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1 **IL10, A TALE OF AN EVOLUTIONARY CONSERVED CYTOKINE ACROSS**
2 **VERTEBRATES**

3

4 **Running title: IL10, a tale of an evolutionary conserved cytokine**

5

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15

16 **Abstract**

17 IL10 was discovered in 1989, and since then has been the subject of intense investigation
18 revealing its potent anti-inflammatory and regulatory activities in most immune processes
19 during infection and disease. It was only in 2003 that the first non-mammalian *IL10*
20 sequence was identified in teleost fish, followed in 2004 by the chicken *IL10* sequence. In
21 this review we summarize the work performed in non-mammalian vertebrates in which the
22 *IL10*, *IL10 receptors (IL10Rs)*, and the signaling components have been identified. We
23 review the genomic organization, gene and protein structure of *IL10(Rs)* and focus on
24 studies providing a functional characterization of their biological activities. In addition, we
25 describe the activities of viral IL10s identified in viruses infecting non-mammalian hosts.
26 Altogether, such analysis revealed a remarkable conservation of the anti-inflammatory and
27 regulatory activities of (viral) IL10 across vertebrates, confirming the crucial role of IL10
28 throughout evolution. Interestingly, in some teleost fish, the presence of multiple copies of
29 *IL10(Rs)* adds an additional degree of complexity. In fact, evidence suggests that gene
30 duplication not necessarily implies functional redundancy, leaving teleosts with additional
31 possibilities to fine tune IL10 activities. Finally, we discuss the use of zebrafish as a
32 complementary animal model for the study of IL10 activities in non-mammalian
33 vertebrates.

34 **Key words**

35 (viral) Interleukin-10, Evolution, teleosts, amphibians, reptiles, birds

36

37 **Abbreviations**

38 Sp1, Sp3: Specificity protein 1 or 3, C/EBPs: CCAAT-enhancer-binding proteins, IRF-1:
39 interferon regulatory factor 1, AP-1: activator protein 1, GATA3: GATA binding protein-3;
40 NF1F: Nuclear factor 1F, ISGF3: Interferon-stimulated gene factor-3, PBX: Pre-B-cell
41 leukemia transcription factor, NFAT: Nuclear factor of activated T-cells, CREBs: cAMP
42 response element-binding. NFκB: Nuclear factor κB; (p)STAT3: (phosphorylated) Signal
43 transducer and activator of transcription 3; JAK1: Janus kinase 1; TYK2: Tyrosine kinase
44 2; CRFB: Cytokine receptor family B = CRF2: Cytokine receptor family class 2; LPS:
45 lipopolysaccharide; PMA: phorbol myristate acetate; PBMC: Periferal blood mononuclear
46 cell; PBL: Periferal blood leukocyte; BMM: Bone marrow-derived macrophages.

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70 **I. INTRODUCTION**

71 Interleukin 10 (IL10) was first discovered in 1989 upon the observation that a factor
72 produced by mouse Th2 clones inhibited the synthesis of several cytokines by Th1 clones.¹
73 This newly discovered cytokine was first named cytokine synthesis inhibitory factor (CSIF)
74 but the name IL10 was already applied in the follow-up publication from the same group
75 where they described that the Epstein-Barr virus (EBV) gene BCRFI showed extensive
76 homology with IL10.² The latter study, describing the hijacking of a host cytokine gene as a
77 viral strategy for survival, brought to light the importance of this cytokine in immune
78 regulation and led to a considerable amount of research describing the importance of IL10
79 in the immune system.

80 IL10 is a pleiotropic regulatory cytokine produced by all leukocytes, with CD4⁺ T cells and
81 monocytes/macrophages being the most important sources.³ Some non-immune cells such
82 as keratinocytes or epithelial cells can also produce IL10.^{4,5} The production of IL10 is
83 tightly regulated and depends among other factors, on the stimulus, affected tissue and
84 phase of the immune response.³ The overall activity of this cytokine is to limit and
85 terminate the immune response in order to prevent damage caused by the host's
86 inflammatory response. Its ability to downregulate the immune response makes it a
87 valuable target for pathogens. For example, the aforementioned EBV but also
88 cytomegalovirus (CMV) and many more DNA viruses, have hijacked the IL10 gene into
89 their genomes and use it to regulate the response of the host upon infection.

90 The main biological function of IL10 is exerted on dendritic cells, macrophages and
91 neutrophilic granulocytes, inhibiting MHCII expression, differentiation of monocytes,
92 expression of proinflammatory cytokines, phagocytosis and reactive radical species
93 production.^{6,7} IL10 anti-inflammatory activities are not only limited to the innate branch of

94 the immune system. It also directly inhibits proliferation of CD4⁺ T cells,⁸ IL2 and IFN γ
95 synthesis by Th1 cells and IL4 and IL5 synthesis by Th2 cells.^{9,10} The downregulation of
96 proinflammatory activities indirectly has an effect on the resolution of the adaptive immune
97 responses leading to an anti-inflammatory or regulatory state of immunity. IL10 has also
98 stimulatory properties on specific cell types: it activates B cells, promotes their survival and
99 proliferation, and contributes to class switching and antibody secretion;^{11,12} IL10 can also
100 stimulate NK cell proliferation and cytotoxic activity¹³ as well as proliferation of specific
101 subsets of CD8⁺ T cells.¹⁴ Altogether, IL10 has an important role in the termination of
102 inflammation and restoration of homeostasis helping the development of long-lived
103 memory cells to face future threats.

104 Based upon its structure, IL10 has been assigned to the class II helical cytokine family that
105 includes IL10, interferons and all the so-called IL10-related cytokines (IL19, IL20, IL22,
106 IL24, IL26, and IL28). They all share a similar overall 3D structure, are encoded by genes
107 with a similar intron-exon structure and bind to receptors of similar structures (Class II,
108 helical cytokine receptors) that signal through the JAK-STAT pathway.

109 IL10 acts as a homodimer that signals via the IL10 Receptor complex, constituted by two
110 molecules of IL10 receptor 1 (IL10R1) which, upon binding to the ligand, recruit two
111 molecules of IL10R2.¹⁵ IL10R1 is specific and has high affinity for IL10 while IL10R2 can
112 also act as co-receptor for other cytokines.⁷ Both receptors belong to the class II cytokine
113 receptor family (CRFB). Upon activation of the IL10R complex a JAK/STAT signaling
114 pathway is initiated, generally triggered by the activation of JAK1 and TYK2 followed by
115 the subsequent phosphorylation of the transcription factor STAT3. Phosphorylated STAT3
116 stimulates the transcription of several genes, among which the *suppressor of cytokine*

117 *signaling 3 (SOCS3)*, which is considered the main transcription factor responsible for the
118 inhibitory effects of IL10 on proinflammatory genes expression.¹⁶

119 In the past decades, the molecular structure, gene regulation, signaling pathway and
120 bioactivity of mammalian IL10 have been extensively described and comprehensively
121 reviewed.^{3,4,7} Research on the biological activities of IL10 in non-mammalian vertebrates
122 such as birds, reptiles, amphibians and fish is much more recent and scarce. In this review,
123 keeping the activities of mammalian IL10 as reference, we aim to compile a comprehensive
124 review of the current knowledge on this molecule in non-mammalian vertebrates. We will
125 not only highlight the similarities between mammalian and non-mammalian IL10, but also
126 bring to the attention of the reader the peculiarities of IL10 gene regulation, signaling
127 pathway and bioactivities in selected non-mammalian species. In addition, we will not only
128 review the activities of host IL10, but whenever possible, we will also include information
129 on the bioactivities of viral IL10 identified in viruses infecting non-mammalian hosts.
130 Finally, we will focus on the potential use of a relatively novel animal model, the zebrafish,
131 as an additional and complementary tool for the study of non-mammalian IL10 activities.

132

133 **I. NON-MAMMALIAN IL10 HOMOLOGUES: CONSERVATION OF GENES AND** 134 **PROTEINS STRUCTURE**

135 IL10 sequences, both gene and protein, of hundreds of non-mammalian vertebrates can be
136 found in the databases. Most of them are predicted sequences from the recent explosion in
137 genome sequencing and transcriptome analysis of a large variety of species. What is clear is
138 that IL10 homologs can be found in all vertebrate classes and their sequence is conserved to
139 such a degree that makes it easy to identify and classify them as such (Fig. 1). Despite the
140 abundance in gene sequences, their structural and biological characterization is somewhat

141 lacking behind. For clarity, throughout the manuscript we will adopt the human
142 nomenclature as birds, reptiles, amphibians and teleost fish all use different nomenclatures
143 and were often difficult to combine in a clear manner in sentences referring to genes
144 common in all species. IL10 gene(s) and protein(s) have been well described in duck,¹⁷
145 chicken,¹⁸ frog¹⁹ and several teleost fish species (fugu,²⁰ common carp,²¹ rainbow trout,²²
146 zebrafish,^{23,24} sea bass,²⁵ Atlantic cod,²⁶ goldfish,²⁷ Indian major carp^{28,29} and grass carp³⁰)
147 (Fig. 1). Interestingly, despite several reptile *IL10* sequences can be found as predicted
148 genes in the database (included in the phylogenetic analysis in Fig. 1) no further functional
149 characterization of this molecule has been carried out thus far. Among the annotated, but
150 not yet functionally characterized sequences we also find the shark, coelacanth and lungfish
151 *IL10*-like sequences, confirming that IL10 is an evolutionary ‘old’ cytokine. Furthermore,
152 duplicate copies of *IL10* genes have been identified in several fish species (Piazzon
153 manuscript in preparation)^{31,32} but not in mammals, birds, reptiles and amphibians. As it
154 will be further discussed later, gene duplication might not always imply functional
155 redundancy, providing teleost fish with additional tools to finely tune their IL10-mediated
156 regulatory response.

157

158 **A. Genomic and structural conservation of the *IL10* gene**

159 The synteny of the mammalian *IL10* locus is extremely conserved as in mammals the *IL10*
160 gene is always found linked to *IL19*, and in the same relative position to *MAPKAPK2*,
161 *DYRK3*, *PRELP* and *FMOD* (Fig. 2A). Like all *IL10* genes described in mammals, all
162 known non-mammalian vertebrate *IL10* genes are composed of five exons and four introns
163 (Fig. 2B). The length of exons is generally conserved and introns are in homologous
164 positions, all in phase 0, therefore introns are not interrupting codons.²⁵ The size of the

165 introns however, varies greatly making the overall size of the *IL10* gene different among
166 species.

167 Both, 5' and 3' untranslated regions (UTR) are also variable among species. Human and
168 murine *IL10* cDNAs contain 7 and 6 AUUUA instability motifs respectively in the 3'UTR
169 before the polyadenylation signal (Fig. 2B). The instability motifs are rapid RNA
170 recognition sites for RNase E activity³³ important for post-transcriptional regulation of
171 genes. In chicken¹⁸ and duck¹⁷ *IL10* transcripts, 11 and 6 AUUUA motifs can be observed
172 in the 3'UTR; trout (a)²² and grass carp³⁰ *IL10* transcripts present none, whereas sea bass,²⁵
173 common carp (a and b)²¹ and Indian major carp²⁹ *IL10* have three. Goldfish and zebrafish
174 possess 5 instability domains in the 3' UTR and an additional instability motif in the 5'
175 UTR.²⁷ This differences suggest a tight regulation of this cytokine that varies greatly among
176 species. Altogether we can conclude that the genomic organization (synteny) as well as
177 gene organization of the *IL10* gene is highly conserved among vertebrates, further
178 confirming the important role of this cytokine in the immune response.

179

180 1. Regulatory aspects: *IL10* duplications and splice variants

181 Although not a lot of studies have been performed on the regulation of non-mammalian
182 *IL10* and the information available is partial and fragmented, some studies have focused on
183 interesting cases worth mentioning such as the presence of multiple copies (paralogues) of
184 this gene or different splice variants and their possible biological implications.

