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Research Article

Assessing the Impact of Mechanical Damage on Full-Thickness Porcine and Human Skin Using an In Vitro Approach

Hinda Dabboue,1 Nicolas Builles,2 Éric Frouin,3 Dan Scott,1 Jeanne Ramos,4 and Gilberte Marti-Mestres1

1Faculty of Pharmacy, IBMM-UMR 5247, University of Montpellier, France
2Tissue Bank and CCBHM, Saint Eloi Hospital, Montpellier, France
3Pathology Department, University Hospital of Poitiers, France
4Service of Anatomy and Cytopathology, Gui de Chauliac Hospital, CHU, University of Montpellier, France

Correspondence should be addressed to Hinda Dabboue; hinda.dabboue@univ-montp1.fr

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For most xenobiotics, the rates of percutaneous absorption are limited by diffusion through the horny layer of skin. However, percutaneous absorption of chemicals may seriously increase when the skin is damaged. The aim of this work was to develop an in vitro representative model of mechanically damaged skins. The epidermal barrier was examined following exposure to a razor, a rotating brush, and a microneedle system in comparison to tape-stripping which acted as a reference. Excised full-thickness skins were mounted on a diffusion chamber in order to evaluate the effect of injuries and to mimic physiological conditions. The transepidermal water loss (TEWL) was greatly increased when the barrier function was compromised. Measurements were made for all the damaged biopsies and observed histologically by microscopy. On human and porcine skins, the tape-stripping application (0 to 40 times) showed a proportional increase in TEWL which highlights the destruction of the stratum corneum. Similar results were obtained for all cosmetic instruments. This is reflected in our study by the nonsignificant difference of the mean TEWL scores between 30 strips and mechanical damage. For a specific appreciation, damaged skins were then selected to qualitatively evaluate the absorption of a chlorogenic acid solution using fluorescence microscopy.

1. Introduction

The primary property of the skin is to act as a barrier function. The outermost epidermal layer, the stratum corneum (SC), is an effective barrier that protects against external aggression and prevents the delivery of xenobiotic molecules across the skin [1–5].

Due to skin barrier properties, a chemical must exhibit specific physicochemical traits, that is, a low molecular weight, a low melting point, and a logP (octanol-water partition coefficient) from 1 to 4, in order to be a candidate for passive transdermal delivery [6–8]. To overcome significant barrier properties of the stratum corneum, numerous approaches were conducted in the pharmaceutical domain to enhance percutaneous penetration of drugs, such as nanoformulations [9, 10] and by production of temporary [11] or permanent holes [12] in the skin. The use of these techniques has now advanced to the field of cosmetics. A large number of instruments, apparatus, and devices are now marketed as “high-tech beauty gadgets” that are claimed to smooth wrinkles as well as renew and temporarily alter the appearance of the face and skin [13]. Cosmetics and cosmetic devices are used to improve appearance and should not impart any health benefits or permeate past the epidermal layer; otherwise they would be classified as a medicine. The skin as an outer organ is naturally susceptible to mechanical damage from its environment which can impair its barrier function, and this must be factored into the development and design of cosmetic gadgetry.

The aim of our study was to establish an in vitro model of acute barrier disruption, using Franz cell with full-thickness porcine and human skin [14–16], to investigate various types of skin damage, based on Fick’s law of diffusion [17, 18].
Tape-stripping, first described by Fritsch et al. [19], is a robust method in SC physiology research. Adhesive films are pressed onto the surface of the skin with a fixed amount of pressure before removal [20]. The superficial layers of the SC adhere to the film, and are stripped from the SC, and are then accessible for further investigation. At the same time, repeated tape-stripping may be an effective comparative model for impaired skin barrier function [21–23]. Transepidermal water loss (TEWL) was used as the unit of SC damage between models, measured in grams per centimetre squared per hour (g/cm²/h). The TEWL is widely used in skin integrity tests with a large historical dataset [24–28]. Many studies have suggested that high TEWL is associated with various skin diseases, including atopic dermatitis, psoriasis, contact dermatitis, and ichthyosis [29–32]. Thus, TEWL is thought to be a useful parameter that characterizes skin barrier function in man. In vitro experiments were performed using Franz cells with full-thickness porcine and human skin. Healthy pig ear skin was compared to healthy human skin with and without stretch marks because they are an excellent surrogate to human skin, due to physiological similarity and availability. The effects of selected 5 to 30 or 40 repeated tape-strippings were then compared to the other types of induced skin injury.

