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Is *Galba schirazensis* (Mollusca, Gastropoda) an intermediate host of *Fasciola hepatica* (Trematoda, Digenea) in Ecuador?

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**Abstract** — Fasciolosis is a widely distributed disease in livestock in South America but knowledge about the epidemiology and the intermediate hosts is relatively scarce in Ecuador. For three months, lymnaeid snails were sampled \((n = 1482)\) in Pichincha Province at two sites located in a highly endemic area. Snails were identified (based on morphology and ITS-2 sequences) and the infection status was established through microscopic dissection and a multiplex polymerase chain reaction (PCR)-based technique. Techniques based on morphology were not useful to accurately name the collected snail species. Comparison with available DNA sequences showed that a single snail species was collected, *Galba schirazensis*. Live rediae were observed in 1.75% (26/1482) and *Fasciola* sp. DNA was detected in 6% (89/1482) of collected snails. The COX-1 region permitted identification of the parasite as *Fasciola hepatica*. The relative sensitivity and specificity of the microscope study, compared to PCR results, were 25.84% and 99.78%, respectively. The mean size of the snails recorded positive for *F. hepatica* through crushing and microscopy was significantly higher than the mean size of negative snails, but there was no such difference in PCR-positive snails. The role of *G. schirazensis* as an intermediate host of *F. hepatica* in Ecuador is discussed and the hypothesis of an adaptation of the parasite to this invasive snail is proposed. For the first time, an epidemiological survey based on molecular biology-based techniques assessed the possible role of lymnaeid snails in the epidemiology of fasciolosis in Ecuador.

**Key words:** *Fasciola hepatica*, *Galba schirazensis*, Multiplex PCR, Ecuador, Epidemiology.

**Résumé** — *Galba schirazensis* (Mollusca, Gastropoda) est-il un hôte intermédiaire de *Fasciola hepatica* (Trematoda, Digenea) en Équateur ? La fasciolose est une maladie largement distribuée chez le bétail en Amérique du Sud, mais les connaissances sur l’épidémiologie et les hôtes intermédiaires sont relativement rares en Équateur. Pendant trois mois, les Lymnaeidae ont été échantillonnés \((n = 1482)\) dans la province de Pichincha dans deux sites situés dans une zone fortement endémique. Les mollusques ont été identifiés (en fonction de la morphologie et des séquences ITS-2) et l’état de l’infection a été établi grâce à une dissection microscopique et une technique de PCR multiplex. Les techniques basées sur la morphologie n’ont pas été utiles pour identifier avec précision l’espèce de mollusque recollée. Une comparaison avec les séquences d’ADN disponibles a montré qu’une seule espèce de mollusque a été recollée, *Galba schirazensis*. Parmi les mollusques collectés, des rediae vivantes ont été observées chez 1.75 % (26/1482) et de l’ADN de *Fasciola* sp. été détecté dans 6 % (89/1482). La région COX-1 a permis d’identifier le parasite comme *Fasciola hepatica*. La sensibilité relative et la spécificité des études microscopiques, en comparaison avec les résultats de la PCR, étaient respectivement de 25.84 % et 99.78 %. La taille moyenne des mollusques considérés positifs pour *F. hepatica* par écrasement et microscopy

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Introduction

Fasciolosis is an important cosmopolitan parasitic disease, mainly of domestic ruminants [52] and man [28] with high potential risks of emergence or re-emergence [30, 57]. In South America, it is caused by a digenean trematode (Platyhelminth): Fasciola hepatica, which has a worldwide distribution. It causes severe outbreaks in livestock [54] and remains a true public health and veterinary problem, inducing important economic losses. South America is a region where human fasciolosis is considered as emergent and where the highest human prevalences of this disease have been observed [23, 27, 28]. Several cases of infection have also been recorded in livestock, with important economic losses. For instance, in Argentina in 2009, bovine liver condemnation due to F. hepatica in the slaughterhouse of Atílio Vivácqua concerned 28.24% of the carcasses (9568/33,870) that led to approximately US $132,000 of losses [10]. In Peru, Espinoza and colleagues [21] estimated the losses due to liver condemnation to be around US $50 million.

