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## Dynamic modulation of inflammatory pain-related affective and sensory symptoms by optical control of amygdala metabotropic glutamate receptor 4

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#### ABSTRACT

Contrary to acute pain, chronic pain does not serve as a warning signal and must be considered as a disease per se. This pathology presents a sensory and psychological dimension at the origin of affective and cognitive disorders. Being largely refractory to current pharmacotherapies, identification of endogenous systems involved in persistent and chronic pain is crucial. The amygdala is a key brain region linking pain sensation with negative emotions. Here, we show that activation of a specific intrinsic neuromodulatory system within the amygdala associated with type 4 metabotropic glutamate receptors (mGlu<sub>4</sub>) abolishes sensory and affective symptoms of persistent pain such as hypersensitivity to pain, anxietyand depression-related behaviors, and fear extinction impairment. Interestingly, neuroanatomical and synaptic analysis of the amygdala circuitry suggests that the effects of mGlu<sub>4</sub> activation occur outside the central nucleus via modulation of multisensory thalamic inputs to lateral amygdala principal neurons and dorso-medial intercalated cells. Furthermore, we developed optogluram, a small diffusible photoswitchable positive allosteric modulator of mGlu<sub>4</sub>. This ligand allows the control of endogenous mGlu<sub>4</sub> activity with light. Using this optopharmacological approach, we rapidly and reversibly inhibited behavioral symptoms associated with persistent pain through optical control of optogluram in the amygdala of freely behaving animals. Together, our data identifies amygdala mGlu<sub>4</sub> signaling as a mechanism that bypasses central sensitization processes to dynamically modulate persistent pain symptoms. Our findings help to define novel and more precise therapeutic interventions for chronic pain, and exemplify the potential of optopharmacology to study the dynamic activity of endogenous neuromodulatory mechanisms in vivo.

#### INTRODUCTION

Chronic pain is a major health problem that affects more than 20% of the population in Europe and the United States<sup>1, 2</sup>, and is poorly alleviated by current treatments<sup>3</sup>. This pathology is characterized by exacerbated responses to both painful (hyperalgesia) and non-painful (allodynia) stimuli. Besides sensory symptoms, chronic pain is also characterized by impaired emotional responses frequently resulting in anxiety and depression<sup>4</sup>. Glutamate is the main neurotransmitter involved in the transmission of pain-related signals throughout the central nervous system. A loss in the balance between excitatory glutamatergic and inhibitory GABAergic transmission has been suggested to underlie the development of central sensitization which causes the clinical symptoms observed in patients with chronic pain<sup>5, 6</sup>.

Metabotropic glutamate receptors (mGluRs) constitute an endogenous modulatory system and are expressed along the entire pain neuraxis where they modulate the perception of pain<sup>7</sup>. We, and others, have previously shown that activation of mGlu<sub>4</sub> receptors, which can regulate both glutamate and GABA release at excitatory and inhibitory synaptic terminals<sup>7</sup>, alleviates pain hypersensitivity in preclinical models of chronic pain while leaving acute pain unchanged in naïve animals<sup>8-10</sup>. Moreover, mGlu<sub>4</sub> receptors are involved in anxiety and fear processing<sup>11, 12</sup>. These properties make mGlu<sub>4</sub> receptors an interesting target for new analgesics that are active solely in chronic pain states, and that could impact multiple dimensions of pain.

Growing evidence indicates that the amygdala is one of the key regions for integrating the affective and sensory components of pain<sup>13</sup>. Indeed, the amygdala receives nociceptive inputs through the spinoparabrachial and spinoreticular pathways and modulates pain behavior through projections to descending pain control areas in the brainstem. Chronic pain also induces sensitization in the amygdala, as previously described in several preclinical pain models<sup>14, 15</sup>.

Here, we studied whether mGlu<sub>4</sub> receptors within the amygdala constitute an intrinsic modulatory system regulating both emotional and sensory dimensions of pain in a murine model of persistent inflammatory pain. To this end, we used behavioral pharmacology and optopharmacology, a novel strategy to manipulate native regulatory mechanisms by light. The use of optogluram, a photoswitchable positive allosteric modulator (PAM) of the mGlu<sub>4</sub> receptor, enabled precise and reversible optical control of endogenous mGlu4 activity in the brain of freely behaving mice. Furthermore, we investigated which amygdala pathways are regulated by mGlu<sub>4</sub> by means of optogenetic activation of defined pain-related inputs combined with immunoelectron microscopy and whole cell patch clamp recordings.

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#### MATERIALS AND METHODS

#### Ethics

Animals were treated in accordance with the European Community Council Directive 86/609. Depending on where experiments were performed, experimental protocols were approved by the local authorities (regional animal welfare committee (CEEA-LR) with the guidelines of the French Agriculture and Forestry Ministry (C34-172-13), the Austrian Animal Experimentation Ethics Board, or by the Regierungspraesidium Tuebingen, state of Baden-Wuerttemberg, Germany). All efforts were made to minimize animal suffering and number.

#### **Behavioral studies**

Experiments were performed on 8- to 12-weeks-old C57BL/6J males (Charles River) or mGlu<sub>4</sub> KO mice with wild type (WT) littermates used as controls. Genotyping of mGlu<sub>4</sub> KO mice<sup>16</sup> was performed as previously described<sup>17</sup>. Persistent inflammatory pain was induced by unilateral intraplantar injection of 30 µl complete Freund's adjuvant (CFA; Sigma, Saint Quentin Fallavier, France) in the left hind paw, while control mice received an intraplantar injection of PBS. Guide cannulas were implanted bilaterally by stereotaxic surgery as previously described<sup>18</sup> and placed over ventro-medial part of the intermediate capsule in the amygdala. For optopharmacology, hybrid cannula combining fluid tubing and an optical fiber were implanted. After 1 week of recovery, animals were subjected to different behavioral tests to assess basal mechanical sensitivity with the von Frey method, fear extinction learning and memory upon auditory cued fear conditioning, anxiety-like behavior in the elevated plus maze (EPM), depressive-like behavior with the splash test, and locomotor activity. Brains were post-fixed to check cannula locations. See supplementary methods for details.

