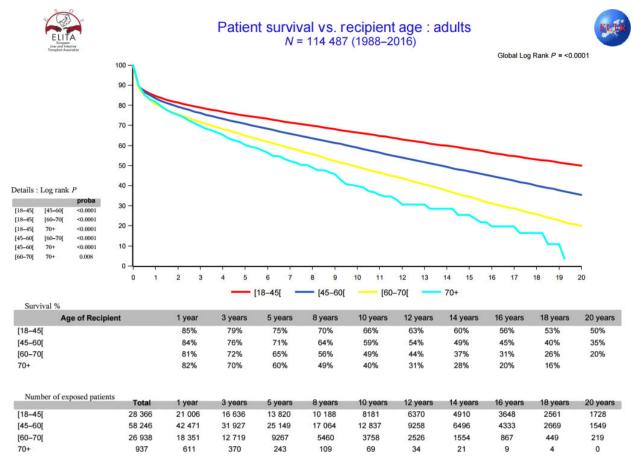
Before 1988, alternative procedures concerned mainly reduced livers. Split livers were introduced in 1988 and living donation in 1991 and since their introduction both have gradually increased to represent currently more than 90% of the alternative procedures in children (Fig. 14a). Ten-year graft survivals for each type of graft are summarized in Fig. 14b. Survival at 5 years was similar between DCD and living donors (80% and 78%, respectively), but higher than that of DBD full size grafts, split liver, and reduced grafts (74%, 71%, and 65% respectively). Domino transplant is rarely used in pediatric patients.

### Mortality after LT

While 1 year patient survival was 81% between 1995 and 1999, it has dramatically improved to reach 86%

after 2010 (Fig. 4). The critical period for post-LT outcome is represented by the first year: 46% of deaths and 67% of re-LT occur within the first year after LT (Fig. 15). In 44% of cases, re-LT is indicated in the month after primary LT, and more than a half (59%) of patients who die, do so within the 6 months after LT.

Data represented in Fig. 16 correspond to the distribution of main causes of death according to the time of their incidence. Main causes of death in the 28 637 patients who died after primary LT or Re-LT were differently distributed. Whereas death from primary graft nonfunction or dysfunction, infections, and technical (biliary or vascular) complications were more frequent within the first 6 months post-LT, tumor or nontumor recurrence and tumor *de novo* were more frequent after the first month. Interestingly, the proportion of tumor and nontumor recurrences as a cause of death is decreasing during the last years.



**Figure 10** Patient survival versus recipient age: adults N = 114 487 (1988-2016)

### Re-transplantation

Five-year graft survival rates following a second and a third LTs were 48% and 42%, respectively, significantly lower than those for primary LT (66% - P < 0.0001) (Fig. 17).

Re-LT was indicated in 8482 cases mainly for primary nonfunction, technical complications (biliary or vascular), and rejection within the first month post-LT. Tumor or nontumor recurrences and *de novo* tumor were more frequent after the first month (Fig. 18). Late re-LT, more than 1 month after the first LT, has a significantly better graft survival than early re-LT performed within the month after the first LT (50% vs. 45% at 5 years, P < 0.0001) (Fig. 19). Re-LT which is mostly used in young patients (Fig. 3a) has declined during the last decade (Fig. 3b). Interestingly, tumor causes and nontumor recurrence are decreasing during the last years, whereas technical complications, primary graft nonfunction or dysfunction and infection are increasing.

### Waiting time

When more than 90% of candidates waited <3 months in the 1980s, they represented 70% in the 1990s and slightly more than a half since 2000. This evolution is likely because of three main reasons: the increase in the number of candidates for transplantation following the advent of more and more effective immunosuppressive treatments, the scarcity of grafts and the use of the MELD which gives priority to the sickest candidates. The 5-year survival of patients who have spent <3 months on the waiting list, certainly because they were more severe, was 70%, 5% lower than that of all the other groups of waiting times in the list (P < 0.0001).

#### Discussion

The ELTR data provide a descriptive overview of the overall situation of LT in Europe. There is of course heterogeneity in the policies in the 29 contributing countries. This manuscript summarizes the results as





# Evolution of preservation liquid used in liver transplantation in Europe N = 116 055 overall population

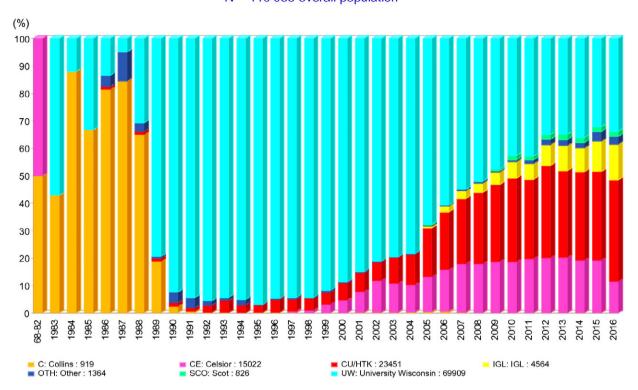


Figure 11 Evolution of preservation liquid used in liver transplantation in Europe, n = 116 055 overall population.

a whole, and represents a kind of freeze-frame rather than a generalized statement for Europe. At the same time, the ELTR remains the unique entity capable of providing such statistics, capable of giving a global snapshot of the European experience, and helping to identify important trends that may guide further practice.