The impact of two new cosmetic “gadgets,” microneedles [33] and rotating brush [34], was studied in order to evaluate skin damage after their application. Influence of a conventional razor [35] was also investigated. Microneedles of 1 mm length were disposed on a roller were studied with respect to the efficiency of skin perforation. Microneedles were initially used for skin disruption to facilitate transdermal drug delivery until recently. This device was then introduced in the cosmetic domain to treat scars, wrinkles, and stretch marks. The impact of a rotating brush used for face cleansing was also investigated via application to a fresh biopsy with a cosmetic gel containing salicylic acid. A manual razor was also applied three times on a biopsy in the same direction.

The purpose of the current work was to investigate the suitability of different skin integrity tests to differentiate impaired from intact human skin.

2. Materials and Methods

2.1. Skin Preparation. Porcine ears were obtained from freshly killed animals in a local slaughterhouse (Pézenas, France). After cleaning with cold tap water, full-thickness skin was removed with a scalpel from the cartilage of the outer region. Human skin was obtained from “Centre des Collections Biologiques Hospitalières, CHU (Central University Hospital), Montpellier” (biobank identification number BB-0033-00031) following official agreement compliant with French regulation and full written consent from donors. Human skin was retrieved from the plastic surgery unit (abdominoplasty), treated with povidone iodine antiseptic (PVP-I, Betadine) prior to extraction, harvested by a surgeon in a medical grade sterile pot system (Cryokit, Verreries Talanconnaisses, France) with sterile NaCl 0.9% at +4°C (Sodium Chloride 0.9%, B/Braun, Melsungen, Germany), sent to the tissue bank where subcutaneous fat was removed up from the dermal layer, and conditioned within a Cryokit with NaCl 0.9% system. The skin was sent to the laboratory at +4°C up to 4 hours from retrieval, ensuring an optimal skin quality. All skins were inspected for visible skin lesions prior to use. Only intact healthy looking skin was used for experiments.

All skins were cut using a punch-biopsy in the laboratory (2 cm² diameter) to fit Franz cells, and thickness was measured in each case using Mitutoyo 2050S apparatus (ranging between 1.0 and 1.4 mm) prior to labelling, freezing in aluminium foil, and storing at −20°C for a period not exceeding 4 months. Skin from different donors was used to demonstrate reproducibility of the study. A minimum of 4 different subjects was assigned to each group in order to minimize any individual variance which would interfere with overall outcome.

2.2. Types of Skin Damage

2.2.1. Tape-Stripping. Standard sized D-Squame Skin Sampling Discs (22 mm diameter, Monaderm, Monaco) were applied to skin biopsies prior to application of 225 g/cm² pressure during 3 seconds, provided by the D-Squame D500 apparatus applicator (Monaderm, Monaco). This process was subjected to affected skin samples, 5 to 40 times using fresh discs each time. The D-Squame tapes were peeled from different directions (90° each time) in rotation until the process was completed.

2.2.2. Microneedles. A titanium Micro Needle Roller System (RoHS, CE) composed of 540 needles of 1 mm length was used. The instrument was rolled firmly onto the biopsies ten times vertically followed by ten times horizontally.

2.2.3. Razor. Wilkinson Sword Extra Beauty 3 razors were used. They contained an aloe vera adjuvant alongside physiologic solution (NaCl 0.9%, Versyline, Fresnissiu Kabi, Sevres, France). The skin biopsies were shaved 3 times in the same direction without shaving formulation.

2.2.4. Rotating Brush. Pureo Sonic Brush (Elle by Beurer, France) was applied to designated biopsies at the highest speed and rotated firmly around the skin for one minute at the highest speed. Integrity of the skin was further challenged following application of a cleansing gel. A pure active gel (20 μL) containing salicylic acid and zinc gluconate was applied to previously moistened skin with saline and rubbed gently before being washed off 60 seconds after.