#### Optopharmacology

*In vitro* optopharmacological studies were performed in microplasma free HEK293 cells transiently transfected with rat mGlu receptors by electroporation as previously described<sup>19</sup>. All receptors were cotransfected with the glutamate transporter EAAC1, to preclude interference from extracellular glutamate. Receptors not naturally linked to the phospholipase C (PLC) signaling pathway (Group II and III mGluRs) were cotransfected with a chimeric Gq/Gi protein<sup>20</sup>, allowing us to monitor receptor activity through measurements of inositol monophosphate (IP1) production using the IP-One HTRF kit (CisBio Bioassays) <sup>21</sup>. Cells were seeded in a poly-ornithine coated 96-well plate (150000 cells/well), stimulated to induce IP1 accumulation by application of test compounds for 30 minutes at 37°C, and placed over a LED plate (FCTecnics) for continuous illumination. Fluorescence readings were performed with a RUBYstar microplate reader (BMG Labtech). All measurements were performed in

triplicate. For selectivity experiments, we measured the effect of optogluram (30 µM) on the activation of different mGluRs in the presence of low (EC20) and high (EC80) concentrations of subtype-selective agonists (Quisqualate for group I mGluRs, DCG-IV for group II, and L-AP4 for group III mGluRs) to determine potential positive or negative allosteric modulation. In vivo optopharmacological studies were performed for the von Frey test, EPM, and the splash test. We used a compact LED package combining two wavelengths coupled to a rotating optical fiber (fibre diameter: 200 µm, NA = 0.53). Each channel was controlled via the LED driver software (Doric Lenses, Quebec, Canada). Mice were habituated to optic fiber connection one week before the tests. All tests started 20 mins after intra-amygdala injection of optogluram or vehicle. Optical stimulation was delivered using 50 ms light pulses at 10 Hz frequency and light powers of 8.0 mW for 385 nm wavelength and 2.0 mW for 505 nm wavelength. The overall length of light exposure was adapted for each behavioral test. For the von Frey test, mechanical allodynia was tested first in the absence of light stimulation and in the ensuing 25 min in the presence of light stimulation, switching between 385 and 505 nm wavelength in 5 min intervals starting with 385 nm. In the EPM, mice were first tested in the absence of light stimulation for 4 min, in the next 4 min with 385 nm light stimulation, and the last 4 min with 505 nm light stimulation. In the Splash test, grooming behavior was assessed first in the absence of light stimulation for 3 min, in the next 3 min with 385 nm light stimulation, and the last 3 min with 505 nm light stimulation.

#### Exclusion criteria and group analysis

Animals were excluded from the study based on pre-established criteria. These were: (1) CFA injection induced <20% increase in the response from baseline with the noxious filament, (2) weight loss or prostration behavior occured, that would preclude behavioral analysis, (3) cannulae for intracranial drug delivery were blocked, (4) cannula were incorrectly implanted or removed by the mouse, (5) mice did not learn fear conditioning (less than 20% freezing to the tone upon memory recall) prior to CFA injection.

The selectivity experiments *in vivo* on mGlu<sub>4</sub> KO vs. WT mice were performed blind. Some (opto)pharmacological experiments could not be performed blind as (1) several injected compounds were colored, (2) CFA injected mice showed an edema at the paw and (3) wavelength of the delivered light is visible. However, analyses of most behavioral tests were automated to preclude experimenter bias.

#### Immunocytochemistry for light and electron microscopy

The distribution of mGlu<sub>4</sub> receptors was analyzed using standard light and electron microscopy procedures in fixed brain slices from wt and mGlu<sub>4</sub> KO mouse amygdala. For all details on antibodies and staining procedures, as well as confocal and electron microscopy, see supplementary methods.

#### Electrophysiological studies

Recombinant adeno-associated virus (0.5  $\mu$ l rAAV-CAG-hChR2(H134R)-mCherry, Penn Vector Core, USA) was injected stereotaxically into the Posterior Intralaminar Nucleus (PIN) and the Medial Geniculate Nucleus (MG) of male GAD67–GFP mice<sup>22</sup> as previously described<sup>28</sup>. Amygdala slice recordings were performed 4 weeks after injection. Whole-cell recordings were obtained from identified lateral amydala (LA) principal neurons or medio-dorsal intercalated cells (mITCd), based on location and the absence or presence of green fluorescence, using 3-5 MΩ (LA neurons) and 6–8 MΩ (mITCd cells) borosilicate glass electrodes. Data were acquired with a Multiclamp 700B amplifier, Digidata 1440, and Clampex software (all from MDS, USA). Excitatory postsynaptic currents (EPSCs) were isolated in 100  $\mu$ M Picrotoxin (Sigma, Germany) and evoked either electrically or optically using 470 nm light pulses (0.2–1 ms, 0.5–2 mW/mm<sup>2</sup>) from a light emitting diode (LED, CoolLed, UK). All data were analyzed using NeuroMatic (www.neuromatic.thinkrandom.com) and custom-written macros in IgorPro Software (Wavemetrics, USA). For details see supplementary methods.

#### Ligands and chemicals

All chemicals were reagent grade (from Roth, Merck, or Sigma, Germany). Quisqualate, DCG-IV, VU0364770 and L-AP4 were purchased from Tocris Bioscience (Bristol, UK). Optogluram [*N*-(4-((2-chlorophenyl))diazenyl)-3-methoxyphenyl)picolinamide] and LSP4-2022 were synthesized following the experimental procedures previously reported <sup>23, 24</sup>.