Liver transplantation has become the best, if not the only effective treatment for severe irreversible liver disease. More than 7000 LTs are performed annually in Europe, and the results look satisfactory at 5 years (71% survival) with still a room for improvement at long-term (61% at 10 years and 41% at 20 years). The demand far exceeds the availability of organs for transplantation. It is therefore essential to continue to promote organ donation in Europe in order to avoid mortality on the waiting list, and a "drastic" selection of candidates. By allowing the transplant of the sickest candidates first, the MELD score has dramatically decreased the risk of death on the waiting list. However, the post-LT survival of high MELD

score patients is less optimal, mostly for those with MELD score at transplant higher than 40. It also appears essential to continue to improve the perioperative management of LT at all levels, along with a better prevention of long-term complications. The data provided by the ELTR are a basis to target the timing, and fields to improve the results.

The main indication for LT is cirrhosis with end stage liver disease. However, its proportion is decreasing continuously as compared with HCC. Fulminant hepatitis of unknown cause is also declining. Such relative diminution of cirrhosis is mainly related to the accelerated decline in HCV indications as a result of effective direct-acting antiviral drugs [17]. Thus, hundreds of liver grafts every year are becoming available for indications other than HCV. Even though NASH related cirrhosis is still less frequent in Europe compared with the US, it is anticipated to become the leading indication for LT within the next decade.

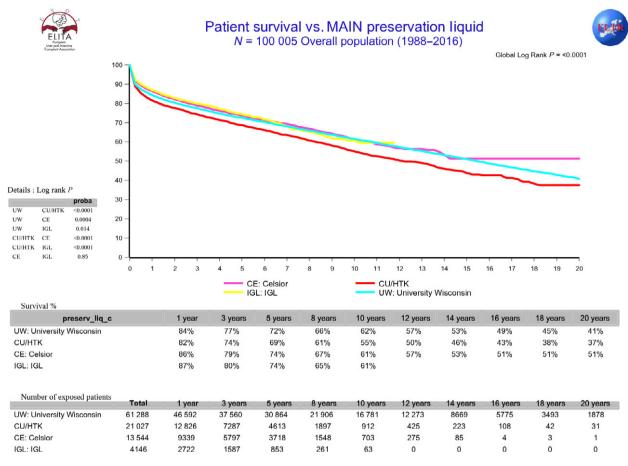


Figure 12 Patient survival versus main preservation liquid, n = 100~005 overall population (1988–2016).

In terms of results, all the indications have shown an improvement of survival especially HCC, mainly because of a better selection of patients, and the increasing effectiveness of down-staging techniques [18]. The ELTR cohort of patients has also established that some rare malignant tumors like hepatic hemangiosarcoma should be considered absolute contraindications for LT [19], while others like hereditary hemorrhagic telangiectasia [8] or hepatic epithelioid hemangio-endothelioma represent a good indication even in the presence of limited extrahepatic disease [12,24].

The average age of transplanted recipients has increased steadily during the last decade and a third of patients transplanted nowadays are >60 years. Noteworthy, LT can offer a 10 additional year benefit to 40% of septuagenarians. Also, an increasing number of transplanted liver grafts are coming from older donors with in most cases, the application of the old-to-old rule concerning the donor to recipient matching.

Alternatives to the conventional DBD full size graft are increasingly used in Europe. Split liver and living donation are increasingly used both in adult and pediatric LT, and DCD grafts are mostly used in adults with quite good survival results. Domino and reduced livers seem to be gradually disappearing. Optimization of donor management and organ preservation, offers the most realistic way to improve both the quality and pool of current organs. While only UW solution was used before 2000, an increasing number of new solutions are available today; the choice in preservation solution may have an independent impact on graft survival [25].