2.3. In Vitro Model. Glass Franz diffusion cells with average capacity of 9 mL ± 0.35 mL were used with a surface area of 1 cm². Each cell was filled with saline solution (0.9% NaCl) representing the thermodynamic equivalent of fluid beneath the epidermis in vivo. Franz cells were thermostat at 37.2°C ± 1°C (Polystat CCI, Huber, Offenburg, Germany) with receptors stirred at 600 rpm/min with a magnetic bar throughout the experiment. Skin surface temperature was then measured at 32°C ± 1°C in order to confirm correlation to in vivo temperature prior to application of mechanical damage.
and before TEWL measurements. The complete model was held in place by clamps (Rotulex, Pyrex, SCI Labware, Clichy, France).

2.4. TEWL Measurement. A Tewameter TM 300 was used (Monaderm, Monaco). A minimum of one hour was allowed for samples to equilibrate following direct application to Franz cell receptor temperature from a frozen state. After this time, the TEWL results were obtained (g m⁻² h⁻¹). In the case of deliberately damaged skin of deliberately damaged skin, TEWL measurements were taken on an intact biopsy and compared to the same biopsy 30 minutes after injuries were applied. Care was taken prior to measurement to ensure that there was an absence of air bubbles lying under the dermis in contact with the receptor fluid. TEWL measurements were conducted on average three times per sample from the top of the donor cell.

2.5. Histological Analysis

2.5.1. Optical Microscopy. After mechanical damage, biopsies were fixed in 4% paraformaldehyde (Sakura Society, Tokyo, Japan) solution for up to 48 hours. Thereafter, skin samples were embedded in parafilm (Leica Society, Germany) and cross sections of 5 μm were cut. After drying and deparaffinizing blades, cut sections were automatically colored by haemotoxylin and eosin (Dako Society, Les Ulis, France). Slides (Superfrost Plus, VWR International, Fontenay-sous-Bois, France) that contained histological sections were placed on a motorized support under the Nanozoomer Slide Scanner (Hamamatsu). Then, the entire surface of the sample section was analyzed with NDP Nanozoomer software.

2.5.2. Scanning Electron Microscopy. Skin biopsies were washed in PBS and fixed in a 2.5% glutaraldehyde (Electron Microscopy Sciences, Hatfield, PA, USA) and Sorensen phosphate buffer (0.133 M, Electron Microscopy Sciences, Hatfield, PA, USA) solution, pH 7.2, for an hour at room temperature and rinsed in Sorensen buffer. Samples were then dehydrated using a gradient ethanol series (30–100%), followed by critical point drying with CO₂. Subsequently, samples were sputter-coated with an approximative 10 nm thick gold film and then examined under a scanning electron microscope (Hitachi S4000, at CRIC, Montpellier, France) using a lens detector with an acceleration voltage of 10 kV at calibrated magnifications.

2.5.3. Fluorescence Microscopy. 1% of chlorogenic acid (Sigma-Aldrich, St. Louis, USA) was solubilized in a mixture (2/8, v/v) of PEG-400 (Cooper, Melun, France) and methanol (Sigma-Aldrich, St. Louis, USA). 20 μL of this solution were added to skin samples and incubated in a thermostated Franz cell for 24 hours. The donor compartment of the cell was covered with parafilm to prevent evaporation of the applied compounds. After 24 hours, skin samples were dried; surfaces were gently dabbed with methanol (Sigma Aldrich) using gauze prior to embedding in OTC matrix (CellPath, UK) and frozen in liquid nitrogen. The samples were then stored at −80°C until preparation of microscope slides using a cryostat. Six-micron cryo-cross-sections were observed by fluorescence microscopy (Leica DMR Camera Leica DFC310 FX, Nanterre, France) with a DAPI filter (excitation 350 nm and 450–490 nm emission) with few drops of Neu reagent [36] (1% of 2-aminoethyl-diphenylborinate) (Sigma-Aldrich, St. Louis, USA) in methanol (Sigma-Aldrich, St. Louis, USA), which potentiates the fluorescence of chlorogenic acid.

2.6. Statistical Analysis. Statistical calculations were performed by means of the PC program, Statgraphics-Centurion XVII [37]. A nonparametric Kruskal-Wallis (KW) was used with a box and whisker (BaW) representation. Notches are useful in offering a guide to significance of difference of medians, in the case that the notches of two boxes do not overlap. Bonferroni test was then used to show pairwise comparison between the average ranks of each group.