#### Statistics

All data are reported as mean ± standard error of the mean (SEM), except data from Von Frey experiments which are reported as median ± interquartile range (IQR). Statistical tests were performed on all datasets as indicated in the Figure legends. Data were analyzed using Prism software (GraphPad, La Jolla, CA, USA) using Student's t-tests (paired or unpaired, two-sided) or analysis of variance (ANOVA) with appropriate post-hoc tests for multiple comparisons as indicated, except data from Von Frey experiments which have been analyzed using non-parametric tests: either the Wilcoxon rank-sum test or the Wilcoxon signed-rank test for unpaired or paired data, respectively , followed by the Holm's method for multiple testing correction. Data were considered significant when p<0.05.

#### RESULTS

# Sensory and emotional symptoms associated with the CFA-induced inflammatory pain model in mice

We analyzed sensory and emotional components of pain using the CFA-induced inflammatory pain model in mice. Behavioral experiments were performed 8 to 15 days following CFA injection. Interestingly, CFA-induced injury induces symptoms associated with both acute and chronic pain. CFA injection led to mechanical allodynia as revealed by significant increases in paw lifts upon von Frey filament stimulations (Figure 1a, b). When anxiety-like behavior was assessed in the elevated plus maze (EPM), CFA-injected mice spent significantly less time in the open arms (OA) compared to control mice, while no difference was observed in the number of open arm entries (Figure 1c and Supplementary Fig. 1a). Furthermore, CFA-treated mice showed a reduction in the total grooming duration in the splash test when compared to the control group, indicative of a depressive-like behavior (Figure 1d). Importantly, locomotor activity was not significantly altered in CFA-treated mice, allowing us to exclude an indirect effect of persistent pain on locomotion that may confound other behavioral assays (Supplementary Fig. 1b). We further examined whether persistent pain altered fear extinction learning and memory. Classical fear conditioning provides one of the most powerful models to study the neural mechanisms of fear and anxiety<sup>13</sup>. Mice were conditioned just before CFA or vehicle injection. Subsequent group analysis revealed that freezing to the second tone-shock pairing was slightly different, but importantly, both groups reached the same level of freezing at the end of conditioning (Figure 1e). However, the CFAtreated group presented higher freezing levels upon fear memory recall and the ensuing extinction training session, suggesting an increased fear response and an altered acquisition of extinction (Figure 1f). When extinction memory was tested 24 hours later, the conditioned stimulus (CS) again induced higher freezing levels in the CFA group (Figure 1g). In summary, our data suggest that the CFA-model recapitulates core symptoms associated with chronic pain such as increased anxiety- and depression-related behavior, and an impaired ability to extinguish fear that may contribute to pathological anxiety often observed in chronic pain patients.

# Pharmacological activation of mGlu₄ in amygdala abolishes sensory and emotional symptoms associated with CFA-induced injury

Because mGlu<sub>4</sub> has been shown to regulate pain and anxiety-related behaviors, we examined the effect of intra-amygdala microinjection of the selective mGlu<sub>4</sub> agonist LSP4- $2022^{24}$  (5µM, 1µL) (Supplementary Fig. 2a, b) on allodynia, anxiety- and depression-like behavior and fear extinction in CFA treated mice. First, we observed that the CFA-induced mechanical allodynia was abolished by LSP4-2022 injection (Figure 2a, b and

Supplementary Fig. 3a, b). Additionally, the enhanced anxiety-like behavior was abolished by mGlu<sub>4</sub> activation in the amygdala, as the reduction of OA exploration time in the EPM was abolished by LSP4-2022, but not by vehicle injection in CFA-treated mice (Figure 2c). However, LSP4-2022 injection did not affect the number of OA entries in the EPM or locomotor activity (Supplementary Fig. 3c, d). Depressive-like behavior, as measured by the splash test, was also abolished after the intra-amygdala injection of LSP4-2022, which restored the grooming duration in CFA-treated mice to levels comparable to the control group (Figure 2d). Importantly, we can exclude a non-specific effect of the ligand, as LSP4-2022 at this concentration did not induce any antiallodynic effect in CFA-treated mGlu<sub>4</sub> KO mice (Supplementary Fig. 2c, 4a). To assess the impact of mGlu<sub>4</sub> activation on fear and its extinction, we injected mice with LSP4-2022 in the amygdala either before extinction training (Figure 2e, f) or before extinction recall (Supplementary Fig. 3e). Prior to CFA-treatment, fear memory acquisition was similar in both groups (Figure 2e-f, Supplementary Fig. 3e). The experiments with vehicle injection confirmed that fear expression and extinction processes were altered in CFA-treated mice (cf. Figure 1f-g and Supplementary Fig. 3e). Administration of LSP4-2022 before the extinction training improved both extinction learning and extinction recall in CFA-treated mice (Figure 2e), while it had no effect on both processes in control mice (Figure 2f). Conversely, administration of LSP4-2022 before the extinction recall failed to modulate the freezing response (Supplementary Fig. 3e). These data demonstrate that the altered sensory and emotional behaviors observed in our persistent pain model can be suppressed by amygdala activation of mGlu<sub>4</sub>, and reveal an important role of this receptor in these processes.

