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## A Rat Tail Model for Osseointegration Studies and New Bone Formation Follow-up

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### Abstract

Animal studies are necessary to precede clinical studies. Recently the rat tail model has been proposed by us as a model for studying bone regeneration with easily surgical approach, effective control of post-operative pain and a decrease of animal number. The present study aimed to widen the rat tail model indication to implant osseointegration. Special titanium implants were inserted through tail vertebrae. A good primary stability was observed three month after implant placement. X-ray microtomography (Micro-CT) and histology were used to visualize bone formation and to calculate bone implant contact. Micro-CT showed osseointegrated implants in caudal vertebra. This illustrates the possibility to obtain bone implant-contact by micro-CT measurements. The results suggest that the rat caudal vertebrae may serve as a good preclinical model for studying implant osseointegration with the possibility of multiple testing within the same experimental animal and the potential to decrease number of experimental animals.

**Keywords:** Rat tail; Osseointegration; Bone formation; Micro-CT

### Introduction

Animal studies are complementary to clinical experiments and must be used to prove the safety and efficacy of new medical devices. Many different animal models have been used to study bone regeneration or implant osseointegration [1,2].

Desirable scientific attributes, particularly a relative similarity to human, must be defined clearly prior to select the animal. Favorable animal selection factors also include cost to acquire and care for animals, availability of the species, acceptability to society, tolerance to captivity and ease of housing [3]. Rodents such as mice, rats, and hamsters have been used widely for bone research because of small size, low cost, known age and genetic background, and ease of handling and housing [4]. Rat models, because of the larger animal size compared to mouse, are suitable to assess bone regeneration providing sufficient statistical significance reached by using numerous animals and to provide pre-clinical relevance [2]. Several sites (calvaria, tibia, femora, mandibular) have been used in various studies to investigate the effectiveness in bone defect repair of bone regenerative agents [5,6]. Unfortunately, none of these models combine surgical access facilities, number of defect sites and histological relevance.

2D histologic analysis has been traditionally used to assess the outcome of the experiment. X-ray micro-computed tomography (Micro-CT) is a powerful tool to assess bone healing [1]. Micro-CT also allows determining bone density [7].

Recently we have proposed a new rat model using caudal vertebrae [3]. This model can be used to follow bone formation with or without bone grafting materials. Moreover, up to four vertebrae per animal can be used. This is a key issue allowing diminishing the number of animals included in a given experiment due to multiple comparisons within one animal. This fact also increases the ethical acceptability of the new model [8]. Moreover, this model can be used to study osseointegration of alloplastic implant into caudal vertebrae. Live animals can be easily monitored by micro-CT to investigate for bone implant contact and bone formation in the vicinity of implants.

### Material and Methods

#### Experimental setup

The study was approved by the committee for animal welfare of Montpellier University with the referral number 1083 16/06/2014. One

group of ten male Wistar rats ((CrI:(Wi)Br) from Charles River France) with weight ranging from 380-450 g were used for an adequate vertebrae size. Implantation time was three months.

#### Surgical procedure

Animals were anesthetized with an intraperitoneal injection of ketamine and xylazine (Alcyon, Pau, France) (40 and 9 mg/kg, respectively). A dorsal incision was performed approximately from Cd31-Cd35 vertebrae. The skin and the muscles were retracted and the vertebrae were exposed. Critical size defect drillings were performed with a 2.9 mm diameter drill through the center of the vertebrae. Impacted-type titanium (Ti<sub>6</sub>Al<sub>4</sub>V) implants manufactured by FullTech Ltd (Budapest, Hungary) with a 2.9 mm wide coronal part were placed. After this procedure, the muscles and the skin were repositioned and sutured with resorbable sutures (Vicryl 4/0, Ethicon, Issy les Moulineaux, France). Following surgery, Buprenorphine SR-LAB (1 mg.mL<sup>-1</sup>), (Wildlife Pharmaceuticals, Windsor, CO, USA) at dose of 1.2 mg.kg<sup>-1</sup> was used for systemic relief and 72 h analgesia.

Rats were kept in individual cages and the wound healing was controlled daily during the first week and twice per week during the following healing period. Every second day the tails were disinfected using povidone-iodine solution (Betadine, Mundipharma, Paris, France).

#### Sample collections

At the end of the experimental periods, the rats were sacrificed by intraperitoneal injection of Pentothal (Alcyon, Pau, France) with a suitable dosage (200 mg/1.5 kg). The interested vertebrae were harvested. The samples were fixed in 5% formaldehyde solution in 4°C for 24 hours [9].