3. Results and Discussion

3.1. Comparison of Healthy Human and Pig Skins. As shown in Figure 1, intact pig and human skins were differentiated between biopsies with stretch marks. A KW nonparametric test was used, whereby this test does not require the assumption that all the samples were drawn from normally distributed populations with equal variance. The KW test for TEWL by type of skin is equal to 105.55 with a P value = 0.00, confirming that there was a statistically significant difference amongst the medians at a 95% confidence level. For the intact pig skin (n = 154), the average rank was 166.68 and for the intact human skin (n = 106) the average rank was 77.92. Finally, for the stretch mark human skin (n = 8), average rank was 264.5. All data were reported in Table 1. Graphically, the box and whisker procedure denoted a statistically significant difference between the 3 types of skin, which was corroborated by the Bonferroni procedure. We have demonstrated an important increase in the mean of TEWL for the stretch mark human skin (13.6 g/m²/h) compared to the two others, where the mean TEWL is 3 times greater than that of healthy human skin (4.2 g/m²/h) and almost twice as large as healthy pig skin (6.7 g/m²/h).
One hypothesis is that stretch marks are induced by excessive mechanical stretching of skin to the point of rupturing dermal elastic fibers and that local fibroblasts are unable to adequately repair or replace those extracellular matrix components that are solely responsible for the resilience of skin [38]. The presence of stretch marks on the human skin is equivalent to the presence of a lesion when comparing TEWL results. Therefore as human skin with stretch marks already corresponds to endogenous lesions that could increase TEWL, we decided not to use them in the following experiments. In contrast, excised porcine ear skin has been shown to be a suitable skin substitute model for human skin, based on morphological and functional data [39, 40]. However, sources for excised human skin for in vitro studies are limited.

3.2. Stripped Skin as Model. A control group with undamaged skin was compared with a group where epidermis of the biopsies was stripped 5, 10, 20, 30, and 40 times. The maximal number of adhesive tapes used was fixed to 40 for human and porcine skin. For comparison, two protocols were implemented in the study: in the first one (protocol 1) tape-stripping was applied 5 to 40 times successively on the same biopsy, while in the second one (protocol 2), a new skin biopsy was used each time.

Netzlaff et al. [41] have proven that TEWL measurement cannot detect small changes in the stratum corneum, but a clear increase in TEWL induced by the impairment of the SC barrier was expected.

With both protocols, there was a strong correlation between the number of stripping times and TEWL. And the removal of 30–40 tape-strips formed a plateau corresponding to removal of the last stratum corneum layers. At these steps, a 4-fold loss of barrier function for pig skin and a 6-fold loss of barrier function for human skin were observed. Figure 2 illustrates the increase in TEWL as SC width decreases. The KW test for TEWL comparing protocol and skin is equal to 0.88 with a \( P \) value = 0.82, and there are no statistically significant differences amongst the medians at 95% confidence level (all data are reported in Table 2). This provides important information and all data obtained from protocols 1 and 2 were then pooled for neatest tests. This crucial step was corroborated by Rubio et al. who have shown that 20 and 35 strips cause, respectively, minor and major increases in TEWL and that more strips have nonsignificant effect [42].

In order to visualize the destruction of the stratum corneum in porcine ear and human skins models, histological sections were investigated as shown in Figures 3 and 4, respectively. The stratum corneum is progressively removed by serial adhesive tape-stripping. With 40 strips drastic damage is observed on the epidermis. Thus 30 tape-strips were used as a realistic reference to damaged skin for further comparative studies.

Compared to intact skin, smoother skin surface was observed by scanning electron microscopy (SEM) (Figure 3(c)) in porcine samples. Such findings have explained the very small thickness of the stratum corneum after 30 tape-strips observed on optical microscopy images (Figure 3(d)). The same observations were made with human skin samples when 30-tape- strip damage was applied (Figure 4(b)). Thus we have herein developed a standardized model based on 30 tape-strips for evaluating skin injuries when the stratum corneum is impaired homogeneously. This method of tape-stripping application has often been used as a model of skin lesions in order to study the penetration of xenobiotics [43–48].