185

186 a. *When one is not enough! Presence of duplicated genes*

187 During evolution, after the two rounds of whole-genome duplications (WGD) that occurred
188 in the common ancestor of vertebrates, teleost fish underwent a third duplication event³⁴

189 implying that several genes are present in multiple copies within the fish genomes. These
190 duplicated genes include, among many others, also cytokines, cytokine receptors and
191 transcription factors. In addition, some fish species, including rainbow trout, Atlantic
192 salmon or common carp, underwent an additional round of WGD^{35,36} leading to the
193 appearance of additional paralogues within their genome. To illustrate this complexity for
194 the case of the *IL10* gene, rainbow trout and common carp have two paralogues (Fig. 2B),
195 namely *IL10a* (Q6L8N7 and HQ323755) and *IL10b* (FR691804 and HQ323756),³¹
196 (Piazzon, manuscript in preparation) that are very similar at the protein level but show
197 differences in the promoter and 3' UTR, suggesting similar biological activities but
198 differential regulation. The synteny of the paralogues is still difficult to analyze as the
199 genome assemblies in these species are still incomplete or the scaffolds are too short, and
200 are therefore not included in figure 2.

201 In trout, *IL10b* has a long 3'UTR with seven instability motifs, whereas *IL10a* has a short
202 3'UTR with no instability domains identified thus far, most likely due to incomplete
203 sequencing of the 3' UTR region. Nevertheless, gene expression analysis shows differential
204 stability and basal expression of the two transcripts in various tissues and cell types.
205 Interestingly, *IL10a* presents an alternative ATG in the 5'UTR that, if translated, encodes
206 for a 29 amino acids peptide and is proposed to be a mechanism used to regulate translation
207 of the full-length protein under certain conditions. The 5' UTR of trout *IL10b* did not
208 extend as far, and it is still to be determined whether such regulation occurs for *IL10b* as
209 well. As expected, the two paralogues were differentially regulated under various
210 conditions. IFN γ stimulation specifically affects *IL10b* expression whereas bacterial

211 infections induce differential regulation of both paralogues depending on the tissue
212 studied.³¹

213 In carp, both paralogues showed similar bioactivity when tested in vitro (further discussed
214 later) but have very different promoter regions, hinting again to a differential regulation.
215 Carp *IL10a* is generally higher expressed in basal conditions but its expression levels do
216 not seem to be regulated upon viral and parasitic infections. On the contrary, *IL10b* is
217 significantly upregulated in the late phases of infection with the rhabdovirus Spring
218 Viraemia of Carp Virus (SVCV) and the extracellular blood parasite *Trypanoplasma*
219 *borreli* (Piazzon, manuscript in preparation) Such a differential expression pattern may
220 confer each of the two isoforms different roles in homeostasis and pathogenesis. In
221 agreement, a single-nucleotide polymorphism in the *IL10a* gene has been associated to
222 resistance to cyprinid herpesvirus-3 infections³² further highlighting the role of IL10 in fish
223 immunity and disease resistance.

224 To our knowledge, the presence of duplicated copies of *IL10* (and its associated molecules)
225 in the genome of non-mammalian vertebrates is restricted to teleost fish only, and in
226 particular to those that underwent a 4th WGD event. Despite some amphibians, e.g.
227 *Xenopus laevis*, are polyploid still only one IL10 gene can be found in their genome (Fig.
228 2A), perhaps suggesting that the IL10 locus in these species is under a certain selective
229 pressure to retain a single *IL10* copy. As expected, common carp and rainbow trout also
230 express two copies of the *IL10 receptors*, transcription factors (*i.e.* *JAK1* and *STAT3*) as
231 well as *SOCS3* genes. As an example, there are two paralogues of *SOCS3* in zebrafish,
232 *SOCS3a* (NP956244) and *SOCS3b* (NP998469). Each of these genes is then present in
233 duplicate copy in common carp and trout, adding up to a total of four *SOCS3* genes in these
234 species. Which one of these paralogues is more important for IL10 signaling, and whether

235 these differences have any biological significance is still under investigation. What is
236 certain is that such gene expansion greatly widens the field of study and raises the question
237 as to whether gene duplication implies functional redundancy or sub-functionalization, as
238 well as whether gene expansion provides an evolutionary advantage to the species. All this
239 is currently the focus of intense research in the comparative immunology field.

240

241 *b. Post-transcriptional regulation: IL10 splice variants*

242 Splicing-derived isoforms of several cytokines and cytokine receptors have been described
243 but poorly studied in mammals.³⁷ Regarding *IL10* very few reports exist to that respect. A
244 new *IL10* splice variant lacking the entire exon 3, named IL10δ3, was described in human
245 leukemic cells and was associated with improved response to chemotherapy.³⁸ Other
246 authors described the presence of two splice variants in human PBMC differing in the
247 5'UTR. One variant was constitutively expressed in unstimulated cells and contained a
248 longer 5'UTR whereas upon stimulation with LPS the transcription of a variant with a
249 shorter 5'UTR was induced which would have an extended half-life and be more accessible
250 for protein translation.³⁹ Regarding viral-encoded *IL10s*, human cytomegalovirus was
251 shown to produce several splice variants with different biological activities including the
252 formation of complexes with human IL10 that were shown to interfere with host IL10
253 signaling.^{40,41}

254 Alternative splicing of the *IL10* transcript has also been described outside mammals. When
255 performing the identification of the Pekin duck IL10, the authors described two novel *IL10*
256 splice variants generated by exon skipping or use of an alternative exon.¹⁷ Compared to the
257 normal duck *IL10*, one of the variants showed alternative splicing in the 3'UTR region

258 leading to a different number of instability domains and stability of this transcript. The
259 second variant presents a complete deletion of exon 5. The truncated variant retains the
260 contact residues with the IL10R1 but lacks the F helix, possibly affecting its activity by
261 preventing the formation of the intercalated homodimers. The basal gene expression of the
262 truncated variant is lower but mirrors that of the wild type transcript, although its
263 expression is not altered by stimuli that regulated wild type duck *IL10* expression. This
264 suggests differential roles of the splice variants in homeostasis and activation. Interestingly,
265 heterologous protein expression in human cell lines, showed that differently from the wild
266 type protein, the truncated form was not secreted in cell culture supernatants.¹⁷ Besides the
267 aforementioned studies, no reports focused on the possible existence of splice variants of
268 the *IL10* gene in other vertebrates. Research on the post-transcriptional regulation of *IL10*
269 can be crucial in the understanding of the fine tuning of this potent regulatory molecule
270 especially during pathological conditions.

271

272 *c. The IL10 promoter*

273 In mammals, the *IL10* promoter and the transcription of the *IL10* gene in different cell types
274 has been studied in detail. Transcription factors such as Sp1, Sp3, STAT3, C/EBPs, IRF-1,
275 c-Maf, AP-1, CREBs and NFκB were found to positively regulate *IL10* transcription in
276 human and mouse and the binding site of each of these transcription factors has been
277 mapped to specific sites in the respective promoters. All this information was extensively
278 reviewed by Mosser and Zhang.³ Despite the low sequence similarity among the promoter
279 regions of different species, in silico comparative analysis showed several common
280 elements in the various promoter regions. Fugu, zebrafish, cod, common carp, duck and

281 chicken *IL10* promoters present, among others, an NFκB site, interferon response elements
282 (IREs), STAT3, GATA3, AP-1 and several Sp1 elements (Piazzon, manuscript in
283 preparation).^{17,18,26}

284 Interestingly, in common carp analysis of the putative promoter region of the two *IL10*
285 paralogues showed several common binding element (e.g. for STAT1 and IRF4) but also
286 the presence of potentially crucial differences: the *IL10a* promoter contained NF1F, ISGF3
287 and SP1 binding sites that were not present in the *IL10b* promoter region, whereas *IL10b*
288 had STAT6, PBX and STAT5 binding sites that were not found in the *IL10a* promoter.
289 Altogether this could explain the differential expression of the *IL10a* and *IL10b* transcripts
290 and suggests a potentially different function of the proteins as they are differentially
291 regulated (Piazzon, manuscript in preparation). In mammals, the transcription factor
292 GATA3 has been assigned a central role in activating *IL10* transcription.^{42,43} It is also
293 known that IL10 induces STAT3 expression and the presence of STAT3 binding sites in
294 the IL10 promoter suggests that IL10 regulates its expression in a positive feedback loop.⁴⁴

295 As a difference, while the human *IL10* promoter presents several C/EBP-β binding sites,
296 the chicken and cod promoters only contain one, the carp promoters contains between two
297 and four, depending on the paralogue, whereas the duck and zebrafish promoters present
298 none.^{17,26}

299 The presence of several common regulatory elements in the promoter regions shows that
300 the regulation of *IL10* is somehow conserved. Nevertheless it is important to note that all
301 above described binding sites are derived from in silico analyses and only two studies have
302 been conducted addressing the real involvement of these transcription factors in the
303 regulation of *IL10* transcription in non-mammalian vertebrates.^{29,20} In Indian major carp

304 cells, the use of Bay 11-7082, a potent inhibitor of NFκB, blocked the expression of *IL10*
305 induced by LPS suggesting that the NFκB sites found in teleost have a real regulatory
306 function on this gene.²⁹ In fugu, the characterization of the *IL10* promoter was performed
307 by a series of deletion mutants on the promoter region using a luciferase reporter system in
308 trout RTG2 cell line. In this study it was shown that the binding element for NFAT,
309 situated 92 bp upstream the TATA box, was involved in TNFα-mediated induction of *IL10*.
310 The authors also characterized two regions in the fugu *IL10* promoter, one closer to the
311 TATA box which would contain activating elements, and another further upstream
312 containing inhibitory elements.²⁰ Although the study was performed in trout rather than
313 fugu cells, it provides preliminary functional evidence of the conserved regulation of the
314 *IL10* gene at least in teleost fish.

315 In general, little is known about the regulation of *IL10* expression in non-mammalian
316 vertebrates. Analysis of the *IL10* promoter region in cartilaginous fish, coelacanth,
317 amphibians and reptiles has not been conducted. Nevertheless, based on the aforementioned
318 presence of highly conserved regulatory elements in the promoter region of the known *IL10*
319 sequences, together with the patterns of expression in various tissues and cell types further
320 highlighted below, it is safe to suggest that the regulation of *IL10* might be conserved
321 across vertebrates.

322

323 **B. Structural conservation of the IL10 protein**

324 The IL10 proteins described in non-mammalian vertebrates range from 172 to 184 amino
325 acids (aa) with molecular weights between 15-21 kDa, and signal peptides of 16-22 aa long.
326 These proteins have an aa identity with their mammalian counterpart of 30-55%, with

327 *Xenopus* being the most similar, followed by birds and then fish. The degree of
328 conservation of this cytokine among species seems low but is much higher than the
329 interspecies conservation of other cytokines of the same structural family.⁴⁵
330 IL10 is a homodimer formed by two intertwined but non-covalently bound monomers each
331 with six alpha-helices and two intra-chain disulphide bridges.⁴⁶ All the non-mammalian
332 IL10 proteins studied present the same 6-helix structure with the four conserved cysteine
333 residues to form the two prototypical disulphide bridges (Fig. 2C).^{17-19,22,23,25} A single study
334 in goldfish, using *in vitro* binding studies between recombinant IL10 and IL10R1, provided
335 experimental evidence that also in fish IL10 might be present as non-covalently bound
336 homodimer.⁴⁷ Differences in the secondary structure when compared to mammals exist but
337 are minimal. For instance, *Xenopus* IL10 presents shorter helix A and C and longer AB and
338 CD loops than mammalian IL10;¹⁹ in sea bass the CD loop is longer than in humans and
339 helix E is smaller;²⁵ Indian major carp IL10 has helices A and F of different length.²⁸ In
340 general, sites and motifs essential for the bioactivity of IL10 are well preserved. The ion
341 pair, the many hydrogen bonds and the extensive hydrophobic core to stabilize the domain
342 structure is conserved among species. The amino acids predicted to interact with IL10R1
343 are highly conserved or modified by similar amino acids (Fig. 2C), while the ones predicted
344 to interact with IL10R2 are not well conserved.^{17-23,25-31,48}
345 The residue I69 of human IL10, key for IL10 immunostimulatory functions⁴⁹ can be
346 identified in most species in a similar position and the IL10 family signature motifs are
347 generally conserved in all investigated species.^{18-20,23,27,30} Trout and sea bass IL10 have one
348 potential N-glycosylation site^{22,25}, fugu has two²⁰ and chicken and zebrafish IL10^{18,23} have
349 none. Human IL10 possesses one potential glycosylation site but is actually not

350 glycosylated while murine IL10 is glycosylated in its two potential sites. Nevertheless,
351 glycosylation is not essential for IL10 bioactivity.^{49,50}
352 All fish IL10 present two extra conserved cysteine residues that were believed to form an
353 additional disulphide bridge specific for fish IL10. A 3D modeling study performed on
354 Indian major carp showed that these two cysteines do not form any significant bond
355 involved in structural stabilization or protein-receptor interaction.²⁸ It is therefore
356 speculated that this residues mutated during evolution in higher vertebrates.
357 Altogether, we can conclude that across vertebrate species the structure of the IL10 protein
358 has been extremely conserved (Fig. 2D), particularly the residues necessary for receptor-
359 ligand interaction. As it will be further discussed below, this supports the evolutionary
360 conservation of the regulatory functions of IL10 in non-mammalian vertebrates.