#### mGlu<sub>4</sub> is expressed at GABAergic and glutamatergic synapses in the amygdala

To address where in the pain-related amygdala pathways mGlu<sub>4</sub> modulates sensory and affective components of pain, we analyzed its distribution at the light and electron microscopy level. Specific immunoreactivity for mGlu<sub>4</sub> was mainly present around intercalated cell clusters (ITCs) adjacent to mGlu<sub>1a</sub>-positive GABAergic projection neurons<sup>25</sup> and, to a lesser extent, in the neuropil of the LA (**Figure 3a-d**). In contrast, the central nucleus of the amygdala (CeA), which has been implicated in pain processing and associated with anxiety-like behavioral states<sup>26</sup>, was mostly devoid of specific staining (**Figure 3a**). Of note, no positive immunosignal for the anti-mGlu<sub>4</sub> antibody was detected in mGlu<sub>4</sub> KO mice (**Supplementary Fig. 5a**). Using electron microscopy, mGlu<sub>4</sub> was detected at the active zone of presynaptic terminals forming both type I asymmetric (probably GABAergic) synapses <sup>27, 28</sup> in the region surrounding the ITCs (**Figure 3e-g**). Moreover, mGlu<sub>4</sub> was also present in terminals forming type I asymmetric synapses with spines of putative pyramidal neurons in the LA (**Figure 3h**). Using confocal analysis, markers for both GABAergic (vesicular GABA transporter, VGAT) and

glutamatergic terminals (vesicular glutamate transporter, VGLUT) colocalized with mGlu<sub>4</sub> in areas surrounding the ITCs (**Figure 3c, d**), corroborating our ultrastructural findings. Some of the terminals co-expressed mGlu<sub>4</sub> and VGLUT2 (**Figure 3d**), whereas no detectable colocalisation was observed for mGlu<sub>4</sub> with VGLUT1 or VGLUT3 (**Supplementary Fig. 5b**, **c**).

# Presynaptic inhibition of thalamic inputs to mITCd cells and LA principal neurons by mGlu₄

Because of the high mGlu<sub>4</sub> mRNA expression in thalamic nuclei <sup>29</sup> and co-localization with VGLUT2, a marker of thalamic inputs<sup>30</sup>, <sup>31</sup>, we hypothesized that mGlu<sub>4</sub> may be involved in gating information from thalamic sensory pathways<sup>30</sup> to LA and ITCs<sup>32-34</sup>, which is central for emotional processing and fear learning<sup>35</sup>. Therefore, we first analyzed electrically evoked compound thalamic inputs by stimulating the internal capsule while recording excitatory postsynaptic currents (EPSCs) in (mITCd) cells and LA principal neurons (Figure 4a). Consistent with our anatomical observations, EPSCs were significantly decreased after application of LSP4-2022 (Figure 4d, e). In conjunction, the paired-pulse ratios (as an indicator of presynaptic release probability) were significantly increased after LSP4-2022 application (Figure 4f). In a next step, we labeled and rendered specific projections from the posterior intralaminar nuclei of the thalamus (PIN/MG), that relay multimodal somatosensory and noxious stimuli <sup>36</sup>, light-activatable by viral expression of a Channelrhodopsin2-mCherry fusion protein (Figure 4a-c). Application of LSP4-2022 also significantly decreased the amplitude of optogenetically-activated EPSCs and increased their paired pulse ratios in both mITCd and LA principal neurons (Figure 4g-i). Taken together, our data show that mGlu<sub>4</sub> is functionally expressed on specific somatosensory thalamic inputs that converge onto mITCd and LA projections neurons, and that activation of mGlu<sub>4</sub> reduces sensory information transfer in this pathway via a presynaptic mechanism.

Particularly the mITCd and mITCv have been implicated in fear extinction <sup>37, 38</sup>. Increase in their activation, as measured by expression of the immediate early gene Zif268, accompanies fear extinction learning and recall<sup>39</sup>. Therefore, we asked if basal activation of ITCs was compromised in our pain model. Indeed, we observed a significant reduction in Zif268 expression in ITCs of CFA-treated mice, which was fully rescued by injection of the mGlu<sub>4</sub> LSP4-2022 (**Supplementary Fig. 6**). This experiment was performed 8 days after CFA injection where extinction impairment was observed (**Figure 1f-g, 2e-f and Supplementary Fig. 3e**). These data suggest that in the persistent inflammatory pain context, mGlu<sub>4</sub> activation restores recruitment of ITCs, which could contribute to improving fear extinction learning and memory in CFA-treated mice.

# Optopharmacological manipulation of endogenous amygdala mGlu₄ dynamically regulates sensory and emotional symptoms associated with CFA-induced injury