Despite the recognition of fasciolosis as a threat in South America, epidemiological data for both humans and livestock remain scarce in Ecuador. For instance, only a few studies have dealt with fasciolosis and it is currently considered that prevalences are low (e.g., [33]), although the human population at risk was estimated at 20.6% [30]. The presence of human fasciolosis in Ecuador was reported for the first time in the international scientific literature in 2000 [55], when 6% (9/150) of an Andean community were found to be seropositive for F. hepatica. A coprolological study in this country showed a prevalence of 0.5% in a group of children [24]. In 2005, in the municipal slaughterhouse of Machachi (Ecuador), 12.28% (162/1319) of bovine livers were condemned due to fasciolosis [21]. Further studies are therefore needed to evaluate the risk of fasciolosis in Ecuador.

The life cycle of F. hepatica involves a mammalian definitive host (domestic and wild ruminants, pigs, rodents, humans) and a molluscan intermediate host (Mollusca: Lymnaeidae) [5]. Fasciola hepatica adolescens is the snail encyst on surfaces in water. Thus, a good knowledge of intermediate hosts and their prevalences is required to identify areas and/or periods with epidemiological risks. Conventional wisdom has said that, apart from Lymnaea rupestris, for which the infection by F. hepatica had never been clearly demonstrated, seven species may act as potential vectors of fasciolosis in the Neotropics [8, 9, 16, 17, 32]: Lymnaea diaphana, Pseudosuccinea columella, Galba cousini, G. viator, G. cubensis, and G. truncatula. Recently, Correa and colleagues [16] unambiguously showed the presence of another true species they called Galba sp. Further analyses showed that this species is similar to Galba (Lymnaea) schirazensis [8].

Due to phenotypic plasticity in shell shape [50] and extremely homogeneous anatomical traits among species [17], the correct identification of all these species is impossible in the “truncatula-like group”, i.e., phenotypically similar species: Galba truncatula, G. schirazensis, G. viatrix, and G. cubensis. In fact, the combination of several anatomical parameters of the reproductive system is of no use to discriminate these different species [17, 43], although DNA-based approaches (barcoding) unambiguously ascribe individuals to one species or another.

In Ecuador, three lymnaeid species have been reported: G. cousini [40, 41], P. columella [37, 41], and G. schirazensis [8]. Only G. cousini was so far recorded to be naturally infested with F. hepatica in this country [58] with a very high prevalence of 31.43% (22/70). Neither P. columella nor G. schirazensis were described as infected in Ecuador, despite the fact that G. cousini and P. columella was recently found naturally infested in Brazil [15], Argentina [45], and Cuba [25], and that G. schirazensis from Colombia seemed able experimentally to harbor some larval stages of F. hepatica [26]. The detection of Fasciola sp. in the intermediate host is possible through different techniques [13]. Generally, microscope techniques are chosen in the developing countries because these methods are cheap, but this could lead to an underestimation of prevalence or false identification of parasite larval forms. Only one study used a molecular-based technique to assess the infection status in field-collected lymnaeids in South America (Argentina) [18]. The aim of the present study was to provide new insight into the epidemiology of F. hepatica in Ecuador especially regarding lymnaeid species, in an area where the intermediate and definitive hosts interact and adapt themselves in a permanent manner. For this purpose, we monitored the lymnaeid infection status in a three-month longitudinal survey and searched for the presence of Fasciola hepatica larvae by microscopic detection and DNA analysis.

Materials and methods

Sampling location

Snails were sampled in two pastures belonging to a private farm called “La Fontana” located in Ecuador, near Machachi (Province of Pichincha, in the county of Mejía). The first sampled site (site 1) (0°26’37.59”S; 78°32’24.12”W, 2794 m above sea level (a.s.l.)) and the second sampled site (site 2) (0°26’30.66”S; 78°32’38.21”W, 2781 m a.s.l.) were wet pastures regularly grazed by cattle belonging to the farm. Data concerning general information about the farm, cattle management, and fasciolosis history were also collected.