361

362 **II. IL10 RECEPTORS AND SIGNALING PATHWAY**

363 IL10 exerts its functions upon binding to the IL10 receptor complex on the cell surface. The
364 IL10 receptor complex is constituted by two class II cytokine receptor (CRF2 or CRFB)
365 family members, one belonging to the R1 type with a long intracellular domain (IL10R1 or
366 CRFB7 in fish), and the other to the R2 type with a short intracellular domain (IL10R2 or
367 CRFB4 in fish) (Fig. 3A).^{51,52} Binding of the IL10 homodimer to two IL10R1 molecules
368 induces a conformational change in the cytokine allowing the association of two IL10R2
369 molecules.⁵³ The latter activates the Janus kinases Jak1 and Tyk2 associated with the
370 cytoplasmic tails of IL10R1 and IL10R2 respectively.^{54,55} All this leads to phosphorylation
371 of STAT3 or other latent transcription factors depending on the cell type.^{56,57}
372 The components of the IL10 signaling pathway have been well characterized in mammals
373 and there are only a few studies dealing with their functional characterization in non-

374 mammalian vertebrates. While IL10 genes have been easily identified using whole genome
375 sequences, identification of its receptor chain in non-mammalian vertebrates, in particular
376 in teleost fish, has been more challenging due to higher sequence divergence. Based upon
377 the first high quality whole genome sequences from fish species, a repertoire of genes
378 encoding class II helical cytokine receptors in fish has been established. They have been
379 called CRFB1 to CRFB17 (Fig. 3B).^{58,59} Due to high sequence divergence, sequence
380 similarities are not a sufficient criterion to assign a function to most of these CRFBs in fish.
381 Furthermore, some fish species (e.g. common carp, rainbow trout, and Atlantic salmon)
382 have duplicated copies of some of these genes (Fig. 3C). Additional criteria such as synteny
383 may be used, but functional identification based upon biological activity in at least one fish
384 species is necessary.

385

386 **A. The IL10 receptor 1**

387 Several *IL10R1* sequences (such as those for chicken (AM049243), turkey
388 (XP_003212786), finch (XP_002189322), Chinese softshell turtle
389 (ENSPSIG00000002111) and frog (XP_002932948)) can be found in the databases as
390 automatic predictions and genome annotations. Functional studies on non-mammalian
391 species were performed only very recently in Pekin duck⁵², zebrafish⁴⁷, and goldfish,⁴⁷ in
392 fish, CRFB7 was identified as being *IL10R1*. Compared to their ligand, the *IL10R1*
393 sequences have diverged to a larger degree throughout evolution. Nevertheless, the
394 genomic organization (synteny) and gene structure of the CRFB family members that
395 include the *IL10R1* homologues is highly conserved (Fig. 4) and allowed for a relatively
396 straightforward identification of the IL10R1 (CRFB7) in non-mammalian vertebrates.

397 In the human, chicken, frog and zebrafish genomes the gene(s) is always flanked by
398 *TMPRSS13*, *FXVD6* and *DSCAML1* upstream, and by *TMPRSS4*, *SCN4B* and *SCN2B*
399 downstream (Fig. 4A) making it easier to identify the *IL10R1* sequences by synteny
400 analysis.⁴⁷ Like most other class II helical cytokine receptors in vertebrates, IL10R1
401 (CRFB7) is encoded by a gene composed of 7 exons and 6 introns of respective phases 1, 2,
402 1, 0, 1 and 0 (Fig. 4B).

403 The mammalian, avian, amphibian and fish *IL10R1* genes encode proteins with conserved
404 residues particularly in the regions that are needed for the formation of the hydrophobic
405 patches where ligand binding occurs.^{47,52} With respect to the intracellular portion of the
406 receptor, JAK1-binding motive (PXXL) has been highly conserved and can be found within
407 the first cytoplasmic residues in all species studied (Fig. 4C).^{47,52} Two conserved peptide
408 motifs containing a conserved tyrosine residue (GYXXQ) predicted to be involved in the
409 recruitment of STAT3 can be found after the JAK1 binding site in avian⁵² and most
410 mammalian sequences (Fig. 4C). In some mammalian species such as mouse and rat as well
411 as in birds, an additional STAT3 recruitment site can be found upstream of the canonical
412 sites. Fish and frog sequences present one very conserved STAT3 recruitment site,⁴⁷
413 identified as GYXXQ, and a second non-canonical site identified as DYLLQ in frog and
414 GYRSG in fish. In fish and birds but also in rabbit and horse a third tyrosine residue can be
415 found downstream of the other two (canonical) STAT3 recruitment sites (Fig. 4C). Finally,
416 in fish species where the ligand was found to be duplicated (e.g. common carp) also the
417 receptor is present in two copies, adding an additional degree of complexity to the
418 understanding of IL10 signaling in fish. A report in rainbow trout described one CRFB7
419 molecules,⁶⁰ but this might also be due to the preliminary assembly of the genome.
420 Furthermore, the exact contribution of each of the canonical as well as additional (potential)

421 STAT3 recruitment sites in the cytoplasmic tail of the IL10R1 of fish and frog has not been
422 systematically addressed and awaits further investigation.

423 IL10R1 is typically expressed on immune cells and in immune organs.⁴ Avian and fish
424 IL10R1 are most expressed in spleen and thymus followed by bursa, lung and cecal tonsil
425 in the case of birds and gills, kidney and gut in fish.^{47,52,61} In general, highest expression is
426 detected in hematopoietic (fish kidney, avian bursa) and immune organs, especially in
427 mucosal immune tissues such as gut, lung and gills. In carp and goldfish, IL10R1 is highest
428 expressed in macrophages, considered the main cellular target of IL10, followed by
429 neutrophils, B cells and thymocytes.^{47,61} In goldfish monocytes, IL10R1 is specifically
430 downregulated by inflammatory signals, such as bacterial or parasite antigens, but is
431 marginally regulated by poly I:C or zymosan.⁴⁷ Duck PBMCs stimulated with PMA exhibit
432 a rapid upregulation of the receptor in the first 2 hours, falling even below the basal levels
433 after 8 hour stimulation.⁵² Not much more is known about the regulation of the expression
434 of IL10R1 besides mammals. The data so far indicate that inflammatory stimuli would
435 generally downregulate the expression of this anti-inflammatory-related molecule and that
436 IL10 itself is also able to downregulate its own receptor, hinting at a conserved negative
437 feedback loop in the IL10 system.⁴⁷

438

439 **B. The IL10 receptor 2**

440 The IL10 receptor 2 belongs to the R2 type subunits of CRFB receptors. These subunits
441 contain shorter intracellular domains and act as co-receptors for the R1 subunits after
442 binding of the latter to the ligand.⁶² IL10R2 is not exclusive for IL10 and, in mammals, also
443 serves as a co-receptor for other IL10 family members (i.e. IL22, IL26) and for type III
444 interferon signaling.⁶³⁻⁶⁵ In mammals, the gene cluster *IFN- α receptor-2 (IFNAR2)*,

445 *IL10R2*, *IFNAR1* is a very conserved group of synteny.⁶⁶ The first non-mammalian *IL10R2*
446 sequence was identified in chicken using a hybridization probe against human *IL10R2*; by
447 synteny analysis it led to the identification of *IFNAR1* and *IFNAR2* (Fig. 5A).⁵¹ In the same
448 study, the hybridization approach failed to identify the *IL10R2* gene in a fish genome.
449 Owing to the first available high quality fish genomes, and using protein similarities, gene
450 structure similarities and synteny, the fish homologues of the mammalian *IL10R2* gene
451 have been identified in 2003.⁵⁸ They are named *CRFB4* and *CRFB5* and are present in all
452 fish genomes analyzed so far. They are most probably derived from a recent duplication
453 event. As it can be easily appreciated in figure 5A, the gene cluster *IFNAR2*, *IL10R2*,
454 *IFNAR1* is highly conserved not only in mammals, but also in birds, reptiles and
455 amphibians. Such conservation however is completely lost when it comes to fish genomes
456 (Fig. 5A);⁶⁷ also when comparing several fish genomes, many differences can be found in
457 the locus organization of most of the *CRFBs* homologous to the genes involved in these
458 gene cluster. For example, all fish express two *IFNAR2* homologues named *CRFB1* and
459 *CRFB2* (Fig. 5A)⁶⁸ but they are often found in regions very distant from, rather than in
460 proximity of, the putative *IL10R2* genes (i.e. *CRFB4* and *CRFB5*). Furthermore, a fish-
461 specific *CRFB3* gene is present only in some fish species, but when present, it is found in
462 the gene cluster neighboring the potential *IL10R2* genes. To complicate matters, the *CRFB6*
463 gene (previously confirmed to be the *IFNGR2* homologue)⁵⁹ is present in all fish species,
464 but only in some it is found neighboring the *CRFB4* or *CRFB5* gene; similarly to *CRFB3*,
465 *CRFB4* and *CRFB5*, it encodes a protein with a short cytoplasmic tail. Altogether, solely
466 based on *CRFB4* and *CRFB5* protein structure (both encoding for a co-receptor with short
467 cytoplasmic tail), or on the genomic organization of the locus, it was not possible to
468 unequivocally determine which of the two would be the functional equivalent of *IL10R2*.

469 The question about which between CRFB4 and CRFB5 could act as the actual co-receptor
470 of IL10R1 (CRFB7) was recently addressed in grass carp using a functional approach.
471 Grass carp kidney cell lines were transfected with a pSTAT3-luciferase reporter plasmid
472 together with a vector encoding for the IL10R1 in combination with either CRFB4 or
473 CRFB5. After stimulation with recombinant IL10 an increase in the luciferase activity was
474 observed only in cells transfected with the CRFB7+CRFB4 combination, providing the first
475 functional indication that CRFB4 is the likely co-receptor for the IL10R complex in fish.⁶⁹
476 Previous functional studies in zebrafish on the characterization of the type I IFN receptor
477 complex indicate that CRFB5 acts as the co-receptor for CRFB1 and CRFB2 involved in
478 type I IFN signaling.⁵⁹ Based on the functional work performed in grass carp and zebrafish,
479 and despite the high sequence similarity between CRFB4 and CRFB5, it is unlikely that the
480 type I IFN and the IL10 system would share common co-receptor subunits. This leaves
481 indeed CRFB4 as the most likely co-receptor of CRFB7 in IL10 signaling. Nevertheless,
482 only a systematic functional approach using both, IL10 and type I IFN ligands would give
483 us a definite answer.