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### Micro-CT analysis

Vertebrae with osseointegrated implant were evaluated using an X-ray micro-CT instrument SKYSCAN 1176 X-ray Microtomograph (Bruker, Belgium). Implanted samples were scanned at 360° rotation at 0.7 degree intervals. Measurements were made on the region of interest (ROI) × 1.5 mm tissue volume (TV) on the computer-reconstructed 3D samples. The gray scale images were reconstructed from the software Nrecon (Bruker, Belgium) and visualize with FIJI 1.5 software (NIH, USA). Then, these images were analyzed and aligned along the axis of the implant with DataViewer 1.5.2.4 software (Bruker, Belgium). The BIC analysis was performed with CTanalyser 1.15.4.0 software (Bruker, Belgium) and the visualization of the mesh with MeshLab 1.3.4 (INRC, Italy) and FIJI (NIH, USA) software.

### Histology

After micro-CT scanning, the pieces were dehydrated in a series of graded ethanol solutions and embedded in epoxy resin blocks (Epoxy embedding medium kit, Sigma-Aldrich, France). Transverse sections were stained with toluidine blue.

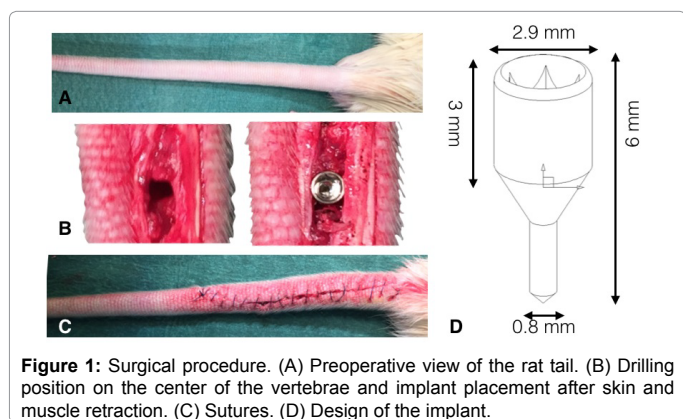
### Results

During experimentation, no infection of the operative site was observed. Every implant was osseointegrated. Rat behaviors did not change during the experimental and the post-surgical care periods.

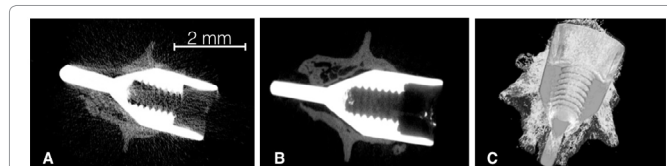
Figure 1 shows the surgical set-up of the caudal vertebrae. After skin and muscles retraction a drilling was performed with a proper drill and an implant (Figure 1D) was impacted into the vertebrae (Figure 1B).

Three month after implantation, micro-CT scanning showed the implant position through the vertebra (Figure 2). Figure 2B demonstrates the implant after image treatment removing metal artifacts. Artifacts are removed by beam hardening correction, providing axial cross-section. Figure 2C shows 3D reconstruction of vertebrae showing presence of bone around the implant impacted.

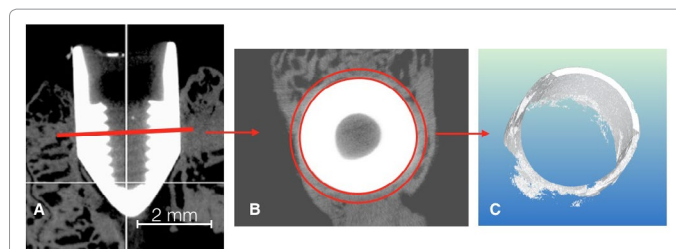
In Figure 3 vertebra reconstruction shows presence of bone around



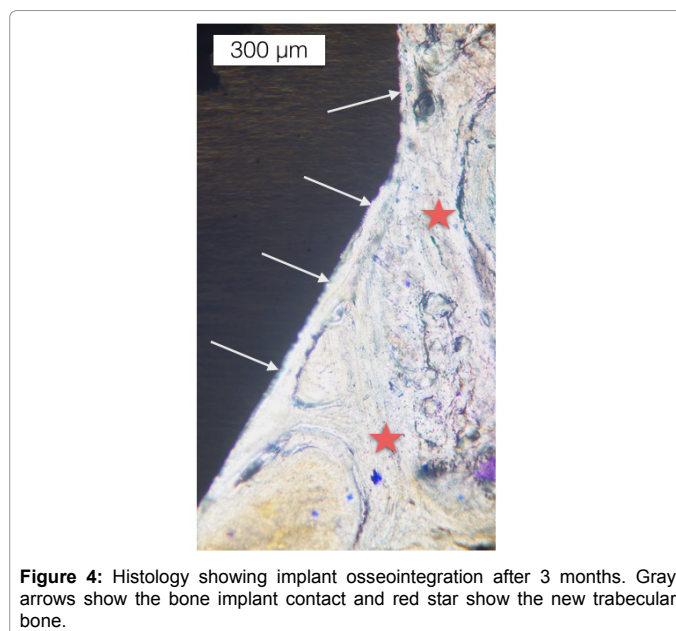
**Figure 1:** Surgical procedure. (A) Preoperative view of the rat tail. (B) Drilling position on the center of the vertebrae and implant placement after skin and muscle retraction. (C) Sutures. (D) Design of the implant.