3.3. Mechanical Damage by Devices. With recent developments in the cosmetic industry with regard to device models, one trend is towards home use. But are these practices safe if cosmetic products are applied after their use? The Margin of Safety (MoS) of substances in a finished cosmetic product is derived by dividing the nonobserved adverse effect level (NOAEL) by the systemic exposure dosage (SED). Exposure scenario is based to an extent on the amount of substance that may be absorbed through the skin in order to calculate the SED [49]. Numerous complications may arise because SED is usually calculated with data of absorption obtained from

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### Table 1: TEWL data (number of experimentations with mean and median) obtained from healthy human (IntactHSkin) and porcine (IntactPigS) skin biopsies and human stretch marks biopsies (StretchM.HSkin).

<table>
<thead>
<tr>
<th>Type of skins</th>
<th>( n )</th>
<th>Average rank</th>
<th>Median (TEWL) g/m(^2)/h</th>
<th>Mean (TEWL) g/m(^2)/h</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intact pig skins</td>
<td>154</td>
<td>166.68</td>
<td>6.60</td>
<td>6.70 ± 0.23</td>
</tr>
<tr>
<td>Intact human skins</td>
<td>106</td>
<td>77.92</td>
<td>3.95</td>
<td>4.23 ± 0.28</td>
</tr>
<tr>
<td>Stretch marks skins</td>
<td>8</td>
<td>264.5</td>
<td>13.55</td>
<td>13.6 ± 0.58</td>
</tr>
</tbody>
</table>

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*Figure 2: TEWL analysis and comparison between two protocols of tape-stripping and healthy porcine and human skin; protocol 1: tape-stripping followed in the same skin, protocol 2: tape-stripping on different biopsies.*
Table 2: TEWL data (number of experimentations with mean and median) of stripped skin for 30 times.

<table>
<thead>
<tr>
<th>Type of skins</th>
<th>n</th>
<th>Average rank</th>
<th>Median (TEWL) g/m²/h</th>
<th>Mean (TEWL) g/m²/h</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pig skins protocol 1—30 times</td>
<td>4</td>
<td>26.5</td>
<td>26.05</td>
<td>27.20 ± 2.77</td>
</tr>
<tr>
<td>Pig skins protocol 2—30 times</td>
<td>23</td>
<td>20.91</td>
<td>24.9</td>
<td>25.30 ± 1.15</td>
</tr>
<tr>
<td>Human skins protocol 1—30 times</td>
<td>10</td>
<td>23.75</td>
<td>27.3</td>
<td>26.03 ± 1.75</td>
</tr>
<tr>
<td>Human skins protocol 2—30 times</td>
<td>7</td>
<td>23.64</td>
<td>24.9</td>
<td>26.80 ± 2.09</td>
</tr>
</tbody>
</table>

Figure 3: Histological analysis, comparison between porcine skin tape-stripped and no treatment by scanning electron microscopy (a, c), and optical microscopy of haematoxylin and eosin stained section (b, d). (a, b) Control porcine skin; (c, d) tape-stripping (×30) porcine skin. Scale bar (b, d): 100 μm. SC: stratum corneum, Ep.: epidermis, and De.: dermis.

chemical applications on healthy skin. In a risk assessment, the toxicity of the chemical is considered in conjunction with anticipated exposure levels for the target population. But with the use of cosmetics devices levels of SED are underestimated and will not represent the worst case compared to exposure.

A statistically significant difference was determined (Table 3) between intact skin and punctured, brushed, shaved, and 30-stripped skins (KW was equal to 256.59, $P$ value = 0.00). However, no difference could be detected between the skin samples when compared to differing subgroups of mechanical damage (Figure 5) following TEWL analysis. Histological findings of skin samples are shown in Figures 6 and 7. We have demonstrated that the lesions and functional changes induced by the 30-stripped skin model of barrier disruption are similar to those observed with devices examined.

Compared to intact skin, porcine biopsy holes (microlancing) are observed on the skin surface by SEM (Figure 6(a)). They are explained by a fracture from the stratum corneum into the dermis after the microneedles application (Figure 6(b), denoted by *). Moreover, the needles were soaked in black ink in order to avoid an artifact observation due to sample preparation. The same observation was made on human skin (Figure 7(b), denoted by *). Microneedles were used initially in the biopharmaceutical field for transdermal drug delivery in order to overcome the skin barrier by formation of mechanically produced conduits through the stratum corneum by the use of small needles [50–54].

Traditional methods of removing unwanted hair include shaving [55]; this method has a temporary impact on skin barrier function. This process removes the hair shaft very close to the surface of the skin as observed in Figure 6(c) (porcine biopsy). In contrast, no collateral damage to the softer skin surface was noticed for porcine and human skins (resp., in Figures 6(d) and 7(c)).