484 It is very important to mention that in databases such as ensembl.org automatic gene
485 annotation assigned the name *IL10R2* (or *IL10Rb*) to all *CRFB5* present in fish genomes.
486 When the *IL10R2* GeneTree is generated in ensembl
487 (<http://www.ensembl.org/Multi/GeneTree/Image?gt=ENSGT00530000063449>) two main
488 clusters are clearly generated: one containing the *IFNARI* sequences clustering together
489 with the fish *CRFB5* (here wrongly named *IL10R2/b*) and a second branch containing fish
490 *CRFB4* grouping together with the *IL10R2* sequences in other species. Therefore, in this
491 example, phylogenetic analyses already hint at the incorrect annotations of the *CRFB4* and

492 *CRFB5* sequences in the database, and stress the confusion that can be generated by
493 automated annotations.

494 With respect to gene structure and expression, in all investigated vertebrates, including fish
495 *CRFB4* and *CRFB5*, the genes present seven exons of conserved length and six introns of
496 variable length (Fig. 5B). Like in mammals, gene expression studies in frog and duck
497 (*IL10R2*) and fish (*CRFB4* and *CRFB5*) show that these molecules are constitutively
498 expressed in all tissues examined being highest expressed in immune organs and lowest in
499 muscle, heart and brain.^{58,69-71} The expression levels remain stable in most cells even after
500 activation.^{65,71} With respect to protein structure, chicken, duck and frog *IL10R2* genes
501 encode for proteins that have about 40% amino acid identity to the human counterpart,
502 while fish proteins are only 30% identical to the human homologue. *IL10R2* proteins from
503 fish and amphibian share the 4 conserved cysteine residues important for the linkage of the
504 extracellular β -strands, but chicken and duck proteins only present 3 of these 4 conserved
505 residues.⁷⁰

506 Altogether, in teleost fish *CRFB* genes have evolved rapidly and independently not only
507 from their mammalian counterpart but also from homologous genes in other tetrapods. This
508 is especially reflected in the poor conservation of the *IFNAR2*, *IL10R2*, *IFNAR1* genomic
509 locus in teleosts. The approach taken to identify *CRFB4* as the functional *IL10R2*, shows
510 how functional analysis, together with genomic and gene structure analysis, have all been
511 instrumental to unravel the role especially of this fast evolving gene. The incorrect
512 annotation in the database of *CRFB5* as *IL10R2*, further confirms how automated analysis,
513 not supported by functional data, can lead to incorrect conclusions. Finally, considering that
514 in some species, such as common carp (unpublished observation), Atlantic salmon⁷² and

515 possibly trout, the genes encoding for IL10 and its receptors are duplicated, we can expect
516 that unique features and regulatory mechanisms might be unraveled by the study of
517 duplicated genes in teleost fish.

518

519 **C. Downstream signaling**

520 In mammals, upon binding of IL10, the IL10 receptor complex activates the Janus tyrosine
521 kinases, JAK1 and TYK2, associated with IL10R1 and IL10R2 respectively. The
522 cytoplasmic tail of IL10R1 is phosphorylated leading to the recruitment and subsequent
523 phosphorylation of STAT3 by the kinases.³ What happens downstream the IL10 receptor is
524 not very well documented in non-mammalian species, with only a few reports in fish
525 dealing with the prototypical signaling cascade of STAT3 phosphorylation and activation
526 of the *SOCS3* gene. By use of cross-reacting antibodies recognizing phosphorylated
527 STAT3, it was possible to show that goldfish, common carp and grass carp IL10 induce
528 STAT3 phosphorylation and translocation to the nucleus.^{27,30,61} Phosphorylation of
529 cytoplasmic STAT3 occurs in the first 15 minutes after stimulation even though the cellular
530 association of IL10 with the receptor persists for more than 90 minutes.²⁷ *SOCS3*
531 expression, in fish as in mammals, is also upregulated within the first hours of exposure to
532 IL10^{27,30,61} and this effect can be abolished by a STAT3 inhibitor.³⁰ What remains to be
533 studied, in fish and in other vertebrate species, is the significance of the various canonical
534 and non-canonical STAT3 binding sites and how this, together with serine-rich stretches of
535 residues, might affect the downstream signaling. Furthermore, in human and mice it has
536 been observed that not all STAT3-inducing receptors, e.g. IL6R, trigger anti-inflammatory
537 responses. This implies that activation of STAT3 might not be the only mechanism
538 required for the anti-inflammatory activity of IL10. Inhibition of NFκB activation,

539 translocation as well as DNA binding have all been shown to occur in various cell types
540 following IL10 stimulation. The inhibition of NFκB activity by IL10 would explain the
541 large number of immune response genes that are less responsive to stimuli or are
542 downregulated following IL10 treatment (reviewed by Mosser and Zhang).³ SOCS3
543 activation is a hallmark of IL10 (and not IL6) induced gene expression, possibly suggesting
544 that SOCS3 might play a unique role in the IL10-specific response. Detailed analysis of the
545 IL10 signaling pathway in various cell types, besides the activation of STAT3, has not been
546 systematically addressed in non-mammalian species. As mentioned above, the cytoplasmic
547 tail of the IL10R1 presents various canonical and non-canonical STAT3-binding sites. This,
548 together with the presence of additional tyrosine and serine-rich motives in the cytoplasmic
549 tail, leaves open the possibility that, also in non-mammalian species, IL10 might act
550 through signaling mechanisms other than STAT3.

551

552 **III. BIOACTIVITY**

553 The conservation of the IL10 protein, signaling pathway and the expression dynamics upon
554 stimulation or infection hint to a conservation of bioactivity when compared to mammals.
555 But actual bioactivity studies of non-mammalian IL10 on different cells of the immune
556 system are very scarce and have been conducted only in a few avian and fish species.

557

558 **A. Bioactivity on phagocytes**

559 Monocytes, macrophages and neutrophilic granulocytes are among the main targets of
560 IL10. This cytokine is known to strongly inhibit phagocytes by downregulating the
561 production of toxic radicals, phagocytosis, antigen presentation and expression of
562 proinflammatory cytokines.^{3,6}

563 The only study in chicken addressing the inhibitory activity of IL10 on macrophages made
564 use of neutralizing antibodies against chicken IL10.⁷³ Chicken bone marrow-derived
565 macrophages (BMMs) were shown to produce nitrogen radicals upon LPS stimulation and
566 to readily express IL10 protein as early as 2 h after stimulation. Under the same conditions,
567 the addition of IL10 neutralizing antibodies led to a significant increase in nitrogen radical
568 production by BMMs.

569 The effect of IL10 on phagocytes of other avian species, reptiles or amphibians has not
570 been investigated thus far. Nevertheless, a substantial amount of data is available from
571 studies in various teleost fish species. Recombinant goldfish IL10 was shown to
572 significantly reduce the respiratory burst induced in goldfish monocytes by *Aeromonas*
573 *salmonicida* or IFN γ stimulation as well as the expression of several pro-inflammatory
574 genes including *TNF α 1*, *TNF α 2*, *IL10*, *CXCL8* and the NADPH oxidase component
575 *p47^{phox}*. Under the same conditions, goldfish splenocytes showed downregulation of the
576 expression of IFN γ .²⁷ In mammals, the inhibition of the respiratory burst in macrophages by
577 IL10 is mainly attributed to an indirect effect of IL10 acting through the downregulation of
578 TNF α rather than directly on radical production and release.^{74,75} In the case of goldfish,
579 besides downregulation of *TNF α 1* and *TNF α 2*, a direct effect of IL10 on the respiratory
580 burst was demonstrated due to the direct downregulation of NADPH oxidase components.²⁷
581 Recombinant carp IL10, similarly to goldfish IL10, significantly inhibited the PMA and
582 LPS induced production of toxic oxygen and nitrogen radicals in carp macrophages and
583 neutrophils.^{61,76} The effect was dose dependent and very rapid, again pointing towards a
584 direct inhibitory effect of IL10 on fish phagocytes. Carp IL10 also inhibited the LPS-
585 induced expression of proinflammatory genes in macrophages and neutrophils. More

586 specifically, *IL1 β* , *TNF α* , *iNOS* and *IL6* were downregulated in both cell types and the *p35*
587 gene was downregulated only in macrophages. Carp IL10 also showed inhibitory effects on
588 genes involved in antigen presentation in carp neutrophils, but not macrophages, as it
589 downregulated the expression of *MHCI* and *MHCII* genes⁶¹ and the surface expression of
590 MHCII protein.⁷⁶ Interestingly, as mentioned above, common carp and trout present two
591 copies of the *IL10* gene both encoding for potentially functional proteins. While the
592 biological activity of both isoforms was not compared in trout, functional studies in
593 common carp, using recombinant IL10a and IL10b, clearly indicate that the two proteins
594 have identical biological activities. Nevertheless, as discussed in section I.A.1.a., the
595 transcriptional regulation of the paralogues is different under various conditions,
596 consistently with their different promoter regions. This indicates that although they might
597 bind to the same receptor complex and trigger the same signaling in carp leukocytes, they
598 might not be expressed under the same circumstances and at the same level. This points
599 towards a possible sub-functionalization, rather than functional redundancy, of paralogous
600 genes, further increasing the level of regulation and fine tuning of the immune system in
601 those species presenting multiple gene copies.

602 The direct effect of fish IL10 on phagocytes was also studied in grass carp. Recombinant
603 grass carp IL10 inhibits the LPS-induced transcription of *TNF α* , *IL1 β* , *IL8* and *iNOS* in
604 monocytes/macrophages.⁷⁷ On the same cells the authors also tested the effect that
605 endogenous IL10 had on TGF β 1 expression, another important regulatory cytokine. LPS
606 was found to induce proinflammatory gene expression in monocytes/macrophages after 6 h
607 and the upregulation was reduced at 12 h when endogenous IL10 and TGF β 1 mRNA and
608 protein levels increased. When IL10 and TGF β 1 blocking antibodies were used, the

609 stimulatory effects of LPS were still significantly high at 12 h, confirming the inhibitory
610 activity exerted by the endogenously produced anti-inflammatory cytokines. The inhibitory
611 activity exerted by grass carp IL10 and TGF β 1 on LPS-induced NF κ B activation was also
612 investigated. The protein I κ B α , which inhibits NF κ B by blocking its ability to bind DNA,
613 is degraded in grass carp monocytes/macrophages upon LPS stimulation. Both, IL10 and
614 TGF β 1 showed the ability to block LPS-induced I κ B α protein degradation thereby
615 attenuating the pro-inflammatory effect of LPS.⁷⁷

616 Altogether we can conclude that the prototypical anti-inflammatory activities of IL10 on
617 phagocytes are generally conserved also in non-mammalian vertebrates. What perhaps still
618 needs to be further investigated is the ability of IL10 to also inhibit antigen presentation by
619 macrophages. The studies performed so far in fish on the regulation of antigen presentation
620 do not show a significant effect of IL10 on macrophages.⁷⁸ The study however only
621 focused on *MHCII* transcription rather than protein expression, leaving open the possibility
622 that IL10 might directly affect MHCII protein expression on macrophages thereby lowering
623 their antigen presentation capacity.

624

625 **B. Bioactivity on lymphocytes**

626 The effect of IL10 on B and T lymphocytes is diverse. On the one hand IL10 is known to
627 induce proliferation, antigen presentation, differentiation and antibody secretion in B
628 lymphocytes^{11,12} and to promote proliferation of subsets of CD8⁺ T lymphocytes.¹⁴ On the
629 other hand, it directly inhibits cytokine synthesis and proliferation of CD4⁺ Th1 and Th2
630 lymphocytes, indirectly affecting the progression or the resolution of the adaptive immune
631 responses.⁸⁻¹⁰ The paucity of tools available to study B and T cell biology in non-

632 mammalian vertebrates makes the characterization of these cells and their function very
633 difficult. Only few markers are available to separate different cell populations and the
634 different lymphocyte responses known in mammals have not been fully characterized in all
635 non-mammalian vertebrate species. Nevertheless, some advances have been made in the
636 last years, especially in chicken and in a few teleost fish species owing to the development
637 of B and T cell-specific monoclonal antibodies or to the identification of cross-reactive
638 antibodies against mammalian transcription factors.