A total of 184 Holstein Jersey cattle producing milk and 13 horses belong to this private farm, with 1200 ha of pastures.
Pasture rotation took place every 2 months. Both sites were approximately separated by 1000 m and were crossed with small brooks (“acqueias”) with slow flow (without connection between sites) and the snails were sampled all along the mud edge. This is the only source of water for the cattle in the field. The soil is volcanic in origin and vegetation was mainly composed of ray-grass (Lolium sp.) and aquatic plants. The farm had a long history of fasciolosis, as *F. hepatica* eggs were regularly observed during copro-parasitology. Approximately 50% of the animals were positive. Cattle were treated every three months with injectable nitroxynil (Nitromic®).

**Snail sampling**

Snails (>4 mm) were collected every 2–3 weeks, between April and July 2013 (seven times), at both sites, for 30 min each, kept alive in plastic containers and transported to the International Center for Zoonosis in Quito for further analysis. The 1482 sampled snails were quickly sorted according to genus identification before anatomical examination. The height of the shell of each sampled snail was measured from the apex to the anterior margin. For identification purposes, three snails were randomly selected half the time (4/7) for each biotope (2) and the same snails were identified following anatomical dissection and molecular analysis (total 24).

**Snail identification**

**Snail processing, fixation, and morphological analysis**

Snails collected in the field were dipped in an isoflurane (Iso-Vet) solution (one drop in 5 mL of tap water). They were then killed by plunging into hot water at 70 °C for 45 s, followed by 40 cycles, each comprising denaturation/C176°C for 30 s, annealing at 55°C/C176 for 30 s, extension at 72°C/C176 for 45 s, and a final extension step at 72°C/C176 for 5 min. ITS-2 rDNA sequences were then purified using MSB Spin PCRapace (Invitek). Cycle sequencing reactions were performed (in triplicate and in both directions) by BigDye Terminator v3.1 (3730 DNA analyzer; Applied Biosystems) by GIGA Genomics Facility (Liège University, Belgium). Both strands of each sample were compared and used to reconstruct a consensus sequence. This was done in triplicate for each sample. Consensus sequences were made according to the results of sequencing of the PCR products and were aligned using BioEdit 7.1.10 [26] and analyzed using BLASTN 2.2.26 searches in GenBank (http://www.ncbi.nlm.nih.gov/BLAST). The species identity of sequences (144) obtained from PCR products was determined according to the highest BLAST match (with a threshold of 99–100% similarity).

**Prevalences**

**Snail crushing**

To assess the *Fasciola* sp. infection status, the collected snails were squashed between two microscope slides and carefully examined under a microscope (×10 magnification). Larval forms (sporocysts, rediae, and cercariae) of *Fasciola* sp. were identified following identification keys [51]. The squashed body of each snail was then delicately recovered and put in an individually annotated tube for molecular analysis.

**DNA extraction and pooling**

Snail DNA extraction was based on the Chelex® method, as previously described [14]. Briefly, the snail was mechanically disrupted with the help of a pellet mixer (Trefflab) in 100 μL of Chelex® 5% (BioRad) and incubated for 1 h at 56 °C and 30 min at 95 °C in a Peltier Thermal Cycler (Techne TC). The mixture was centrifuged at 13,000 × g for 7 min. The supernatant was collected and stored at −20 °C until further analyses.

In order to reduce the number of PCRs to detect Fasciola DNA, pools of individuals were formed by mixing together 1 μL of each DNA sample with a maximum of 10 snails per pool. This mixture was considered undiluted. One microlitre of the mixture was then tested in the multiplex PCR described below. In case of pool positivity, snails were individually analyzed with the same technique.