We employed optopharmacological experiments to address if sensory and emotional behaviors are rapidly and dynamically regulated by endogenous mGlu<sub>4</sub> receptors in vivo. We used optogluram, the first photoswitchable PAM of mGlu<sub>4</sub><sup>23</sup>. Optogluram bears an azobenzene photoisomerizable group (Figure 5a) that allows for selective, reversible and repeated optical manipulation of mGlu<sub>4</sub> activity with light. Isomerization from trans to cisconfiguration was rapidly achieved upon illumination with violet light (380 nm) and the transisomer could be recovered from the *cis*-isomer upon green light illumination (500 nm) in a fast process or by thermal relaxation in the dark, with a half-life of 6.4 minutes (Figure 5b). Both isomers were detected by UV-visible absorption spectroscopy after illumination with either green or violet light (Figure 5c), and photoisomerization was stable and completely reversible upon successive illumination cycles at 380 and 500 nm (Figure 5d). Optical properties of optogluram enabled the photocontrol of mGlu<sub>4</sub> activity in cultured HEK293 cells expressing mGlu₄ receptors. Enhancement of mGlu₄ activity by optogluram observed in the trans form was reduced upon isomerization to the *cis* configuration after irradiation with violet light, contrary to the classical mGlu4 PAM VU0364770<sup>40</sup> that was insensitive to light (Figure **5e)**. In vitro, optogluram was selective for mGlu<sub>4</sub> and mGlu<sub>6</sub> (Supplementary Fig. 7a,b), but mGlu<sub>6</sub> expression is restricted to the retina<sup>41</sup>. To assess the effects of optogluram on mechanical sensitivity and anxiety- and depression-like behaviors in vivo, mice were stereotaxically implanted with hybrid optic and fluid cannulas in the amygdala (Figure 5f and Supplementary Fig. 8). Mechanical allodynia induced by CFA-injection was abolished by intra-amygdala injection of optogluram (30µM, 1µL) but not by vehicle, reflecting the analgesic effect of this compound (Figure 5g and Supplementary Fig. 7c, d). Furthermore, violet illumination that generates the inactive cis isomer of optogluram abolished its antiallodynic properties, whereas green light illumination that recovers the active trans isomer reactivated its antiallodynic action and restored normal mechanical sensitivity (Figure 5g and and Supplementary Fig. 7c, d). Importantly, no antiallodynic effect was observed with optogluram in mGlu<sub>4</sub> KO mice, allowing us to exclude off-target effects at this concentration (Supplementary Fig. 4b). In addition, optogluram injection also did not affect locomotion (Supplementary Fig. 3d). In the EPM test, optogluram increased the time spent in the OA, suggesting an anxiolytic effect. Application of violet light severely reduced OA time, an effect that was partially recovered by green light (Figure 5h, Supplementary Fig. 7e). Lastly, intraamygdala injection of optogluram also reduced the depressive-like behavior of CFA-treated mice measured with the splash test. Optogluram increased the grooming duration in CFAtreated mice, whereas violet light illumination reduced it to the levels observed in vehicletreated mice (Figure 5i, Supplementary Fig. 7f). Importantly, the vehicle group showed no significant behavioral changes in any of the different light conditions (Figure 5g-i). Taken together, our findings demonstrate that successive optical activation/inactivation of amygdala mGlu<sub>4</sub> produced acute and rapidly reversible analgesic, anxiolytic and anti-depressive effects in mice with persistent inflammatory pain.

#### DISCUSSION

The present work identifies amygdala mGlu₄ receptors as key players in controlling sensory and affective symptoms associated with CFA-induced persistent inflammatory pain in mice. We also demonstrate that these lasting sensory and emotional impairments can be rapidly alleviated by manipulation of this specific neuromodulatory system in the amygdala, bypassing central sensitization processes and suggesting it as a potential therapeutic target.

In recent years, optogenetic approaches using exogenous expression of light-sensitive channels have been very powerful tools to analyze the neural circuitry involved in pain<sup>42</sup> and to dissect the functions of specific amygdala subnuclei and cell types<sup>43</sup>. Optopharmacology (also known as photopharmacology) is a novel light-controlled strategy to manipulate endogenous regulatory mechanisms. Here, we took advantage of optogluram, a photoswitchable mGlu<sub>4</sub> ligand in order to control native receptors with light. To our knowledge, this is the first work to establish that optopharmacology with a small diffusible drug-like photoswitchable ligand can be used in vivo to regulate behavior in a disease model. Indeed, optogluram allowed us to control persistent pain-related symptoms in a temporally and spatially restricted manner. Therefore, optopharmacology offers a number of advantages, such as: 1) no need for exogenous viral expression of light-activatable proteins as with optogenetics, 2) improved spatial and temporal control of compound activity compared with conventional pharmacological approaches, and 3) small photoswitchable molecules with amenability to drug development. Given the recent intense efforts to develop photocontrollable ligands for a growing number of other ion channels and receptors<sup>23, 44-48</sup>, our work may stimulate their use in other disease models and open avenues for next generation therapeutics.

Our study demonstrates that pharmacological modulation of mGlu<sub>4</sub> receptors abolished allodynia, anxiety- and depressive-like behavior, and the impairment of fear extinction. Interestingly, treatment with an mGlu<sub>4</sub> agonist before the extinction training was sufficient to rescue fear extinction recall, suggesting that excessive fear can be efficiently suppressed without the need of repetitive treatments. Therefore, pharmacological activation of mGlu<sub>4</sub> could be combined with cognitive behavioral therapies in a chronic pain context, when extinction-based exposure therapy is required to treat anxiety-related symptoms<sup>49,50</sup>. Furthermore, the fact that depressive-like behavior was also reduced by amygdala mGlu<sub>4</sub> activation in mice with persistent pain suggests mGlu<sub>4</sub> agonists possess antidepressant activity. Other studies obtained controversial results showing pro-depressant <sup>51</sup>, anti-depressant <sup>52</sup> or no effects <sup>53-55</sup> of mGlu<sub>4</sub> modulation. A possible explanation is that these studies used different administration protocols and were conducted in naive animals, in which we also did not observe any anti-depressant effect.

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At the network level, an important finding is that the primary action of mGlu<sub>4</sub> receptors very likely occurs outside of the CeA where, in the canonical view, pain and anxiety modulating effects are expected to occur <sup>26</sup>. In particular, the capsular component of the CeA is known to receive nociceptive information from the spinal cord via the parabrachial area (PB) <sup>56</sup>, a pathway that was recently implicated in fear learning <sup>57</sup>. However, PB neurons lack mGlu4 transcripts whereas thalamic nuclei, including the PIN, were shown to express high mGlu4 mRNA levels <sup>29</sup>. Polymodal sensory information from thalamic and cortical inputs is processed by lateral and basolateral amygdala and ITCs relays <sup>58</sup>. This amygdala network is believed to bring affective valence to sensory information and to play an essential role in anxiety and fear <sup>59-61</sup>. Interestingly, we observed axon terminals containing mGlu<sub>4</sub> primarily around ITCs and in the neuropil of the LA. This suggests that mGlu<sub>4</sub> receptors modulate polymodal sensory information from the thalamus rather than purely nociceptive information from the PB. Indeed, colocalization of mGlu<sub>4</sub> with VGLUT2 and its function in presynaptic modulation of inputs from the PIN onto ITCs and LA neurons suggest a role in gating this major sensory pathway that also has been implicated in fear and extinction learning<sup>37</sup>. This is consistent with our behavioral data demonstrating that mGlu₄ modulates both sensory and affective responses.