639 In chicken, recombinant IL10 inhibits IFN γ transcription and protein expression in mitogen
640 stimulated lymphocytes from spleen. IL10 also inhibits the ability of the supernatants of
641 these stimulated lymphocytes to induce nitrogen radicals, probably due to the lower
642 concentrations of IFN γ , indirectly affecting the activity of the phagocytes.¹⁸ Duck
643 recombinant IL10 inhibits the expression of IL2 induced by mitogen stimulation of
644 PBMCs.¹⁷

645 In teleost fish, recombinant carp IL10 inhibited the IL2-induced proliferation of
646 thymocytes.⁷⁶ This is in contrast with the activity of mammalian IL10 on the same cell
647 type⁷⁹ but the biological implications of this difference remain to be studied. Interestingly,
648 only in immunized carp, IL10 showed to enhance proliferation of a subpopulation of T cells
649 when administered with the immunizing antigen.⁶¹ Under the same conditions IL10 had no
650 effect on proliferation of naïve T cells, suggesting that the stimulatory effect of IL10 is
651 restricted to a subpopulation of memory T cells. Due to the lack of antibodies against T
652 cell surface markers, the class of T cells involved in this response was characterized only
653 by real time-quantitative PCR and the results indicated that IL10 inhibited the Th1 and Th2
654 responses induced by the immunizing antigen while promoting the proliferation of a subset

655 of CD8⁺ T cells. Further characterization of the specific T cells populations stimulated by
656 IL10 is expected soon owing to newly developed antibodies specific for various subsets of
657 carp T cells.

658 In carp, the availability of an anti-IgM antibody⁸⁰ allowed for the study of the effect of
659 IL10 specifically on IgM⁺ B cells. Recombinant carp IL10 directly promoted IgM⁺ B cell
660 proliferation in sorted cells and in mixed PBL cultures; the stimulatory effect was further
661 enhanced by LPS or *Trypanoplasma borreli* antigens, both known to induce a polyclonal
662 activation of carp IgM⁺ B cells.^{61,76} Contrary to what was found in neutrophils, IL10
663 increased the surface expression of MHCI molecules in IgM⁺ B cells possibly improving
664 antigen presentation by these cells.⁷⁶ Regretfully, the lack of specific antibodies to detect
665 MHCII left this characterization incomplete, but what is clear is that carp IL10 exerts
666 differential and cell type-specific effects on MHCI protein expression with possible
667 consequences on antigen presentation. In carp head kidney leukocyte cultures IL10 induced
668 an increase in secreted total and antigen specific IgM, which also correlated with an
669 increase in differentiation of plasmablasts to plasma cells.⁶¹ These studies in carp show well
670 conserved bioactivity of IL10 on B cells when compared to mammals but focus only on
671 IgM⁺ B cells. To complete these studies, the effect of fish IL10 on IgT⁺ and IgD⁺ B cells
672 should be conducted.

673 In grass carp IL10 enhanced cell viability of PBLs. Although the specific cell type affected
674 was not characterized, this activity resembled the prototypical effect of IL10 on B cells.
675 This effect was also shown upon incubation with TGFβ1, but further studies using blocking
676 antibodies against IL10 and TGFβ1, confirmed that the actual induction of proliferation is
677 due to the endogenous IL10 whose expression and secretion is activated by the TGFβ1.³⁰

678 In general, besides the work performed in fish, in particular in common carp, not much is
679 known about the activities of IL10 on lymphocytes in non-mammalian species.
680 Nevertheless, based on the work in teleost fish, on the indirect data in chicken and duck,
681 and considering the structural conservation of the protein discussed above, it could be safe
682 to speculate that IL10 activities on lymphocytes might be conserved also in non-
683 mammalian vertebrates.

684

685 **IV. VIRAL HOMOLOGS**

686 A common strategy used by DNA viruses to counteract the host immune system is the
687 expression of homologs of host genes, in particular cytokines, chemokines, growth factors
688 and cytokine receptors.⁸¹ IL10 homologs have been identified in multiple members of the
689 Poxviridae and Herpesvirales and, although they share relatively low amino acid identity
690 with their host counterpart, they can still bind to the IL10R complex, effectively mimicking
691 at least part of the biological activities of the host protein.^{82,83} Among the most studied
692 IL10 viral homologs are those produced by the human Cytomegalovirus (CMV)⁸⁴ and
693 Epstein-Barr virus (EBV),² although more than 20 cytokine homologs have been described
694 in viruses infecting mammals including horse,⁸⁵ monkeys,⁸⁶ sheep,^{87,88} cow,⁸⁹ goat,⁹⁰
695 camel⁹¹ and even bats.⁹² This phenomenon is not restricted to mammals, as several viruses
696 infecting birds (pigeon pox virus, penguin pox virus⁹³ and canary pox virus),⁹⁴ reptiles
697 (testudinid herpesvirus)⁹⁵ and fish (anguillid herpesvirus 1⁹⁶ and cyprinid herpesvirus 3)⁹⁷
698 present IL10 homologs in their genomes. Sequence analysis of these homologs showed
699 again low sequence identity but conservation of the essential residues required for receptor-
700 binding. Nevertheless, uncharacterized biological functions for these proteins cannot be
701 excluded. Besides studies on CMVIL10 and EBVIL10, functional studies on the biological

702 activities of viral cytokine homologues have been conducted only on the cyprinid
703 herpesvirus 3 IL10 homologue ($CyHV3IL10$).

704 Open Reading Frame 134 (ORF134) of $CyHV3$ encodes for the $CyHV3IL10$, which was
705 shown to be the second most abundant protein in the virus secretome.⁹⁸ It was found to be
706 highly expressed in infected carp tissues during the acute and reactivation phases of viral
707 infection and at lower levels during virus persistence at low temperatures.⁹⁹ The predicted
708 three-dimensional structure and residues important for the interaction with the IL10R1 are
709 highly conserved.⁴⁸ Indirect evidence of $CyHV3IL10$ signaling via this receptor was provided
710 by a study in zebrafish using a morpholino approach, in which knock-down of the *IL10R1*
711 abrogated the response to both $CyHV3IL10$ and zebrafish IL10.⁹⁹ More direct evidence was
712 provided by work in common carp, in which recombinant $CyHV3IL10$ was shown to induce
713 phosphorylation of STAT3 and expression of *SOCS3* in carp leukocytes.⁷⁶ Furthermore,
714 recombinant $CyHV3IL10$ was shown to share several activities with its host counterpart, carp
715 IL10: it inhibited the respiratory burst in phagocytes, downregulated the expression of
716 proinflammatory genes in macrophages and promoted proliferation of IgM⁺ B cells and of
717 certain subsets of memory CD8⁺ T cells.⁷⁶ In zebrafish, injections of $CyHV3IL10$ mRNA
718 induced an increase in the number of lysozyme-positive cells in zebrafish embryos in a
719 manner similar to zebrafish IL10.⁹⁹ Nevertheless, similarly to some mammalian viral
720 cytokines such as $EBVIL10$, it does not mimic the full repertoire of host IL10 activities.
721 $CyHV3IL10$ presented lower effects on the inhibition of proinflammatory cytokines
722 expression in neutrophils, failed to inhibit nitrogen radical production and did not affect
723 expression of molecules involved in antigen presentation and thymocyte proliferation.⁷⁶
724 These differences are most likely due to difference in affinity of the viral IL10 to the
725 receptor, but the possibility of an alternative signaling pathway, depending on the cell type,

726 cannot be excluded. Some effects of CyHV3 infections on the innate immune response of
727 the host, such as inhibition of type I interferons¹⁰⁰ and inhibition of apoptosis,¹⁰¹ have also
728 been attributed to its ability to express an IL10 homolog among other anti-inflammatory
729 proteins. Interestingly, although *CyHV3*IL10 is highly secreted upon infection and has
730 important anti-inflammatory properties, in vivo studies using recombinant virus strains with
731 a deleted ORF134, suggested that *CyHV3*IL10 is not essential for viral replication in vitro or
732 virulence in vivo.⁹⁸ This apparent contrast should be further studied to unravel the
733 biological relevance of this viral homolog. Considering the importance of IL10 in
734 regulating the immune response and the vast number of viruses carrying IL10 homologues,
735 it would be certainly interesting to gather more data on the function of viral IL10s in other
736 non-mammalian species. Furthermore, considering the different environments and body
737 temperature that the various hosts live in, it would be interesting to investigate how and
738 possibly why the same viral IL10 homologue has been retained throughout viral evolution.
739 This will not only give important insight in virus biology, but will certainly help us
740 understand the key features of the host IL10 that have been retained through host and virus
741 evolution.

742

743 **V. IL10 EXPRESSION: WHO, WHERE AND WHEN?**

744 **A. Tissue expression and cellular sources of IL10**

745 In mammals it has been shown that IL10 can be produced by almost all leukocyte subtypes,
746 with CD4⁺ T cells and monocytes/macrophages being the most important sources.³
747 Together with the identification of the sequence, the basal expression of *IL10* in different
748 tissues has been reported for several non-mammalian vertebrates. Chicken and duck *IL10*
749 showed higher expression in bursa and cecal tonsil and moderate expression in thymus,

750 liver and lung; no constitutive expression could be found in chicken spleen and bone
751 marrow as well as in non-lymphoid tissues such as kidney, brain, heart and muscle. In
752 contrast, in duck constitutive expression of *IL10* can be found in spleen and the highest
753 expression is seen in lung.^{17,18} In frogs, the highest constitutive expression is found in
754 kidney, spleen and gut, and low expression is seen in liver or heart.¹⁹ In teleost fish, the
755 constitutive expression in different tissues varies among species.^{20–23,25–27,29,30} Head kidney,
756 gut and gills showed constitutive high expression in all investigated species; the same was
757 true for spleen with the exception of fugu. The expression in isolated cell types was only
758 determined in carp (Piazzon, manuscript in preparation) and goldfish,²⁷ where neutrophilic
759 granulocytes and monocytes/macrophages are the cells expressing the highest levels of
760 *IL10*. In rainbow trout the expression of the *IL10* paralogues was investigated in a
761 mononuclear/macrophage-like cell line (RTS-11) showing that both paralogues can be
762 expressed and are differentially regulated by various stimuli.³¹
763 In chicken, bone-marrow derived macrophages and the HD11 macrophage cells line were
764 shown to considerably upregulate *IL10* expression and protein production when stimulated
765 with LPS.⁷³
766 In fish, other than immune cells, the epithelial cell line from fathead minnow (EPC) is able
767 to express *IL10* and its expression is regulated by poly I:C and ranavirus infections.¹⁰²
768 Similarly, in rainbow trout, the epithelial cell line RTL from liver, the fibroid cell lines
769 RTG-2 from gonad, and RTGill from gills, were all shown to express *IL10* and
770 differentially regulate its expression upon poly I:C, LPS or IFN γ stimulation.²² It is
771 important to note that observed differences between species can be due to the use of
772 different techniques to measure expression, some used real time-quantitative PCR while
773 others used standard PCR with lower detection limits. Other differences, such as the

774 expression in PBMC (PBL in fish), can be attributed to the different composition of
775 circulating leukocytes that varies greatly among species. Despite this, we can state that in
776 general, there is high expression of *IL10* transcripts in mucosal tissues such as gut, gills or
777 lungs. This expression pattern is expected owing to the homeostatic and tolerogenic role
778 played by IL10 at these surfaces, preventing excessive immune responses against ingested
779 or inhaled antigens as well as microbiota at mucosal sites. Immune tissues such as spleen,
780 avian bursa and cecal tonsil, or fish head kidney also generally present high constitutive
781 expression of this cytokine.