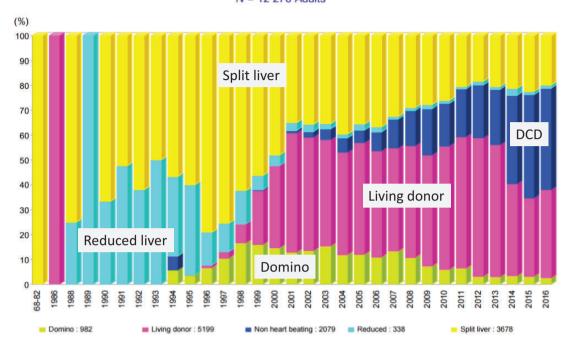
Also, while the introduction of cyclosporine and more recently Tacrolimus optimized immunosuppressive protocols, there is still room for improvement as recently shown by the use of prolonged release tacrolimus [26].

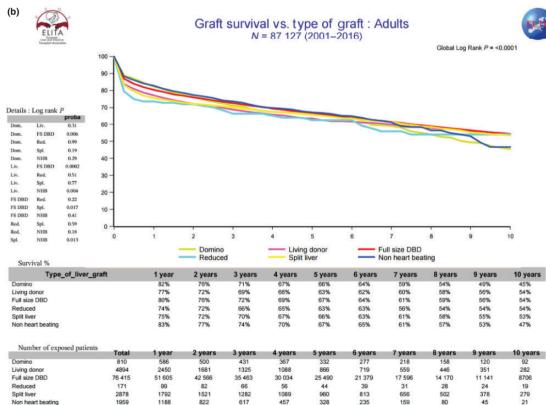
As a cause of graft loss, technical complications, primary graft nonfunction or dysfunction and infection are increasing, relatively. This could be related to the increasing use of marginal grafts coming from expanded donor criteria. Conversely, *de novo* tumor and nontumor recurrence as cause of graft loss or mortality are decreasing during the last years.





# Evolution of Alternatives to the use of full size DBD liver grafts in Europe $N = 12\ 276\ Adults$



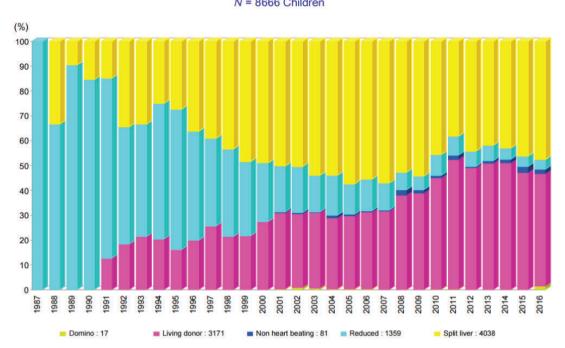


**Figure 13** (a) Evolution of alternatives to the use of full size donors after brain death (DBD) liver grafts in Europe, n = 12 276 adults. (b) Graft survival versus type of graft: Adults, N = 87 127 (2001–2016).





# Evolution of Alternatives to the use of full size DBD liver grafts in Europe N = 8666 Children



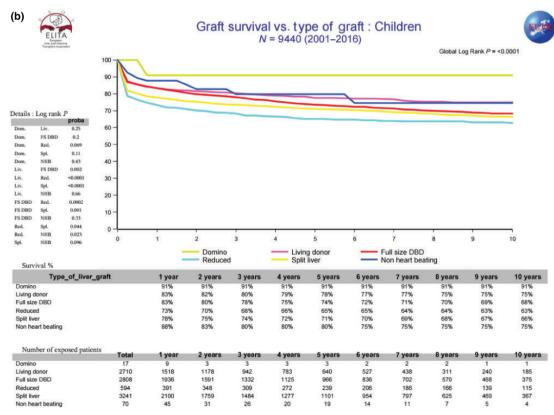


Figure 14 (a) Evolution of alternatives to the use of full size donors after brain death (DBD) liver grafts in Europe, N = 8666 children. (b) Graft survival versus type of graft: children, N = 9440 (2001–2016).





### Mortality and retransplantation post LT in Europe (1988–2016)

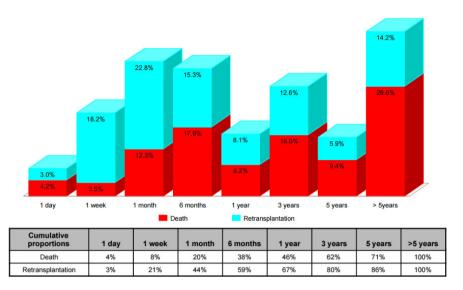


Figure 15 Mortality and retransplantation post LT in Europe (1988–2016).





### Mortality following first liver transplantation in Europe N = 28 637 (1988–December 2016)

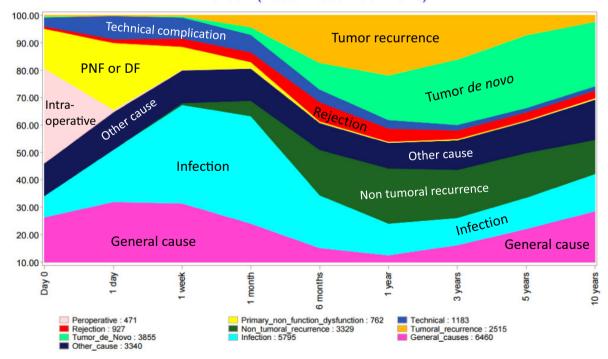


Figure 16 Mortality following first liver transplantation in Europe, N = 28 637 (1988-December 2016).

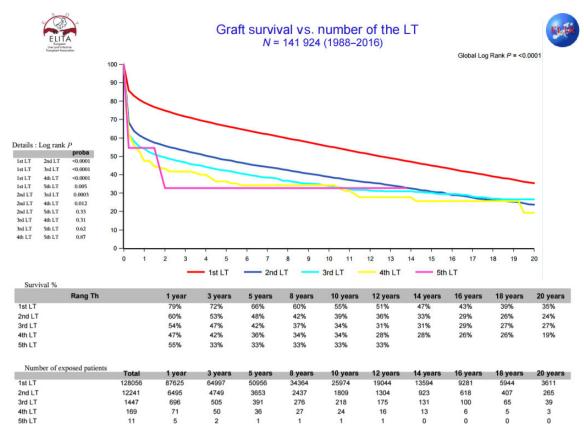


Figure 17 Graft survival versus number of the LT, N = 141924 (1988–2016).



# Causes of retransplantation following first liver transplantation in Europe N = 8482 (1988–December 2016)

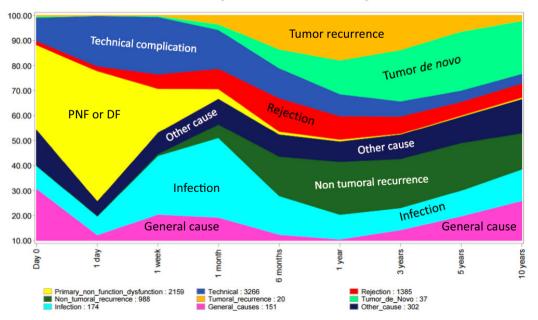


Figure 18 Causes of retransplantation following first liver transplantation in Europe, N = 8482 (1988-December 2016).

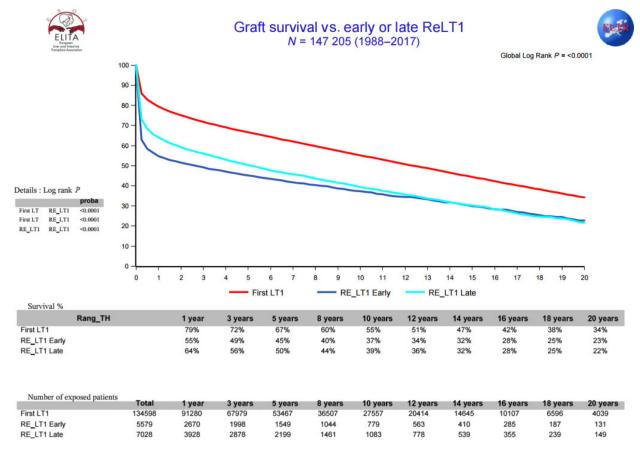


Figure 19 Graft survival versus early or late ReLT1, N = 147 205 (1988–2017).

There are some limitations to our study. Data quality, reliability, and representativeness is an everyday concern for the ELTR since its creation in 1986. With this constantly in mind, the ELTR has implemented several procedures and adapted them all along the years to control the quality of data, from collection, to statistical analysis. However, biases may persist as for all observational studies; therefore, the interpretation of these descriptive data must be done with caution. Lost-to-follow-up (LTFU) patients are a real problem in the reported outcome. It is mainly related to the increasing number of transplanted patients who move to another place within a country or outside the country. More than 72% of ELTR data are shared with official OSOs who have setup a drastic tracking procedure to minimize the rate of LTFU. The remaining 28% who enter the data directly in our platform are regularly invited to consult the dynamically updated list of queries to solve all discrepancies and to report a recent patient follow-up.

By the prospective evaluation of almost all patients transplanted in Europe since the last fifty years, the ELTR provides valuable data concerning the evolution of LT, the dynamic changes in indications, in donor and recipients profile, as well as in preservation, technical aspects and post-transplant management. These data can help refine the indications for transplant in rare diseases, and establish new guidelines, while targeting the real fields which need improvement in order to optimize the results of LT.

### **Authorship**

RA, VK and VC: conception and design, acquisition of data, data analysis and interpretation of results, writing the first draft, critical revision, final approval. All the rest of co-authors: acquisition of data, critical revision, final approval.

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### **Conflicts of interest**

The authors have declared no conflicts of interest.

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