Previous studies described that another group III mGlu receptor, mGlu<sub>7</sub>, is also present on thalamic inputs to ITCs and basal amygdala (BLA) <sup>25, 62</sup>. Surprisingly, this apparent similar distribution had an opposite effect on pain modulation, as activation of mGlu<sub>7</sub> increased mechanical sensitivity and anxiety-like behavior with no effect on chronic pain <sup>63</sup>. Indeed, the striking level of co-labeling of mGlu<sub>4</sub> with VGAT in terminals impinging on a subset of neurons encircling the ITCs suggests a possible modulation of inhibitory synapses, but the origin and functional significance of this microcircuit remains to be identified. Chronic inflammatory pain also significantly reduced the basal activation of ITCs as assessed by immediate early gene analysis, which was rescued by mGlu<sub>4</sub> activation. This suggests an overall disinhibition of the ITC network, likely by multiple impinging mechanisms. As ITCs are important for extinction recall<sup>38</sup> and become activated during extinction training and recall <sup>39</sup>, restoration of ITC activity by mGlu<sub>4</sub> activation may enable a more effective recruitment that, in turn, contributes to the observed improvement in extinction learning and memory. Clearly, further studies aimed at elucidating a causal role of mGlu<sub>4</sub> modulation at specific synapses and microcircuits of the amygdala in the reversal of persistent pain symptoms are required.

From a clinical point of view, it is important to stress that, despite the central sensitization processes that occur in this persistent inflammatory pain model, the amygdala appears to retain its ability to rapidly control pain-related behaviors. Indeed, our optopharmacological approach shows that sensory and emotional impairments, even when established for considerable time, can be rapidly alleviated by manipulating mGlu<sub>4</sub> receptors in the

amygdala. However, further studies using different pain models with different etiologies will be needed to better understand the enrolment of these receptors in the regulation of chronic pain states and validate them as therapeutic targets.

In conclusion, our findings demonstrate that acute pharmacological or optopharmacological activation of mGlu<sub>4</sub> can rapidly reverse emotional and sensory symptoms of persistent pain despite central sensitization by acting on specific amygdala networks. This work offers a better understanding of the mechanisms underlying negative emotions associated with chronic pain, and opens new avenues for developing innovative therapeutic strategies combining precise pharmacological interventions with extinction-based behavioral therapies for treatment of chronic pain syndromes.

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#### AUTHOR CONTRIBUTION

C.Z. conceived, performed and analyzed behavioral pharmacology, immunofluorescence microscopy and immediate early gene experiments, and wrote the paper. X.G.S. designed and synthesized optogluram, characterized photoisomerization, and performed and analyzed cell-based pharmacological experiments. X.R. performed and analyzed cell-based pharmacological experiments. D.D.B. performed and analyzed behavioral pharmacology experiments. S.F. performed immunofluorescence and electron microscopy experiments. D.B. and D.A. performed and analyzed classical and optogenetic-based electrophysiological experiments. F.M. performed and analyzed cell-based pharmacological experiments. F.M. performed and analyzed cell-based pharmacological experiments. F.A. designed and synthesized LSP4-2022. J.G. supervised and analyzed pharmacological experiments. I.E. supervised and designed electrophysiology experiments. F.F. supervised and designed neuroanatomy experiments. J.-P.P analyzed pharmacological results, designed experiments, designed activity data. A.L. conceived and supervised the project, planned experiments, designed results and wrote the paper. All authors made comments and corrections to the manuscript.

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### **COMPETING FINANCIAL INTERESTS**

A.L., J.G., X.G.-S, X.R., C.G. and J.-P.P. have filed a patent application for photochromic allosteric modulators of metabotropic glutamate receptors.

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#### **Figure legends**

Figure 1: Inflammatory pain model induced by complete Freund's adjuvant (CFA) recapitulates sensory and emotional symptoms of chronic pain. a, Experimental design and timeline of behavioral tests performed in CFA-treated (CFA) and PBS injected (Control) mice. b, Mechanical allodynia was observed in CFA mice as seen by significant increases in paw lifts upon innocuous, intermediate and noxious von Frey filament stimulation 10 days after injection (CFA, n=7 vs. control, n=10, nonparametric Wilcoxon rank-sum test \*\*\*p<0.001). c, Anxiety-like behavior assessed in the elevated plus maze (EPM) revealed a significant decrease in time spent in open arms (OA) in CFA (n=10) vs. control mice (n=8), unpaired t-test, \*\*p<0.01. d, Depressive-like behavior assessed in the splash test revealed a significant decrease in grooming duration in CFA (n=9) vs. control mice (n=8), unpaired ttest, \*\*\*p<0.001. e-g Fear conditioning and extinction in CFA (n=10) and control (n=8) mice. e, Fear increased in both groups during conditioning (2-way ANOVA, tone p<0.0001, group p=0.0495), but was not different for the last tone prior to paw injection (Bonferroni-corrected post-hoc tests). f, During extinction learning, freezing decreased in both groups, and CFA mice showed enhanced CS-evoked freezing compared to controls (2-way ANOVA: tone block p<0.0001, group p=0.0038). Analysis of fear recall (tone block 1) and end of extinction training (tone block 10) revealed significant extinction, and a difference in freezing at the end of extinction training in control vs. CFA mice (2-way ANOVA: tone block p<0.0001, group p=0.015; and Bonferroni- corrected post-hoc test of block 10: p<0.01). g, At extinction recall, CS-evoked freezing was enhanced in CFA mice compared to controls (unpaired t-test, unequal variance, \*p=0.0257). \*p<0.05, \*\*p<0.01 shown only for Bonferroni-corrected posthoc tests. For extinction learning and recall, data are presented as blocks of 4 CSs. All data are expressed as means  $\pm$  SEM, except in (**b**) expressed as median  $\pm$  IQR.