782

783 **B. Kinetics of *IL10* expression**

784 IL10 expression is highly regulated and is generally expected following or concomitantly
785 with the expression of pro-inflammatory mediators. Several studies show that *IL10* is
786 upregulated by proinflammatory molecules such as bacterial and viral PAMPS. For
787 instance, LPS, Poly I:C, bacterial and mitogen stimulations rapidly increase the expression
788 of *IL10* on chicken, duck, frog and fish cells and tissues. The induction of the expression of
789 this cytokine starts quite early; peaks between 6 and 24 h depending on the species, tissue
790 and treatment, and goes down gradually generally lasting longer than the expression of the
791 pro-inflammatory genes.^{17,19,21–23,25,26,29,73,103} This early induction has been proposed as a
792 “self-control” mechanism to limit collateral damage caused by exaggerated
793 inflammation.^{103,104} TNF α stimulation of goldfish monocytes and macrophages
794 downregulated *IL10* expression corroborating the presence of the TNF α responsive element
795 reported in fugu.^{20,27}

796 IL10 can also be induced by anti-inflammatory mediators such as TGFβ1.³⁰ LPS-stimulated
797 grass carp monocytes start producing proinflammatory mediators in the first hours and
798 shortly after, the expression of *TGFβ1* and *IL10* starts and remains high controlling the
799 expression of the pro-inflammatory mediators.⁷⁷

800 To note, most of the aforementioned studies refer to gene expression data although it was
801 already previously mentioned that IL10 is highly regulated also at posttranscriptional
802 levels. Therefore, the development of specific antibodies for the analysis of protein levels
803 would be crucial. This would allow to study the ratio of pro-/anti-inflammatory cytokines
804 in various cell types upon treatment or infection and to obtain valuable information about
805 the regulation of this cytokine at total protein levels.

806

807 **C. Role of IL10 in infection, inflammation and in stress**

808 The ability of certain cells or tissues to express *IL10* has been related to different
809 pathogenic or stress situations. In some cases, differential expression of IL10 in different
810 genetic backgrounds was associated to disease resistance or susceptibility. For instance, in
811 chicken, susceptible and resistant animals have been described regarding *Eimeria maxima*
812 (protozoan intestinal parasite) infections. Upon infection, susceptible birds show increased
813 *IL10* expression in the small intestine when compared to resistant birds. Although the
814 expression of other proinflammatory mediators such as IFNγ does not seem to be affected,
815 the high levels of IL10 in the susceptible line may counteract inflammation, possibly
816 contributing to the inability of these animals to limit the growth of the parasite. Uninfected
817 animals already show an important difference in the constitutive expression of *IL10*, as

818 spleens of susceptible birds express 43 fold higher amounts of *IL10* when compared to the
819 resistant line.¹⁸

820 A similar observation was obtained in teleost fish. Two different common carp strains have
821 been described to present different susceptibilities and mortality rates upon infection with
822 the haemoflagellate parasite *Trypanoplasma borreli*. While the resistant strain shows
823 upregulation of *IL10* in later phases of the infection coinciding with the downregulation of
824 proinflammatory genes and increase in specific antibodies, the susceptible line shows an
825 abnormal early expression of *IL10* leading to a reduced inflammatory response and higher
826 mortalities (Fig. 6).¹⁰⁵ Again, in common carp, a single nucleotide polymorphism in the
827 *IL10a* promoter has been strongly associated to resistance against cyprinid herpes virus 3
828 infections.³²

829 It is clear that also in non-mammalian vertebrates a well-regulated expression of *IL10*
830 during the course of the inflammatory processes is crucial, and dysregulation of the IL10
831 network has been associated with mortalities or higher disease susceptibility. For example,
832 specific chicken breeds with impaired *IL10* expression show prolonged inflammation and
833 infectious symptoms when exposed to *Campylobacter jejuni*, a commensal bacteria in
834 chicken.¹⁰⁶ It is widely accepted that correct IL10 regulation and expression is especially
835 important in maintaining gut homeostasis, and dysregulation of this molecule leads to
836 pathologic situations such as inflammatory bowel disease or ulcerative colitis widely
837 studied in mammals.¹⁰⁷ In Tetraodon, ablation of regulatory T cells through administration
838 of neutralizing anti-CD25 antibodies, led to a decrease in *IL10* expression in the gut and to
839 an increase in pro-inflammatory gene expression as well as intestinal lesions.¹⁰⁸ The data
840 presented in this study closely resemble those seen in mammalian models of gut
841 inflammation, nevertheless, a direct link between IL10 levels and disease outcome needs to

842 be formally proven. Other studies in fish focusing on the enteritis model, tried to find a link
843 between IL10 and intestinal health. In zebrafish, oxazolone-induced enterocolitis was
844 characterized by an increased expression of *IL10* together with *IL1 β* and *TNF α* .¹⁰⁹ When
845 common carp are fed with soy containing feeds they develop transient enteritis and recover
846 after 4 weeks. During this process *IL10* upregulation was observed already after 1 week of
847 feeding, more or less coinciding with the peak of inflammation and with the upregulation of
848 *IL1 β* . The anti-inflammatory molecule that was upregulated during the recovery phase was
849 *TGF β* .¹¹⁰ In the case of the pathogenic enteritis caused by *Enteromyxum leei* in seabream,
850 *IL10* showed the highest upregulation among all the interleukin genes studied in the gut and
851 this upregulation is much prominent in later phases of infection¹¹¹ coinciding with the peak
852 of antibody production (unpublished observation). The use of probiotics and
853 immunostimulants in animal feed also showed to regulate IL10 levels. The introduction of
854 *Saccharomyces boulardii* in chicken diets induced a higher IL10 production in gut and at
855 the same time an increased number in IgA positive cells and positive effects on intestinal
856 ultrastructure.¹¹² The upregulation of an immunosuppressive gene upon stimulatory
857 conditions can be interpreted as a compensatory mechanism to regulate exaggerated
858 responses that can be caused by the immunostimulant.

859 Altogether, when focusing on intestinal infections or inflammation models IL10 seems to
860 have a conserved regulatory role in the gut of mammalian and non-mammalian species.
861 More studies focusing on the kinetics of IL10 expression especially at protein level will be
862 needed to better understand the multifaceted aspects of IL10 function and the role of IL10-
863 producing leukocytes, particularly at mucosal surfaces.

864 Additional (indirect) evidence of the crucial role of IL10 in the regulation of immune
865 responses to infections comes from several in vitro and in vivo studies mostly using
866 intracellular pathogens, in which the pathogen itself has been shown to possibly manipulate
867 or interfere with *IL10* expression. For instance, the facultative intracellular bacteria
868 *Franciella noatunensis* can infect Atlantic cod macrophages inducing an elevated
869 expression of *IL10*. This has been related to a downregulation of *IL1 β* , *IL6*, *IL8* and *IFN γ*
870 which in turn has been proposed as a mechanism of the pathogen to regulate the host
871 immune response.^{113,114} Mammalian mycobacterial species have been shown to increase
872 SOCS3 levels as a strategy to downregulate inflammation.¹¹⁵ In *Mycobacterium marinum*-
873 infected goldfish elevated expression of *IL10* and *SOCS3* has also been observed but
874 whether upregulation of *SOCS3* is caused directly by the bacteria or by increased levels of
875 IL10 is yet to be determined.^{116,117} Upon infection with infectious pancreatic necrosis virus
876 (IPNV) Atlantic salmon spleen, head kidney and liver increase the expression of *IL10* and
877 this is also proposed as a pathogen strategy to control the inflammatory response induced
878 by *IFN γ* and favor a switch towards an anti-inflammatory state.¹¹⁸ Actually, the strategy of
879 regulating the cytokine network of the host, and more specifically, the use of anti-
880 inflammatory molecules such as IL10, is well known for several pathogens, including
881 viruses.^{82,83} As seen before, some viruses encode their own IL10 homologs to regulate the
882 host immune responses further highlighting the pivotal role of IL10 in protection against
883 infections.

884 Finally, the expression of this cytokine has also been used as a marker for animal welfare as
885 its expression has been linked to certain stressful conditions or to the presence of specific
886 pollutants. It is known that tributyltin, a wide spread marine pollutant, cause

887 immunosuppressive effects in some fish species. This immunosuppressive effects have
888 been linked to an increased expression of *IL10* and *TGFβ1* caused by this pollutant in
889 Atlantic salmon.¹¹⁹ An increase in serum IL10 was found in an experimental handling stress
890 model in goldfish. In this study IL10 levels are proposed as an additional stress indicator
891 together with cortisol and glucose levels.¹²⁰

892 Altogether, the data accumulated so far, mostly in chicken and several teleost fish species,
893 point towards a strong conservation of the regulatory role of IL10 during infection and
894 inflammation. Even in non-mammalian vertebrates, manipulation of the IL10 network has
895 to be approached carefully as exaggerated expression of this cytokine can lead to an
896 immunosuppressive state facilitating pathogen invasion, whereas impaired expression can
897 lead to excessive inflammation and damage.

898

899 **VI. ZEBRAFISH MODEL AS A TOOL TO STUDY IL10**

900 Over the past years the zebrafish model has established itself as a great tool to study
901 fundamental questions in developmental biology but most of all, it has recently emerged as
902 a suitable tool to investigate biomedical questions also related to human diseases.¹²¹

903 Zebrafish is currently being used as a model to study genes involved in tumor
904 progression,¹²² stem cell development and differentiation,¹²³ several infection models of
905 host-pathogen interaction,^{124,125} drug discovery¹²⁶ as well as metabolic disease.^{127,128}

906 Owing to the availability of an ever growing number of transgenic zebrafish lines
907 expressing reporter fluorescent proteins under the control of several immune cell-specific
908 promoters, there is no doubt that the zebrafish model will serve as an additional tool to help
909 dissect IL10 biology in fish as well. Where antibodies are not available, the use of

910 transgenic reporter zebrafish lines expressing fluorescent proteins under the control of the
911 IL10 promotor can help elucidate the source(s) of IL10 expression in immune and non-
912 immune cells. Since cells can be imaged in vivo at various time points without sacrificing
913 the animal or sorting the cells, the kinetics of IL10 expression can be concomitantly imaged
914 in various cell types.

915 Most importantly, very recently, IL10 knockout mutants became available
916 (http://www.sanger.ac.uk/sanger/Zebrafish_Zmpgene/ENSDARG00000078147) and can
917 help to further elucidate the role of IL10 during infection and diseases. For example, the
918 possibility to image in real-time the kinetics of cell recruitment during tumor progression or
919 host-pathogen interaction during infections in an IL10 transgenic or in an IL10 knockout
920 background, will allow for a complementation and refinement of the approaches used to
921 date to investigate IL10 functions. Finally, through the use of knockdown or knockout
922 approaches for the candidates of the IL10 receptor complex, in a manner similar to the one
923 used for the discovery of the type I IFN receptor complex,¹²⁹ it will be possible to
924 unequivocally ascertain the role of CRFB4 in the formation of the fish IL10 receptor
925 complex with CRFB7. Altogether, we think that the zebrafish model will provide numerous
926 possibilities to expand, complement and validate the study of this (and other cytokines), not
927 only in fish, but in all vertebrate species.

928

929 **CONCLUDING REMARKS AND FUTURE PERSPECTIVES**

930 In this review we have shown that from the data accumulated thus far, there is strong
931 evidence suggesting that the structure, intracellular signaling, and overall biological
932 functions of IL10 are strongly conserved throughout vertebrate evolution. The functional
933 studies, performed mainly in chicken and teleost fish, point towards a conservation of the

934 anti-inflammatory activities of IL10 on phagocytes and to a crucial regulatory role of IL10
935 in gut homeostasis. Knowledge on the role of IL10 on lymphocytes is still scarce and only
936 addressed in fish; the association of IL10 with disease susceptibility or resistance has also
937 been partly addressed, again confirming the pivotal role of this cytokine in the regulation of
938 exacerbated inflammatory responses also in non-mammalian vertebrates. Finally, the
939 identification and functional characterization of the first non-mammalian viral IL10
940 homologue in a cyprinid herpesvirus, *CyHV3*IL10, supports the various observations
941 suggesting that manipulation of the IL10 pathway can be sufficient to tip the balance
942 between disease susceptibility and resistance.