The absence of internal control amplification (PCR inhibitors) for a pooled or an individual sample was assessed through 1/10 and 1/100 dilutions. Furthermore, the addition of 0.05% bovine serum albumin (BSA) to the PCR mixture at 1/10 dilution was tested for samples with absence of internal control amplification whereupon negative samples were definitively excluded from the study.

**Parasite identification**

**Multiplex PCR**

A multiplex PCR assay [14] was used to amplify a highly repeated 124 bp sequence (microsatellite) specific for *Fasciola* sp. [29] and ITS-2 rDNA sequence specific for lymnaeids.
Statistical analyses

To compare microscope and PCR results for the biotope considered, a Fisher's exact test was used. The difference between the global prevalence as a function of time (date) was tested by a $\chi^2$ test. The distribution of size of snails based on the microscope or PCR results (positive versus negative) was assessed using a two-sample Wilcoxon rank-sum test. The relative sensitivity and specificity of the microscope related to the PCR results were estimated with the exact binomial distribution [42].

Results

Molecular parasite identification

Another PCR assay was used to amplify a 405 bp region of the cytochrome c oxidase subunit 1 gene (COX-1) to identify the species of fluke involved in the infected snails. The primers used were FhCO1F 5'-TAT-GTT-ATT-CCA-CCC-GGG-3' and FhCO1R 5'-ATG-AGC-AAC-CAC-AAA-CCA-TGT-3' as previously described [18]. The sequences were amplified using a commercial kit (Taq PCR Master Mix, Qiagen) in a total volume of 25 µL in a Peltier Thermal Cycler (MJ Research) with an initial denaturation step at 95°C for 5 min, followed by 40 cycles, each comprising denaturation at 95°C for 1 min, annealing at 56°C for 1 min, extension at 72°C for 1 min, and a final extension step at 72°C for 10 min. The amplification products were electrophoretically resolved in 2% agarose gels and stained with GelRed (Biotium). The limits of detection and specificity of this multiplex PCR were examined in a previous study [14].

Statistical analyses

To compare microscope and PCR results for the biotope considered, a Fisher's exact test was used. The difference between the global prevalence as a function of time (date) was tested by a $\chi^2$ test. The distribution of size of snails based on the microscope or PCR results (positive versus negative) was assessed using a two-sample Wilcoxon rank-sum test. The relative sensitivity and specificity of the microscope related to the PCR results were estimated with the exact binomial distribution [42].
the frequencies by date were not homogeneously distributed
\((p < 0.001)\) in function of the result obtained by crushing,
whereas results obtained by PCR were homogeneously
distributed \((p = 0.10)\). The difference between the data
obtained by crushing in function of the time (date) was tested
by a \(\chi^2\) test for site 1; prevalences for sampling dates A and B
were significantly higher than for the other dates \(\chi^2\) ddl 1 =
9.35; \(p = 0.002\).

The distribution of size of snails in relation to the data
obtained through microscopy or PCR at site 1 was assessed
using a two-sample Wilcoxon rank-sum test. The size of the
snails recorded positive for \(F.\ hepatica\) through crushing was
significantly higher \((p < 0.001)\) than that of negative snails.
For PCR results, the size of the positive snails had no effect
\((p = 0.41)\).

The relative sensitivity and specificity of the microscope
related to the PCR results were estimated with exact binomial
distribution. The relative sensitivity and specificity were
estimated to be 25.84% (CI 95%: 17.14–36.21) and 99.78%  
(CI 95%: 99.37–99.96), respectively. The \(\kappa\) coefficient was
calculated as 0.38 (weak agreement).