Microscopic examination of porcine skin after a rotative brush treatment depicts a very slight disturbance of epidermal tissue (Figures 6(e) and 6(f)). The same observation was made on human skin with rotating brush (Figure 7(d)). Consumers often combined the rotating brush with a cleansing gel as stimulated by our investigations. This technique is well known by dermatologists in the treatment of skin surface...
troubles like acne, scars, and other skin blemishes. It involves direct removal or disruption of the upper layer of the skin to enhance the penetration of topically applied xenobiotic [56]. From our observations, daily application of a cleansing gel with a device could be deleterious and could enhance percutaneous penetration of other chemicals applied onto the skin. In conclusion, based on data presented here, 30 tape-strips are necessary to obtain a model of realistic damage.

Numerous studies of TEWL or electrical resistance have compared healthy and damaged skin, but in each report a maximum of 10 or 20 tape-strippings were implemented to reenact disturbed skin. In contrast to our study, these tape-stripping models were not compared with other mechanical damage [48, 57, 58]. Although we observed a link between increases of TEWL absorption with numerous damage models, our results need to be further investigated in a quantitative fashion to appreciate the potential real-life impact.

In our study, nonsignificant differences between mechanical damage and 30 tape-strips were demonstrated with reproducible data. This last procedure appeared to be a more realistic model in order to mimic human skin with impaired SC due to various mechanical reasons. We recommend a standardized method with 30 adhesive discs pressed onto the surface during 3 seconds using a 225 g/cm² applicator to evaluate skin absorption for risk assessment.

With such a great enhancement of the TEWL found for all skin injuries, one can reasonably expect that skin absorption of chemicals would be similar following injury. A solution of 1% chlorogenic acid, a compound used as reference for skin absorption [59], was deposited on intact skin and two different types of damaged skins: 30 tape-strips and microneedles treatment. Absorption was qualitatively analyzed 24 hours after using fluorescent microscopy.
A bright high intensity fluorescence was clearly visible in upper layers of the intact skin, while a more diffuse signal was present at deeper skin layers (Figure 8). On the opposite, a wide area of fluorescence was observed deeper in the skin (Figures 8(b) and 8(c)) for both stripping method and microneedles. But, with the use of sharp microneedles, the diffusion of the fluorescent molecule through the conduits over time seemed to deeply penetrate the epidermis and the dermis. These results also suggested that a wide amount of chemicals could be absorbed, but more absorption studies are necessary to confirm our results.

4. Conclusion

Our objective was to determine a realistic and practical in vitro model of barrier impairment using a stepwise approach of sequential tape-stripping of pig and human skins in comparison to much mechanical damage currently encountered in the cosmetic field. TEWL was used to compare skin barrier function in human or pig skins. A dramatic increase of the TEWL value was observed with human skin with stretch marks compared to intact human skin. The experimental work presented herein has shown that the removal of stratum corneum by 30 tape-strips is the most relevant procedure in order to make a standardized model of injured skin in vitro. Skin exposed to microneedles, a razor, or a rotating brush was strongly disturbed and all the features of the damage were comparable to the 30 tape-strippings procedure in TEWL analysis, but we observe different kinds of skin barrier disruption. Results obtained in this work support the need for new absorption studies on damaged skin. Further perspectives are needed to answer further questions created in this study: how deep is the skin penetration for different compounds and what lies between healthy and damaged skins in this regard. This leads to the opening of investigations for the future, which questions the safety of advances in the
Figure 7: Histological analysis by optical microscopy (haematoxylin and cosin stain), comparison between a healthy human skin (a) and microneedles application with black ink (b), shaving human skin with a razor (c), and rotating brush and a gel (d). Scale bar: 100 μm; SC: stratum corneum, Ep.: epidermis, and De.: dermis.

Figure 8: Fluorescence microscopy analysis: evaluation of penetration by chlorogenic acid (1% in solution), on healthy and damaged porcine skin. (a) Healthy porcine skin, (b) 30-time tape-stripped porcine skin, and (c) microneedles application. Scale bar: 100 μm.

development of topical formulations and cosmetic gadgetry in years to come.

Conflict of Interests

The authors have no conflict of interests to disclose.

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