**Figure 2:** Micro-CT reconstruction of the interest rat caudal vertebra. (A) Initial reconstruction of vertebrae crossed by implant. (B) Beam hardening artifact treatment. (C) 3D reconstruction.



**Figure 3:** Bone implant contact measurement. (A) Transversal view, the red line indicates the interest plan. (B) Definition of ring (in red) around the area of interest. (C) 3D reconstruction of bone implant-contact (BIC).



**Figure 4:** Histology showing implant osseointegration after 3 months. Gray arrows show the bone implant contact and red star show the new trabecular bone.

implant three month after the surgical procedure. Reference plan was defined on the neck of the implant (Figure 3A). After that, a ring was established around the reference area (Figure 3B and 3D) bone implant contact is presented in Figure 3C. Bone implant contact was calculated from these data and they gray scale pixels to obtain the quantity and the percentage of bone implant contact. Bone implant contact (BIC), percentage of BIC along the threads of the implant surface; and bone volume fraction/density; percentage of the peri-implant bone volume to the total could be calculated. Percent of bone implant contact is obtained dividing total intersection surface by tissue surface. In this situation, calculation of BIC represents 54.98 percent.

The histology analysis confirmed this osseointegration and showed bone-implant contact by a lot of trabecular bone in contact with titanium three months after implantation (Figure 4).

Micro-CT and histology analyses showed osseointegration by bone implant contact after three months.

### Discussion

The present results validate our original assumption that the rat caudal vertebrae may serve as a good model for bone reconstruction. Consequently, various implant materials, surface treatment and surgical protocol can be studied using this rat tail model.

The best animal models should use the minimum number of animals providing reliable results. The possibility to use several vertebrae

in the same animal gives a chance to decrease the number of rat using, for example, the same animal as proper control [3]. From a statistical point of view, one vertebra can be used for the control site and the others for different kind of experiments to compare them on the same rat at the same experimental time.

Another advantage of this new rat model is that the new surgical approach provides an easily, reproducible and, accessible site to perform the implant placement and, to control post-operative time. For histological and anatomical points of view, the caudal vertebrae of the rat are similar to human jawbones with abundant cancellous bone delimited with an important cortical bone thickness [2,10]. Moreover, caudal vertebrae of the rat are highly similar by the lack of hematopoiesis [10], a feature which is different in other bones which are frequently used as implant bed in animal models. This fact makes it a perfect model for evaluating implant osseointegration in dental and maxillofacial research in preclinical implant studies [11]. Many studies have shown the difficulty to experiment implant osseointegration with rat model because several negative points. The quality of the jawbones and a little size of the site are arguments avoiding using rat as model for implant [12]. These problems could be resolved with the rat vertebrae with an easily accessible site, safe and reproducible surgical procedure.

Indeed, following implant osseointegration, newly bone formation, bone implant-contact or, build kinetic model of healing, are a possibility with this model. Moreover, the titanium implant are specifically designed to be impacted into the cavity to obtain primary stability (coronal part is 2.9 mm wide), and to preserve a space between bone and implant in its apical part (0.8 mm in diameter). The space between the apex-part can be left empty or be filled with biomaterial allowing bone implant-contact experiments in function of the type of biomaterials employed [3].

Micro-CT analysis may serve a reproducible possibility to calculate bone density and to assess bone remodeling and bone implant contact with simple procedure [7]. Unfortunately, artifacts are a problem for micro-CT analysis because they tend to under estimate the bone volume. Furthermore, methods are available to reduce or remove artifacts around the implant playing with variation of combined filters (copper/aluminum) or scan 360. Bone implant contact is often cited in the literature like a validated method to calculate the quantity of bone in contact. A study compares the BIC with histological analysis and shows similar results with no-significant difference [13]. Studies showed BIC seems to be similar using special implant design into rat tibia in comparison with the rat vertebrae [14]. Moreover, studies demonstrated BIC seems to be also similar in clinical situation [15]. This model may become a very useful setting at preclinical level for both implantation and osseointegration studies.

## Conclusion

The rat tail vertebrae model is promising for implant osseointegration studies. The model also permits adapted design implant placements with stability and, without pain and suffers. Micro-CT analysis permits to obtain bone implant contact by bone density calculation. This

method can allow building a kinetic using *in vivo* micro-CT and, only on the same animal. For ethical point of view, using this model is also an advantage by decrease the number of animals involved in the study.

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