**Discussion**

**Detection and identification of parasites**

The amplified 124 bp region of the parasite DNA was not
sufficient to ascribe parasite species \([31]\); \(Fasciola hepatica\)
was only identified according to the COX-1 region in infected
snails. This study showed overall prevalences of 1.75% and 6%  
using microscopy and PCR, respectively. This difference is
probably due to the low sensitivity of the crushing technique
\([13]\). In a previous study, the infection rates of \(F.\ hepatica\)
in \(P.\ columella\) were 17.5% and 51.3% by direct examination
and PCR, respectively \([18]\). The relative specificity of the
crushing method was very high (99.78%) as only three micro-
scopically positive snails were negative by PCR. In contrast,
the sensitivity was low (25.84%) because crushing overesti-
mates the number of false negatives. This is because an infec-
tion with sporocysts is very difficult to record and the presence
of shell fragments can hamper parasite detection. Furthermore,
the very high sensitivity of PCR could overestimate the “true
prevalence” as it detects specific DNA but does not give

\begin{table}[h]
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\begin{tabular}{lccccc}
\hline
\hline
\textbf{Biotopes} & & & & & & & \\
\textbf{Collected snails} & 110 & 71 & 40 & 141 & 64 & 188 & 36 & 111 & 134 & 314 & 65 & 120 & 88 \\
\textbf{Crushing positive snails (%)} & 9 (8.18) & 6 (8.45) & 0 & 5 (3.55) & 0 & 5 (2.66) & 0 & 1 (0.9) & 0 & 0 & 0 & 0 & 0 \\
\textbf{PCR-positive snails (%)} & 14 (12.73) & 11 (15.49) & 0 & 9 (6.38) & 1 (1.56) & 15 (7.98) & 0 & 10 (9.01) & 2 (1.49) & 19 (6.05) & 0 & 8 (6.67) & 0 \\
\hline
\end{tabular}
\caption{Number of snails collected at sites 1 and 2 during the sampling campaign and infection status through microscopy and PCR.}
\end{table}

Figure 1. Sequence alignments of the ITS-2 sequences \((5'-3')\) of \textit{Lymnaeidae} retrieved from the BLASTN analysis of \textit{Lymnaeidae} found in South America. Ident is for Identity; dot (.) indicates conservation; hyphen (-) indicates alignment gap; a letter indicates substitution.
information about the viability of the parasites. Indeed, presence of snail DNA does not mean cercarial shedding but the association of PCR and microscopy techniques point here to natural infection of *G. schirazensis* with *F. hepatica*.

Interestingly, the mean height of the snails positive by microscopy was higher when compared to PCR-positive snails. This could be explained by the fact that younger snails have less developed trematode infections which are more difficult to detect, especially since a sporocyst recently transformed from a miracidium is invisible under the microscope. However, the size of the PCR-positive snails was not statistically different from the size of negative snails.

**Natural prevalences of *Fasciola hepatica***

The prevalence of *F. hepatica* in the intermediate host recorded here (6% with PCR method) is very low when compared to a prevalence of 31.43% (22/70) recorded in *G. cousini* and based on microscopic examination (Ecuador, Machachi) [58]. This latter prevalence is very high for a lymnaeid snail under natural exposure (e.g., [47]). This could be due to the low number of examined snails, high cattle density (10 adult bovines/ha/year), and high fasciolosis prevalence (90%) in the definitive host in the studied farm [58]. In addition, anthropogenic factors involving irrigation of pasture lands by flood or ditches and inappropriate management of grazing cattle are likely to promote infection in both intermediate and definitive hosts in Ecuador [58]. Lower prevalences were observed through microscopy in Brazil where *P. columella* showed infection rates between 0.14% [56] and 5.26% [34] and in Corrientes, Argentina, where a prevalence of 8.8% was recorded [45].

The prevalence through microscopy was statistically higher for the first and second sampling dates. A season effect could have been hypothesized but this is ruled out by the fact that such a difference was not observed with PCR. In Brazil, a study of the *P. columella* population [4] showed that snail density decreased from September to February and increased from March to September with higher metacercaria number on pasture between June–October and March–April. Flooding could be responsible for the observed density reduction during the rainy season [15]. However, seasonal variations are very limited between the wet and dry seasons in the province of Pichincha. The very marked difference of the PCR prevalence between the sites is surprising (site 2 more than eleven times lower). This might be due to a difference in the characteristics of the landscape or in the intermediate host population as was previously recorded [46] and experimentally demonstrated [20, 48, 49]. In such a case, it would be hypothesized that snails at site 1 would be more susceptible to the parasite than snails at site 2. An alternative and non-exclusive hypothesis might be a lower probability of snail infection at site 2.