Figure 2: Activation of amygdala mGlu<sub>4</sub> relieves sensory and emotional symptoms in *CFA-treated mice.* **a**, Experimental design and timeline of behavioral tests. Mice received intra-amygdala injections of 1  $\mu$ L LSP4-2022 (5  $\mu$ M) or vehicle (PBS) 20 min before each test. **b**, Mechanical sensitivity was restored in CFA mice treated with LSP4-2022 as assessed by noxious von Frey filament stimulation 10 days after injection (T0 vs Naïve, T20, T40 and T60 is compared for each group, CtI-LSP4-2022, n=7; CtI-vehicle, n=7; CFA-LSP4-2022, n=9 and CFA-vehicle, n=7, \*p<0.05, nonparametric Wilcoxon signed-rank test, followed by the Holm's method for multiple testing correction). Naive indicates responses of mice before CFA-treatment. **c**, Anxiety–like behavior induced by CFA injection was reduced by LSP4-2022, n=11 vs. CFA-vehicle, n=8; unpaired t-test, \*p<0.05,). **d**, Depressive–like behavior induced by CFA injection was reduced by LSP4-2022, n=8 vs. CtI-vehicle, n=8; CFA-LSP4-2022, n=9 vs. CFA-vehicle,

n=9, unpaired t-test, \*\*\*p<0.001). e, (top) Experimental design and timeline for fear and extinction learning and extinction recall. e-f, (left) Freezing increased during fear conditioning, but was not different between the respective control or CFA groups prior to paw and amygdala injections (CFA-LSP4-2022 n=9 vs. CFA-vehicle, n=14; Ctl-LSP4-2022, n=10 vs. Ctl-vehicle, n=20; two-way ANOVAs, tone block <0.0001). e, (middle, right) During extinction learning, CFA mice maintained high freezing levels when treated with vehicle, but reduced freezing when treated with LSP4-2022 (CFA-LSP4-2022, n=9 vs. CFA-vehicle, n=14; two-way ANOVA of fear recall (tone block 1) and end of extinction (tone block 9): tone block p=0.0001, interaction tone block x treatment p=0.026; Bonferroni corrected post-hoc tests: CFA-LSP4-2022 tone block 1 vs. block 9: p<0.001, and CFA-LSP4-2022 vs. CFAvehicle at tone block 9: p<0.05). At extinction recall, freezing remained decreased in CFA-LSP4-2022 mice (n=8) vs. CFA-vehicle mice (n=8, unpaired t-test, \*\*p=0.007). f, (middle, right) Both control groups showed significant within session extinction (two-way ANOVA, tone block p<0.0001), and injection of LSP4-2022 did not affect freezing in control mice (Ctl-LSP4-2022, n=11 vs. Ctl-vehicle, n=20; two-way ANOVA fear recall (tone block 1) and end of extinction (tone block 9): tone block p=0.0001, treatment n.s.). Freezing levels during extinction recall were similar in both groups (Ctl-LSP4-2022, n=10 vs. to Ctl-vehicle, n=14, unpaired t-test, p=0.625). \*p<0.05, \*\*p<0.01, \*\*\*p<0.001 shown only for Bonferroni-corrected post-hoc tests. For extinction learning and recall, data are presented as blocks of 4 CSs. All data are expressed as means  $\pm$  SEM, except in (b) where they are expressed as median  $\pm$ IQR.

Figure 3: mGlu<sub>4</sub> is expressed at GABAergic and glutamatergic synapses in the mouse amygdala. a, Intense mGlu<sub>4</sub> immunoreactive puncta decorate the soma and dendrites of neurons neighboring the ITC clusters. Moderate staining is also observed within the basolateral complex and in particular in the LA. Scale bars: 500 µm. b, Huygensdeconvoluted confocal stack (z-stack: 14.75 µm, z-step size 0.13 µm) showing mGlu<sub>4</sub> (red) immunopositive axon terminals innervating the soma and dendrites of weakly labeled, but not of strongly labeled (\*) mGlu1a (green) neurons surrounding the mITCv. Scale bar: 5 µm. c, d, Co-staining of mGlu<sub>4</sub> (red) with the synaptic markers (green) in (c) VGAT and (d) VGLUT 2. Arrowheads indicate colocalisation, note the preferential colocalisation of mGlu<sub>4</sub> with VGAT in areas surrounding the mITCv. Scale bars: 10 µm. e, Electron micrograph of a dendrite (d) located near the mITCv receiveing several axon terminals containing mGlu<sub>4</sub> (painted in green), which form symmetric (putative GABAergic) synapses. mGlu<sub>4</sub> immunoreactivity was visualized by a HRP-DAB reaction resulting in a diffuse electrondense product. Enlarged view of the terminal demarcated by solid lines is shown in the lower panel. Scale bar: 1 µm. **f-h**, mGlu<sub>4</sub> receptors accumulate at the active zone of axon terminals (at), as visualized by silver-intensified nanogold particles, forming both (f) symmetric and (g) asymmetric synapses with (f) dendritic shafts or (g) spines (sp) of neurons surrounding the mITCv. Scale bars: 500

nm. **h**, Presynaptic mGlu<sub>4</sub> labeled terminal forming an asymmetric synapse with the spine of a putative pyramidal neuron in the LA. Scale bar: 500 nm. Abbreviations: CeA, central amygdala; LA, lateral amygdala; BA, basal amygdala; mITCd, medial dorsal intercalated cell cluster; mITCv, medial ventral ITC.