943 Despite the many advances made in the last years in the understanding of IL10 biology and
944 function in non-mammalian vertebrates, still a few pieces of the puzzle remain open. For
945 example, the presence in some teleost species of duplicated genes, for both ligands and
946 receptors, together with the observation that gene duplication does not necessarily imply
947 functional redundancy (Piazzon, manuscript in preparation),³¹ certainly increases the level
948 of complexity of IL10 regulation in Teleosts and the role of each of the paralogues still
949 needs to be investigated in detail. Progress, although substantial, has been greatly slowed
950 down by the lack of tools (recombinant proteins, antibodies) in most non-mammalian
951 vertebrates. Nevertheless, cross-reactive inhibitors or antibodies can be found, especially
952 against transcription factors. The latter are usually well conserved molecules, and it has
953 been relatively easy to find cross-reactive antibodies, as for example against STAT3 and
954 phosphorylated STAT3.^{27,61} Nowadays, the genomes and transcriptomes of hundreds of
955 species are available in the databases. This increased enormously the possibilities to
956 perform *in silico* analyses and comparative studies in almost any vertebrate class.
957 Regardless, it is important to be aware that most of the molecules found in these databases

958 are automatic predictions and their automatic annotation should always be supported by
959 functional analysis. Finally, functional data on the biological activities of IL10 in reptiles,
960 amphibians and modern bony fish (coelacanth or lungfish) are completely lacking and
961 would certainly add important pieces to the evolutionary puzzle of IL10 evolution.

962

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970

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1317 **FIG. 1. The IL10 protein is present and conserved in all vertebrate species.**

1318 Phylogenetic tree analysis of full length IL10 protein sequences from selected species
1319 within each relevant group. The tree was constructed using the neighbor joining method
1320 within the MEGA 6 package and bootstrapped 10000 times. Bootstrap values over 50% are
1321 shown. Duplicated genes in rainbow trout (*Oncorhynchus mykiss*) and common carp
1322 (*Cyprinus carpio*) are indicated as (a) and (b) next to the species name. IL10 protein
1323 sequences can be found in all vertebrate species and it groups within each class of
1324 vertebrate. The low bootstrap values obtained are due to high sequence similarity but the
1325 tree is supported by the perfect grouping of each class of vertebrate. The accession numbers
1326 of the sequences used to perform the analysis are the following: NP_000563 *Homo sapiens*,
1327 NP_036986 *Rattus norvegicus*, NP_034678 *Mus musculus*, NP_999206 *Sus scrofa*,
1328 NP_776513 *Bos taurus*, NP_001003077 *Canis lupus familiaris*, XP_006922887 *Pteropus*
1329 *alecto*, XP_006754445 *Myotis davidii*, NP_001075514 *Oryctolagus cuniculus*, ALG04628
1330 *Lepus europaeus*, XP_007523171 *Erinaceus europaeus*, XP_004610114 *Sorex araneus*,
1331 ELW47753 *Tupaia chinensis*, ABQ40392 *Dasyopus novemcinctus*, XP_003410325
1332 *Loxodonta africana*, AIA08972 *Elephas maximus*, AAD01799 *Trichosurus vulpecula*,
1333 AFY22677 *Phascolarctos cinereus*, XP_007668455 *Ornithorhynchus anatinus*,
1334 XP_010402880 *Corvus cornix cornix*, XP_014728054 *Sturnus vulgaris*, XP_010304693
1335 *Balearica regulorum gibbericeps*, XP_010158678 *Eurypyga helias*, XP_009646203
1336 *Egretta garzetta*, XP_009463847 *Nipponia nippon*, NP_001004414 *Gallus gallus*,
1337 BAL02992 *Coturnix japonica*, NP_001297297 *Anas platyrhynchos*, XP_013045032 *Anser*
1338 *cygnoides domesticus*, XP_005230381 *Falco peregrinus*, XP_011591578 *Aquila*
1339 *chrysaetos canadensis*, XP_009325615 *Pygoscelis adeliae*, XP_009271033 *Aptenodytes*
1340 *forsteri*, KQL51993 *Amazona aestiva*, XP_005143250 *Melopsittacus undulatus*,

1341 XP_009956868 *Leptosomus discolor*, XP_008936084 *Merops nubicus*, XP_014803968
1342 *Calidris pugnax*, XP_009886505 *Charadrius vociferus*, XP_010086506 *Pterocles*
1343 *gutturalis*, XP_009581167 *Fulmarus glacialis*, EMC81973 *Columba livia*, XP_009895472
1344 *Picoides pubescens*, XP_009995817 *Chaetura pelagica*, XP_009940291 *Opisthocomus*
1345 *hoazin*, XP_009562150 *Cuculus canorus*, XP_010165026 *Caprimulgus carolinensis*,
1346 XP_008498919 *Calypte anna*, ADU34193 *Carassius auratus*, AAW78362 *Danio rerio*,
1347 cypCar_00007086 *Cyprinus carpio*(a), cypCar_00012555 *Cyprinus carpio*(b),
1348 XP_015227932 *Cyprinodon variegatus*, XP_014868952 *Poecilia mexicana*, BAD20648
1349 *Oncorhynchus mykiss*(a), FR691804 *Oncorhynchus mykiss*(b), ABM46995 *Salmo salar*,
1350 XP_004545126 *Maylandia zebra*, XP_005924770 *Haplochromis burtoni*, AAP57415
1351 *Tetraodon nigroviridis*, CAD62446 *Takifugu rubripes*, KKF31567 *Larimichthys crocea*,
1352 XP_006628630 *Lepisosteus oculatus*, AHX22596 *Paralichthys olivaceus*, XP_008318394
1353 *Cynoglossus semilaevis*, XP_010872914 *Esox lucius*, XP_010786179 *Notothenia coriiceps*,
1354 AJO68021 *Epinephelus coioides*, XP_004069312 *Oryzias latipes*, AJA39866 *Seriola*
1355 *dumerili*, XP_007247805 *Astyanax mexicanus*, XP_008294254 *Stegastes partitus*,
1356 CAK29522 *Dicentrarchus labrax*, AGS55345 *Sparus aurata*, ABV64720 *Gadus morhua*,
1357 XP_013911813 *Thamnophis sirtalis*, XP_007437603 *Python bivittatus*, XP_003224060
1358 *Anolis carolinensis*, XP_015283261 *Gekko japonicus*, EMP30816 *Chelonia mydas*,
1359 XP_005306530 *Chrysemys picta bellii*, XP_006267889 *Alligator mississippiensis*,
1360 XP_006024846 *Alligator sinensis*, CAE92388 *Xenopus laevis*, NP_001165400 *Xenopus*
1361 *tropicalis*, XP_007897740 *Callorhinchus milii*, XP_006000454 *Latimeria chalumnae*.
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1365 **FIG. 2. Genomic organization of the *IL10* locus, the *IL10* gene structure and the IL10**
1366 **protein are conserved across vertebrates. A)** Schematic organization of the *IL10* locus
1367 using the gene orders on the human chromosome as reference. The information of the gene
1368 order was retrieved from ensemble (<http://www.ensembl.org/>) using the following genome
1369 assemblies: Human GRCh38.p5, Mouse GRCm38.p4, Chicken Galgal4, Chinese softshell
1370 turtle PelSin_1.0, Frog JGI4.2, Coelacanth LatCha1, Fugu FUGU4.0 and Zebrafish
1371 GRCz10. The syntenic conserved orthologs or gene blocks are shown in matching colors.
1372 Asterisks (*) next to the chromosome (Ch) or scaffold (scaf) name indicates that the
1373 orientation was inverted to optimize the alignment. Note the overall syntenic conservation
1374 of the *IL10* locus across vertebrate species. **B)** Intron/Exon organization and length of the
1375 *IL10* gene in various vertebrate species in which the *IL10* sequence was characterized in
1376 detail. The schematics were constructed using <http://wormweb.org/exonintron>. When the
1377 gene is present in duplicate copy, the paralogues are indicated as (a) or (b) next to the
1378 species name. The numbers on the introns of the human gene denote the phase of the intron.
1379 Red vertical lines indicate the sites and number of instability motifs (ATTTA) in the
1380 untranslated regions. Note the conservation of the gene structure with 5 exons and 4
1381 introns. While exons retained the same length, intron size varied greatly among species. In
1382 amphibians, introns are a little longer than in human¹⁹ while birds present shorter introns
1383 when compared to mammals.¹⁸ The bird *IL10* gene is still 1.5-2 times longer than the fish
1384 *IL10*, making the fish gene the most compact one,^{21,23,25} with the exception of trout²² that
1385 presents introns of similar size to the mammalian counterparts. **C)** Amino acid sequence
1386 alignment of IL10 from several species (accession numbers in Fig.1) performed with
1387 PROMALS3D (<http://prodata.swmed.edu/promals3d>) using the crystal structure of human
1388 IL10 (PDB ID: 2H24) as a reference. Conserved cysteine residues are marked in black and

1389 the IL10R1 binding sites are indicated by the squares. The 27 residues predicted to make
1390 contact with the human IL10R1 are color coded as follows: blue (complete conservation),
1391 green (1-2 differences), yellow (3 differences), pink (50% conservation) and red (low
1392 conservation). Consensus amino acid (aa) symbols at the bottom of the alignment are:
1393 highly conserved aa are in bold and uppercase letters; aliphatic: *l*; aromatic: *@*;
1394 hydrophobic: *h*; alcohol: *o*; polar residues: *p*; tiny: *t*; small: *s*; bulky residues: *b*; positively
1395 charged: *+*; negatively charged: *-*; charged: *c*. Consensus secondary structure symbol “h”
1396 points to the position of the conserved alpha helices. Numbers above the alignment indicate
1397 the most conserved amino acids as compared to the human sequence, with 9 being the
1398 highest conservation score as calculated by the AL2CO sequence conservation analysis
1399 server <http://prodata.swmed.edu/al2co/al2co.php>. **D)** The sequences included in **C** were
1400 modeled with Swiss-Model (<http://swissmodel.expasy.org/>) and all automatically fitted the
1401 structure of human IL10 with good quality scores. The PDB files obtained were
1402 manipulated with Jmol 14.6.0 to obtain the 3D representations of the IL10 homodimers
1403 colored by domain. It is easily appreciated that all 3D structures are very similar and only
1404 slight differences can be observed.

1405

1406 **FIG. 3. The IL10 receptor complex in mammalian and non-mammalian vertebrates.**

1407 **A) Schematic representation of the prototypical IL10R complex in mammals:** one IL10
1408 molecule binds to two molecules of the IL10R1 which in turn recruits two molecules of the
1409 IL10R2. This leads to the activation of the JAK1 and TYK2 kinases present in the
1410 cytoplasmic tails of the receptors and subsequent phosphorylation of the tyrosine (Y)
1411 residues at specific sites in the cytoplasmic tail of the IL10R1. Phosphorylated tyrosines
1412 represent the docking sites for cytosolic STAT3, which in turn will be phosphorylated and

1413 will translocate to the nucleus. The binding site for JAK1 (PxxL) is highly conserved in all
1414 investigated species, similarly to the TYK2 binding site, whereas the number of potential
1415 phosphorylation sites in the IL10R1 tail varies among mammals and also between
1416 mammals, birds and amphibians, indicated by dashed arrows (see further details in Fig.
1417 4C). Although not investigated in detail at the functional level, orthologues of the IL10R
1418 complex in amphibians can be identified based on conserved synteny (see also Fig. 4 and
1419 5). In reptiles a conserved IL10R2 and an incomplete IL10R1 can be found at conserved
1420 genomic locations. Therefore it is likely that the IL10R complex also in reptiles would have
1421 a conserved structure although it still needs to be formally proven. **B) Schematic**
1422 **representation of the putative IL10R complex in teleost fish:** identification of the
1423 orthologues of the IL10R complex in teleost fish has proven more challenging due to the
1424 lack of sequence conservation and weak preservation of genomic (synteny) structure.
1425 Nevertheless, based on structural features and *in vitro* functional studies,⁴⁷ class II cytokine
1426 receptor family-7 (CRFB7) has been without doubt annotated as IL10R1. Annotation of the
1427 IL10R2 has proven more difficult due to the presence of two paralogues, CRFB4 and
1428 CRFB5, which most likely are derived from a recent tandem duplication. Functional work
1429 in grass carp⁶⁹ however, indicates that CRFB4 is most likely the co-receptor of the IL10R
1430 complex in teleost whereas work in zebrafish supports the idea that CRFB5 is rather
1431 involved in the type I IFNR complex (not shown). **C) Duplicated copies of all members**
1432 **of the IL10R complex in some teleost fish:** in common carp, Atlantic salmon (and most
1433 likely rainbow trout), duplicate copies of all members of the IL10R complex can be found.
1434 This adds an extremely higher degree of complexity when considering all possible ligand-
1435 receptor combinations. In the scheme a hypothetical complex has been depicted, but to date
1436 it cannot be excluded that all combinations of subunits are possible.