**G. schirazensis role in fasciolosis in Ecuador**

Of the different markers used hitherto in lymnaeids, ribosomal DNA ITS-2 and secondarily ITS-1 are the most useful for studies at species level [8]. Within mitochondrial DNA (mtDNA), recent knowledge indicates that these markers should be used with great caution when dealing with lymnaeid species belonging to different genera and even those well separated within the same genus. Of particular concern is the saturation of nucleotide positions, the fact that evolutionary hot spots may be missed, and additionally that there is extensive evidence for mtDNA introgression [53]. The ITS-2 sequence alignments undoubtedly ascribed the collected lymnaeid snails to *G. schirazensis*. The GenBank sequence [JF272602] came from a voucher deposited in two collections and identified by a specialist [8]. This species was found for the first time in 2009 in Colombia as *Lymnaea* sp. [16] and was also reported in Venezuela, Spain, and La Reunion Island as *Galba* sp. [17], as well as in Iran, Mexico, and Ecuador [8] according to phylogenetic analysis. This species was thus considered as a previously overlooked, highly invasive species [8, 17].

For the first time, our results show the presence of live *F. hepatica* larvae and *F. hepatica* DNA in *G. schirazensis*, which would suggest a potential role of this snail in transmission of fasciolosis. Natural infection studies and experimental infection of *G. schirazensis* with *F. hepatica* were carried out by Bargues and colleagues [8]. None of the 8752 snail specimens collected in the field from 20 localities in eight countries showed cercarial shedding, and the 338 snails experimentally infected did not show the emergence of larval trematodes [8]. Nevertheless, all the experimental infections were allopatric, with few snails (hitherto 10), with only one miracidium, and with a very high mortality rate at 30 days post-infection (hitherto 100%) that did not allow a correct evaluation of the vectorial capacity of *G. schirazensis*. Other experimental infections of *G. schirazensis* with allopatric *F. hepatica* were carried out during five successive snail generations and led to 1.75% (7/400) of snails harboring several immature rediae, rediae containing cercariae, and free cercariae [20]. In our study, *G. schirazensis* was the only freshwater snail species collected in the field, with 8.15% of snails harboring *F. hepatica* DNA and 2.46% of snails with live larvae at site 1, in a farm endemic for fasciolosis. In Colombia and Venezuela, *G. schirazensis* was also the only species found in several very high endemic areas suggesting a role of this species in transmission of fasciolosis [44].

Recently, three alternative developmental pathways of *F. hepatica* were identified in the area where *G. truncatula* (intermediate host of *F. hepatica* in Europe, North Africa, and parts of America) has not been described, particularly in cattle-breeding farms known for high risks of animal fasciolosis [49]. The first pathway involves lymnaeid snails able to sustain complete larval development of the parasite with cercarial shedding if they are infected by miracidia in their first week of life [11, 12]. Nevertheless, experimental infection demonstrated high mortality of the exposed snails, low prevalence, and low cercarial shedding [19]. The second pathway was described during sequential experimental infection of snails with *Calicophoron daubneyi* followed by *F. hepatica*, showing successful infection [1]; this was also observed in some naturally infected snails [2]. A third pathway, probably more sustainable, was recorded during the infection of five successive generations of pre-adult snails originating from...
parents already infected with this parasite, resulting in a progressive increase in prevalence of snail infection and cercarial emergence [48].

Finally, further studies with sympatric experimental infection, and attempts to obtain cercarial emergence in naturally infected snails and longer sampling campaigns could help elucidate the role of this snail species in fasciolosis in Ecuador. *G. schinizensis* can currently be considered a potential host of *Fasciola hepatica* in Ecuador.

**Conflict of interest**

The authors declare that they have no conflict of interest.

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