Figure 4: Presynaptic inhibition of thalamic inputs to dorso-medial ITC (mITCd) cells and lateral amygdala (LA) principal neurons by mGlu4. a, Scheme depicting experimental setup for electrical and optical stimulation of thalamic inputs. b, c, representative confocal images of the thalamic injection site in PIN/MG (b) and corresponding afferent fibers in the amygdala (c) of a GAD67-GFP transgenic mouse. Neurons and fibers expressing ChR-mCherry fusion protein (red), interneurons (green), Neurotrace (blue) was used as a cell marker. Scale bars: 250 and 200 µm. d, Example traces of EPSCs in mITCd and LA principal neurons evoked by electrical thalamic fiber stimulation during baseline and after application of LSP4-2022 (5 µM). e, Summary plot of relative EPSC amplitudes revealing significant reductions in electrically evoked inputs after LSP4-2022 application (mITCd: 78.1 ± 3.7 %, n=17; LA: 60.8 ± 3.7 %, n=10). f, Summary plot of relative paired-pulse ratios of electrically evoked inputs revealing significant increases after LSP4-2022 application (mITCd: 118.2 ± 6.7 %, n=17; LA: 112.8 ± 3.7 %, n=10). g, Example traces of EPSCs in mITCd and LA principal neurons evoked by optical stimulation of thalamic fibers from PIN/MG during baseline and after application of LSP4-2022. h, Summary plot of relative EPSC amplitudes revealing significant reductions in optically evoked inputs after LSP4-2022 application (mITCd:  $86.2 \pm 2.6$  %, n=15; LA:  $61.8 \pm 4.2$  %, n=10). i, Summary plots of relative paired-pulse ratios of optically evoked inputs revealing significant increases after LSP4-2022 application (mITCd opto: 112.1 ± 4.8 %, n=15; LA opto: 123.9 ± 5.7 %, n=10). Scale bar for d and g: 100 pA, 25 ms. All statistical analysis used paired t-tests (baseline vs. LSP4-2022), \*p<0.05, \*\*p<0.01, \*\*\*p<0.001.

Figure 5: Dynamic regulation of sensory and emotional symptoms in CFA-treated mice by photoswitchable activation mGlu<sub>4</sub> in the amygdala. **a**, Structure and photoisomerization properties of the mGlu<sub>4</sub> PAM optogluram from *trans* to *cis* configuration after illumination with violet light ( $\lambda$  = 380 nm) and from *cis* to *trans* with green light ( $\lambda$  = 500 nm). **b**, Thermal relaxation of *cis*-optogluram in aqueous solution (30 µM in PBS with 0.3% DMSO) after 3 min illumination with violet light. An exponential decay function was used to estimate relaxation half-life (t<sub>1/2</sub> = 6.4 min). Absorbance is shown as arbitrary units (AU). **c**, UV-visible absorption spectra of optogluram (30 µM in PBS with 0.3% DMSO) after 3 min illumination with either green or violet light. **d**, Reversibility and stability of photoisomerization of optogluram (30 µM in PBS with 0.3% DMSO) after 3 min of illumination cycles of with violet and green light. e, Light-dependency of optogluram enhancing activity in a cell-based pharmacology assay. Dose-dependent enhancing activity of optogluram and VU0364770 (a conventional mGlu4 PAM) on a nominal concentration of agonist (L-AP4, 3 nM) in dark conditions or under constant illumination with violet light (380 nm). Receptor activation was measured by IP accumulation assay in mGlu<sub>4</sub>-transfected HEK293 cells stimulated with a constant concentration of L-AP4 in presence of increasing concentrations of PAMs. Potency of optogluram was shifted from 0.60 $\pm$ 0.01  $\mu$ M (n=3) in dark conditions to 1.93 $\pm$ 0.05  $\mu$ M (n=3) under violet light, contrary to that of VU0364770 which is insensitive to light. f, Diagram illustrating placement and design of the hybrid cannula for light and fluid delivery in the amygdala. g, Mechanical sensitivity assessed by the noxious von Frey filament was restored in CFA mice treated with optogluram (30 µM). The analgesic effect was abolished when optogluram was inactivated by violet light (violet rectangle) and recovered when optogluram was reactivated by green light (green rectangle) (T0 vs Naïve, T20, T25, T30, T35, T40 and T45 for is compared for each group, CFA-optogluram, n=8 \*p<0.05 and CFA-vehicle, n=9, #p<0.05, nonparametric Wilcoxon signed-rank test, followed by the Holm's method for multiple testing correction). h, Anxiety-like behavior assessed in the EPM revealed an anxiolytic effect of optogluram (30µM). The optogluram-induced increased open arm exploration was abolished by violet light and increased again by green light. Within group comparisons revealed a significant effect of light in the optogluram-, but not the vehicleinjected group (CFA-optogluram, n=7; CFA-vehicle, n=7; one-way ANOVA followed by Tukey's post-hoc tests, \*\*p<0.01). i, Depressive–like behavior assessed in the splash test revealed an anti-depressant effect of optogluram (30 µM). The optogluram-induced increased grooming duration was abolished by violet light and increased again by green light. Within group comparisons revealed a significant effect of light in the optogluram-, but not the vehicle-injected group (CFA-optogluram, n=10; CFA-vehicle, n=10; one-way ANOVA followed by Tukey's post-hoc tests, \*\*p<0.01). All data are expressed as means ± SEM, except in  $(\mathbf{g})$  where they are expressed as median  $\pm IQR$ .





Figure 2







### Figure 5