1437 **FIG. 4. Genomic organization of the *IL10R1* locus and the *IL10R1* gene structure are**
1438 **conserved across vertebrates. A)** Schematic organization of the *IL10R1* locus using the
1439 gene orders on the human chromosome as reference. The information of the gene order was
1440 retrieved from ensembl (<http://www.ensembl.org/>) using the following genome assemblies:
1441 Human GRCh38.p5, Mouse GRCm38.p4, Chicken Galgal4, Green anole AnoCar2.0, Frog
1442 JGI4.2, Fugu FUGU4.0 and Zebrafish GRCz10. The syntenic conserved orthologs or gene
1443 blocks are shown in matching colors. Asterisks (*) next to the chromosome (Ch) or scaffold
1444 (scaf) name indicate that the orientation was inverted to optimize the alignment. **B)**
1445 Intron/Exon organization and length of the *IL10R1* gene in various vertebrate species. The
1446 Green anole sequence (as well as the one of other reptile *IL10R1*) is still incomplete in the
1447 database and was not included. The schematics were constructed using
1448 <http://wormweb.org/exonintron> and the intron/exon length information was retrieved from
1449 ensembl. The numbers on the introns of the human gene denote the phase of the intron,
1450 which is conserved in all species (not shown). Note the conservation of the gene structure
1451 with 7 exons and 6 introns. While exons retained the same length, intron size varied among
1452 species with chicken and fugu in particular, being the most compacted. Common carp
1453 expresses two copies of the CRFB7 gene, but the genome assembly is still incomplete to
1454 provide synteny information on the position of these genes in the carp genome. **C)** Amino
1455 acid alignment of the cytoplasmic tails of various IL10R1/CRFB7 sequences in vertebrates.
1456 Green highlights at the beginning indicate transmembrane regions; in light blue is the very
1457 conserved JAK1 binding site (PxxL). In yellow are the two canonical STAT3-binding sites
1458 (GYXXQ) found in all species, including the two non-canonical sites in frog (DYLLQ) and
1459 in most fish species (GYRSG). Tetraodon is an exception to all species as it presents two
1460 non-canonical sites (dark green) with substantially diverged sequences but at conserved

1461 positions with respect to the ones found in other vertebrates. In grey are the additional
1462 STAT3-binding sites found upstream of the canonical ones in some mammalian and avian
1463 sequences. In almost all sequences, an additional tyrosine (Y) residue is found downstream
1464 of the canonical STAT3-binding sites (light grey), the function of which is still unknown.

1465

1466 **FIG. 5. The *IL10R2* locus and gene structure are not that well conserved among**

1467 **mammals and become complicated in teleost. A)** Schematic organization of the *IL10R2*

1468 locus using the gene orders on the human chromosome as reference. The information of the

1469 gene order was retrieved from ensembl (<http://www.ensembl.org/>) using the following

1470 genome assemblies: Human GRCh38.p5, Mouse GRCm38.p4, Chicken Galgal4, Chinese

1471 softshell turtle PelSin_1.0, Frog JGI4.2, Stickleback BROAD S1, Tetraodon

1472 TETRAODON 8.0, Zebrafish GRCz10 and Atlantic salmon.⁷² The syntenical conserved

1473 orthologs or gene blocks are shown in matching colors. Asterisks (*) next to the

1474 chromosome (Ch) or scaffold (scaf) name indicate that the orientation was inverted to

1475 optimize the alignment. Teleost fish express two homologues of the mammalian IFNAR2

1476 gene, named CRFB1 and CRFB2, thus the color gradient in the IFNAR2 block; CRFB6 is

1477 homologous to mammalian IFNGR2 and, as discussed in the text, CRFB5 seems to act as

1478 the IFNAR1 functional equivalent while CRFB4 functions as IL10R2. Note the conserved

1479 synteny of the IFNAR2, IL10R2 and IFNAR1 gene cluster between mammals and birds,

1480 reptiles and amphibians. Such conservation is completely lost in and among fish genomes,

1481 making it more difficult to identify functional equivalent solely based on genome

1482 organization. Atlantic salmon presents multiple copies of several CRFB in this gene cluster,

1483 and similar to the Tetraodon expresses a CRFB3 gene not present in other fish species. **B)**

1484 Intron/Exon organization and length of the *IL10R2* gene in various vertebrate species. The

1485 schematics were constructed using <http://wormweb.org/exonintron> and the intron/exon
1486 length information was retrieved from ensembl. The numbers on the introns of the human
1487 gene denote the phase of the intron, which is conserved in all species (not shown). Note the
1488 conservation of the gene structure with 7 exons and 6 introns. While exons retained the
1489 same length, intron size varied among species.

1490

1491 **FIG. 6. Kinetics of IL10 expression in resistant and susceptible carp lines during a**
1492 ***Trypanoplasma borreli* infection.** In resistant strains, the peak of pro-inflammatory
1493 molecules expression (*iNOS*, *IFN γ* and *TNF α*) closely follows the increase in parasitaemia
1494 (black line). Upregulation of *IL10* (blue line) occurs in a later phase of the infection,
1495 followed by a downregulation of pro-inflammatory genes, an increase in specific
1496 antibodies, and ultimately by a reduced parasite burden. In contrast, in susceptible lines, an
1497 early expression of *IL10* is observed, prior to a very modest upregulation of pro-
1498 inflammatory genes. This leads to an uncontrolled parasite replication and increased
1499 mortalities; (Modified from Forlenza et al 2011¹⁰⁵ and unpublished data from our group).

FIG 1:

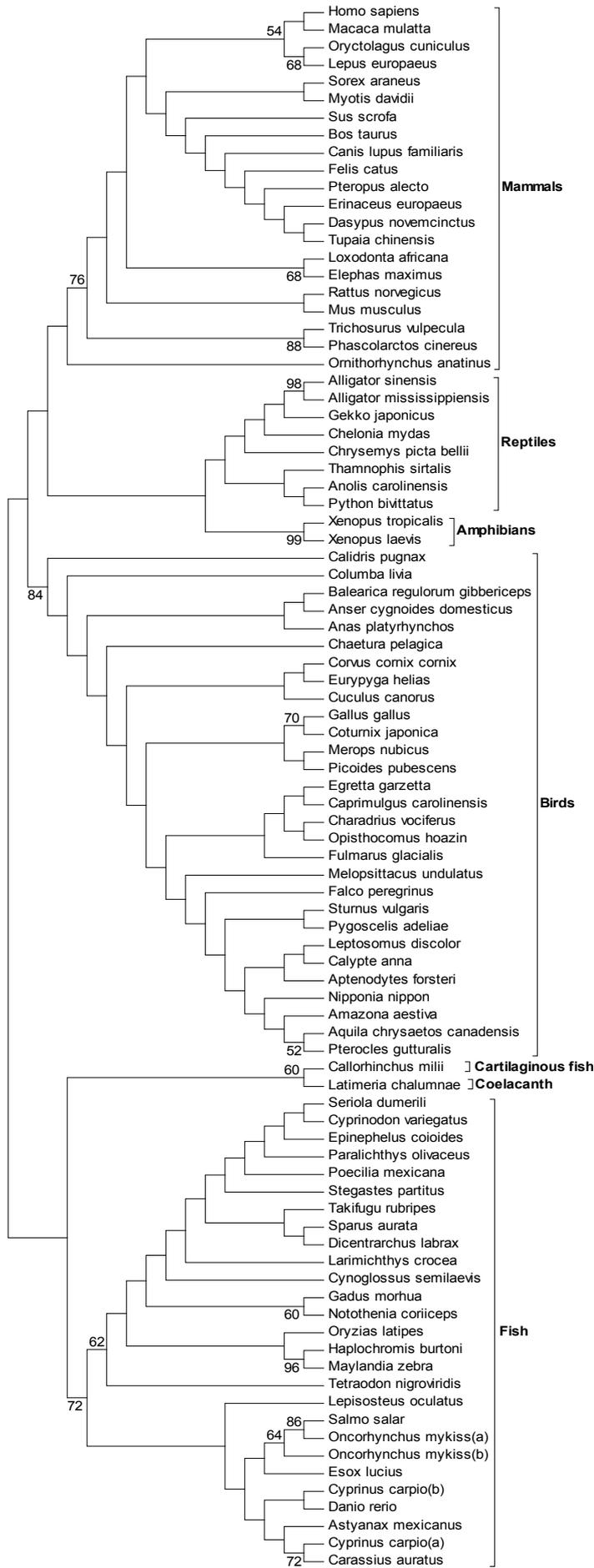


FIG 3:

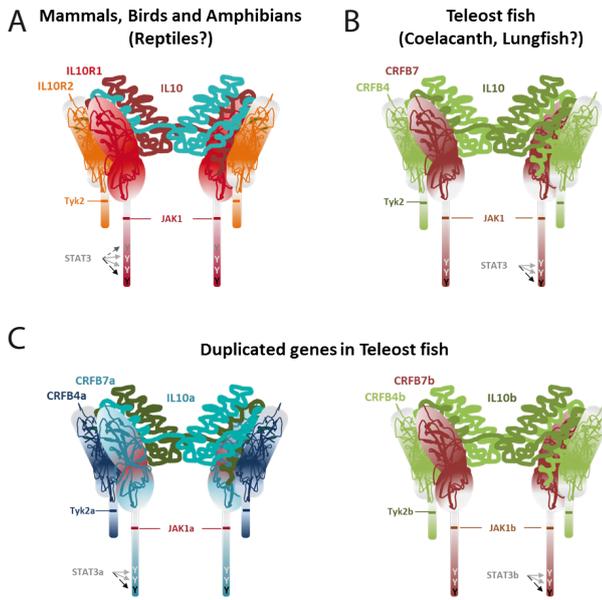
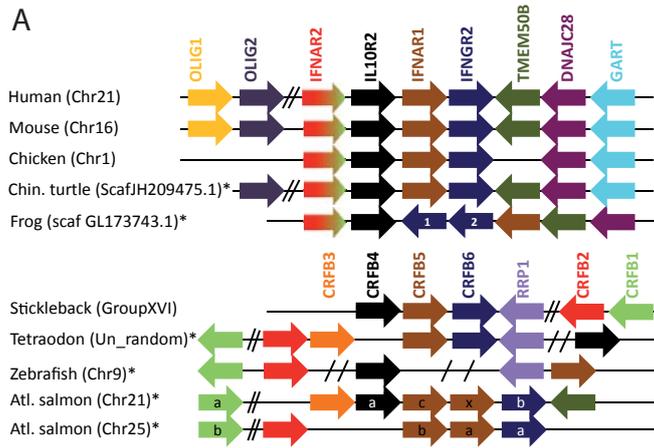


FIG 5:

A



B

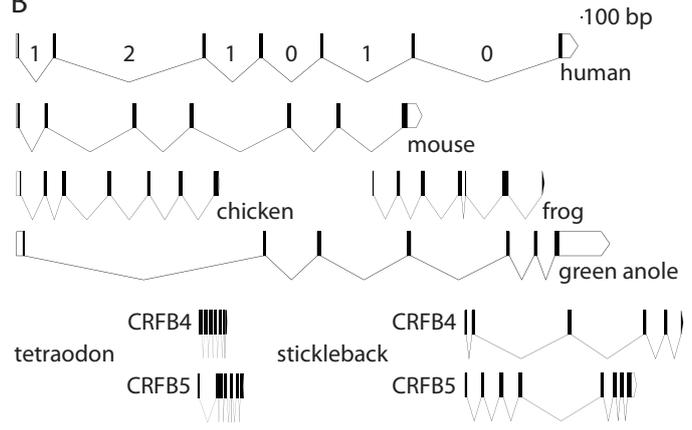


FIG 6:

